FEB 2019 SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY SATURDAY 9:25 • Cheesy & Funny Pickup Lines [LS] 9:25 • Cheesy & Funny Pickup Lines [LS] Connect 10:00 • Busy Bags [MS] 9:30 • Sitting Lightweights [LS] 10:30 • Thymeless Smoothies Thymeless Smoothies Contribute 0:45 • Zumba Gold with Elizabeth [LS] 1:00 • Finishing Lyrics [LN] 1:30 Afternoon Stroll 1:30 • Afternoon Stroll 2:00 • CRAFTER'S CORNER; Decorating Rocks 2:00 Movie Matinee & Popcorn [LN] 2:30 • Essence [SR] 3:30 • HAPPY HOUR [LB] 3:00 • Social Hour With Snacks [MN] Grow 6:00 • Manicures & Hand Massages [MN] 6:00 • Mandala Art & Piano Delights [MS] Move Reflect 9:25 • Cheesy & Funny Pickup LOCATIONS Lines [LS] 9:30 • Sitting Lightweights [LS] 9:30 • Sit & Be Fit [LS] 9:30 Morning Jives & Poms 9:30 • Senior Fit Aerobics [LS] 9:30 • The Daily Chronicle [LS] 9:30 • Chair Yoga [LS] 10:00 • Busy Bags [MS] **CS - Creative Studio** Thymeless Smoothies [LN] 10:15 • Freerice.com [LS] 10:00 • Tales And Travel With 10:00 • Prayer Circle with Mary 10:00 Bookmarks [MS] 10:30 • Thymeless Smoothies 10:30 Catholic Mass & Communion [FR] 10:30 • Thymeless Smoothies [MS] 10:30 • Thymeless Smoothies [MN] ER - Entertainment Room 10:30 • Chair Exercise with Susan [PTR] 10:45 • Zumba Gold with Elizabeth [LS] 1:30 • Afternoon Stroll 11:00 • Holy Rosary [ER] 11:00 • Christian Service with Pastor Dale [ER] 10:15 • Songs by Heart Music Therapy [LS] 11:00 • You Be the Judge [LS] 10:30 • Thymeless Smoothies [MN] 2:00 • Movie Matinee & Popcorn [LN] 11:00 • Music Entertainment With Alex [LS] 1:30 Afternoon Stroll 10:30 • Thymeless Smoothies [MN] 12:00 • Lunch With Terrence [CR] 1:30 • Afternoon Stroll LB - Lobby 2:00 • CRAFTER'S CORNER; Decorate Own
Coffee Mugs [MN] 11:15 • Tongue Twister Tuesday [LS] 11:00 • OUTING: Sweet Berry Cafe [OT] 1:30 • Afternoon Stroll 2:00 • Chef Terry Treats [MN] 2:30 • Essence [SR] 1:30 Afternoon Stroll 1:30 • Afternoon Stroll 3:00 • Social Hour With Snacks [MN] 2:00 • Essence [LN] 3:00 • Soft Jazz & Healthy Snack Social [MN] 1:30 Afternoon Stroll 2:00 • JENGA [MS] LN - Living Room North 2:00 • Puzzling Parlour [LN] 6:45 • Karaoke Hour [LS] 2:00 • Sparks [MN] 2:00 • Chef Demo [LN] 3:00 • Decade Hits & Healthy Snack Social 3:30 • HAPPY HOUR [LB] 6:00 • Mandala Art & Piano Delights [MS] 6:00 • Manicures & Hand Massages [MN] 3:00 • Classical Music & Healthy Snack 2:15 • UNO! Card Game [MS] 3:00 • Blues Music & Healthy Snack Social LS - Living Room South 3:15 • Entertainment [LB] 3:00 • Bossa Nova & Healthy Snack Social 3:30 • 15 Valentines Day Facts [LS] 3:30 • Ring Toss! [LN] 6:15 • Sing-Along (IN2L) [LS] MN - Mom's Kitchen North 6:15 • Theme of the Month Movie: " Netflix Original" [LN] 6:15 • Table Games [MN] 3:30 • Picture Trivia! [LN] 6:15 • BINGO [MN] MS - Mom's Kitchen South 9:25 • Cheesy & Funny Pickup Lines [LS] 9:25 • Cheesy & Funny Pickup Cheesy & Funny Pickup Lines [LS] Cheesy & Funny Pickup Lines [LS] 9:25 • Cheesy & Funny Pickup Lines [LS] 9:25 • Cheesy & Funny Pickup Lines [LS] OT - Outing 9:25 • Cheesy & Funny Pickup 9:25 9:25 6 Lines [LS] Lines [LS] 9:30 • Sitting Lightweights [LS]

