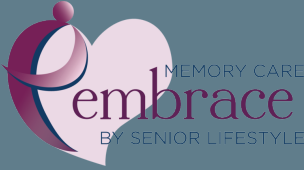




| calendar & activities NOV 2019 | | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|--|--|--|---|--|
| <div>● Connect</div> <div>● Contribute</div> <div>● Feel</div> <div>● Grow</div> <div>● Move</div> <div>● Reflect</div> | |  |  | <div>"It is not happy people who are thankful, it is thankful people who are happy."</div> <div>— Unknown</div> | |  | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>10:00 ● Drumming with Sam</div> <div>11:00 ● Seniors Helping Seniors Project [MPR]</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Dining Room Set Up [DR]</div> <div>2:30 ● Friday Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>3:30 ● Color Creations, Puzzles & Reading [MPR]</div> <div>4:00 ● Celebrity Trivia [ML]</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>1</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [LR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:00 ● Church Service [C]</div> <div>10:00 ● Cluster Activities [MPR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>2</div> |
| <div>LOCATIONS</div> <div>CHAPEL – C</div> <div>DINING ROOM – DR</div> <div>LEGACY COURT – LC</div> <div>MAN CAVE- MC</div> <div>THYMELESS COURTYARD-TC</div> <div>MAIN LOBBY – ML</div> <div>MONARCH – M</div> <div>MULTIPURPOSE ROOM – MPR</div> <div>GARDENS-G</div> | | <div>Daylight Saving Time Begins</div> <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [C]</div> <div>10:30 ● Dominos Or UNO [ML]</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Jeopardy</div> <div>3:00 ● Christian Service [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>3</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>9:30 ● Yoga [MPR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● UNO [ML]</div> <div>10:45 ● Horse Races [MPR]</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Crafts with Friends</div> <div>2:00 ● Thyemless Sundae's on Mondays</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>5:00 Dinner [DR]</div> <div>4</div> | <div>Election Day</div> <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Bookmark- Book Buddies</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>2:00 A Trip to the Park [ML]</div> <div>3:30 ● UNO [ML]</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>5</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Crafts with Peggy [MPR]</div> <div>11:30 Lunch Bunch- PF Chang's</div> <div>12:00 Lunch [DR]</div> <div>2:30 ● Bingo [MPR]</div> <div>3:00 ● Sing with Tom the Music Man [ML]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>6</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Ageless Aerobic Dance With KT</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Thyemless- Snackology</div> <div>2:30 ● Happy Hour With Todd [ML]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>7</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Seniors Helping Seniors Project</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Dining Room Set Up [DR]</div> <div>2:30 ● Friday Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>8</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [ML]</div> <div>10:30 ● Craft Club [MPR]</div> <div>11:00 ● Dominos [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>9</div> |
| <div>BIRTHDAYS THIS MONTH</div> <div>11/26 Pearl H</div> | | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [C]</div> <div>10:30 ● Dominos Or UNO [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:00 ● Christian Service [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>10</div> | <div>Veterans Day</div> <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:15 ● Salute to the Veterans [DR]</div> <div>10:30 ● UNO [ML]</div> <div>10:45 ● Horse Races [MPR]</div> <div>12:00 Lunch [DR]</div> <div>2:00 ● Thyemless Sundae's on Mondays</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>5:00 Dinner [DR]</div> <div>11</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Bookmark- Book Buddies</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Testing your sensors</div> <div>3:00 ● Praise with Friends [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>3:30 ● UNO [ML]</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>12</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Crafts with Peggy [MPR]</div> <div>11:30 Lunch Bunch- Streets of New York Pizza</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Sing and Dance with April [LR]</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>13</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Ageless Aerobic Dance With KT</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Thyemless- Snackology</div> <div>2:30 ● Happy Hour With Eric [ML]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>14</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Seniors Helping Seniors Project</div> <div>12:00 Lunch [DR]</div> <div>1:00 ● Music with Tom [MPR]</div> <div>1:30 ● Dining Room Set Up [DR]</div> <div>2:30 ● Friday Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>15</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [ML]</div> <div>10:30 ● Craft Club [MPR]</div> <div>11:00 ● Dominos [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>16</div> |
