Memory Care Stepping Stones - "Contribute" calendar & activities NOV 2019 SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SATURDAY AM • Meet & Greet **VETERANS DAY** AM • Meet & Greet CONNECT Journal Log Journal Log Happy 10:00 Out & About Van AM • Seated Stretches CONTRIBUTE AM Fancy Nails Polish SENIOR Thanksgiving AM • Table Games Touchups AM • Walk About Discovery Group FEEL embrace AM • Weekend Funnies with Jan LIFESTYLE PM • Bingo PM • Fact or Fiction Fridays **GROW** PM • Fresh & Fit Snack Creations 2:00 • Happy Hour with J&J PM • Sports Games your life, your style Entertainment [L] PM • Saturday at the Movies MOVE ANNUAL PM • Fresh & Fit Snack Creations PM • Word Storm **FOOD DRIVE** PM • Evening Cinema REFLECT Daylight Saving Time AM • Meet & Greet Journal **Election Day** AM • Meet & Greet AM • Meet & Greet Journal AM • Meet & Greet AM • Meet & Greet **ALTERNATIVE LOCATIONS** AM • Meet & Greet Journal Begins Journal Log Journal Log Journal Log Fancy Nails Polish AM • Tag Team Turkey AM Rhythm Kicks 10:00 Out & About Van AM • Seated Stretches AM • Meet & Greet DINING ROOM - D Touchups AM • Chair Exercises Exercise Bunch AM • Fancy Nails Polish Touchups Journal Log AM • Morning Stretch AM • Fancy Nails Polish Touchups AM • Paws For Comfort LIBRARY - B AM Paws For Comfort AM • Table Games AM • Fancy Nails Polish Touchups 10:00 • Tom Cooke Performs [L] 10:30 Linda Levassuer Performs [SS] 0:45 • Catholic Service [AL] AM • Let's Talk Politics - Election Day 11:00 • Catholic Communion Service AM • November Fun Facts AM • Walk About Discovery Group AM • Weekend Funnies with Jan PM • Bookmarks Club - The Big Trip Up AM • Monday Morning Fun Facts LOBBY - L Debates PM • Arts & Crafts [CY] PM • Bingo PM • Table Games Yonder [SS] PM • Bookmarks Club - "George PM • SPARK - Physical -PM • Fact or Fiction Fridays PM • Ball Toss PM • Fresh & Fit Snack Creations 2:00 • Veterans Day Salute w/ The PM • Fresh & Fit Snack Creations Washington's Boyhood Rules" [SS] COZY CAFE - CC PM • Word Storm PM • Fresh & Fit Snack Creations Progressive Exercise American Legion & Veterans of PM • Creative Expressions Art Group PM • Garden Guru's - Herbs [ML] PM • Sports Games PM • Fresh & Fit Snack Creations Foreign War PM • Fresh & Fit Snack Creations COURTYARD - CY PM • Table Games PM • Evening Cinema PM • Fresh & Fit Snack Creations PM • Saturday at the Movies PM • Fresh & Fit Snack Creations PM • Bingo. 3:00 • Happy Hour with Flve & Dime PM Trivia Fun 8:15 • NFL - ESPN PM Race to 500 Word Games PM Picture Puzzles FRONT PORCH - FP PM • Evening Cinema PM • Evening Cinema Entertainment [L] PM • Evening Cinema PM • Evening Cinema PM • Evening Cinema 8:20 • NFL - NBC 8:20 • NFL- FOX or NFL Network MEMORY LANE - ML **Food Drive** AM • Meet & Greet **Veterans Day Food Drive** Food Drive **Food Drive Food Drive** Journal Log AM • Meet & Greet Journal AM • Meet & Greet **RESIDENT BIRTHDAYS:** Fancy Nails Polish Journal Log Journal Log Journal Log Journal Log Journal Log AM Rhythm Kicks Touchups AM • Fancy Nails Polish Touchups AM • Chair Exercises AM • Stretch Bounce Cardio AM • Table Games AM . Seated Stretches Sheila O. 11/06 Exercise Bunch 11:00 • Catholic Communion Service AM • Morning Stretch AM • Paws For Comfort AM • Fancy Nails Polish Touchups AM • Walk About Discovery Group AM • Fancy Nails Polish Touchups AM Paws For Comfort Bill S. 11/06 AM • Monday Morning Fun Facts AM Breaking Boundaries 10:45 • Catholic Service [AL] AM • Weekend Funnies with Jan AM • SPARK - Nutrition - Brain Food PM Ball Toss PM • Fact or Fiction Fridays PM • Table Games PM Bookmarks Club - Tobermory PM Bookmarks Club - A Modest PM • Bingo Concentration Alice S. 11/06 PM • Fresh & Fit Snack Creations Proposal [SS] PM • Word Storm PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Creations PM • Paint & Sip Art Group PM • Table Games PM • Garden Guru's - Herbs [ML] PM • History of Charitable PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Creations PM • Creative Expressions Art PM • Sports Games Earcy B. 11/07 PM Trivia Fun PM • Fresh & Fit Snack Creations Organizations PM • Picture Puzzles 3:00 • Happy Hour w/Performance PM • Saturday at the Movies PM • Fresh & Fit Snack Creations PM • Evening Cinema by "Jeanette Harris" [L] PM • Evening Cinema PM • Race to 500 Word Games PM • Evening Cinema Betty P. 11/17 PM • Bingo. 8:20 • NFL - NBC PM • Evening Cinema 8:15 • NFL - ESPN PM • Evening Cinema 8:20 • NFL- FOX or NFL Network PM • Evening Cinema Kathleen S. 11/18 Karen R. 11/27 **Food Drive Food Drive** Food Drive **Food Drive Food Drive Food Drive** Food Drive AM • Chili Cookoff! - Live AM • Meet & Greet Journal AM • Meet & Greet Journal AM • Meet & Greet Cooking [ML] Journal Log Journal Log Journal Log Journal Log AM • Meet & Greet Journal AM • Fancy Nails Polish 0:00 Out & About Van Trip AM • Fancy Nails Polish Touchups AM • Chair Exercises AM • Seated Stretches AM • Rhythm Kicks Exercise SENIOR LIFESTYLE Touchups AM • Table Games AM Morning Stretch AM Paws For Comfort AM • Fancy Nails Polish Touchups Bunch 11:00 • Catholic Communion Service [AL] AM • Walk About Discovery Group [CY] AM • Stretch Bounce Cardio AM • Monday Morning Fun Facts AM • Fill the Pot 10:30 • Live Performance by "Nelli Come grow with us! PM • Ball Toss AM • Paws For Comfort AM • Fancy Nails Polish Touchups PM • Fact or Fiction Fridays Vladim" [L] PM • Table Games PM • Bookmarks Club - Three PM • Fresh & Fit Snack Creations 0:45 • Catholic Service [AL] 1:00 • Happy Hour w/ Performance by AM • SPARK - Sleep Tips PM • Fresh & Fit Snack Creations Thanksgiving Kisses [SS] AM • Weekend Funnies with Jan PM • Table Games "Michael Brown" [L] PM • Bookmarks Club - Voltaire [SS] PM • Arts & Crafts PM • Garden Guru's - Herbs [ML] PM Word Storm 3:00 • Entertainment by Linda Levasseur PM • Creative Expressions Art PM • Bingo PM • Fresh & Fit Snack Creations SENIOR LIFESTYLE PM • Fresh & Fit Snack PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Creations Group PM Picture Puzzles PM • Trivia Fun Creations PM • Race to 500 Word Games *Unlimited options, Unparalleled* PM • Evening Cinema PM • Evening Cinema PM • Sports Games PM Fvening Cinema PM • Evening Cinema PM Bingo. 8:20 • NFL- FOX or NFL Network 8:15 • NFL - ESPN PM • Evening Cinema PM • Saturday at the Movies services 8:20 • NFL - NBC PM • Evening Cinema **Food Drive Food Drive Food Drive** AM • Meet & Greet Thanksgiving AM • Meet & Greet AM • Meet & Greet Journal Log Journal Log AM • Meet & Greet Journal AM • Meet & Greet AM • Let's Bake! Treats Journal Log 9a-12 • Macy's Thanksgiving Day Table Games AM • Seated Stretches Journal Log for the Holiday AM Rhythm Kicks WWW.SENIORLIFESTYLE.COM AM • Fancy Nails Polish Parade [SS] AM • Walk About Discovery Group AM • Fancy Nails Polish Touchups AM • Fancy Nails Polish Touchups AM • Meet & Greet Journal Log **Exercise Bunch** Touchups AM • Meet & Greet Journal Log AM • Weekend Funnies with Jan 11:00 • Catholic Communion Service AM • Chair Exercises Activities are subject to change AM Paws For Comfort AM Morning Stretch PM • Fact or Fiction Fridays AM • Fancy Nails Polish Touchups PM • Bingo AM • Paws For Comfort AM • SPARK - Stress - Color AM • Monday Morning Fun Facts PM • Ball Toss PM • Bookmarks Club - Blessings 10:45 • Catholic Service [AL] PM • Word Storm PM • Fresh & Fit Snack Creations 1p-4p • Out & About Afternoon Drive Therapy PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Creations PM • Bookmarks Club [SS] PM • Sports Games of a Good Deed [SS] PM • Table Games PM Paint & Sip Art Group 3:00 • Happy Hour with PM • Table Games PM • Garden Guru's - Herbs [ML] PM • Fresh & Fit Snack Creations PM • Saturday at the Movies PM • Fresh & Fit Snack Creations PM • Fresh & Fit Snack Performance by "Vintage PM • Trivia Fun PM • Fresh & Fit Snack Creations PM • Picture Puzzles PM • Creative Expressions Art Group Creations Entertainment" [L] PM • Evening Cinema PM • Evening Cinema PM • Race to 500 Word Games PM • Evening Cinema PM • Bingo. PM • Evening Cinema 8:20 • NFL - NBC 8:15 • NFL - ESPN 8:20 • NFL- FOX or NFL Network PM • Evening Cinema PM • Evening Cinema