calendar & activities JAN 2020

Morningside House Of Satyr Hill(MemoryLane Activity Calendar Happy New Year

THURSDAY **SUNDAY** MONDAY **TUESDAY** WEDNESDAY **FRIDAY** SATURDAY 9:30 • Morning 9:30 • Morning 9:30 • Morning **New Year's Day** Meditation [ML] Meditation [ML] Meditation [ML] 9:30 • Morning Meditation [ML] 10:30 IN2L Morning 10:30 IN2L Morning 10:00 • Sunday Church The day before night, the Program/Dear Abby IN2L Morning Program/Dear Program/Dear Abby Reflections [ML] Abby Stories [ML] 10:00 • Sunday Church Reflections Stories [ML] Stories [ML] 12:30 New Years Day Trivia [ML] moon before the stars, Afternoon VollevBall Fun 12:30 • Afternoon VolleyBall Fun MEMORY CARE 1:00 • New Year's Day Social/ 12:30 • Afternoon VolleyBall Fun [ML] [ML] embrace Momisa & Cheese [MC] 2:00 • Hydration Station/Fushior 2:00 • Hydration Station/Fushion Before the heart beats and you 2:30 • New Year's Bingo [MC] 2:00 • Afternoon Puzzle Time [ML] Water [ML] Water [ML] 3:30 • Puzzles & Blocks [ML] BY SENIOR LIFESTYLE 3:00 • Snack & Chat [ML] 3:00 • Puzzles & Blocks [ML] 2:30 • Friday Movie Time [ML] 6:00 • Evening TV Game Show first, happy New Year 6:00 • Evening IN2L Program [ML] 6:00 • Evening AMC Channel 28 3:00 • Card Game [ML] Family Feud [ML] 6:00 • Evening Movie Time [ML] 9:30 • Morning Meditation [ML] CONNECT 10:30 • IN2L Morning 10:30 • IN2L Morning 10:30 • IN2L Morning 10:00 • Sunday Church Sunday Church 10:30 IN2L Morning 10:30 IN2L Morning Program/Dear Program/Dear Program/Dear Program/Dear Abby Reflections [ML] Reflections [ML] Program/Dear Abby **CONTRIBUTE** Abby Stories [ML] Abby Stories [ML] Abby Stories [ML] 10:00 • Sunday Church Reflections Stories [ML] Afternoon VolleyBall Fun Stories [ML] 12:30 • Afternoon VolleyBall Fun 12:30 • Afternoon VolleyBall Fun [ML] 2:00 • Embrace Thymeless 2:00 • Thymeless Program/Baking 2:00 • Embrace Thymeless FFFI 12:30 • Afternoon VolleyBall Fun Afternoon Puzzle Time Program/ Making Pudding Cookies [MC] Program/ Chex Mix [ML] [ML] Hydration Station/Fushion 2:00 Hydration Station/Fushion 2:30 • Afternoon Walk To (AL) [ML] 2:30 • Afternoon Walk To (AL) [ML] 2:00 • Afternoon Puzzle Time [ML] **MOVE** 2:30 • Touch & Feel [ML] Water [ML] Water [ML] 2:30 • Touch & Feel [ML] 3:00 • Essence Program /Hand 3:00 • Puzzles & Blocks [ML] 3:00 • Snack & Chat [ML] 3:00 • Puzzles & Blocks [ML] 2:30 • Friday Movie Time [ML] 6:00 • Evening Movie & Popcorn 3:00 Monday Movie Matinee [ML] Massages [ML] 6:00 • Evening TV Game Show 6:00 • Evening IN2L Program [ML] 6:00 • Evening AMC Channel 28 3:00 • Card Game [ML] night [MC] 6:00 • Evening Volleyball [ML] REFLECT 6:00 • Evening Movie & Popcorn Family Feud [ML] Night [MC] 6:00 • Evening Movie Time [ML] 9:30 • Morning Meditation 9:30 • Morning 9:30 • Morning Morning Morning 9:30 • Morning 9:30 • Morning Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] **Location Keys** 10:30 IN2L Morning 10:30 IN2L Morning 0:30 • IN2L Morning 10:30 • IN2L Morning 10:00 Sunday Church Sunday Church 10:30 • IN2L Morning Program/Dear Abby Program/Dear Program/Dear Reflections [ML] Reflections [ML] Program/Dear Abby Program/Dear Abby Stories [ML] Abby Stories [ML] Abby Stories [ML] Memory Lane ML 12:30 Stories [ML] Stories [ML] 10:00 • Sunday Church Reflections Afternoon VolleyBall Fun 12:30 • Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun [ML] 2:00 • Embrace Essence Program Afternoon VollevBall Fun 12:30 • Afternoon VolleyBall Fur 2:00 • Embrace Thymeless 2:00 • Embrace BookMark Reading/ 12:30 • Afternoon VolleyBall Fun Memory Care MC /Touch & Feel [ML] Afternoon Puzzle Time Program/ Making Dough [ML] Chocolate Chip Cookies [ML] 2:00 • Thymeless Program/Baking 2:00 • Hydration Station/Water & Hydration Station/Hot 2:00 2:30 Touch & Feel [ML] 2:30 • Afternoon Walk To (AL) [ML] Muffins [MC] 2:00 • Afternoon Puzzle Time [ML] Strawberries [ML] Chocolate [ML] 2:30 • Touch & Feel [ML] 3:00 • Monday Movie Matinee [ML] 2:30 • Afternoon Walk To (AL) [ML] 3:00 • Puzzles & Blocks [ML] 3:00 • Snack & Chat [ML] 3:00 • Puzzles & Blocks [ML] 2:30 • Friday Movie Time [ML] 6:00 • Evening Movie & Popcorn 3:00 • Essence Program /Hand 6:00 • Evening Volleyball [ML] 6:00 • Evening TV Game Show 6:00 • Evening IN2L Program [ML] Massages [ML] 6:00 • Evening AMC Channel 28 3:00 • Card Game [ML] night [MC] Family Feud [ML] 6:00 • Evening Movie & Popcorn Night 6:00 • Evening Movie Time [ML] Martin Luther King, Jr. Day SENIOR LIFESTYLE 9:30 • Morning Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] 9:30 • Morning Come grow with us! 10:30 • IN2L Morning 0:30 • IN2L Morning 0:00 Sunday Church 10:00 • Sunday Church Meditation [ML] 10:30 • IN2L Morning 10:30 • IN2L Morning Program/Dear Program/Dear 10:30 • IN2L Morning Program/Dear Reflections [ML] Program/Dear Abby Reflections [ML] Program/Dear Abby Abby Stories [ML] Abby Stories [ML] Abby Stories [ML] Stories [ML] 10:00 • Sunday Church Reflections Stories [ML] Afternoon VolleyBall Fun 12:30 • Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun 12:30 Afternoon VolleyBall Fun [ML] 2:00 • Embrace Thymeless 2:00 • Embrace Thymeless 2:00 • Embrace Thymeless 12:30 • Afternoon VolleyBall Fun 2:00 Afternoon Puzzle Time Program/ Fruit Tart [ML] Program/ Cider & Cheese Program/ Bread Making [ML] SENIOR LIFESTYLE 2:00 • Hydration Station/Fushion 2:00 • Hydration Station/Fushion [ML] 2:30 • Afternoon Walk To (AL) [ML] 2:30 • Touch & Feel [ML] 2:00 • Afternoon Puzzle Time [ML] Water [ML] Water [ML] 2:30 • Touch & Feel [ML] 3:00 • Essence Program /Hand 2:30 • Afternoon Walk To (AL) [ML] 3:00 • Monday Movie Matinee [ML] Unlimited options, 3:00 • Snack & Chat [ML] 3:00 • Puzzles & Blocks [ML] 2:30 • Friday Movie Time [ML] 6:00 • Evening Movie & Popcorn Massages [ML] 3:00 • Puzzles & Blocks [ML] 6:00 • Evening Volleyball [ML] 6:00 • Evening IN2L Program [ML] night [MC] 6:00 • Evening AMC Channel 28 3:00 • Card Game [ML] 6:00 • Evening Movie & Popcorn 6:00 • Evening TV Game Show Unparalleled Services Night [MC] Family Feud [ML] [ML] 6:00 • Evening Movie Time [ML] 9:30 • Morning 9:30 • Morning 9:30 • Morning 9:30 • Morning Meditation 9:30 • Morning Morning 30 31 Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] Meditation [ML] IN2L Morning 10:30 • IN2L Morning 10:30 • IN2L Morning Sunday Church IN2L Morning 10:30 IN2L Morning WWW.SENIORLIFESTYLE.COM Program/Dear Abby Program/Dear Program/Dear Program/Dear Abby Stories Program/Dear Abby Reflections [ML] Stories [ML] Abby Stories [ML] Abby Stories [ML] [ML] Stories [ML] 12:30 Afternoon VolleyBall Fun 12:30 Afternoon VolleyBall Fun [ML] 12:30 • Afternoon VolleyBall Fun [ML] | 12:30 • Afternoon VolleyBall Fun [ML 12:30 Afternoon VolleyBall Fun 2:00 • Embrace Thymeless Program/ 12:30 • Afternoon VolleyBall Fun 2:00 • Embrace Thymeless 2:00 • Embrace Thymeless Apple Pie [ML]

Program/ PBJ [ML]

2:30 • Afternoon Walk To (AL) [ML]

3:00 • Essence Program / Hand

Massages [ML]

6:00 • Evening Movie & Popcorn

Night [MC]

• Embrace Thymeless Program/ Ic

Cream Making [ML]

2:30 • Afternoon Walk To (AL) [ML]

6:00 • Evening TV Game Show Family

3:00 • Puzzles & Blocks [ML]

2:00 • Hydration Station/Fushion

6:00 • Evening AMC Channel 28

Water [ML]

3:00 • Puzzles & Blocks [ML]

2:00 • Hydration Station/Fushion

2:30 • Friday Movie Time [ML]

6:00 • Evening Movie Time [ML]

Water [ML]

3:00 • Card Game [ML]

Program/ Hot Chocolate [ML]

2:30 • Touch & Feel [ML]

6:00 • Evening Volleyball [ML]

3:00 Monday Movie Matinee [ML]

Activities are subject to change

2:00 • Afternoon Puzzle Time

6:00 • Evening Movie & Popcorn

2:30 • Touch & Feel [ML]

night [MC]