

July 2026
This Month In GLOW



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
Creative Emotional Intellectual Memory Enhancing Music Physical Purposeful Recreation Sensory Social Spiritual			GLOW An Exclusive Memory Care Program CELEBRATIONS ACTIVITIES & EVENTS				International Joke Day 1 9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 International Joke Day-Let's Tell Jokes! [CA] 1:30 Trivia [CA] 2:00 Exercise/Stretching [AR] 3:00 Bingo [AR] 4:00 Ring Toss [AR] 6:00 T.V. Classics [CA]		Anniversary Of The Civil Rights Act 2 9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Anniversary Of The Civil Rights Act - Let's Look Back [CA] 1:30 Birthday Celebration For Noma! [AR] 2:00 Exercise/Stretching [AR] 3:00 Craft Time [AR] 4:00 Community Empowerment Committee [AR] 6:00 Smooth Summer Instrumental for Relaxation [CA]		9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Happy Fourth Of July Party! [CY] 3:00 Pampering By Kari [CA] 3:00 Scenic Ride 6:00 Movie Night [AR]		Independence Day 9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Morning Walking Club [CY] 10:30 Community In The Courtyard 11:00 Memory Lane [CA] 1:00 Puzzle Time Of All Kinds! [AR] 2:00 Exercise/Stretching [AR] 3:00 Karaoke [AR] 4:00 Activity Tables [AR] 6:00 Calm & Relaxing Spring Jazz [CA]	
RESIDENTS BIRTHDAY'S Noma - July 2 Connie - July 7		9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music Of The Day [CA] 11:00 Indoor Walk/Exercise Time [CA] 1:00 Community Social [DA] 1:30 Musical Memories with Robert Rice [CA] 2:00 Exercise/Stretching [AR] 3:00 Trivia [CA] 4:00 Worship [AR] 6:00 Classical Quiet Down 5	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Men's Club With Pastor Lee [CA] 1:30 Recreation Road [CA] 2:00 Exercise/Stretching [AR] 2:30 Pet Therapy [CA] 3:00 Coloring Connection [AR] 4:00 Crafts With Hollie [AR] 6:00 Summer Wind Down Jazz [CA] 6	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 National Lucky 7 Day - 7 Game [CA] 1:30 Birthday Celebration for Connie! [AR] 2:00 Exercise/Stretching [AR] 3:00 Balloon Volleyball [AR] 4:00 Youth Empowerment Committee [AR] 6:00 Checkers/Games 7	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 National Drink A Coca-Cola Day - Soda Social 2:00 Exercise/Stretching [AR] 3:00 Bingo [AR] 3:15 Kitchen Creations With Chef Mark [AR] 4:00 Cranium Crunches [AR] 6:00 T.V. Classics [CA] 8	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Name That Tune [CA] 2:00 Exercise/Stretching [AR] 3:00 Ice Cream Outing 6:00 Smooth Summer Instrumental for Relaxation [CA] 9	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Pampering By Debbie [CA] 2:00 Exercise/Stretching [AR] 3:00 National Don't Step On A Bee Day! - Bee Project [AR] 6:00 The Classics [CA] 10	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Morning Walking Club [CY] 10:30 Community In The Courtyard 11:00 Memory Lane [CA] 1:00 Puzzle Time Of All Kinds! [AR] 2:00 Exercise/Stretching [AR] 3:00 Bowling 4:00 Activity Tables [AR] 6:00 Classic Country Wind Down [CA] 11						
Location Keys ACTIVITY ROOM COMMON AREA COURTYARD DINING AREA AR CA CY DA		9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music Of The Day [CA] 11:00 Indoor Walk/Exercise Time [CA] 1:00 Community Social [DA] 2:00 Exercise/Stretching [AR] 3:00 Trivia [CA] 4:00 Worship [AR] 6:00 Classical Quiet Down 12	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 National Mighty Mississippi River Day - Word Play [CA] 2:00 Exercise/Stretching [AR] 2:30 Pet Therapy [CA] 4:00 Music with Don & Friends [CA] 6:00 Summer Wind Down Jazz [CA] 13	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Discovery Shark Week [CA] 2:00 Exercise/Stretching [AR] 3:00 Balloon Volleyball [AR] 4:00 Shark Awareness Day - Shark Trivia and Craft [AR] 6:00 Checkers/Games 14	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Rembrandt Slide Show [AR] 2:00 Exercise/Stretching [AR] 3:00 Bingo [AR] 4:00 National Remember Rembrandt Day - Art [AR] 