

August 2026
Birchwood Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 10:00 Catholic Mass [L] 10:00 Sit and Fit [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	31 10:00 Gentle Stretch 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	Cognitive Emotional & Expressive Arts Entertainment Outings	Physical Reconnections Social Spiritual	Compass AT FORESTVIEW A SENIOR LIVING RESIDENCE SLR	Location Keys Courtyard C Living Room L Main Dining Room D Van Trip V	1 10:00 Music and Movement [D] 10:20 Reading of the Daily Chronicle [D] 2:30 Movie with Snacks [L]
2 10:00 Catholic Mass [L] 10:00 Sit and Fit [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	3 10:00 Gentle Stretch 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	4 8:45 Watering Plants [C] 10:00 Fun and Fitness [D] 10:20 Reading of the Daily Chronicle [D] 1:15 Duke Snyder Name That Tune in Birchwood [D] 2:45 Fun Facts About Dogs [L]	5 8:45 Watering Plants [C] 9:15 Famous Dogs [L] 10:00 Get Moving [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	6 8:45 Watering Plants [C] 9:15 Funny Dog Videos [L] 10:00 Catholic Communion [D] 10:00 Sweat, Smile, Repeat [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Beauty Spa [L]	7 10:00 All About The Pace [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D] 4:00 Trivia [D]	8 10:00 Music and Movement [D] 10:20 Reading of the Daily Chronicle [D] 2:30 Movie with Snacks [L]
9 10:00 Catholic Mass [L] 10:00 Sit and Fit [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	10 10:00 Gentle Stretch 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	11 8:45 Watering Plants [C] 9:15 Summertime Word Game [L] 10:00 Fun and Fitness [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Memory Lane [L] 2:30 Jukebox Jacqui Performs in Birchwood [D]	12 8:45 Watering Plants [C] 9:15 Summertime Poetry [L] 10:00 Get Moving [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	13 8:45 Watering Plants [C] 9:15 Summertime Reminiscence Video [L] 10:00 Rusty Locke Musician in Birchwood [D] 10:00 Sweat, Smile, Repeat [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Beauty Spa [L] 3:00 Granite State Antique Car Show w/Music By Maestro	14 10:00 All About The Pace [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D] 2:45 Cat Faulkner Performs in Birchwood [D] 4:00 Trivia [D]	15 10:00 Music and Movement [D] 10:20 Reading of the Daily Chronicle [D] 2:30 Movie with Snacks [L] 3:30 Concord Coachman Chorus in Birchwood [D]
16 10:00 Catholic Mass [L] 10:00 Sit and Fit [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	17 10:00 Gentle Stretch 10:20 Reading of the Daily Chronicle [D] 10:30 Bill Parker, The One Man Orchestra Performs in Oakwood [D] 1:00 Candy Bar Bingo [D]	18 8:45 Watering Plants [C] 9:15 History of Ice Cream [L] 10:00 Fun and Fitness [D] 10:20 Reading of the Daily Chronicle [D] 12:30 Lobsterfest Luncheon! [D] 1:45 Memory Lane [L]	19 8:45 Watering Plants [C] 9:15 Ice Cream Flavors Around The World [L] 10:00 Get Moving [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	20 8:45 Watering Plants [C] 10:00 Sweat, Smile, Repeat [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Beauty Spa [L] 3:15 Ice Cream Social [D]	21 10:00 All About The Pace [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D] 4:00 Trivia [D]	22 10:00 Music and Movement [D] 10:20 Reading of the Daily Chronicle [D] 2:30 Movie with Snacks [L]
23 10:00 Catholic Mass [L] 10:00 Sit and Fit [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	24 10:00 Gentle Stretch 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	25 8:45 Watering Plants [C] 9:45 Walmart Trip [V] 2:30 Planets In Our Solar System [D]	26 8:45 Watering Plants [C] 9:15 What Is Seen In Our Night Sky [L] 10:00 Get Moving [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D]	27 8:45 Watering Plants [C] 9:15 Celestial Music and Facts [L] 10:00 Sweat, Smile, Repeat [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Beauty Spa [L]	28 10:00 All About The Pace [D] 10:20 Reading of the Daily Chronicle [D] 1:00 Candy Bar Bingo [D] 4:00 Trivia [D]	29 10:00 Music and Movement [D] 10:20 Reading of the Daily Chronicle [D] 2:30 Movie with Snacks [L]

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