January 2021 **Falls River Court**

Monthly Activities

Monday Tuesday Wednesday Thursday Friday Sunday Saturday 9:00 • Early Morning Devotionals from D365 [LR] 9:30 • Today is... and Coffee Cafe' [LR] January cont'd 10:00 • Church Group: Hymns 9:00 • Morning Service from Mt. Vernon [LR] 9:30 • Today is... and Coffee Sing-along 10:00 • Stretch & Move [LR] 0:00 • Take A Hike : Walking Group [HS] 9:30 • Today is... and Coffee Cafe' [LR] 10:30 • Morning Refreshments and **FALLS RIVER** 0:30 • Morning Refreshments and Conversations [HS] "You must be the change you wish to see 10:00 • Move and Groove [LR] 11:00 • Thymeless Gardening Club/Clipping Conversations [HS] :00 • New Years Look Book [LR] 10:30 • Morning Refreshments and Conversations [HS] COURT in the world." 1:30 • Helping Hands [DR] 1:00 • Thymeless Gardening Club/Clipping Harvest 2:00 O Puzzling Pictures :30 • Helping Hands [DR] 3:00 Balloon Ball [I R] Mohandas Gandhi 1:30 • Helping Hands [DR] 2:00 🍴 Thymeless Cooking Club/ Sugar Cookie a Senior Lifestyle community Mid Day Snack 3:30 3:00 • Let's Get Creative: Pumpkin Paintings Crumbles [DR] 3:00 O Yahtzee! [CH] Mid Day Snack 4:00 • Movie Social/Popcorn Fridays : Rent [LR] 4:00 Literary Tea Social [BH] 6:30 • Andy Griffith Show 9:00 • Early Morning
Devotionals from D365 9:30 • Today is... and Coffee Cafe' [LR] 9:00 • Morning Service from Mt. Vernon [LR] 9:00 • Early Morning Devotionals from D365 9:00 • Early Morning Devotionals from D365 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Early Morning Devotionals from D365 6 10:00 • Memory Makers from 9:30 • Today is... and Coffee Mount Vernon Baptist Church (12:00 PM) [BH] Cafe' [LR] 9:30 • Today is... and Coffee 9:30 • Today is... and Coffee 9:30 Today is... and Coffee 9:30 • Today is... and Coffee 10:00 • Move and Groove [LR] Cafe' [LR] Cafe' [LR] Cafe' [LR] Cafe' [LR] Cafe' [LR] 10:00 • Kick Ball [CH] 10:00 Balloon Baseball [BH] 10:00 • Shake it Out [CH] 10:00 • Taiso - Radio Exercise [CH] 10:00 • Take A Hike : Walking Group [HS] 10:00 • Stretch & Move [LR] 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and Conversations [HS] 10:30 • Morning Refreshments and Conversations [HS] Conversations [HS] 10:30 • Morning Refreshments and 11:00 • Thymeless Gardening Club/Clipping
Coupons Conversations [HS] Conversations [HS] Conversations [HS] Conversations [HS] 1:00 | Thymeless Gardening Club/Watering and Thymeless Gardening Club/ Tea in the 1:00 • Spelling Bee [LR] 1:00 • Thymeless Gardening Club/ Creating a 1:00 Japanese Paper Fans and their History 1:00 • Thymeless Gardening Club/Clipping Coupons
1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 1:30 • Thymeless Gardeni Zen Garden [BH] 1:30 New Years Crossword Puzzle [LR] 1:30 • Manicures and Hand Massage [CH] 1:30 Thymeless Gardening Club/Watering & 3:00 • Let's Get Creative: New Year Journal IDR 1:30 • Christmas / New years Take down [HS] 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 2:00 | Thymeless Cooking Club/ Mochi [DR] 1:30 • Helping Hands [DR] 2:00 • Puzzling Pictures 3:30 Mid Day Snack 1:30 • Helping Hands [DR]
