

calendar & activities
AUG 2019

Morningside House of Satyr Hill Memory Care - Connect With Somebody Through The Art Of Music

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

Diningroom
Entertainment Center
Living Room
Memory Care
SteppingStones

DR
EC
LR
MC
SS

Happy August Birthdays

SENIOR LIFESTYLE
Come Grow With Us!

SENIOR LIFESTYLE
unlimited options
Unparalleled services

www.seniorlifestyle.com

Activities are subject
To change

SUNDAY

MONDAY

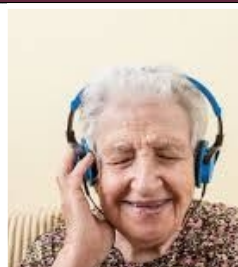
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



9:30 ● Morning Sittercise [MC] 1
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● National Raspberry Cream Pie Day [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
2:30 ● Pets On Wheels [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 2
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● National Icecream Sandwich Day [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 3
10:00 ● Church Service [LR]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● National Watermelon Day [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 4
10:00 ● Church Service [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Our Daily Bread Reading [MC]
1:30 ● Food/ ForToday /Chocolate Chip Day [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 5
10:00 ● Embrace Thymeless Program/Smoothie Making [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● America Bandstand 1957 Trivia [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 6
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● National Root Beer Float Day [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 7
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Painting With A Twist [MC]
1:30 ● Bullentine Board Trivia [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 8
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● National Frozen Custard Day [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
2:30 ● Pets On Wheels [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 9
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● Smokey The Bear 75th Birthday [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 10
10:00 ● Church Service [LR]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● National Smores Day [MC]
2:00 ● Middle School Day /Invite Middle School Dance Group [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 11
10:00 ● Church Service [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● Afternoon Singing With Residents [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:30 ● Family Day/ Residents Bingo Fun [EC]

9:30 ● Morning Sittercise [MC] 12
10:00 ● Embrace Thymeless Program/Smoothie Making [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Person,Place, Or Thing? [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 13
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Bambi's Birthday 1934/Movie Time [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 14
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Painting With A Twist [MC]
1:30 ● Person,Place, Or Thing? [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 15
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● International Gourmet Day Outing/ Lets Eat [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
2:30 ● Pets On Wheels [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 16
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● National Tell A Joke Day/ Laughs & Giggles [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 17
10:00 ● Church Service [LR]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Music Sing A Long Together [MC]
1:30 ● National Vanilla Custard Day [MC]
2:30 ● Story Time Together [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 18
10:00 ● Church Service [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● Afternoon Christian Tunes [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 19
10:00 ● Embrace Thymeless Program/Smoothie Making [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Snapshot /Photo Day [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 20
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Embrace Thymeless Program/ Lemonade Making [MC]
2:30 ● Lemonade's Birthday 1630 Trivia [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 21
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Painting With A Twist [MC]
1:30 ● Connect With Singing [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 22
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● Afternoon Outing To Dance Studio [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
2:30 ● Pets On Wheels [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 23
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● Touch & Feel [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 24
10:00 ● Church Service [LR]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● Homemade Icecream Making [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 25
10:00 ● Church Service [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● Picture Collage [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 26
10:00 ● Embrace Thymeless Program/Smoothie Making [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Connect Through Instrument Playing [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 27
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Yoga Ball [MC]
1:30 ● Card Game [MC]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 28
10:00 ● Embrace Thymeless Program/Ladies Garden Club [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Painting With A Twist [MC]
1:30 ● Afternoon Memory Puzzle [SS]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 29
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● Afternoon Memory Puzzle [SS]
2:30 ● Embrace Book Mark Reading Discussion [MC]
2:30 ● Pets On Wheels [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 30
10:00 ● Embrace Thymeless Program/Cooking [MC]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
12:30 ● Adult Puzzle Game [MC]
1:30 ● Afternoon Memory Puzzle [SS]
2:30 ● Embrace Book Mark Reading Discussion [MC]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]

9:30 ● Morning Sittercise [MC] 31
10:00 ● Church Service [LR]
10:30 ● Breath Of Fresh Air /Gazebo [MC]
1:30 ● Afternoon Memory Puzzle [SS]
4:00 ● Evening Dinner Classical Music [DR]
6:00 ● Evening Relaxation Music Therapy [MC]