## Morningside House of Laurel Memory Care calendar & activities **DEC 2020 SUNDAY** MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SATURDAY Tree Trimming Hour AM • Daily Chronicle AM • Daily Chronicle AM • Daily Chronicle AM • Daily AM • Daily Chronicle AM • Lets Get AM • Lets Get Chronicle AM • Lets Get CONNECT Moving! Chair Moving! Chair AM • Lets Get Moving! Moving! Chair AM • Lets Get Cardio Cardio Chair Cardio Cardio CONTRIBUTE Moving! Chair Cardio AM • Bookmarks: What's For Beinspired **SENIOR** AM • Bookmarks: Jello AM Bookmarks: This Won't AM • Bookmarks: The Story Of AM • IN2L Breakfast FEEL Everybody> Discussion Hurt A Bit Joseph LIFESTYLE AM • Lunch: Music Therapy PM • Thymeless: Hot Cocoa PM • Thymeless: Gardening GROW PM • Thymeless: Reindeer PM • Thymeless: Spiced PM • Thymeless: Gingerbread Cupcakes your life, your style Movie & Popcorn Cranberry Smoothie Crunch Smoothie PM • Thymeless: Gardening MOVE PM • Fitness Bingo PM • SPARK! Nutrition PM • Manicures & Massages PM • Arts N Crafts PM Dinner: Music Therapy PM • Dinner: Music Therapy PM Nature Walk REFLECT PM • Nature Walk PM Nature Walk PM • Nature Walk PM • Nature Walk AM • Daily AM • Daily Chronicle AM • Daily Chronicle Carols & Cocoa AM • Daily Chronicle AM • Daily AM • Daily Chronicle Chronicle AM • Lets Get AM • Lets Get AM • Daily Chronicle AM • Lets Get Chronicle Moving! Chair Moving! Chair AM • Lets Get Moving! Moving! Chair AM • Lets Get AM • Lets Get AM • Lets Get Chair Cardio Cardio Cardio Cardio Moving! Chair Cardio Moving! Chair Cardio Moving! Chair Cardio AM • Bookmarks: What's For AM • Bookmarks: Jello AM • Bookmarks: This Won't AM • Bookmarks: The Story Of AM • IN2L: Laughter AM • IN2L: Of The Day AM • IN2L **Breakfast** Everybody> Discussion Hurt A Bit Joseph AM • Lunch: Music Therapy PM • IN2L: Bible Trivia PM • Creative Corner Bags PM • Card Games: Old Maid PM • Thymeless: Hot Cocoa PM • Thymeless: Reindeer PM • Thymeless: Spiced PM • Thymeless: Gingerbread Cupcakes PM • Table Top Bowling PM • Fitness Bingo Movie & Popcorn Crunch Cranberry Smoothie Smoothie PM • Thymeless: Gardening PM • Fill Bird Feeders PM • Dinner: Music Therapy PM • Fitness Bingo PM • Manicures & Massages PM • SPARK! Sleep PM • Arts N Crafts PM • Dinner: Music Therapy PM • Dinner: Music Therapy PM Nature Walk PM • Dinner: Music Therapy PM • Nature Walk PM Nature Walk PM Nature Walk PM • Nature Walk PM • Nature Walk PM Nature Walk AM • Daily AM • Daily AM • Daily Chronicle AM • Daily Chronicle **Ugly Sweater Party** AM • Daily Chronicle AM • Daily 6 AM • Lets Get AM • Daily Chronicle Chronicle Chronicle AM • Lets Get AM • Lets Get Chronicle AM • Lets Get Moving! Moving! Chair Moving! Chair Moving! Chair AM • Lets Get AM • Lets Get AM • Lets Get Chair Cardio Cardio Cardio Cardio Moving! Chair Cardio Moving! Chair Cardio Moving! Chair Cardio AM • Bookmarks: What's For AM • Bookmarks: Jello AM • Bookmarks: This Won't AM • Bookmarks: The Story Of AM • IN2L: Laughter AM • IN2L: Of The Day Breakfast Everybody> Discussion Hurt A Bit