2:00 ¶ Thymeless Cooking Club/ Milkshakes 2:00 Thymeless Cooking Club/ Veggie Sushi Rolls [DR] 2:00 Thymeless Cooking Club/ Chocolate Chip Muffins [DR] 2:00 | Thymeless Cooking Club/ M&M Brow 3:00 • Balloon Ball [LR] 4:00 Literary Tea Social [BH] 3:00 Japanese Style Happy Hour [HS] 6:30 • Andy Griffith Show 3:30 Mid Day Snack 3:30 Mid Day Snack 3:00 Orafty Corner: Coffee Filter Snowflakes 3:00 • Tea time and Adult coloring [CH] 3:00 • Japanese New Year Celebration [LR] 4:00 • Today in Japanese History [LR] 6:30 • Poetry [LR] 4:00 • Word Scramble [LR] **Location Keys** 3:30 Mid Day Snack 3:30 Mid Day Snack 3:00 Common Savings [LR] 4:00 • Name that Sound Animal Edition [LR] Mid Day Snack 3:30 Mid Day Snack 4:00 O Bingo [LR] B Hall BH 4:00 • Name Game [LR] 4:00 Japanese Commercials 1960's 6:00 O Boardgame Club [LR] 6:30 • Retrieving Hearts Therapy Dogs Visit C Hall CH 9:00 • Morning Service from Mt. Vernon [LR] 9:00 • Early Morning Devotionals from D365 [LR] 9:30 • Today is... and Coffee Cafe' [LR] 9:00 • Early Morning **Dining Room** DR Devotionals from D365 9:30 • Today is... and Coffee 10:00 • Church Group: Hymns Halls 9:30 Today is... and Coffee Cafe' [LR] 9:30 Today is... and Coffee Cafe' [LR] Sing-along
10:00 • Stretch & Move [LR] Cafe' [LR] 9:30 • Today is... and Coffee 9:30 • Today is... and Coffee 9:30 • Today is... and Coffee Living Room 10:00 • Move and Groove [LR] Cafe' [LR] Cafe' [LR] Cafe' [LR] 10:00 • Kick Ball [CH] 0:00 Balloon Baseball [BH] 0:00 • Shake it Out [CH] 10:00 • Balloon Parachute [BH] 0:00 • Take A Hike : Walking Group [HS] 0:30 • Morning Refreshments and 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and Conversations [HS] Conversations [HS] 10:30 • Morning Refreshments and Conversations [HS] 1:00 • Thymeless Gardening Club/Clipping 1:00 • Thymeless Gardening Club/Clipping Conversations [HS] 1:00 Book Marks : Gene Kelly [LR] 1:00 Shinto 101: Traditions pt.2 [BH] 1:00 • Weekly Crossword [LR] 1:00 | Thymeless Gardening Club/Watering and 1:00 • Thymeless Gardening Club/ Tea in the 11:30 Thymeless Gardening Club/Watering & Harvest 1:30 • Helping Hands [DR] 1:30 • Thymeless Gardening Club/Bo 1:30 • Manicures and Hand Massage [CH] 1:30 • Helping Hands [DR] 1:30 • Shinto 101: History pt.1 [BH] 1:30 Japan : Virtual Tour [LR] 3:00 • Let's Get Creative: Japanese Writing [DR 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 2:00 Puzzling Pictures 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 2:00 M Thymeless Cooking Club/ Apple Fritters 1:30 • Helping Hands [DR] 2:00 | Thymeless Cooking Club/ Funfetti dip 2:30 • Sing-A-Long with Linda! 