

August 2026

Assisted Living Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 10:00 Move and Grove Morning Club 10:30 Daily Chronical 10:30 Hydration Station 2:00 Trivia 2:30 Infusion Bar 3:00 VR Trip	31 10:00 SS Healthy Horizon 10:30 Hydration Station 10:30 GB Lets Talk Current Events 1:00 GB Movie 2:30 Infusion Bar 3:00 Finish the Phrase	Resident Birthdays Alan D. 8/12 Patricia N. 8/19			“Be sure you put your feet in the right place, then stand firm.” — Abraham Lincoln GB *Give Back SS *Stay Strong	1 10:00 Stretch, Strengthen and smile 10:30 Hydration Station 10:30 Today In History 2:00 Uncorked 2:30 Infusion Bar 3:00 Mini Arcade
2 10:00 Move and Grove Morning Club 10:30 Daily Chronical 10:30 Hydration Station 2:00 Trivia 2:30 Infusion Bar 3:00 Residents' choice	3 10:00 SS Healthy Horizon 10:30 Infusion Bar 10:30 GB Lets Talk Current Events 2:00 GB Movie 2:30 Infusion Bar 3:00 Worksheet workshop	4 10:00 Wake up and Walk 10:30 Hydration Station 10:30 Today In History 2:00 Manicure Madness 2:30 Infusion Bar 3:00 BINGO	5 10:00 Move and Grove Morning Club 10:30 Coffee and Conversations 10:30 Hydration Station 11:00 Music with Ruban 1:00 Outing Target 2:00 Craft Studio 2:30 Infusion Bar 3:00 Wacky Word Wall	6 10:00 Good morning Fitness 10:30 Hydration Station 10:30 Lets talk it about it 2:30 Infusion Bar 3:00 Trivia	7 10:00 Bible Study 10:30 Hydration Station 2:00 Movie 2:30 Infusion Bar 3:00 Bingo Bonanza	8 10:00 Stretch, Strengthen and smile 10:30 Hydration Station 10:30 News Flash 2:00 Mini Arcade 2:30 Infusion Bar 3:00 Uncorked
9 10:00 Move and Grove Morning Club 10:30 Daily Chronical 10:30 Hydration Station 2:00 Trivia 2:30 Infusion Bar 3:00 VR Trip	10 10:00 SS Healthy Horizon 10:30 Hydration Station 10:30 GB Lets Talk Current Events 2:00 GB Movie : Elvis 2:30 Infusion Bar 3:00 Finish the Phrase	11 10:00 Wake up and Walk 10:30 Hydration Station 10:30 Today In History 2:00 Name that Tune: Elvis 2:30 Infusion Bar 3:00 Trivia	12 10:00 Move and Grove Morning Club 10:30 Coffee and Conversation 10:30 Hydration Station 11:00 Music with Ruban 11:00 Outing: Chilis 2:00 Craft Studio 2:30 Infusion Bar 3:00 Wacky Word Wall	13 10:00 Good morning Fitness 10:30 Hydration Station 10:30 Lets talk it about it 2:00 Trivia : Elvis 2:30 Infusion Bar 3:00 Finish The Phrase	14 10:00 Bible Study 10:30 Hydration Station 2:00 Movie: Elvis 2:30 Infusion Bar 3:00 BINGO BONANZA: Elvis	15 10:00 Stretch, Strengthen and smile 10:30 Hydration Station 10:30 News Flash 1:00 Luau 2:30 Infusion Bar 3:00 BINGO
16 10:00 Move and Grove Morning Club 10:30 Daily Chronical 10:30 Hydration Station 2:00 Trivia 2:30 Infusion Bar 3:00 VR Trip	17 10:00 SS Healthy Horizon 10:30 Hydration Station 10:30 GB Lets Talk Current Events 2:00 GB Movie 2:30 Infusion Bar 3:00 Finish the Phrase	18 10:00 Wake up and Walk 10:30 Hydration Station 10:30 Today In History 2:00 Name that Tune 2:30 Infusion Bar 3:00 Trivia	19 10:00 Move and Grove Morning Club 10:30 Coffee and Conversation 10:30 Hydration Station 11:00 Music with Ruban 11:00 Outing: Yolandas 2:00 Craft Studio 2:30 Infusion Bar 3:00 Wacky Word Wall	20 10:00 Good morning Fitness 10:30 Hydration Station 10:30 Lets talk it about it 2:00 Finish The phrase 2:30 Infusion Bar 3:00 Trivia	21 10:00 Bible Study 10:30 Hydration Station 2:00 Movie 2:30 Infusion Bar 3:00 Bingo Bonanza	22 10:00 Stretch, Strengthen and smile 10:30 Hydration Station 10:30 News Flash 2:00 Mini Arcade 2:30 Infusion Bar 3:00 Uncorked
23 10:00 Move and Grove Morning Club 10:30 Daily Chronical 10:30 Hydration Station 2:00 Trivia 2:30 Infusion Bar 3:00 VR Trip	24 10:00 SS Healthy Horizon 10:30 Hydration Station 10:30 GB Lets Talk Current Events 2:00 GB Movie 2:30 Infusion Bar 3:00 Finish the Phrase	25 10:00 Wake up and Walk 10:30 Hydration Station 10:30 Today In History 2:00 Manicure Madness 2:30 Infusion Bar 3:00 Trivia	26 10:00 Move and Grove Morning Club 10:30 Coffee and Conversation 10:30 Hydration Station 11:00 Music with Ruban 11:00 Ventura Beach Outing 2:00 Craft Studio 2:30 Infusion Bar 3:00 Wacky Word Wall	27 10:00 Good morning Fitness 10:30 Hydration Station 10:30 Lets talk it about it 2:00 Finish The phrase 2:30 Infusion Bar 3:00 Trivia	28 10:00 Bible Study 10:30 Hydration Station 2:00 Movie 2:30 Infusion Bar 3:00 Bingo Bonanza	29 10:00 Stretch, Strengthen and smile 10:30 Hydration Station 10:30 News Flash 2:00 Birthday Bash 2:30 Infusion Bar 3:00 Mini Arcade

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