

calendar & activities
JAN 2020

Ground Floor ~ The Greats of History

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LOCATIONS

Living Room- L
Dining Room- DR
Activities Room- A
Outside Terrace- OT
Man Cave- MC
Sun Porch- SP
Private Dining Room- PDR

January Birthdays

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Activities are subject to change



**Kwanzaa Ends
New Year's Day** **1**
AM ● Meet & Greet
AM ● Mini Manicures
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **2**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **3**
AM ● Bounce to the Beat
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Friday Flicks

AM ● Meet & Greet **4**
AM ● Mini Manicures
AM ● Book Club
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Saturday Cinema

AM ● Meet & Greet **5**
AM ● Classic Hymns
PM ● Communion
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Mini Manicures
PM ● Sunday Cinema

AM ● Meet & Greet **6**
AM ● Monday Sing-a-long
PM ● Rosary
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **7**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **8**
AM ● Mini Manicures
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **9**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **10**
AM ● Bounce to the Beat
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Friday Flicks

AM ● Meet & Greet **11**
AM ● Mini Manicures
AM ● Book Club
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Saturday Cinema

AM ● Meet & Greet **12**
AM ● Classic Hymns
PM ● Communion
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Mini Manicures
PM ● Sunday Cinema

AM ● Meet & Greet **13**
10:30 ● Jazz Guitar Jerry [G]
PM ● Rosary
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **14**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **15**
AM ● Mini Manicures
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **16**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **17**
AM ● Bounce to the Beat
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Friday Flicks

AM ● Meet & Greet **18**
AM ● Mini Manicures
AM ● Book Club
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Saturday Cinema

AM ● Meet & Greet **19**
AM ● Classic Hymns
PM ● Communion
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Mini Manicures
PM ● Sunday Cinema

Martin Luther King, Jr. Day **20**
AM ● Meet & Greet
AM ● Monday Sing-a-long
PM ● Rosary
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **21**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **22**
AM ● Mini Manicures
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **23**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **24**
AM ● Bounce to the Beat
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Friday Flicks

AM ● Meet & Greet **25**
AM ● Mini Manicures
AM ● Book Club
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Saturday Cinema

AM ● Meet & Greet **26**
AM ● Classic Hymns
PM ● Communion
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Mini Manicures
PM ● Sunday Cinema

AM ● Meet & Greet **27**
10:30 ● Jazz Guitar Jerry [G]
PM ● Rosary
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **28**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **29**
AM ● Mini Manicures
1:30 ● Monthly Birthday Party
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Game Shows

AM ● Meet & Greet **30**
AM ● Essence Aromatherapy
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Artist's Hour
PM ● Classic Movie

AM ● Meet & Greet **31**
AM ● Bounce to the Beat
PM ● Afternoon Stretch
PM ● Sip & Chat
PM ● Reminisce- Topic of the day
PM ● Friday Flicks