3:30 Mid Day Snack 2:00 Thymeless Cooking Club/ Mint Chocolate Muffins [DR] 4:00 Literary Tea Social [BH] 2:00 | Thymeless Cooking Club/ Chocolate 2:00 | Thymeless Cooking Club/ Cheese Dip 3:00 • Balloon Ball [LR] 3:00 Japanese Style Happy Hour [HS] Banana Bread [DR] 3:00 • Who are You [LR] 6:30 • Andy Griffith Show 3:30 Mid Day Snack 3:00 Paint and Sip [CH] 3:00 Oragami creations [CH] 3:00 Paper Snowflakes [CH] 3:30 Mid Day Snack 3:30 Mid Day Snack 4:00 • Word Scramble [LR] 4:00 • Bingo [LR] 3:30 Mid Day Snack 3:30 Mid Day Snack 3:30 Mid Day Snack 4:00 • Today in History [LR] 4:00 Japanese Style Music 19670's [BH] 4:00 • Tour of Japans Gardens [LR] 6:00 O Boardgame Club [LR] 4:00 • Movie Social/Popcorn Fridays: 37 6:30 • Poetry [LR] seconds [LR] 9:00 • Morning Service from Mt. Vernon [LR] 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Early Morning Devotionals from D365 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Early Morning Devotionals from D365 9:00 • Early Morning Devotionals from D365 [LR] 9:30 • Today is... and Coffee Cafe' [LR] 10:00 • Stretch & Move [LR] 9:30 • Today is... and Coffee *THYMELESS 9:30 • Today is... and Coffee Cafe' [LR] 9:30 • Today is... and Coffee Cafe' [LR] Cafe' [LR] 9:30 • Today is... and Coffee 9:30 • Today is... and Coffee 9:30 • Today is... and Coffee 10:30 • Morning Refreshments 10:00 • Move and Groove [LR] Cafe' [LR] Cafe' [LR] Cafe' [LR] and Conversations [HS] CONNECT 10:00 • Kick Ball [CH] 0:00 • Balloon Baseball [BH] 0:00 • Shake it Out [CH] 10:00 • Yoga Stretch [BH] 10:00 • Take A Hike : Walking Group [HS] 11:00 • Thymeless Gardening Club/Clipping 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and Conversations [HS] Conversations [HS] CONTRIBUTE 1:30 • Helping Hands [DR] 1:00 • Thymeless Gardening Club/Clipping 1:00 | Thymeless Gardening Club/Watering and 1:00 • Thymeless Gardening Club/ Tea in the 1:00 O Weekly Crossword [LR] 1:00 • Traditional Japanese Tea Ceremony [CH 1:00 O Southern Japanese Traditions [BH] 2:00 Puzzling Pictures 1:30 • Helping Hands [DR] Weeding FEEL 1:30 • Thymeless Gardening Club/Bo 11:30 • Manicures and Hand Massage [CH] 1:30 🍴 Thymeless Gardening Club/Watering & 3:00 • Balloon Ball [LR] 1:30 • Shinto Service [BH] 3:00 • Let's Get Creative: New Year Journal [DR] 1:30 Northern Japanese Traditions [BH] 1:30 • Helping Hands [DR] Harvest 1:30 • Helping Hands [DR] 3:30 Mid Day Snack 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] 3:30 Mid Day Snack 1:30 • Helping Hands [DR] 2:00 | Thymeless Cooking Club/ Strawberry 2:00 | Thymeless Cooking Club/ Boba Tea [DR] GROW 4:00 Word Scramble [IR] 2:00 Thymeless Cooking Club/ Blueberry Scones [DR] 2:00 Thymeless Cooking Club/ Edible Cookie Dough [DR] 4:00 • Literary Tea Social [BH] 2:00 | Thymeless Cooking Club/ Chex Mix [DR] Banana Smoothie [DR] 3:00 Orafty Corner: Japanese Cherry 3:00 Japanese Style Happy Hour [HS] MOVE 6:30 • Andy Griffith Show 3:00 Japanese Savings: Trivia [LR] Blossoms [CH] 3:00 • Crafty Corner : Japanese Lanterns [CH] 3:00 • Food of Japan : Trivia [LR] 3:30 Mid Day Snack Mid Day Snack Mid Day Snack 3:30 3:30 Mid Day Snack
