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| SUNDAY                                                                                                                                                                                                                                                                                                                                                               | MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                             | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                            | SATURDAY                                                                                                                                                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>10:00 ● Church Service [SS]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>12:30 ● Singing Christian Tunes [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>3:30 ● Embrace Essence Program/Hand Massages [SS]<br/>3:30 ● Essence Program/Manicures [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Jokes &amp; Riddles [SS]</p> | <p>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Embrace Essence/Hand &amp; Oil Massages [SS]<br/>2:30 ● Birthday Party with Helmut [DR]<br/>3:00 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Sit &amp; Chat Over Hot Chocolate [SS]</p>                                                                        | <p>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Gardening Day [SS]<br/>3:00 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                                                                                                               | <p>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>2:00 ● Resident Counsel Meeting [SS]<br/>2:30 ● Embrace Essence Program/Oil Massages [SS]<br/>3:00 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                                                       | <p>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bowling Fun [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Afternoon Sunroom Visit [SS]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>2:00 ● Afternoon Outing Scienic Ride [MC]<br/>3:00 ● Bean Bag Toss [SS]<br/>3:00 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Catching Up On The News [SS]</p>                                                      | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Frlday Movie Matinee [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening Card Game [SS]</p>                           | <p>10:00 ● Church Service [LR]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>1:30 ● Take a afternoon stroll [SS]<br/>2:00 ● Coloring Spring Pictures [MC]<br/>2:30 ● Saturday Bingo [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening News Channel /2 [SS]</p> |
| <p>Daylight Saving Time Begins<br/>10:00 ● Church Service [SS]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>12:30 ● Singing Christian Tunes [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Sunroom Visit<br/>3:30 ● Embrace Essence Program/Hand Massages [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening Snack Time [SS]</p>                   | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Embrace Essence/Hand &amp; Oil Massages [SS]<br/>2:30 ● Embrace Essence Program [MC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>4:00 ● Joggin Your Noggin [SS]<br/>6:00 ● Sit &amp; Chat Over Tea [SS]</p>      | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:00 ● History of Inventions [EC]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                         | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>2:00 ● Resident Counsel Meeting [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>2:30 ● Music with Mr. Charisma [DR]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Music with Tim &amp; Norm [LR]</p>          | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bowling Fun [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:00 ● Afternoon Outing [SS]<br/>2:30 ● Bean Bag Toss [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Catching Up On The News [SS]</p>                                                                       | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Frlday Movie Matinee [SS]<br/>6:00 ● Evening Card Game [SS]</p>                                                              | <p>10:00 ● Church Service [LR]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>2:30 ● Saturday Bingo [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Music with Dr. John [LR]</p>                                                      |
| <p>10:00 ● Church Service [SS]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>12:30 ● Singing Christian Tunes [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:00 ● Folding Clothes [SS]<br/>2:30 ● Ladies Tea Time [SS]<br/>3:30 ● Embrace Essence Program/Hand Massages [SS]<br/>6:00 ● Joggin Your Noggin [SS]</p>                                               | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Embrace Essence/Hand &amp; Oil Massages [SS]<br/>2:30 ● Embrace Essence Program [MC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Sit &amp; Chat Over A Coca Cola [SS]</p>                                 | <p>St. Patrick's Day<br/>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>2:00 ● St. Patricks Day Social [MC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p> | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>2:00 ● Music with Maryann McCallister [EC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>2:30 ● Karoke with Kathy [EC]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                        | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bowling Fun [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:00 ● Afternoon Outing [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:00 ● Bean Bag Toss [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Catching Up On The News [SS]</p>                                     | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Spring Aolaha/Tonya &amp; Staff [MC]<br/>10:30 ● Morning Bingo [SS]<br/>10:30 ● Spring Trivia &amp; Crafts [MC]<br/>12:30 ● Spring Aloha Drinks [MC]<br/>1:30 ● Bingo Fun [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Frlday Movie Matinee [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening Card Game [SS]</p> | <p>10:00 ● Church Service [LR]<br/>10:30 ● Spring Trivia Questions &amp; Answers [SS]<br/>12:30 ● Spring Adult Flower Coloring [SS]<br/>2:00 ● Spring Treats /Popsickles [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening News Channel /2 [SS]</p>                    |
| <p>10:00 ● Church Service [SS]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>12:30 ● Singing Christian Tunes [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>3:30 ● Embrace Essence Program/Hand Massages [SS]<br/>6:00 ● Jokes &amp; Riddles [SS]</p>                                                                              | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Embrace Essence/Hand &amp; Oil Massages [SS]<br/>2:00 ● Oriole's pep Rally &amp; Visit FromThe Oriole Bird [LR]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Sit &amp; Chat Over A Rootbeer Float [SS]</p> | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>12:30 ● Mad 4 Plaid Day/Wear Plaid [MC]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:00 ● Back Porch Players [DR]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                                                 | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Wednesday Sports Fan/Wear Your Fav Team [SS]<br/>12:30 ● Wednesday Sports Fan/Concession Style Snacks [MC]<br/>2:00 ● Resident Counsel Meeting [SS]<br/>2:30 ● Embrace Essence Program [MC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p> | <p>6:00 ● Pajama Day/ MC Residents &amp; Staff [MC]<br/>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bowling Fun [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:00 ● Opening Day For Baltimore Orioles [MC]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:00 ● Bean Bag Toss [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Catching Up On The News [SS]</p> | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Bingo Fun [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Frlday Movie Matinee [SS]<br/>6:00 ● Evening Card Game [SS]</p>                                                              | <p>10:00 ● Church Service [LR]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Evening News Channel /2 [SS]</p>                                                                                 |
| <p>10:00 ● Church Service [SS]<br/>10:30 ● Our Daily Bread Reading [SS]<br/>12:30 ● Singing Christian Tunes [SS]<br/>1:30 ● Embrace Bookmark Reading [MC]<br/>2:30 ● Ladies Tea Time [SS]<br/>2:30 ● Sunroom Visit<br/>3:30 ● Embrace Essence Program/Hand Massages [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Jokes &amp; Riddles [SS]</p>                  | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Morning Bingo [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Embrace Essence/Hand &amp; Oil Massages [SS]<br/>2:00 ● Music with SD &amp; Friends [DR]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Sit &amp; Chat Over A Smoothie [SS]</p>                              | <p>9:30 ● Stretch &amp; Flex Exercise [SS]<br/>10:00 ● Espresso Cafe Hour [SS]<br/>10:30 ● Arts &amp; Craft Time [SS]<br/>12:30 ● Residents Choice (Cards)Reading)Coloring)Games) [SS]<br/>1:30 ● Arts &amp; Crafts [SS]<br/>2:30 ● Happy Hour /Light Refresments &amp; Music [SS]<br/>3:30 ● Joggin Your Noggin [SS]<br/>6:00 ● Family Feud [SS]</p>                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                 |