

calendar & activities
SEP 2019

Morningside House Of Satyr Hill SteppingStone - Happy Autumn

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

Diningroom
Entertainment Center
Living Room
Memory Care
SteppingStones

DR
EC
LR
MC
SS

HAPPY SEPTEMBER
BIRTHDAYS

<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [MC]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Afternoon Memory Puzzle [SS]</div><div>2:30 ● Meet & Greet Over Champagne [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● AMC TV Channel/28 [SS]</div></div> <div>1</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Monday Movie Matinee/Labor Day Drama & Romance [SS]</div><div>2:30 ● Labor Day Snack Social [SS]</div><div>3:00 ● Labor Day Trivia & Jokes [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>4:00 ● Labor Day Dining Music [DR]</div><div>6:00 ● AMC TV Channel/28 [SS]</div></div> <div>2</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Vegetable Pizza [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Live Music Entertainment With Wayne [LR]</div></div> <div>3</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>12:30 ● Painting With A Twist [MC]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Peanut Butter Bananas [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Guess Who? [SS]</div></div> <div>4</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Embrace Book Mark Reading Discussion [MC]</div><div>2:30 ● Outing For Icecream Sundae [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Mind Boggler [SS]</div></div> <div>5</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:00 ● Ravens Tailgate Party [DR]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Live Music Entertainment With Phil [LR]</div></div> <div>6</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [LR]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Afternoon Volleyball Game [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Stirring Up Memories [SS]</div></div> <div>7</div>
<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [MC]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Afternoon Game Time [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Spell A Word [SS]</div></div> <div>8</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program/Resident Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>2:30 ● Embrace Thymeless Program/Fushion Water [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Bingo [SS]</div></div> <div>9</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program/Resident Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Baking Pumpkin Bread [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div></div> <div>10</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program/Resident Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Apple Fritters [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div><div>6:00 ● Live Music Entertainment With Tim & Norm [LR]</div></div> <div>11</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Afternoon County Ride [SS]</div><div>2:30 ● Pets On Wheels [MC]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Think Back When /1950 [SS]</div></div> <div>12</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program/Resident Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Stuffed Baked Potatoe [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Hangman Game [SS]</div></div> <div>13</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [LR]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Price Is Right [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Live Music Entertainment With Dr. John [LR]</div></div> <div>14</div>
<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [MC]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Afternoon Bingo [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Bowl Of Questions [SS]</div></div> <div>15</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>2:30 ● Embrace Essence Program [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Puzzle Sorting Game [SS]</div></div> <div>16</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Chocolate Cookies [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div></div> <div>17</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>12:30 ● Painting With A Twist [MC]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Essence Program [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div></div> <div>18</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Catholic Mass [EC]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Outing To Richardson Farm [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Who Am I ? [SS]</div></div> <div>19</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Embrace Thymeless Program/Cooking With Herbs [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Gardening [SS]</div></div> <div>20</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [LR]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Doughnut & Coffee Social [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Tea Time Table Talk [SS]</div></div> <div>21</div>
<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [MC]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Sunday At The Movies /I Love Lucy [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Trivia Pursuit [SS]</div></div> <div>22</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Harvest Fall Frolic [SS]</div><div>2:30 ● Embrace Essence Program [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Chair Aerobics [SS]</div></div> <div>23</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace IN2L Program/Music Memories [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div></div> <div>24</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>12:30 ● Painting With A Twist [MC]</div><div>1:30 ● Embrace Spark Program [SS]</div><div>2:30 ● Embrace Essence Program [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Family Feud [SS]</div><div>6:00 ● Live Music Entertainment With Bob Russell [LR]</div></div> <div>25</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Outing To Cylburn Arbortioum [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Painting [SS]</div></div> <div>26</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Adult Puzzle Game [MC]</div><div>12:30 ● Dear Abby Reading [SS]</div><div>1:30 ● Embrace Snapshot Program [SS]</div><div>2:30 ● Friday Fun Day [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Karoke [SS]</div></div> <div>27</div>	<div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [LR]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Horse Racing Fun [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Evening Movie Night [SS]</div></div> <div>28</div>
<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Church Service [MC]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Our Daily Bread Reading [SS]</div><div>1:30 ● Embrace Bookmark Reading [SS]</div><div>2:30 ● Team Bowling Fun [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Picture Puzzle [SS]</div></div> <div>29</div>	<div><div>6:00 ● AMC TV Channel/28 [SS]</div><div>9:30 ● Morning Yoga Exercise [SS]</div><div>10:00 ● Embrace Thymeless Program Residents Choice [SS]</div><div>10:30 ● Morning Fresh Air Stroll</div><div>12:30 ● Daily Chronicle Reading [SS]</div><div>2:30 ● Embrace Essence Program [SS]</div><div>4:00 ● Fine Dinner Dining With Music [DR]</div><div>6:00 ● Name That Tune [SS]</div></div> <div>30</div>	<div><div><div><div><div></div><div></div><div></div><div></div></div><div><div>embrace</div><div>BY SENIOR LIFESTYLE</div></div></div><div><div>Goodbye Summer!</div><div>Hello Autumn!</div></div></div></div>		<div><div><div><div></div><div></div><div></div><div></div></div><div><div>Autumn is a second spring when every leaf is a</div></div></div></div>		