4:00 Movie Social/Popcorn Fridays : Between 4:00 Japanese Style Poetry [LR] 3:30 Mid Day Snack 4:00 Today in History [LR] 4:00 O Bingo [LR] REFLECT 4:00 • Animals of Japan [LR] 6:30 • Poetry [LR] 6:00 O Boardgame Club [LR] 6:30 • Retrieving Hearts Therapy Dogs Visit Earth and Sky [LR] 9:00 • Early Morning Devotionals from D365 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Early Morning Devotionals from D365 [LR] 9:00 • Morning Service from Mt. Vernon [LR] 9:00 • Early Morning Devotionals from D365 9:30 • Today is... and Coffee Cafe' [LR] 9:30 • Today is... and Coffee Church Group: Hymns 9:30 • Today is... and Coffee Cafe' [LR] Sing-along
10:00 • Stretch & Move [LR] Cafe' [LR] 10:00 Move and Groove [LR] 10:00 • Take A Hike : Walking Group [HS] 10:00 • Kick Ball [CH] 0:00 • Balloon Baseball [BH] 0:00 • Shake it Out [CH] 10:00 • Yoga Stretch [BH] 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and MEMORY CARE Conversations [HS]

11:00 • Thymeless Gardening Club/Clipping 10:30 • Morning Refreshments and Conversations [HS] 10:30 • Morning Refreshments and Conversations [HS] 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and 10:30 • Morning Refreshments and Conversations [HS] Conversations [HS] Conversations [HS] Conversations [HS] 1:00 • Thymeless Gardening Club/Clipping 1:00 | Thymeless Gardening Club/Watering and 1:00 • Thymeless Gardening Club/ Tea in the 1:00 • Word Scramble [LR] 1:00 • Thymeless Gardening Club/ Planning Fo 10:30 | Thymeless Gardening Club/Watering & 1:30 • Helping Hands [DR] 1:30 • Helping Hands [DR] Weeding 1:30 • Thymeless Gardening Club/Bo Spring [LR] Harvest 3:00 • Let's Get Creative: Japanese Writing [DR] 1:30 • Cards for 1st Responders [CH] 1:00 • Wedding Trivia [LR] 1:30 • Weekly Crossword [LR] 1:30 • Helping Hands [DR] 1:30 • Manicures and Hand Massage [CH] 2:00 Puzzling Pictures BY SENIOR LIFESTYLE 3:30 Mid Day Snack 1:30 • Helping Hands [DR] 2:00 | Thymeless Cooking Club/ Red Velvet 3:00 • Balloon Ball [LR] 2:00 Thymeless Cooking Club/ Chocolate Swirl Pudding [DR] 2:00 Thymeless Cooking Club/ Peanutbutte Cookies [DR] 4:00 Literary Tea Social [BH] Cake [DR] 2:00 | Thymeless Cooking Club/ Cake Pops [DR 2:00 | Thymeless Cooking Club/ Brownie Bites 3:30 Mid Day Snack 3:00 Japanese Style Happy Hour [HS] 3:00 Japanese Culture Trivia [LR] 6:30 • Andy Griffith Show 4:00 • Word Scramble [LR] 3:00 Orafty Corners: Water Painting [CH] 3:00 Orafty Corner: Paper Spinner [CH] 3:30 Mid Day Snack 3:00 • Which Came First Trivia [LR] 3:30 Mid Day Snack WWW.SENIORLIFESTYLE.COM 3:30 Mid Day Snack 4:00 Movie Social/Popcorn Fridays : Aristocat 3:30 Mid Day Snack 4:00 • Bingo [LR] 3:30 Mid Day Snack 4:00 • Today in History [LR] 4:00 • Music Styles of Japan [LR] 4:00 • 1980's Commercials [LR] 6:00 O Boardgame Club [LR] Activities are subject to change 6:30 • Poetry [LR] Continued at top