

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect



FEBRUARY



- 9:00 **Essence** 1
- 9:30 ● Sunshine Morning Stroll
- 10:15 ● **Thymeless-Gardening**
- 12:30 ● **Bookmarks [MPR]**
- 1:30 ● Shake Loose A Memory [MPR]
- 2:30 ● Friday Bingo [MPR]
- 3:30 ● Color Creations, Puzzles & Reading [MPR]

- Groundhog Day** 2
- 9:00 ● Dominos [ML]
- 10:00 ● **Church Service [C]**
- 10:30 ● Communion Service [C]
- 11:00 ● Dining Room Set Up [DR]
- 1:00 ● Afternoon Stroll
- 2:00 ● **Thymeless-Conversation Heart Pretzels**
- 3:00 ● Peanut The Dog Visits

LOCATIONS

CHAPEL – C

DINING ROOM – DR

NORTH SIDE-NS

SOUTH SIDE-SS

MAN CAVE- MC

DINER-D

THYMELESS COURTYARD-TC

MAIN LOBBY – ML

MULTIPURPOSE ROOM – MPR

BIRTHDAYS THIS MONTH

Ana D.-3rd

Alice D.-5th

Leatrice F.-7th

Virginia K.-16th

Sally S.-25th

SENIOR LIFESTYLE

*Come grow with us!*

WWW.SENIORLIFESTYLE.COM

Activities are subject to change

SENIOR LIFESTYLE

*Unlimited options, Unparalleled services*

- 9:00 ● Dominos [ML] 3
- 9:30 ● **Thymeless-Gardening**
- 10:00 ● Pretty Nails And/Or Hand Massage [ML]
- 10:30 ● **Communion Service [C]**
- 11:30 ● Morning Stroll
- 1:30 ● Chicken Visits
- 3:00 ● **Christian Service [C]**

- 9:00 ● Dominos [ML] 10
- 9:30 ● Pretty Nails And/Or Hand Massage [ML]
- 9:30 ● **Thymeless-Gardening**
- 10:30 ● **Communion Service [C]**
- 12:30 ● **Dining Room Set Up [DR]**
- 1:00 ● Afternoon Stroll
- 3:00 ● **Christian Service [C]**
- 5:00 ● **Bookmarks [MPR]**

- 9:00 ● Dominos [ML] 17
- 9:30 ● **Communion Service [C]**
- 9:30 ● **Thymeless-Gardening**
- 10:00 ● Pretty Nails And/Or Hand Massage [ML]
- 12:30 ● **Dining Room Set Up [DR]**
- 1:00 ● Afternoon Stroll
- 2:00 ● Gretchen The Dog Visits
- 3:00 ● **Christian Service [C]**

- 9:00 ● Dominos [ML] 24
- 9:30 ● **Communion Service [C]**
- 9:30 ● **Thymeless-Gardening**
- 10:00 ● Pretty Nails And/Or Hand Massage [ML]
- 12:30 ● **Dining Room Set Up [DR]**
- 1:00 ● Afternoon Stroll
- 3:00 ● **Christian Service [C]**
- 5:00 ● **Bookmarks [MPR]**

- 9:00 ● Dominos [ML] 4
- 9:30 ● **Bookmarks [MPR]**
- 10:00 ● **Thymeless-Gardening**
- 11:00 ● Valentine Wreaths [ML]
- 1:30 ● Afternoon Stroll
- 2:30 ● Bingo [MPR]
- 4:00 ● Nails And/Or Hand Massage [ML]

- 9:00 ● Valentines [MPR] 11
- 10:00 ● **Thymeless-Gardening**
- 11:00 ● Valentine Card Handout
- 1:30 ● Afternoon Stroll
- 2:30 ● Bingo [MPR]
- 4:00 ● Nails And/Or Hand Massage [ML]
- 4:30 ● Dining Room Set Up [DR]

- Presidents' Day** 18
- 9:00 ● Dominos [ML]
- 9:30 ● **Bookmarks [MPR]**
- 10:00 ● **Thymeless-Gardening**
- 11:00 ● UNO [ML]
- 1:30 ● Afternoon Stroll
- 2:30 ● Bingo [MPR]
- 4:00 ● Nails And/Or Hand Massage [ML]

- 9:00 ● Dominos [ML] 25
- 9:30 ● **Bookmarks [MPR]**
- 10:00 ● **Thymeless-Gardening**
- 11:00 ● Hangman [ML]
- 1:30 ● Afternoon Stroll
- 2:30 ● Bingo [MPR]
- 4:00 ● Nails And/Or Hand Massage [ML]
- 4:30 ● Dining Room Set Up [DR]

- 9:15 ● **Bookmarks [MPR]** 5
- 9:15 ● **Thymeless-Snacktivity**
- 10:00 Rhonda
- 1:30 ● Sunshine & Music
- 2:30 ● Sally's Sunshine Singers [ML]
- 3:30 ● Celebrity Trivia [MPR]
- 3:30 ● **Thymeless-Snacktivity**
- 4:30 ● Pretty Nails [ML]

- 9:15 ● **Bookmarks [MPR]** 12
- 9:15 ● **Thymeless-Snacktivity**
- 10:00 Rhonda
- 1:30 ● Sunshine & Music
- 3:00 ● **Praise & Prayer [C]**
- 4:00 ● Celebrity Trivia [MPR]
- 4:00 ● **Journaling "Today I Hope.." [MPR]**
- 4:30 ● Pretty Nails [ML]