6:00 T.V. Classics [CA] 15	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Name That Tune [CA] 2:00 Exercise/Stretching [AR] 3:00 Hula-Hoop Games [AR] 4:00 Community Empowerment Committee [AR] 6:00 Smooth Summer Instrumental for Relaxation [CA] 16	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Pampering By Trisha [CA] 2:00 Exercise/Stretching [AR] 3:00 Scenic Ride 6:00 Movie Night [AR] 17	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Morning Walking Club [CY] 10:30 Community In The Courtyard 11:00 Memory Lane [CA] 1:00 Puzzle Time Of All Kinds! [AR] 2:00 Exercise/Stretching [AR] 3:00 Ring Toss [AR] 4:00 Activity Tables [AR] 6:00 Jeopardy [CA] 18						
		9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music Of The Day [CA] 11:00 Indoor Walk/Exercise Time [CA] 1:00 Community Social [DA] 2:00 Exercise/Stretching [AR] 3:00 Trivia [CA] 4:00 Worship [AR] 6:00 Classical Quiet Down 19	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Anniversary Of The Moon Landing - Trivia New [CA] 2:00 Exercise/Stretching [AR] 2:30 Pet Therapy [CA] 3:00 Moon Gardens [AR] 4:00 Bowling [AR] 6:00 Summer Wind Down Jazz [CA] 20	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Wonders Of The World Challenge - Old vs New [CA] 2:00 Exercise/Stretching [AR] 3:00 Balloon Volleyball [AR] 4:00 Youth Empowerment Committee [AR] 6:00 Checkers/Games 21	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 The History Of Women In Baseball [CA] 2:00 Exercise/Stretching [AR] 3:00 Bingo [AR] 3:15 Kitchen Creations With Chef Mark [AR] 4:00 Beach Ball Baseball [AR] 6:00 T.V. Classics [CA] 22	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 The Sign Of Leo [CA] 1:30 What's Your Sign [CA] 2:00 Exercise/Stretching [AR] 3:00 Lion Arts And Crafts [AR] 6:00 Smooth Summer Instrumental for Relaxation [CA] 23	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Pampering By Malinda [CA] 2:00 Exercise/Stretching [AR] 3:00 Let's Enjoy The Park 6:00 Movie Night - A League Of Their Own - Women In Baseball [AR] 24	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Morning Walking Club [CY] 10:30 Community In The Courtyard 11:00 Memory Lane [CA] 1:00 Puzzle Time Of All Kinds! [AR] 2:00 Exercise/Stretching [AR] 4:00 Activity Tables [AR] 6:00 Tabletop Games [AR] 25						
		9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music Of The Day [CA] 11:00 Indoor Walk/Exercise Time [CA] 1:00 Community Social [DA] 2:00 Exercise/Stretching [AR] 3:00 Trivia [CA] 4:00 Worship [AR] 6:00 Classical Quiet Down 26	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 What's The Meaning Of Blue Monday? [CA] 1:30 "Blue" Magazine Scavenger Hunt 2:00 Exercise/Stretching [AR] 2:30 Men's Club With Billy [CA] 2:30 Pet Therapy [CA] 4:00 Baking With Blueberries - Let's Make Dessert! [AR] 6:00 Summer Wind Down Jazz [CA] 27	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Make Your Own Beanbag [AR] 2:00 Exercise/Stretching [AR] 3:00 Balloon Volleyball [AR] 4:00 Beanbag Toss Game [AR] 6:00 Checkers/Games 28	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Tiger Trivia [CA] 2:00 Exercise/Stretching [AR] 3:00 Bingo [AR] 4:00 Tiger Arts And Crafts [AR] 6:00 T.V. Classics [CA] 29	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Bug Facts And Trivia [CA] 2:00 Exercise/Stretching [AR] 4:00 Community Empowerment Committee [AR] 6:00 Ladybug Arts And Crafts [AR] 6:00 Smooth Summer Instrumental for Relaxation [CA] 30	9:00 Morning Motivational/ Devotional [CA] 9:30 Helping Around The House [CA] 10:00 Music, Dance and Garden In The Courtyard! [CY] 11:00 Daily Chronicles/Read Aloud [CY] 1:00 Pampering By Melissa [AR] 2:00 Exercise/Stretching [AR] 3:00 Ice Cream Outing 6:00 Movie Night [AR] 31	Our goal is to provide engaging and meaningful programs for all residents. Activities may occasionally change or be adjusted to best meet the needs and interests of our community. Weather permitting, we will do activities outside as much as possible.						