Morningside House Of Satyr Hill Memory Lane

9:30 • Morning Graceful

10:00 • Coffee & Tea Time

Time [ML] 2:00 • Hydration Station/Fushion

Water [ML]

3:00 • Card Game [ML] 6:00 • Evening Movie Time [ML]

2:30 • Friday Movie Time [ML]

Tunes [ML]

FRIDAY

12:30 Afternoon Relaxation Story

Morning Sit & Reach Exercise

NOV 2019

SUNDAY MONDAY **TUESDAY**

WEDNESDAY

THURSDAY

SATURDAY 9:30 • Morning Graceful Tunes

10:00 • Coffee & Tea Time [ML]

2:00 • Afternoon Puzzle Time

6:00 • Evening IN2L Program

Graceful Tunes

10:00 • Coffee & Tea Time [ML]

Story Time [ML]

2:00 • Afternoon Puzzle Time

12:30 • Afternoon Relaxation

2:30 • Ball Toss Fun [ML]

3:00 • Snack & Chat [ML]

9:30 • Morning

12:30 • Afternoon Relaxation Story Time [ML]

MEMORY CARE embrace BY SENIOR LIFESTYLE

- CONNECT
- **CONTRIBUTE**
- FEEL
- **GROW**
- **MOVE**
- REFLECT

Location Keys

Memory Lane ML Memory Care MC Living Room LR

SENIOR LIFESTYLE Come grow with us!

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Activities are subject to change

Daylight Saving Time

_		_	
7	9:30	•	Morning Graceful
.≺			Tunes [ML]
	10:00	•	Coffee & Tea Time

Veterans Day

10:30 Morning Sit & Reach Exercise [ML] Coffee & Tea Time [ML] 12:30 • Afternoon Relaxation Story Time 12:30 • Afternoon Relaxation Story

9:30 • Morning Graceful

10:00 • Veteran Day

Tunes [ML]

Ceremony [ML]

Baking [ML]

2:30 • Touch & Feel [ML]

10:30 Morning Sit & Reach Exercise [ML]

12:30 • Afternoon Relaxation Story Time

2:00 • Embrace Thymeless Program/

3:00 • IN2L Program / Dear Abby [ML]

6:00 • Evening Movie & Popcorn Night

- 2:00 Embrace Thymeless Program/ Baking [ML] 2:30 Touch & Feel [ML]
- 3:00 IN2L Program / Dear Abby [ML] 6:00 • Evening Movie & Popcorn Night
- 2:30 Garden stroll [ML]

Election Day 9:30 • Morning Graceful

- Tunes [ML] 10:00 • Coffee & Tea Time 10:30 Morning Sit & Reach Exercise [ML 12:30 • Afternoon Relaxation Story Time
- 2:00 Embrace Thymeless Program/ Fruit Salad [ML]
- 3:00 Arts & Crafts [ML] 6:00 • Evening Movie & Popcorn Night

9:30 • Morning Graceful

10:00 • Coffee & Tea Time

Time [ML]

2:30 • Garden stroll [ML]

3:00 Arts & Crafts [ML]

9:30 • Morning Graceful

Tunes [ML]

10:30 • Morning Sit & Reach Exercise

Program/ Trail Mix [ML]

12:30 • Afternoon Relaxation Story

6:00 • Evening Movie & Popcorn

10:00 • Coffee & Tea Time

Time [ML]

2:30 • Garden stroll [ML]

3:00 • Arts & Crafts [ML]

Night [MC]

2:00 • Embrace Thymeless

Night [MC]

2:00 • Embrace Thymeless

Tunes [ML]

10:30 Morning Sit & Reach Exercise

12:30 • Afternoon Relaxation Story

Program/ Baking Bread [ML]

9:30 • Morning Graceful Tunes [ML] 10:00 • Coffee & Tea Time 10:30 • Morning Sit & Reach Exercise [ML] 12:30 • Afternoon Relaxation Story Time

2:00 • Embrace Thymeless Program/ Smoothie Making [ML] 2:30 • Garden stroll [ML] 3:00 • Name that tune [ML]