Joseph AM • Lunch: Music Therapy PM • IN2L: Bible Trivia PM • Creative Corner Bags PM • Thymeless: Hot Cocoa PM • Thymeless: Gardening PM • Thymeless: Spiced PM • Thymeless: Reindeer PM • Thymeless: Gingerbread PM • Table Top Bowling PM • Fitness Bingo Movie & Popcorn Crunch Cranberry Smoothie Smoothie PM • Thymeless: Gardening PM • Fill Bird Feeders PM • Dinner: Music Therapy PM • Fitness Bingo PM • SPARK! Stress PM • Manicures & Massages PM • Arts N Crafts PM • Dinner: Music Therapy PM • Dinner: Music Therapy PM Nature Walk PM • Dinner: Music Therapy PM Nature Walk PM • Nature Walk PM • Nature Walk PM Nature Walk PM Nature Walk PM Nature Walk AM • Daily Chronicle AM • Daily Chronicle **Christmas Eve Christmas Day** AM • Daily AM • Daily AM • Daily Chronicle AM • Lets Get AM • Daily Chronicle AM • Daily Chronicle AM • Lets Get Chronicle Chronicle AM • Lets Get Moving! AM • Lets Get Moving! Moving! Chair Moving! Chair AM • Lets Get AM • Lets Get AM • Lets Get Chair Cardio Chair Cardio Cardio Cardio Moving! Chair Cardio Moving! Chair Cardio Moving! Chair Cardio AM • Bookmarks: What's For AM Bookmarks: The Story Of AM • Bookmarks: This Won't AM • Bookmarks: Jello AM • IN2L: Laughter AM • IN2L: Of The Day AM • IN2L Breakfast Joseph Everybody> Discussion Hurt A Bit AM • Lunch: Music Therapy PM • IN2L: Bible Trivia PM • Creative Corner Bags PM • Thymeless: Hot Cocoa PM • Thymeless: Gingerbread PM • Card Games: Hearts PM • Thymeless: Reindeer PM • Thymeless: Spiced Cupcakes Smoothie PM • Table Top Bowling PM • Fitness Bingo Movie & Popcorn Cranberry Smoothie Crunch PM • Thymeless: Gardening PM • Arts N Crafts PM • Fill Bird Feeders PM • Dinner: Music Therapy PM • Fitness Bingo PM • SPARK! Cognitive PM • Manicures & Massages PM • Dinner: Music Therapy PM Nature Walk PM • Dinner: Music Therapy PM • Dinner: Music Therapy PM • Nature Walk PM • Nature Walk AM • Daily Chronicle AM • Daily Chronicle **New Year's Eve** AM • Dailv AM • Dailv AM • Daily Chronicle Chronicle Chronicle AM • Lets Get AM • Lets Get AM • Lets Get Moving! MERRY Moving! Chair Moving! Chair AM • Lets Get AM • Lets Get Chair Cardio Cardio Cardio Moving! Chair Cardio Moving! Chair Cardio AM • Bookmarks: What's For AM • Bookmarks: Jello AM • Bookmarks: This Won't AM • IN2L: Laughter AM • IN2L: Of The Day CHRISTMAS! Breakfast Everybody> Discussion Hurt A Bit AM • Lunch: Music Therapy AM • Lunch: Music Therapy TO SPREAD AM • Lunch: Music Therapy AM • Lunch: Music Therapy AM • Lunch: Music Therapy CHRISTMAS CHEER PM • IN2L: Bible Trivia PM • Creative Corner Bags PM • Thymeless: Hot Cocoa PM • Thymeless: Reindeer PM • Thymeless: Spiced IS SINGING LOUD Cupcakes PM • Table Top Bowling PM • Fitness Bingo Crunch Cranberry Smoothie PM • Thymeless: Gardening FOR ALL TO HEAR PM • Dinner: Music Therapy PM • Fill Bird Feeders PM • Manicures & Massages PM • SPARK! Social PM • Dinner: Music Therapy PM • Dinner: Music Therapy PM Nature Walk PM • Dinner: Music Therapy PM • Dinner: Music Therapy PM Nature Walk PM Nature Walk PM Nature Walk PM Nature Walk