## Inn at Amethyst -"Contribute" calendar & activities NOV 2019 **SUNDAY** MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY SATURDAY 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] Connect 0:00 • Drumming with Sam 9:15 • Stretch it out [LR] 1:00 • Seniors Helping Seniors Project [MPR] 9:30 • Stroll around the Contribute Amethyst 2:00 Lunch [DR] "It is not happy people who are thankful, it is 10:00 • Church Service [C] 1:30 Dining Room Set Up [DR] 10:00 • Cluster Activities [MPR] 2:30 • Friday Bingo [MPR] thankful people who are happy." 10:15 • Little Brunch [DR] 3:30 Afternoon Stroll 3:30 • Color Creations, Puzzles & Reading 10:30 • Communion Service [ML] 12:00 Lunch [DR] - Unknown FOR YOUR SERVICE 4:00 • Celebrity Trivia [ML] 3:30 • Afternoon Stroll Move 4:00 Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] HAPPY VETERANS DAY 4:15 • Group Karaoke [LR] Reflect 5:00 Dinner [DR] 5:00 Dinner [DR] Daylight Saving Time Begins 8:00 • Breakfast [DR] **Election Day** 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] LOCATIONS 9:00 • Daily Chronicles [LR] 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 9:30 • Stroll around the 9:15 Stretch it out [MPR] 9:15 • Ageless Aerobic 9:30 • Balloon Volleyball 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] 9:15 • Stretch it out [MPR] CHAPEL - C9:30 • Stroll around the Amethyst 9:30 Balloon Volleyball [LR] 9:30 • Balloon Volleyball Dance With KT 10:15 • Little Brunch [DR] 9:30 • Stroll around the 9:30 • Yoga [MPR] Amethyst 10:15 • Little Brunch [DR] 10:15 • Little Brunch [DR] 10:30 • Seniors Helping Seniors Project Amethyst DINING ROOM – DR10:15 • Little Brunch [DR] 10:15 Little Brunch [DR] 10:15 • Little Brunch [DR] 10:30 • Communion Service [C] 10:30 • Brain Busters 10:15 • Little Brunch [DR] 12:00 Lunch [DR] 10:30 • UNO [ML] 10:30 • Crafts with Peggy [MPR] 10:30 • Dominos Or UNO [ML] 12:00 Lunch [DR] 1:30 • Dining Room Set Up [DR] 10:30 • Communion Service [ML] LEGACY COURT -LC10:30 Bookmark- Book Buddies 10:45 • Horse Races [MPR] Lunch Bunch- PF Chang's 12:00 Lunch [DR] 10:30 • Craft Club [MPR] 1:45 • Thyemless- Snackology 2:30 • Friday Bingo [MPR] 10:30 • Brain Busters 12:00 Lunch [DR] Lunch [DR] 2:30 • Happy Hour With Todd [ML] 1:30 • Jeopardy MAN CAVE- MC 1:30 • Crafts with Friends 12:00 Lunch [DR] 2:30 • Bingo [MPR] 3:30 • Afternoon Stroll 11:00 • Dominos [ML] 3:00 • Christian Service [C] 2:00 • Thyemless Sundae's on Mondays 3:00 • Sing with Tom the Music Man [ML] 3:30 • Afternoon Stroll 12:00 Lunch [DR] A Trip to the Park [ML] 4:00 • Dining Room Set Up [DR] 2.00 3:30 • Afternoon Stroll THYMELESS COURTYARD-TC 2:30 • Bingo [MPR] 3:30 • Afternoon Stroll 4:00 • Dining Room Set Up [DR] 3:30 • Afternoon Stroll 4:15 • Essence Nails/Massage [ML] 3:30 • UNO [ML] 4:00 • Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 3:30 Afternoon Stroll 4:00 • Dining Room Set Up [DR] 4:15 • Group Karaoke [LR] 5:00 Dinner [DR] 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] MAIN LOBBY -ML4:15 • Group Karaoke [LR] 4:15 • Group Karaoke [LR] 5:00 Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] MONARCH - M8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 8:00 Breakfast [DR] 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] 8:00 • Breakfast [DR] Veterans Day MULTIPURPOSE ROOM – MPR 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] 8:00 • Breakfast [DR] 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] 9:00 • Daily Chronicles [LR] 9:15 • Stretch it out [MPR] 9:30 • Balloon Volleyball 9:00 • Daily Chronicles [LR] 9:30 • Balloon Volleyball [LR] 9:15 • Ageless Aerobic 0:00 • Drumming with Sam 9:15 Stretch it out [MPR] **GARDENS-G** 9:15 • Stretch it out [MPR] 10:15 • Little Brunch [DR] 9:30 Stroll around the Dance With KT 11:00 • Seniors Helping Seniors Project [MPR] 9:30 • Stroll around the 9:30 Stroll around the Amethyst Amethyst 10:30 Bookmark- Book Buddies 10:15 Little Brunch [DR] 10:15 • Little Brunch [DR] Amethyst 10:15 • Little Brunch [DR] 10:15 Little Brunch [DR] 10:30 • Brain Busters 10:30 • Communion Service [C] 10:30 • Brain Busters Lunch [DR] 10:15 • Little Brunch [DR] 10:30 • Crafts with Peggy [MPR] 10:15 • Salute to the Veterans [DR] 10:30 Dominos Or UNO [ML] 12:00 Lunch [DR] 12:00 Lunch [DR] 1:00 • Music with Tom [MPR] 10:30 • Communion Service [ML] 11:30 • Lunch Bunch- Streets of New York 10:30 • UNO [ML] 1:45 • Testing your sensors 12:00 Lunch [DR] 1:45 • Thyemless- Snackology 1:30 • Dining Room Set Up [DR] 10:30 • Craft Club [MPR] Pizza 10:45 • Horse Races [MPR] 3:00 • Praise with Friends [C] 3:00 • Christian Service [C] 12:00 Lunch [DR] 2:30 • Happy Hour With Eric [ML] 2:30 • Friday Bingo [MPR] 11:00 • Dominos [ML] 12:00 Lunch [DR] **BIRTHDAYS** 3:30 Afternoon Stroll 1:30 • Sing and Dance with April [LR] 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 12:00 Lunch [DR] 3:30 • Afternoon Stroll 2:00 • Thyemless Sundae's on Mondays 3:30 • UNO [ML] 2:30 • Bingo [MPR] 4:00 • Dining Room Set Up [DR] 2:30 • Bingo [MPR] 4:00 • Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 3:30 • Afternoon Stroll THIS MONTH 4:00 • Dining Room Set Up [DR] 3:30 • Afternoon Stroll 4:15 • Essence Nails/Massage [ML] 4:15 • Group Karaoke [LR] 4:15 • Essence Nails/Massage [ML] 4:00 • Dining Room Set Up [DR] 3:30 Afternoon Stroll 4:15 • Group Karaoke [LR] 4:00 • Dining Room Set Up [DR] 4:15 • Group Karaoke [LR] 4:00 • Dining Room Set Up [DR] Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] 4:15 • Essence Nails/Massage [ML] 11/26 Pearl H 5:00 Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] 8:00 • Breakfast [DR] 9:00 • Daily Chronicles [LR] 9:15 Stretch it out [MPR] 9:15 • Stretch it out [MPR] 9:30 • Balloon Volleyball [LR] 9:30 • Balloon Volleyball 9:15 • Ageless Aerobic 9:30 • Balloon Volleyball 9:15 • Stretch it out [MPR] 9:30 • Stroll around the 9:30 • Stroll around the 10:15 • Little Brunch [DR] Dance With KT 9:30 • Stroll around the Amethyst Amethyst SENIOR LIFESTYLE 10:15 Little Brunch [DR] 10:30 • Bookmark- Book Buddies 10:15 Little Brunch [DR] 10:15 • Little Brunch [DR] Amethyst 10:15 • Little Brunch [DR] 10:15 • Little Brunch [DR] 10:30 • Brain Busters 10:30 • Communion Service [C] 10:30 • Brain Busters 10:30 • Seniors Helping Seniors Project 10:15 • Little Brunch [DR] 10:30 • UNO [ML] 10:30 • Crafts with Peggy [MPR] 11:30 Picnic at the Park Come grow with us! 10:30 • Dominos Or UNO [ML] 12:00 Lunch [DR] 2:00 Lunch [DR] 10:30 • Communion Service [ML] 11:30 • Lunch Bunch- Red Robin 10:45 • Horse Races [MPR] 12:00 Lunch [DR] 1:45 • Thyemless- Snackology 12:00 Lunch [DR] 1:30 • Dining Room Set Up [DR] 10:30 • Craft Club [MPR] Lunch [DR] 12:00 Lunch [DR] 12:00 2:30 • Happy Hour With Frank [ML] 3:00 • Christian Service [C] 3:00 • Praise with Friends [C] 2:30 • Friday Bingo [MPR] 2:00 • Thyemless Sundae's on Mondays 11:00 • Dominos [ML] 2:30 • Bingo [MPR] 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 2:30 • Bingo [MPR] 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 3:30 Afternoon Stroll 12:00 Lunch [DR] 3:30 • UNO [ML] 4:00 • Dining Room Set Up [DR] 3:30 Afternoon Stroll 4:00 • Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 3:30 • Afternoon Stroll 4:00 • Dining Room Set Up [DR] 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] 4:15 • Essence Nails/Massage [ML] 4:15 • Essence Nails/Massage [ML] 4:00 • Dining Room Set Up [DR] 4:15 • Group Karaoke [LR] 4:15 • Group Karaoke [LR] 4:15 • Group Karaoke 4:15 Group Karaoke 4:15 • Group Karaoke [LR] Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] WWW.SENIORLIFESTYLE.COM 5:00 Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] 5:00 Dinner [DR] Activities are subject to change 8:00 • Breakfast [DR] Thanksgiving 8:30 • Breakfast at McDonald's 9:00 • Daily Chronicles [LR] 8:00 • Breakfast [DR] 9.15 Stretch it out [MPR] 9:30 Balloon Volleyball 9:30 • Stroll around the 9:30 • Balloon Volleyball 9:15 Stretch it out [MPR] 9:00 • Daily Chronicles 9:00 • Daily Chronicles [LR] 9:30 • Stroll around the Amethyst 9:30 • Stroll around the 9:30 Balloon Volleyball [LR] Amethyst 10:15 • Little Brunch [DR] 9:30 • Yoga [MPR] 10:00 • Drumming with Sam Amethyst 10:15 Little Brunch [DR] 10:15 • Little Brunch [DR] 10:30 • Communion Service [C] 10:30 Bookmark- Book Buddies 10:30 • Crafts with Peggy [MPR] SENIOR LIFESTYLE 10:30 • Brain Busters 10:30 • Dominos Or UNO [ML] 10:30 • Seniors Helping Seniors Project 10:30 • Communion Service [ML] 10:30 • UNO [ML] 10:30 • Brain Busters 11:30 • Lunch Brunch- Taco Bell 12:00 Lunch [DR] 10:45 • Horse Races [MPR] 12:00 Lunch [DR] 2:00 Lunch [DR] 10:30 • Craft Club [MPR] *Unlimited options, Unparalleled* 12:00 Lunch [DR] 12:00 Lunch [DR] 3:00 • Christian Service [C] Lunch [DR] 1:45 • Thyemless- Snackology 1:30 • Dining Room Set Up [DR] 11:00 • Dominos [ML] 12:00 2:30 • Bingo [MPR] 1:45 • Testing your Sensors 3:00 • Musical Entertainment-Terri and Walt [DR] services 2:00 • Thyemless Sundae's on Mondays 2:30 • Happy Hour With [ML] 2:30 • Friday Bingo [MPR] 12:00 Lunch [DR] 3:30 Afternoon Stroll 3:30 Afternoon Stroll 3:30 • UNO [ML] 4:00 • Dining Room Set Up [DR] 2:30 • Bingo [MPR] 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 3:30 • Afternoon Stroll 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] 3:30 • Afternoon Stroll 4:00 • Dining Room Set Up [DR] 4:15 • Group Karaoke [LR] Dinner [DR] 4:00 • Dining Room Set Up [DR] 4:15 • Essence Nails/Massage [ML] 4:15 • Group Karaoke [LR] 4:15 • Group Karaoke [LR] 4:15 • Essence Nails/Massage [ML] 5:00 Dinner [DR]

Dinner [DR]