9:30 • Morning Graceful

Tunes [ML]

Coffee & Tea Time

Garden stroll [ML]

3:00 • Name that tune [ML]

10:30 Morning Sit & Reach Exercise [MI

12:30 • Afternoon Relaxation Story Time

6:00 • Evening TV Game Show Family

Embrace Thymeless Program/ Squeezing Oranges [ML]

2:00 • Hydration Station/Fushion Water [ML] 3:00 • Name that tune [ML] 6:00 • Evening TV Game Show Family 6:00 • Evening AMC Channel 28

9:30 • Morning Graceful

Tunes [ML]

Time [ML]

9:30 • Morning Graceful

Tunes [ML]

10:30 • Morning Sit & Reach Exercise

12:30 • Afternoon Relaxation Story

2:00 • Hydration Station/Fushion

6:00 • Evening AMC Channel 28

10:30 • Morning Sit & Reach Exercise

10:00 • Coffee & Tea Time

Time [ML]

Water [ML]

3:00 • Name that tune [ML]

9:30 • Morning Graceful

10:00 • Coffee & Tea Time

Tunes [ML]

- 9:30 Morning Graceful Tunes [ML] 10:00 • Coffee & Tea Time 10:00 • Coffee & Tea Time 10:30 • Morning Sit & Reach Exercise 10:30 • Morning Sit & Reach Exercise [ML] 12:30 • Afternoon Relaxation Story
 - 12:30 Afternoon Relaxation Story Time [ML] 2:00 • Hydration Station/Fushion Water [ML]

9:30 • Morning Graceful

3:00 • Card Game [ML]

9:30 • Morning Graceful

10:00 • Coffee & Tea Time

Time [ML]

Water [ML]

Time [ML]

Water [ML]

6:00 • Evening Movie Time [ML]

Tunes [ML]

6:00 • Evening Movie Time [ML]

10:30 • Morning Sit & Reach Exercise

12:30 • Afternoon Relaxation Story

2:00 • Hydration Station/Fushion

Tunes [ML]

2:30 • Friday Movie Time [ML] 3:00 • Card Game [ML] 6:00 • Evening Movie Time [ML] 2:30 • Volleyball Fun [ML] 3:00 • Snack & Chat [ML] 6:00 • Evening IN2L Program 9:30 • Morning

- Graceful Tunes 10:00 • Coffee & Tea Time 10:00 • Coffee & Tea Time [ML] 10:30 • Morning Sit & Reach Exercise 12:30 • Afternoon Relaxation Story Time [ML]
- 12:30 Afternoon Relaxation Story 2:00 • Afternoon Puzzle Time Time [ML] 2:00 • Hydration Station/Fushion 2:30 • Kick Ball [ML] Water [ML]
- 2:30 Friday Movie Time [ML]
 - 3:00 Snack & Chat [ML] 6:00 • Evening IN2L Program

9:30 • Morning

Graceful Tunes

10:00 • Coffee & Tea Time [ML]

Story Time [ML]

2:00 • Afternoon Puzzle Time

2:30 • Sqeeze Ball Fun [ML]

12:30 • Afternoon Relaxation

12:30 • Afternoon Relaxation Story Time [ML] 2:00 • Afternoon Puzzle Time [ML] 2:30 • Touch & Feel [ML]

Begins

9:30 • Morning Graceful

2:30 • Touch & Feel [ML]

night [MC]

9:30 • Morning Graceful

Tunes [ML]

Time [ML]

2:30 • Touch & Feel [ML]

night [MC]

9:30 • Morning Graceful

Tunes [ML]

12:30 • Afternoon Relaxation Story

2:00 • Afternoon Puzzle Time [ML]

3:00 • IN2L Program / Dear Abby

6:00 • Evening Movie & Popcorn

10:00 • Coffee & Tea Time

Time [ML]

2:30 Touch & Feel [ML]

night [MC]

9:30 • Morning Graceful

[ML]

Tunes [ML]

[ML]

Tunes [ML]

