

August 2026
Oakwood Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 10:00 Catholic Mass [L] 10:30 Sit and Fit [L] 10:45 Noodle Swat [L] 2:30 Refreshments [D] 3:30 Funny Bones [L]	31 10:30 Gentle Stretch [L] 10:45 Sing-A-Long [L] 2:30 Refreshments [D] 3:30 Beauty Spa [D]	Cognitive Emotional & Expressive Arts Entertainment Physical Reconnections Social Spiritual Compass AT FORESTVIEW A SENIOR LIVING RESIDENCE SLR Location Keys Living Room L Main Dining Room D			1 10:30 Music and Movement [L] 10:45 Expressive Arts [D] 2:30 Refreshments [D] 3:30 Memory Lane [L]	
2 10:00 Catholic Mass [L] 10:30 Sit and Fit [L] 10:45 Noodle Swat [L] 2:30 Refreshments [D] 3:30 Funny Bones [L]	3 10:30 Gentle Stretch [L] 10:45 Sing-A-Long [L] 2:30 Refreshments [D] 3:30 Beauty Spa [D]	4 10:30 Fun and Fitness [L] 10:45 Fun Facts About Dogs [L] 1:15 Duke Snyder Name That Tune in Birchwood [D] 2:30 Refreshments [D] 3:30 Reading Circle [L]	5 10:00 Get Moving [L] 10:30 Ball Game Fun [L] 10:45 Famous Dogs [L] 2:30 Refreshments [D] 3:30 Karaoke [L]	6 10:00 Catholic Communion [D] 10:30 Sweat, Smile, Repeat [L] 10:45 Funny Dog Videos [L] 2:30 Refreshments [D] 3:30 Word Games [D]	7 10:30 All About The Pace [L] 10:45 Book Club [L] 2:30 Refreshments [D] 3:30 Afternoon Social [D]	8 10:30 Music and Movement [L] 10:45 Expressive Arts [D] 2:30 Refreshments [D] 3:30 Memory Lane [L]
9 10:00 Catholic Mass [L] 10:30 Sit and Fit [L] 10:45 Noodle Swat [L] 2:30 Refreshments [D] 3:30 Funny Bones [L]	10 10:30 Gentle Stretch [L] 10:45 Sing-A-Long [L] 2:30 Refreshments [D] 3:30 Beauty Spa [D]	11 10:30 Fun and Fitness [L] 10:45 Summertime Word Game [L] 2:30 Jukebox Jacqui Performs in Birchwood [D] 2:30 Refreshments [D] 3:45 Reading Circle [L]	12 10:00 Get Moving [L] 10:30 Ball Game Fun [L] 10:45 Summertime Poetry [L] 2:30 Refreshments [D] 3:30 Karaoke [L]	13 10:00 Catholic Communion [D] 10:00 Rusty Locke Musician in Birchwood [D] 10:30 Sweat, Smile, Repeat [L] 10:45 Summertime Reminiscence Video [L] 2:30 Refreshments [D] 3:00 Granite State Antique Car Show w/Music By Maestro	14 10:30 All About The Pace [L] 10:45 Book Club [L] 2:30 Refreshments [D] 2:45 Cat Faulkner Performs in Birchwood [D] 3:30 Afternoon Social [D]	15 10:30 Music and Movement [L] 10:45 Expressive Arts [D] 2:30 Refreshments [D] 3:30 Concord Coachman Chorus in Birchwood [D]
16 10:00 Catholic Mass [L] 10:30 Sit and Fit [L] 10:45 Noodle Swat [L] 2:30 Refreshments [D] 3:30 Funny Bones [L]	17 10:30 Bill Parker, The One Man Orchestra Performs in Oakwood [D] 2:30 Refreshments [D] 3:30 Beauty Spa [D]	18 10:30 Fun and Fitness [L] 10:45 History of Ice Cream [L] 12:30 Lobsterfest Luncheon! [D] 2:30 Refreshments [D] 3:30 Reading Circle [L]	19 10:00 Get Moving [L] 10:30 Ball Game Fun [L] 10:45 Ice Cream Flavors Around The World [L] 2:30 Refreshments [D] 3:30 Karaoke [L]	20 10:00 Catholic Communion [D] 10:30 Sweat, Smile, Repeat [L] 10:45 Name That Tune [L] 2:30 Ice Cream Social [D] 3:30 Word Games [D]	21 10:30 All About The Pace [L] 10:45 Book Club [L] 2:30 Refreshments [D] 3:30 Afternoon Social [D]	22 10:30 Music and Movement [L] 10:45 Expressive Arts [D] 2:30 Refreshments [D] 3:30 Memory Lane [L]
23 10:00 Catholic Mass [L] 10:30 Sit and Fit [L] 10:45 Noodle Swat [L] 2:30 Refreshments [D] 3:30 Funny Bones [L]	24 10:30 Gentle Stretch [L] 10:45 Sing-A-Long [L] 2:30 Refreshments [D] 3:30 Beauty Spa [D]	25 2:30 Refreshments [D] 3:00 Planets In Our Solar System [L] 3:30 Reading Circle [L]	26 10:00 Get Moving [L] 10:30 Ball Game Fun [L] 10:45 What Is Seen In Our Night Sky [L] 2:30 Refreshments [D] 3:30 Karaoke [L]	27 10:00 Catholic Communion [D] 10:30 Sweat, Smile, Repeat [L] 10:45 Celestial Music [L] 2:30 Refreshments [D] 3:30 Word Games [L]	28 10:30 All About The Pace [L] 10:45 Book Club [L] 2:30 Refreshments [D] 3:30 Afternoon Social [D]	29 10:30 Music and Movement [L] 10:45 Expressive Arts [D] 2:30 Refreshments [D] 3:30 Memory Lane [L]

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