- • Thymeless Smoothies 9:30 • Sit & Be Fit [LS] 9:30 • The Daily Chronicle [LS] 9:30 Morning Rock n Roll & 9:30 • Senior Fit Aerobics [LS] 9:30 • Chair Yoga [LS] 9:30 • Coffee Clutch With PTR- Physical Therapy 10:30 • Thymeless Smoothies 10:30 • Thymeless Smoothies 10:00 Prayer Circle with Mary 10:00 Bookmarks [MS] Terrence [LS] 0:30 • Catholic Mass & Communion [ER] 0:30 • Thymeless Smoothies [MS] 10:30 Thymeless Smoothies [MN] Room 11:00 • Christian Service with Pastor Dale [ER] 11:15 • Pastime Poetry Hour [LS] 10:30 • Chair Exercise with Susan [PTR] 10:45 • Zumba Gold with Elizabeth [LS] 11:00 • Finishing Lyrics [LN] 11:00 Holy Rosary [ER] 11:00 • You Be the Judge [LS] 10:30 • Thymeless Smoothies [MN] 1:30 • Afternoon Stroll 1:30 • Afternoon Stroll 1:30 • Afternoon Stroll 12:00 • Lunch With Terrence [CR] 1:30 • Afternoon Stroll 1:30 • Afternoon Stroll SR - Serenity Room 11:00 • OUTING: David Nelson Book Talk & Piano Performance [OT] 2:00 • Movie Matinee & Popcorn [LN] 2:00 • Essence [LN] 2:00 Science Hour [MN] 2:00 • Sparks [MN] 2:00 • CRAFTER'S CORNER: Creative Canavas 1:30 Afternoon Stroll 2:00 • Puzzling Parlour [LN] 3:00 • Soft Jazz & Healthy Snack Social [MN] 2:15 • Old Maid Card Game [MS] 2:30 • Essence [SR] 2:00 Casablanca Drive In [MS] 3:00 • Classical Music & Healthy Snack 3:00 • Bossa Nova & Healthy Snack Social Afternoon Stroll 3:30 • HAPPY HOUR [LB] 3:00 • Social Hour With Snacks [MN] 6:45 • Karaoke Hour [LS] 3:00 • Decade Hits & Healthy Snack Social Social [MN] 2:00 • Vintage Valentine Tea Party [LN] 6:00 • Manicures & Hand Massages [MN] 6:00 • Mandala Art & Piano Delights [MS] **Beauty Shop** 3:30 • Helping Hands [LS] 3:30 • Picture Trivia! [LN] 3:15 • Entertainment [LB] 3:00 • Blues Music & Healthy Snack Social 6:15 • Table Games [MN] 6:15 • BINGO [MN] 6:15 • Sing-Along (IN2L) [LS] Thursday & Friday 3:30 • Ring Toss! [LN] 6:15 • Theme of the Month Movie: " Netflix Original" [LN] Mornings Cheesy & Funny Pickup 9:25 • Cheesy & Funny Pickup 9:25 • Cheesy & Funny Pickup 9:25 • Cheesy & Funny Pickup 9:25 9:25 • Cheesy & Funny Pickup 9:25 • Cheesy & Funny Pickup 9:25 • Cheesy & Funny Pickup Lines [LS] Ö 9:30 • Sit & Be Fit [LS] 9:30 • Senior Fit Aerobics [LS] 9:30 • The Daily Chronicle [LS] 9:30 • Chair Yoga [LS] 9:30 • Who's Got it Card Game? 9:30 • Shake away your taste 9:30 • Morning Boogie Woogie 10:15 • High Rollers Bowling & Poms [MS] 10:15 • Songs by Heart Music 10:00 • Prayer Circle with Mary 10:00 • Bookmarks [MS] 10:30 • Thymeless Smoothies [MS] 10:30 • Catholic Mass & Communion [ER] 9:30 • Sitting Lightweights [LS] Therapy [LS] 10:30 • Thymeless Smoothies [MN] SENIOR LIFESTYLE 10:30 • Chair Exercise with Susan [PTR] 10:45 • Zumba Gold with Elizabeth [LS] 10:30 • Thymeless Smoothies [MS] 1:00 • Holy Rosary [ER] 10:30 • Thymeless