- 9:15 ● **Bookmarks [MPR]** 19
- 9:15 ● **Thymeless-Snacktivity**
- 10:00 Rhonda
- 1:30 ● Sunshine & Music
- 3:00 ● **Praise & Prayer [C]**
- 4:00 ● Celebrity Trivia [MPR]
- 4:30 ● **Journaling [MPR]**
- 4:30 ● Pretty Nails [ML]

- 9:15 ● **Bookmarks [MPR]** 26
- 9:15 ● **Thymeless-Snacktivity**
- 10:00 Rhonda
- 1:30 ● Sunshine & Music
- 3:00 ● Tim Hern Music Presentation [ML]
- 4:00 ● Journaling [MPR]
- 4:30 ● **Dining Room Set Up [DR]**

- 9:00 ● **Essence** 6
- 9:15 ● **Thymeless-Snacktivity**
- 9:30 ● Spark Class #4-Cognitive [MPR]
- 10:15 ● Trivia & Treats With Scott From Caremoore [MPR]
- 11:00 ● **Sign Language Class [MPR]**
- 11:30 ● Lunch Bunch-Streets Of New York
- 1:30 ● Bingo [MPR]
- 3:00 ● Tom The Music Man [ML]

- 9:00 ● **Essence** 13
- 9:15 ● **Thymeless-Snacktivity**
- 9:30 ● **Spark Class #5-Cognitive Stimulation [MPR]**
- 10:30 ● **Sign Language Class [ML]**
- 11:00 ● **Stress Management Tips [ML]**
- 11:30 ● Lunch Bunch-Good China
- 1:30 ● April Music Entertainment [ML]
- 2:30 ● Bingo [MPR]
- 3:30 ● UNO [ML]
- 5:30 ● Wine Down Wednesday [MPR]

- 9:00 ● **Essence** 20
- 9:15 ● **Thymeless-Snacktivity**
- 10:30 ● Burning Bowl Ceremony [MPR]
- 11:00 ● **Sign Language Class [ML]**
- 11:30 ● Lunch Bunch-Red Lobster
- 2:30 ● Bingo [MPR]
- 3:30 ● Color Creations & Puzzles [ML]

- 9:00 ● **Essence** 27
- 9:15 ● **Thymeless-Snacktivity**
- 9:30 ● **Spark Class #6-Social Involvement [MPR]**
- 11:00 ● **Sign Language Class [ML]**
- 11:30 ● Lunch Bunch-On The Border
- 2:30 ● Bingo [MPR]
- 3:30 ● St.Patrick's Day Craft [MPR]
- 5:30 ● Wine Down Wednesday [MPR]

- 9:00 ● Ageless Aerobic Dance With KT 7
- 9:30 ● **Thymeless-Happy Hour Food Prep**
- 10:15 ● Reminisce With Rhonda
- 11:00 ● Love Sign Craft [MPR]
- 1:30 ● Sally's Sunshine Singers [ML]
- 1:30 ● **Thymeless-Gardening**
- 2:30 ● **Happy Hour With Todd Hagen [DR]**
- 4:00 ● Dining Room Set Up [MPR]

- Valentine's Day** 14
- 9:00 ● Ageless Aerobic Dance With KT
- 10:15 ● Reminisce With Rhonda
- 11:00 ● Valentine Card Hand Out
- 1:00 ● **Thymeless-Gardening**
- 1:30 ● Sally's Sunshine Singers [ML]
- 2:30 ● **Happy Hour With Eric [DR]**
- 4:00 ● Dining Room Set Up [MPR]

- 9:00 ● Ageless Aerobic Dance With KT 21
- 9:30 ● **Thymeless-Happy Hour Food Prep**
- 10:15 ● Reminisce With Rhonda
- 1:00 ● **Thymeless-Gardening**
- 1:30 ● Sally's Sunshine Singers [ML]
- 2:30 ● **Happy Hour With Kristina O'Boyle [DR]**
- 4:00 ● Dining Room Set Up [MPR]

- 9:00 ● Ageless Aerobic Dance With KT 28
- 10:15 ● Reminisce With Rhonda
- 12:30 ● **Thymeless-Gardening**
- 1:00 ● Sally's Sunshine Singers [ML]
- 2:30 ● **Happy Hour With Jackie Marx [DR]**
- 4:00 ● Dining Room Set Up [MPR]

- 9:00 ● **Essence** 8
- 9:30 ● Sunshine Morning Stroll
- 10:15 ● **Thymeless-Gardening**
- 12:30 ● **Valentine Foxes [MPR]**
- 1:30 ● Shake Loose A Memory [MPR]
- 2:30 ● Friday Bingo [MPR]
- 3:30 ● Color Creations, Puzzles & Reading [MPR]

- 9:00 ● **Essence** 15
- 9:30 ● Sunshine Morning Stroll
- 10:00 ● Desert Drums With Sam
- 10:15 ● **Thymeless-Gardening**
- 1:00 ● Tom The Music Man [ML]
- 2:30 ● Friday Bingo [MPR]
- 3:30 ● Color Creations, Puzzles & Reading [MPR]

- 9:00 ● **Essence** 22
- 9:30 ● Sunshine Morning Stroll
- 10:15 ● **Thymeless-Gardening**
- 12:30 ● **Bookmarks [MPR]**
- 1:30 ● Shake Loose A Memory [MPR]
- 2:30 ● Friday Bingo [MPR]
- 3:30 ● Color Creations, Puzzles & Reading [MPR]

