

calendar & activities
NOV 2020

Asisted Living : A Time For Gratitude

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



AM Sunday Service **1**
AM Name the Scripture
PM Chair Aerobics
2:00 Spirituals Sing-A-Long
3:00 Worship Meeting
5:45 Bible Trivia

10:00 Chair Yoga **2**
10:30 Daily Chronicle
1:00P Gardening Club
2:00 Hot Chocolate Bar
3:00 Family Fued
5:45 Word Search

AM Morning Walks **3**
10:30 Daily Chronicle
PM Bingo
PM Reminiscing Game
PM Afternoon Movie
5:45 Old Radio Hour

10:00 Sun Salutation **4**
AM Western Wednesday
PM Pampered Hands
2:00 Operation Gratitude: Writing Letters to Veterans & Current Troops
3:00 Casino Night
5:45 Adult Coloring

10:00 Walking Club **5**
10:30 Daily Chronicle
PM Bingo
2:00 Random Acts Of Kindness
3:00 Arm Chair Travels
PM Sudoku

10:00 Seated Zumba **6**
10:30 Daily Chronicle
PM Ring Toss
2:00 Apple Cider Social with True or False
4:00 Moove & Groove
5:45 Brain Teasers

10:00 Step & Stretch **7**
10:30 Daily Chronicle
1:00 Parachute Fun
2:00 Uno
3:00 Board Games
5:45 November Fun Facts



AM Sunday Service **8**
AM Name the Scripture
PM Chair Aerobics
2:00 Spirituals Sing-A-Long
3:00 Worship Meeting
5:45 Bible Trivia

10:00 Chair Yoga **9**
10:30 Daily Chronicle
1:00P A Word In A Word
2:00 Hot Chocolate Bar
3:00 Family Fued
5:45 Word Search

AM Morning Walks **10**
10:30 Daily Chronicle
PM Bingo
PM Reminiscing Game
PM Afternoon Movie
5:45 Old Radio Hour

10:00 Sun Salutation **11**
AM Western Wednesday
11:30 Red Poppy Luncheon
PM Pampered Hands
2:00 Beginners Spanish With Reese
3:00 Casino Night
5:45 Adult Coloring

10:00 Walking Club **12**
10:30 Daily Chronicle
PM Bingo
2:00 Random Acts Of Kindness
3:00 Arm Chair Travels
PM Sudoku

10:00 Seated Zumba **13**
10:30 Daily Chronicle
PM Croquet
2:00 Apple Cider Social with Trivia
4:00 Moove & Groove
5:45 Brain Teasers

10:00 Step & Stretch **14**
10:30 Daily Chronicle
PM Balloon Volleyball
2:00 Uno
3:00 Board Games
5:45 November Fun Facts



AM Sunday Service **15**
AM Name the Scripture
PM Chair Aerobics
2:00 Spirituals Sing-A-Long
3:00 Worship Meeting
5:45 Bible Trivia

10:00 Chair Yoga **16**
10:30 Daily Chronicle
1:00P Gardening Club
2:00 Hot Chocolate Bar
3:00 Family Fued
5:45 Word Search

AM Morning Walks **17**
10:30 Daily Chronicle
PM Bingo
PM Reminiscing Game
PM Afternoon Movie
5:45 Old Radio Hour

10:00 Sun Salutation **18**
AM Western Wednesday
PM Pampered Hands
2:00 Operation Gratitude: Writing Letters to Veterans & Current Troops
3:00 Casino Night
5:45 Adult Coloring

10:00 Walking Club **19**
10:30 Daily Chronicle
PM Bingo
2:00 Random Acts Of Kindness
3:00 Arm Chair Travels
PM Sudoku

10:00 Seated Zumba **20**
10:30 Daily Chronicle
PM Ring Toss
2:00 Apple Cider Social with True or False
4:00 Moove & Groove
5:45 Brain Teasers

10:00 Step & Stretch **21**
10:30 Daily Chronicle
1:00 Parachute Fun
2:00 Uno
3:00 Board Games
5:45 November Fun Facts



AM Sunday Service **22**
AM Name the Scripture
PM Chair Aerobics
2:00 Spirituals Sing-A-Long
3:00 Worship Meeting
5:45 Bible Trivia

10:00 Chair Yoga **23**
10:30 Daily Chronicle
1:00P A Word In A Word
2:00 Hot Chocolate Bar
3:00 Family Fued
5:45 Word Search

AM Morning Walks **24**
10:30 Daily Chronicle
PM Bingo
PM Reminiscing Game
PM Afternoon Movie
5:45 Old Radio Hour

10:00 Sun Salutation **25**
AM Western Wednesday
PM Pampered Hands
2:00 Beginners Spanish With Reese
3:00 Casino Night
5:45 Adult Coloring

10:00 Walking Club **26**
10:30 Daily Chronicle
PM Bingo
2:00 Random Acts Of Kindness
3:00 Arm Chair Travels
PM Sudoku

10:00 Seated Zumba **27**
10:30 Daily Chronicle
PM Croquet
2:00 Apple Cider Social with Trivia
4:00 Moove & Groove
5:45 Brain Teasers

10:00 Step & Stretch **28**
10:30 Daily Chronicle
PM Balloon Volleyball
2:00 Uno
3:00 Board Games
5:45 November Fun Facts

Resident Birthdays
Sally P. 11/13
David R. 11/27

AM Sunday Service **29**
AM Name the Scripture
PM Chair Aerobics
2:00 Spirituals Sing-A-Long
3:00 Worship Meeting
5:45 Bible Trivia

10:00 Chair Yoga **30**
10:30 Daily Chronicle
1:00P Gardening Club
2:00 Hot Chocolate Bar
3:00 Family Fued
5:45 Word Search