

August 2026

Memory Care Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 9:00 Coffee & Classics 10:30 Hydration Station 11:00 Name That Tune 1:00 Wonder workshop 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	31 9:00 SS Morning Melodies 10:30 Hydration Station 11:00 Word Game/ This Day in History 1:00 Finish the Phrase 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie				LI *Live Inspired SS *Stay Strong Word Game Intellectual	1 9:00 Morning Harmony 10:30 Hydration Station 10:30 Wilderness walk 1:00 craft studio 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie
2 9:00 Coffee & Classics 10:30 Hydration Station 11:00 Finish the Phrase 1:00 Name That Tune 1:00 Wonder workshop 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	3 9:00 Music Meldey 10:30 Infusion Bar 11:00 Word Game/ This Day in History 1:00 Finish the Phrase 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	4 9:00 SS Sunrise Songs 10:30 Hydration Station 11:00 Noodle Balloon 1:00 Craft Studio 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	5 9:00 Rise and Rythm 10:30 Hydration Station 11:00 Waky Walk 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	6 9:00 Good Morning Tunes 10:30 Hydration Station 11:00 Mid day stretch 1:00 Name that Tune: Elvis 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	7 9:00 Music Morning 10:00 Bible Study 10:30 Hydration Station 11:00 Sensory Play 1:00 Uncorked 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	8 9:00 Morning Harmony 10:30 Hydration Station 10:30 Wilderness walk 1:00 Manicure Madness 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie
9 9:00 Coffee & Classics 10:30 Hydration Station 11:00 Name That Tune 1:00 Wonder workshop 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	10 9:00 SS Morning Melodies 10:30 Hydration Station 11:00 Word Game/ This Day in History 1:00 Finish the Phrase 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	11 9:00 SS Sunrise Songs 10:30 Hydration Station 11:00 Noodle Balloon 1:00 Craft Studio 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	12 9:00 Rise and Rythm 10:30 Hydration Station 11:00 Waky Walk 1:00 Wacky Word Wall 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	13 9:00 Good Morning Tunes 10:30 Hydration Station 11:00 Mid day stretch 1:00 Name that Tune 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	14 9:00 Music Morning 10:00 Bible Study 10:30 Hydration Station 11:00 Beach Ball Volleyball 1:00 Uncorked 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	15 9:00 Morning Harmony 10:30 Hydration Station 10:30 Wilderness walk 1:00 Luau 1:00 Manicure Madness 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie
16 9:00 Coffee & Classics 10:30 Hydration Station 11:00 Name That Tune 1:00 Wonder workshop 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	17 9:00 SS Morning Melodies 10:30 Hydration Station 11:00 Word Game/ This Day in History 1:00 Finish the Phrase 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	18 9:00 SS Sunrise Songs 10:30 Hydration Station 11:00 Noodle Balloon 1:00 Craft Studio 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	19 9:00 Rise and Rythm 10:30 Hydration Station 11:00 Waky Walk 1:00 Wacky Word Wall 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	20 9:00 Good Morning Tunes 10:30 Hydration Station 11:00 Mid day stretch 1:00 Name that Tune 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	21 9:00 Music Morning 10:00 Bible Study 10:30 Hydration Station 11:00 Beach Ball Volleyball 1:00 Uncorked 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	22 9:00 Morning Harmony 10:30 Hydration Station 10:30 Wilderness walk 1:00 Manicure Madness 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie
23 9:00 Coffee & Classics 10:30 Hydration Station 11:00 Name That Tune 1:00 Wonder workshop 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	24 9:00 SS Morning Melodies 10:30 Hydration Station 11:00 Word Game/ This Day in History 1:00 Finish the Phrase 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	25 9:00 SS Sunrise Songs 10:30 Hydration Station 11:00 Noodle Balloon 1:00 Craft Studio 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	26 9:00 Rise and Rythm 10:30 Hydration Station 11:00 Waky Walk 1:00 Wacky Word Wall 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	27 9:00 Good Morning Tunes 10:30 Hydration Station 11:00 Mid day stretch 1:00 Name that Tune 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie	28 9:00 Music Morning 10:00 Bible Study 10:30 Hydration Station 11:00 Beach Ball Volleyball 2:30 Infusion Bar 3:00 Birthday Bash 4:00 Mindful Mediation 5:00 LI Movie	29 9:00 Morning Harmony 10:30 Hydration Station 10:30 Wilderness walk 1:00 Manicure Madness 2:30 Infusion Bar 4:00 Mindful Mediation 5:00 LI Movie

Continued at top