Smoothies [MN] 11:00 • Name That Love Song [LS] Thymeless Smoothies [LN] 11:00 • Christian Service with Pastor Dale [ER] 1:30 Afternoon Stroll 11:15 • Tongue Twister Tuesday [LS] 10:30 • Thymeless Smoothies [MN] 2:00 • Lunch With Terrence [CR] 1:30 • Afternoon Stroll 1:30 • Afternoon Stroll Come grow with us! 2:00 • CRAFTER'S CORNER; Roses Wreath 1:30 • Afternoon Stroll 2:00 • OUTING : Scenic Drive [OT] 1:30 • Afternoon Stroll 1:30 • Afternoon Stroll 2:00 • Movie Matinee & Popcorn [LN] 1:30 • Afternoon Stroll 2:00 • Essence [LN] 3:00 • Soft Jazz & Healthy Snack Social [MN] 2:00 • Sparks [MN] 2:00 • Chef Demo [LN] 2:00 • BINGO [MS] 2:30 • Essence [SR] 2:00 GBPL Library Ladies Program [MN] 2:15 • Go Fish Card Game [MS] 2:00 • Puzzling Parlour [LN] 6:45 • Karaoke Hour [LS] 3:00 • Blues Music & Healthy Snack Social 3:00 • Social Hour With Snacks [MN] 3:00 • Decade Hits & Healthy Snack Social 3:00 • Classical Music & Healthy Snack 3:00 • Bossa Nova & Healthy Snack Social 3:30 • HAPPY HOUR [LB] 6:00 • Mandala Art & Piano Delights [MS] 3:30 • Ring Toss! [LN] 3:15 • Entertainment [LB] Social [MN] 6:00 • Manicures & Hand Massages [MN] 3:30 • Picture Trivia! [LN] 3:30 • Helping Hands [LS] 6:15 • Theme of the Month Movie: " Netflix 6:15 • Sing-Along (IN2L) [LS] SENIOR LIFESTYLE 6:15 • Table Games [MN] 6:15 • BINGO [MN] Original" [LN] Unlimited options, 9:25 • Cheesy & Funny Pickup Lines [LS] 9:25 • Cheesy & Funny Pickup Lines [LS] Lines [LS] Lines (LS) Lines [LS] 9:30 • Sit & Be Fit [LS] 9:30 • Chair Yoga [LS] 9:30 Morning Twist & Poms 9:30 • Senior Fit Aerobics [LS] 9:30 • Church Service with 10:30 • Thymeless Smoothies 10:15 Horseraces [LS] Chaplain David [LS] 10:00 • Bookmarks [MS] 10:30 • Catholic Mass & Communion [ER] 9:30 • The Daily Chronicle [LS] 10:30 • Thymeless Smoothies [MN] 10:30 • Thymeless Smoothies [MS] 11:00 • Holy Rosary [ER] 11:15 • Tongue Twister Tuesday [LS] 10:00 Prayer Circle with Mary [LN] 11:00 • Christian Service with Pastor Dale [ER] 11:00 • You Be the Judge [LS] 10:30 • Chair Exercise with Susan [PTR] 1:30 Afternoon Stroll 1:30 Afternoon Stroll 12:00 • Lunch With Terrence [CR] 1:30 Afternoon Stroll MEMORY C 12:00 • RESIDENT BIRTHDAY LUNCH 2:00 • Science Hour [MN] 2:00 • Sparks [MN] 10:30 • Thymeless Smoothies [MN] 2:00 • Essence [LN] 3:00 • Soft Jazz & Healthy Snack Social [MN] 2:15 • Garbage Card Game [MS] 2:00 OUTING: Music Performance at Gail Borden Library [OT] 1:30 Afternoon Stroll 1:30 • Afternoon Stroll 2:00 • Cards of Love [LN] 3:00 • Bossa Nova & Healthy Snack Social 6:45 • Karaoke Hour [LS] 2:00 • BINGO [MS] 3:00 • Blues Music & Healthy Snack Social [MN] 3:00 • Classical Music & Healthy Snack 2:00 • Library Fun & Facts [LN] 3:30 Picture Trivia! [LN] 3:00 • Decade Hits & Healthy Snack Social 3:30 Helping Hands [LS] 6:15 • BINGO [MN] 3:30 • Ring Toss! [LN] 6:15 • Table Games [MN] 6:15 • Theme of the Month Movie: " Netflix 3:15 • Entertainment [LB] Original" [LN] 6:15 • Sing-Along (IN2L) [LS]