



- **CONNECT**
- **CONTRIBUTE**
- **FEEL**
- **MOVE**
- **REFLECT**

**Location Keys**  
Memory Lane ML  
Memory Care MC

**SENIOR LIFESTYLE**  
*Come grow with us!*

**SENIOR LIFESTYLE**  
*Unlimited options,  
Unparalleled Services*

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**Activities are subject to change**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**The day before night, the  
moon before the stars,  
Before the heart beats and you  
first. happy New Year**



**New Year's Day**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● New Years Day Trivia [ML]
- 1:00 ● New Year's Day Social/ Momisa & Cheese [MC]
- 2:30 ● New Year's Bingo [MC]
- 3:30 ● Puzzles & Blocks [ML]
- 6:00 ● Evening TV Game Show Family Feud [ML]

**1**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening AMC Channel 28 [ML]

**2**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 2:30 ● Friday Movie Time [ML]
- 3:00 ● Card Game [ML]
- 6:00 ● Evening Movie Time [ML]

**3**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 3:00 ● Snack & Chat [ML]
- 6:00 ● Evening IN2L Program [ML]

**4**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 2:30 ● Touch & Feel [ML]
- 6:00 ● Evening Movie & Popcorn night [MC]

**5**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Making Pudding [ML]
- 2:30 ● Touch & Feel [ML]
- 3:00 ● Monday Movie Matinee [ML]
- 6:00 ● Evening Volleyball [ML]

**6**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Thymeless Program/Baking Cookies [MC]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Essence Program /Hand Massages [ML]
- 6:00 ● Evening Movie & Popcorn Night [MC]

**7**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Chex Mix [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening TV Game Show Family Feud [ML]

**8**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening AMC Channel 28 [ML]

**9**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 2:30 ● Friday Movie Time [ML]
- 3:00 ● Card Game [ML]
- 6:00 ● Evening Movie Time [ML]

**10**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 3:00 ● Snack & Chat [ML]
- 6:00 ● Evening IN2L Program [ML]

**11**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 2:30 ● Touch & Feel [ML]
- 6:00 ● Evening Movie & Popcorn night [MC]

**12**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Making Dough [ML]
- 2:30 ● Touch & Feel [ML]
- 3:00 ● Monday Movie Matinee [ML]
- 6:00 ● Evening Volleyball [ML]

**13**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Essence Program /Touch & Feel [ML]
- 2:00 ● Thymeless Program/Baking Muffins [MC]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Essence Program /Hand Massages [ML]
- 6:00 ● Evening Movie & Popcorn Night [MC]

**14**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace BookMark Reading/ Chocolate Chip Cookies [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening TV Game Show Family Feud [ML]

**15**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Water & Strawberries [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening AMC Channel 28 [ML]

**16**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Hot Chocolate [ML]
- 2:30 ● Friday Movie Time [ML]
- 3:00 ● Card Game [ML]
- 6:00 ● Evening Movie Time [ML]

**17**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 3:00 ● Snack & Chat [ML]
- 6:00 ● Evening IN2L Program [ML]

**18**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 2:30 ● Touch & Feel [ML]
- 6:00 ● Evening Movie & Popcorn night [MC]

**19**

- Martin Luther King, Jr. Day**
- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Bread Making [ML]
- 2:30 ● Touch & Feel [ML]
- 3:00 ● Monday Movie Matinee [ML]
- 6:00 ● Evening Volleyball [ML]

**20**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Fruit Tart [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Essence Program /Hand Massages [ML]
- 6:00 ● Evening Movie & Popcorn Night [MC]

**21**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Cider & Cheese [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening TV Game Show Family Feud [ML]

**22**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening AMC Channel 28 [ML]

**23**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 2:30 ● Friday Movie Time [ML]
- 3:00 ● Card Game [ML]
- 6:00 ● Evening Movie Time [ML]

**24**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 3:00 ● Snack & Chat [ML]
- 6:00 ● Evening IN2L Program [ML]

**25**

- 9:30 ● Morning Meditation [ML]
- 10:00 ● Sunday Church Reflections [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Afternoon Puzzle Time [ML]
- 2:30 ● Touch & Feel [ML]
- 6:00 ● Evening Movie & Popcorn night [MC]

**26**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Hot Chocolate [ML]
- 2:30 ● Touch & Feel [ML]
- 3:00 ● Monday Movie Matinee [ML]
- 6:00 ● Evening Volleyball [ML]

**27**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ PBJ [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Essence Program /Hand Massages [ML]
- 6:00 ● Evening Movie & Popcorn Night [MC]

**28**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Embrace Thymeless Program/ Apple Pie [ML]
- 2:00 ● Embrace Thymeless Program/ Ice Cream Making [ML]
- 2:30 ● Afternoon Walk To (AL) [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening TV Game Show Family Feud [ML]

**29**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 3:00 ● Puzzles & Blocks [ML]
- 6:00 ● Evening AMC Channel 28 [ML]

**30**

- 9:30 ● Morning Meditation [ML]
- 10:30 ● IN2L Morning Program/Dear Abby Stories [ML]
- 12:30 ● Afternoon VolleyBall Fun [ML]
- 2:00 ● Hydration Station/Fushion Water [ML]
- 2:30 ● Friday Movie Time [ML]
- 3:00 ● Card Game [ML]
- 6:00 ● Evening Movie Time [ML]

**31**