2:00 • Afternoon Puzzle Time [ML]

3:00 • IN2L Program / Dear Abby

6:00 • Evening Movie & Popcorn

Coffee & Tea Time

2:00 • Afternoon Puzzle Time [ML]

3:00 • IN2L Program / Dear Abby

6:00 • Evening Movie & Popcorn

Afternoon Relaxation Story

3:00 • IN2L Program / Dear Abby

Coffee & Tea Time

6:00 • Evening Movie & Popcorn

9:30 • Morning Graceful Tunes [ML] Coffee & Tea Time

9:30 • Morning Graceful

Tunes [ML]

Baking [ML]

2:30 • Touch & Feel [ML]

10:00 • Coffee & Tea Time

- 10:30 Morning Sit & Reach Exercise [ML] 10:30 Morning Sit & Reach Exercise [ML 12:30 • Afternoon Relaxation Story Time
- 2:00 Embrace Thymeless Program/ Baking [ML] 2:30 • Touch & Feel [ML] 3:00 • IN2L Program / Dear Abby [ML]
- 6:00 Evening Movie & Popcorn Night

10:30 Morning Sit & Reach Exercise [ML]

12:30 • Afternoon Relaxation Story Time

2:00 • Embrace Thymeless Program/

3:00 • IN2L Program / Dear Abby [ML]

6:00 • Evening Movie & Popcorn Night

9:30 • Morning Graceful Tunes [ML] 10:00 • Coffee & Tea Time 12:30 • Afternoon Relaxation Story Time

6:00 • Evening Movie & Popcorn

- 2:00 Embrace Thymeless Program/ Baking Cookies [ML] 2:30 • Garden stroll [ML] 3:00 • Arts & Crafts [ML] 6:00 • Evening Movie & Popcorn Night
- 9:30 Morning Graceful Tunes [ML] 10:00 • Coffee & Tea Time 10:30 Morning Sit & Reach Exercise 12:30 Afternoon Relaxation Story Time [ML]
- Embrace Thymeless Program/ Pie Making [ML] 2:30 • Garden stroll [ML] 3:00 • Name that tune [ML]
- 6:00 Evening TV Game Show Family Feud [ML] 9:30 • Morning Graceful Tunes [ML]

Morning Sit & Reach Exercise

Program/ Fruit Salad [ML]

Afternoon Relaxation Story

Coffee & Tea Time

[ML]

Time [ML]

Embrace Thymeless

Garden stroll [ML]

6:00 • Evening TV Game Show

Family Feud [ML]

3:00 • Name that tune [ML]

10:30

12:30

- 12:30 Afternoon Relaxation Story Time [ML] 2:00 • Hydration Station/Fushion Water [ML] 2:30 • Afternoon outing [ML] 3:00 • Name that tune [ML]
 - 6:00 Evening AMC Channel 28 [ML] Thanksgiving 9:30 • Morning Graceful Tunes [ML]
 - 0:00 Coffee & Tea Time 0:30 Morning Sit & Reach Exercise [ML 12:30 • Afternoon Relaxation Story 2:30 • Afternoon Relaxation Story Time 2:00 • Hydration Station/Fushion
 - 2:00 Hydration Station/Fushion Water 2:30 • Friday Movie Time [ML] 3:00 • Name that tune [ML] 6:00 • Evening Thanksgiving Movie [MI 3:00 • Card Game [ML]
- 3:00 Snack & Chat [ML] 2:30 • Friday Movie Time [ML] 6:00 • Evening IN2L Program 3:00 • Card Game [ML] 6:00 • Evening Movie Time [ML] 9:30 • Morning Graceful 9:30 • Morning Tunes [ML] 10:00 • Coffee & Tea Time 10:30 • Morning Sit & Reach Exercise
 - Graceful Tunes 10:00 • Coffee & Tea Time [ML] 12:30 • Afternoon Relaxation Story Time [ML]
 - 2:00 Afternoon Puzzle Time 2:30 • Yoga Ball [ML] 3:00 • Snack & Chat [ML]
 - 6:00 Evening IN2L Program