



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATIONS Living Room- L Dining Room- D Ground Floor- G Man Cave- MC Sun Porch- SP Private Dining Room- PDR			AM ● Meet and Greet [L] 1 AM ● Chair Dancing 1:00 ● Movie Outing- TBD PM ● Bookmarks PM ● Tuesday Trivia 7:00 ● Puzzle Challenge	AM ● Meet and Greet [L] 2 AM ● Chair Dancing 1:30 ● Larry & Tony Entertain! PM ● Kitchen Creations- Smore's Cones PM ● Old Time Radio	AM ● Meet and Greet [L] 3 AM ● Chair Yoga 10:30 ● Hot Beverage Social [D] 1:00 ● Word Games 2:30 ● How much did it Cost? PM ● Game Shows	AM ● Meet and Greet [L] 4 AM ● Stepping to the Oldies AM ● Bowling PM ● Mini Manicures 3:30 ● Happy Hour with Jazz Guitar Jerry [L] PM ● Friday Flicks	AM ● Meet and Greet [L] 5 AM ● Chair Aerobics 10:30 ● Tea for Two 1:30 ● Crafts with Larissa 1:30 ● Rejoice w/ Pastor Charles [L] PM ● Karaoke
October Birthdays Nellie T. 10/5 Charlie T. 10/22 Edna F. 10/23	AM ● Meet and Greet [L] 6 AM ● Yoga AM ● Sunday Devotionals 1:00 ● Communion with Joe PM ● Essence Hand Massage 2:30 ● Ice Cream Social PM ● Reminisce- Topic of the day	AM ● Meet and Greet [L] 7 AM ● Conductorcize 10:30 ● Jazz Guitar Jerry [SF] PM ● Bingo 3:30 ● Family Feud PM ● Puzzle Challenge	AM ● Meet and Greet [L] 8 AM ● Morning Stretch 11:00 ● Lunch Outing- Chick Fil A 2:30 ● Pascal Go Getters Fall Show [D] PM ● Word Challenge 6:30 ● Crossword Puzzles	AM ● Meet and Greet [L] 9 AM ● Walking Club AM ● Bowling PM ● Bingo 3:30 ● Men's Club PM ● Old Time Radio	AM ● Meet and Greet [L] 10 AM ● Ball Toss 10:30 ● Hot Beverage Social [D] PM ● Bookmarks 3:30 ● Hymns w/Laurie [L] PM ● Game Shows	AM ● Meet and Greet [L] 11 AM ● Stepping to the Oldies PM ● Mini Manicures 3:30 ● Happy Hour with Larry & Tony [L] PM ● Friday Flicks	AM ● Meet and Greet [L] 12 10:30 ● Tea for Two 11:00 ● Trivia Time! PM ● Bingo PM ● Creative Corner PM ● Karaoke
	AM ● Meet and Greet [L] 13 AM ● Sunday Devotionals 1:00 ● Communion with Joe PM ● Essence Hand Massage 2:30 ● Ice Cream Social PM ● Reminisce- Topic of the day	Columbus Day 14 AM ● Meet and Greet [L] AM ● Morning Stretch 10:30 ● Jazz Guitar Jerry (Ground Floor) [G] PM ● Bingo 3:30 ● Fresh Fruit Social PM ● Monday Night Movie	AM ● Meet and Greet [L] 15 AM ● Chair Dancing 1:30 ● Ball Toss 2:00 ● Scenic Drive PM ● Bookmarks 6:30 ● Crossword Puzzles	AM ● Meet and Greet [L] 16 AM ● Conductorcize AM ● Walking Club PM ● Sip and Paint 3:30 ● Men's Club PM ● Old Time Radio	AM ● Meet and Greet [L] 17 AM ● Chair Yoga 10:30 ● Hot Beverage Social [D] 10:30 ● OBI Tea Party [A] 1:30 ● Bookmarks 3:30 ● Word Challenge PM ● Game Shows	AM ● Meet and Greet [L] 18 AM ● Stepping to the Oldies AM ● Bowling PM ● Mini Manicures 3:30 ● Happy Hour with Lynn Roxy PM ● Friday Flicks	AM ● Meet and Greet [L] 19 AM ● Chair Aerobics 10:30 ● Tea for Two 1:30 ● Cornerstone Gospel 1:30 ● Crafts with Larissa PM ● Bingo PM ● Karaoke
	AM ● Meet and Greet [L] 20 AM ● Yoga AM ● Sunday Devotionals 1:00 ● Communion with Joe PM ● Essence Hand Massage 2:30 ● Ice Cream Social PM ● Reminisce- Topic of the day	AM ● Meet and Greet [L] 21 AM ● Conductorcize PM ● Bingo 2:30 ● Karaoke 3:00 ● What Was There? PM ● Puzzle Challenge	AM ● Meet and Greet [L] 22 AM ● Barnyard Krispy Kreme Outing PM ● Word Challenge 3:30 ● Creative Corner 6:30 ● Game Shows	AM ● Meet and Greet [L] 23 AM ● Walking Club AM ● Bowling PM ● Bingo 2:30 ● Sundae Bar! PM ● Old Time Radio	AM ● Meet and Greet [L] 24 AM ● Ball Toss 10:30 ● Hot Beverage Social [D] PM ● Bookmarks 3:30 ● Word Challenge PM ● Game Shows	AM ● Meet and Greet [L] 25 AM ● Stepping to the Oldies PM ● Mini Manicures 6:00 ● Trick-or-Treat 6:30 ● DJ Tabasko & Karaoke! [D] PM ● Friday Flicks	AM ● Meet and Greet [L] 26 10:30 ● Tea for Two 1:30 ● Breaking Holy Ground Ministry [L] PM ● Bingo PM ● Creative Corner PM ● Karaoke
SENIOR LIFESTYLE Come grow with us!	AM ● Meet and Greet [L] 27 AM ● Sunday Devotionals 1:00 ● Communion with Joe PM ● Essence Hand Massage 2:30 ● Ice Cream Social 3:00 ● Mike Manger Entertains [SF] PM ● Reminisce- Topic of the day	AM ● Meet and Greet [L] 28 AM ● Morning Stretch 10:30 ● Jazz Guitar Jerry (Ground Floor) [G] PM ● Bingo 3:00 ● Fresh Fruit Social PM ● Monday Night Movie	AM ● Meet and Greet [L] 29 AM ● Chair Dancing 11:00 ● Lunch Outing- MOD Pizza 2:00 ● Word Challenge PM ● Bookmarks 6:00 ● Games Shows	AM ● Meet and Greet [L] 30 AM ● Conductorcize AM ● Walking Club 1:30 ● Monthly Birthday Party: Greg Entertains! 3:30 ● Men's Club PM ● Old Time Radio	Halloween 31 AM ● Meet and Greet [L] AM ● Chair Yoga 10:30 ● Hot Beverage Social [D] 2:00 ● Halloween Tricks and Treats! PM ● Game Shows		
WWW.SENIORLIFESTYLE.COM Activities are subject to change							● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT