




Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div> <div></div> <div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div><div><div>Location Keys</div><div>Halls</div><div>Living Room</div><div>Sun Room</div></div></div>	October cont'd 30	31		● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT	Location Keys Halls HS Living Room LR Sun Room SR		
	10:00 ● Morning Exercise 10:30 Catholic Service 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Hayes Barton Baptist Church 1:00 ● Faithful Friends 3:00 ● Piano Music by Harrison	10:30 ● Morning Refreshments and Conversations [HS] 10:30 ● Zumba w/ Linda [LR] 11:00 ● Trivia [SR] 11:30 ● Garden Club [SR] 2:30 ● Luke Lowe Performs					10:00 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Group Puzzle 2:00 ● Prayer & Inspirational group meeting 3:00 ● Afternoon Cinema
	10:00 ● Morning Exercise 10:30 Catholic Service 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Hayes Barton Baptist Church 1:00 ● Faithful Friends 3:00 ● Piano Music by Harrison	10:30 ● Morning Refreshments and Conversations [HS] 10:30 ● Zumba w/ Linda [LR] 11:00 ● Trivia [SR] 11:30 ● Garden Club [SR] 1:30 ● Chain of Thought	10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● AARP: Virtual Estate Planning 1:30 ● Bingo 2:30 ● Pet Therapy 3:30 ● Devotion/ Bible Study w/ Darlene	9:30 ● Soothing Sounds/ Meditation 9:45 Target Shopping Outing 10:15 Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 2:00 ● John on the Piano [LR] 3:00 Manicures	9:30 Top 7 Game 10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 10:45 ● Walking Club [LR] 1:30 ● Bingo 3:00 ● Ice Cream Social	9:30 ● Morning News & Coffee 10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Fresh Flowers 11:00 ● Resident Council Meeting 3:00 ● Happy Hour	10:00 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Group Puzzle 1:30 Evening with Frank Sinatra 3:00 ● Afternoon Cinema
	10:00 ● Morning Exercise 10:30 Catholic Service 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Hayes Barton Baptist Church 3:00 ● Piano Music by Harrison 3:00 ● Terry and Gary Ministries	3:00 ● Paint Therapy 10:30 ● Morning Refreshments and Conversations [HS] 10:30 ● Zumba w/ Linda [LR] 11:00 ● Trivia [SR] 11:30 ● Garden Club [SR] 1:30 Program Chat	10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Fall Craft 1:30 ● Bingo 2:30 ● Pet Therapy 3:30 ● Devotion/ Bible Study w/ Darlene	9:30 Prayer & Inspirational group meeting 10:15 Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 2:00 ● John on the Piano [LR] 3:00 Manicures 3:30 Pet Therapy	10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 10:45 ● Walking Club [LR] 11:00 Healthy Snack /DIY 1:30 ● Bingo 3:15 ● Piano with Christian	9:30 ● Morning News & Coffee 10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Fresh Flowers 1:30 ● Chatham Hill Winery 3:30 Chain of Thought	10:00 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Group Puzzle 2:00 ● Feel Good Music 3:00 ● Afternoon Cinema
	10:00 ● Morning Exercise 10:30 Catholic Service 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Hayes Barton Baptist Church 1:00 ● Faithful Friends 3:00 ● Piano Music by Harrison	10:30 ● Morning Refreshments and Conversations [HS] 10:30 ● Zumba w/ Linda [LR] 11:00 \$1.00 Auction 11:30 ● Garden Club [SR] 1:30 ● Bible Trivia [SR] 3:00 Evening Movie: W/ Popcorn	10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Word Life 1:30 ● Bingo 2:30 ● Pet Therapy 3:30 ● Devotion/ Bible Study w/ Darlene	9:30 Prayer & Inspirational group meeting 10:15 Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 Briggs Restaurant 2:00 ● John on the Piano [LR] 3:00 Manicures	10:15 ● Morning Exercise 10:30 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 10:45 ● Walking Club [LR] 1:30 ● Bingo 4:00 Movercize w/Richard	9:30 ● Morning News & Coffee 10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Fresh Flowers 12:00 Little Women Musical 3:00 ● Happy Hour	10:00 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Group Puzzle 2:00 ● Feel Good Music 3:00 ● Afternoon Cinema
	10:00 ● Morning Exercise 10:30 Catholic Service 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Hayes Barton Baptist Church 3:00 ● Piano Music by Harrison 3:00 ● Terry and Gary Ministries	10:30 ● Morning Refreshments and Conversations [HS] 10:30 ● Zumba w/ Linda [LR] 11:00 ● Trivia [SR] 11:30 ● Garden Club [SR] 1:30 Finish the Proverb 3:00 Ted Talk: It's never to late	10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Word Life 1:30 ● Bingo 2:30 ● Pet Therapy 3:30 ● Devotion/ Bible Study w/ Darlene	9:30 Prayer & Inspirational group meeting 10:00 Pumpkin Patch Picnic Outing 10:15 Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 2:00 ● John on the Piano [LR] 3:00 Manicures	10:15 ● Morning Exercise 10:30 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 10:45 ● Walking Club [LR] 1:30 ● Bingo 2:00 ● Cinema Outing/Avatar	9:30 ● Morning News & Coffee 10:15 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Fresh Flowers 3:00 ● Happy Hour	10:00 ● Morning Exercise 10:30 ● Morning Refreshments and Conversations [HS] 11:00 ● Group Puzzle 2:00 ● Feel Good Music 3:00 ● Afternoon Cinema