| <div>SENIOR LIFESTYLE</div> <div>Come grow with us!</div> | | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [C]</div> <div>10:30 ● Dominos Or UNO [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:00 ● Christian Service [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>17</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● UNO [ML]</div> <div>10:45 ● Horse Races [MPR]</div> <div>12:00 Lunch [DR]</div> <div>2:00 ● Thyemless Sundae's on Mondays</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke</div> <div>5:00 Dinner [DR]</div> <div>18</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Bookmark- Book Buddies</div> <div>11:30 ● Picnic at the Park</div> <div>12:00 Lunch [DR]</div> <div>3:00 ● Praise with Friends [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>3:30 ● UNO [ML]</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>19</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Crafts with Peggy [MPR]</div> <div>11:30 Lunch Bunch- Red Robin</div> <div>12:00 Lunch [DR]</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>4:15 ● Group Karaoke</div> <div>5:00 Dinner [DR]</div> <div>20</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Ageless Aerobic Dance With KT</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Thyemless- Snackology</div> <div>2:30 ● Happy Hour With Frank [ML]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>21</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Seniors Helping Seniors Project</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Dining Room Set Up [DR]</div> <div>2:30 ● Friday Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>22</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [ML]</div> <div>10:30 ● Craft Club [MPR]</div> <div>11:00 ● Dominos [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>23</div> |
| <div>WWW.SENIORLIFESTYLE.COM</div> <div>Activities are subject to change</div> | | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [C]</div> <div>10:30 ● Dominos Or UNO [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:00 ● Christian Service [C]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>24</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>9:30 ● Yoga [MPR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● UNO [ML]</div> <div>10:45 ● Horse Races [MPR]</div> <div>12:00 Lunch [DR]</div> <div>2:00 ● Thyemless Sundae's on Mondays</div> <div>2:30 ● Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>5:00 Dinner [DR]</div> <div>25</div> | <div>8:00 ● Breakfast [DR]</div> <div>8:30 ● Breakfast at McDonald's [ML]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Bookmark- Book Buddies</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Testing your Sensors</div> <div>3:30 ● Afternoon Stroll</div> <div>3:30 ● UNO [ML]</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>26</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Crafts with Peggy [MPR]</div> <div>11:30 Lunch Bunch- Taco Bell</div> <div>12:00 Lunch [DR]</div> <div>2:30 ● Bingo [MPR]</div> <div>3:00 ● Musical Entertainment- Terri and Walt [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>27</div> | <div>Thanksgiving</div> <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Brain Busters</div> <div>12:00 Lunch [DR]</div> <div>1:45 ● Thyemless- Snackology</div> <div>2:30 ● Happy Hour With [ML]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>28</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:30 ● Balloon Volleyball [LR]</div> <div>10:00 ● Drumming with Sam</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Seniors Helping Seniors Project</div> <div>12:00 Lunch [DR]</div> <div>1:30 ● Dining Room Set Up [DR]</div> <div>2:30 ● Friday Bingo [MPR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Essence Nails/Massage [ML]</div> <div>5:00 Dinner [DR]</div> <div>29</div> | <div>8:00 ● Breakfast [DR]</div> <div>9:00 ● Daily Chronicles [LR]</div> <div>9:15 ● Stretch it out [MPR]</div> <div>9:30 ● Stroll around the Amethyst</div> <div>10:15 ● Little Brunch [DR]</div> <div>10:30 ● Communion Service [ML]</div> <div>10:30 ● Craft Club [MPR]</div> <div>11:00 ● Dominos [ML]</div> <div>12:00 Lunch [DR]</div> <div>3:30 ● Afternoon Stroll</div> <div>4:00 ● Dining Room Set Up [DR]</div> <div>4:15 ● Group Karaoke [LR]</div> <div>5:00 Dinner [DR]</div> <div>30</div> |