August 2025
AL Monthly



AL MOITHIN						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Wii Bowling [LR] 10:00 Catholic Rosary Prayer [TR] 10:00 Movie Matinee [TR] 10:30 Catholic Services [TR] 11:00 Stretch & Flex w/ Sam [ACT] 1:00 Manicures w/ Sam [ACT] 2:00 Afternoon Movie [TR] 2:00 Christian Fellowship [PUB] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	CHATSWORTH COMMONS SENIOR LIVING	All activities are subject to change. Please make sure to refer to your daily schedule.	Bistro Dining Room Living Room Lobby Pub in west wing Theater Room	ACT BIS DR LR COB CLUGUES TR	9:30 Wii Bowling [LR] 9:30 Zumba with Gayellen [ACT] 10:00 Movie Matinee [TR] 10:30 Trivia with Adele [ACT] 1:30 Resistance Bands with Sandy [ACT] 2:00 Afternoon Movie [TR] 2:15 Casual Encounters with Ralph [ACT] 3:15 BINGO! [ACT] 4:30 Shabbat with Rabbi Levy [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Movie Matinee [TR] 11:00 Be Fit Coordination [ACT] 1:00 Word Game [ACT] 1:30 Word Jumble [ACT] 2:00 Afternoon Movie [TR] 2:00 Ice Cream Social [BIS] 2:00 Live Music w/ Ed Fagenson [LR] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]
9:30 Wii Bowling [LR] 10:00 Catholic Rosary Prayer [TR] 10:00 Movie Matinee [TR] 10:30 Catholic Services [TR] 11:00 Stretch & Flex w/ Sam [ACT] 1:00 Manicures w/ Sam [ACT] 2:00 Afternoon Movie [TR] 2:00 Christian Fellowship [PUB] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Group Therapy [ACT] 10:00 Movie Matinee [TR] 1:30 Resistance Bands with Sandy [ACT] 2:00 Afternoon Movie [TR] 2:30 Tech Help with Sam [BIS] 3:15 Current Events w/ Jeff [ACT] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]	10:30 Exercise with Loriston [ACT]	10:00 Group Shopping [LOB] 10:00 Movie Matinee [TR] 10:00 Resident Store [LR] 11:00 Be Fit with Scott [ACT] 1:00 Word Game [ACT] 1:30 Word Jumble [ACT] 2:00 Afternoon Movie [TR] 3:30 New StArts Art Program [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Movie Matinee [TR] 11:00 Be Fit with Scott [ACT] 1:00 Hangman Game [ACT] 2:00 Afternoon Movie [TR] 2:00 Boxing for Balance w/ Coach Dean 3:00 Happy Hour [LR] 3:00 Live Music w/ Cesar [LR] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]	9:30 Podiatrist Visit 9:30 Wii Bowling [LR] 9:30 Zumba with Gayellen [ACT] 10:00 Movie Matinee [TR] 10:30 Trivia with Adele [ACT] 1:30 Resistance Bands with Sandy [ACT] 2:00 Afternoon Movie [TR] 2:15 Casual Encounters with Ralph [ACT] 3:15 BINGO! [ACT] 4:30 Shabbat with Rabbi Levy [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Movie Matinee [TR] 11:00 Be Fit Coordination [ACT] 1:00 Word Game [ACT] 1:30 Word Jumble [ACT] 2:00 Afternoon Movie [TR] 3:00 Ice Cream Social [BIS] 3:00 Live Music w/ Corey [LR] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]
9:30 Wii Bowling [LR] 10:00 Catholic Rosary Prayer [TR] 10:00 Movie Matinee [TR] 10:30 Catholic Services [TR] 11:00 Stretch & Flex w/ Sam [ACT] 1:00 Manicures w/ Sam [ACT] 2:00 Afternoon Movie [TR] 2:00 Christian Fellowship [PUB] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Group Therapy [ACT] 10:00 Movie Matinee [TR] 1:30 Resistance Bands with Sandy [ACT] 2:00 Afternoon Movie [TR] 2:30 Tech Help with Sam [BIS] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]	10:00 Movie Matinee [TR] 10:30 Exercise with Loriston [ACT]	10:00 Group Shopping [LOB] 10:00 Movie Matinee [TR] 10:00 Resident Store [LR] 11:00 Be Fit with Scott [ACT] 1:00 Word Game [ACT] 1:30 Word Jumble [ACT] 2:00 Afternoon Movie [TR] 2:00 Maintenance Committee Meeting 3:30 New StArts Art Program [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Movie Matinee [TR] 11:00 Be Fit with Scott [ACT] 1:00 Hangman Game [ACT] 2:00 Afternoon Movie [TR] 2:00 Boxing for Balance w/ Coach Dean 3:00 Happy Hour [LR] 3:00 Live Music w/ Akshay [LR] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]	9:30 Wii Bowling [LR] 9:30 Zumba with Gayellen [ACT] 10:00 Movie Matinee [TR] 10:30 Trivia with Adele [ACT] 1:30 Resistance Bands with Sandy [ACT] 2:00 Afternoon Movie [TR] 2:15 Casual Encounters with Ralph [ACT] 3:15 BINGO! [ACT] 4:30 Shabbat with Rabbi Levy [ACT] 6:45 Evening Movie [TR] 6:45 Poker Night [ACT]	9:30 Wii Bowling [LR] 10:00 Movie Matinee [TR] 11:00 Be Fit Coordination [ACT] 1:00 Word Game [ACT] 1:30 Word Jumble [ACT] 2:00 Afternoon Movie [TR] 3:30 BINGO! [ACT] 6:45 Evening Movie [TR] 7:00 Horse Racing Game [ACT]
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