

calendar & activities
DEC 2020

Assisted Living

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

9:55 ● Daily Review & Chronicle **1**
10:15 ● Senior Workout with Armbands [LG]
10:45 ● Ring Toss [LG]
1:15 ● Reminiscing Holiday Memories [LG]
2:30 ● Black Jack Casino [4th]
3:00 ● Name that Singer [LG]
6:00 ● Short Stories

9:55 ● Daily Review & Chronicle **2**
10:15 ● Senior Workout with weights [LG]
10:45 ● Who, What, When [LG]
1:15 ● One on One Visits
2:30 ● **Jackpot Bingo [LG]**
3:30 ● Name that Movie [LG]
6:00 ● Coloring Pages

9:55 ● Daily Review & Chronicle **3**
10:15 ● Workout Time [LG]
10:45 ● ladderball [LG]
1:15 ● Crafting- Making Holiday Wreaths [LG]
2:15 ● Netflix and Popcorn
6:00 ● Crossword Puzzles

9:55 ● Daily Review & Chronicle **4**
10:15 ● Friday Tone and Stretch [LG]
10:45 ● In the News [LG]
1:15 ● Word Games [LG]
2:00 ● Happy Hour- Holiday Cookies and Coco [LG]
3:15 ● Social Hour with Music [LG]
6:00 ● Activity Packets

9:55 ● Daily Review & Chronicle **5**
10:15 ● Morningside Cafe
10:30 ● Saturday Morning Workout [LG]
1:15 ● One on one Visits
2:30 ● Saturday Matinee [LG]
6:00 ● Crossword Puzzles

9:55 ● Daily Review & Chronicle **6**
10:00 ● Fitness Training [LR]
10:30 ● **Catholic Church live**
1:15 ● Bible Readings [DR]
2:30 ● Reminiscing and Manicures [LG]
6:00 ● Live Prasie and Worship

9:55 ● Daily Review & Chronicle **7**
10:15 ● Chair Zumba [LG]
10:45 ● Finish the Phrase [LG]
1:15 ● Color a Card
2:30 ● **Pokeno [LG]**
3:15 ● Hangman [LG]
6:00 ● Puzzle Mania

9:55 ● Daily Review & Chronicle **8**
10:15 ● Senior Workout with Armbands [LG]
10:45 ● Mystery Matchup [LG]
1:15 ● Crafting- Candy cane candle holder [LG]
2:30 ● Black Jack Casino [4th]
3:30 ● Christmas letter Writing [LG]
6:00 ● Short Stories

9:55 ● Daily Review & Chronicle **9**
10:15 ● Move to the Music [LG]
10:45 ● Christmas Carols [LG]
1:15 ● Finding Santa in Finland [LG]
2:30 ● **Jackpot Bingo [LG]**
3:30 ● Music hour [LG]
6:00 ● Coloring Pages

Hanukkah Begins **10**
9:55 ● Daily Review & Chronicle
10:15 ● Workout Time [LG]
10:45 ● Health Talk with Mary
1:15 ● Reminiscing- Funny Stories [LG]
2:15 ● Netflix and Popcorn
6:00 ● Word Games

9:55 ● Daily Review & Chronicle **11**
10:15 ● Virtual Exercise [LG]
10:45 ● Make Santa Laugh [LG]
2:15 ● Happy Hour- Snow Shakes [LG]
3:30 ● Music appreciation [LG]
6:00 ● Activity Packets

9:55 ● Daily Review & Chronicle **12**
10:15 ● Morningside Cafe
10:30 ● Saturday Morning Workout [DR]
1:15 ● One on one Visits
2:30 ● Saturday Matinee [LG]
6:00 ● Write your Pen Pal

9:55 ● Daily Review & Chronicle **13**
10:00 ● Fitness Training [LR]
10:30 ● **Catholic Church live**
1:15 ● Bible Readings [DR]
2:30 ● Reminiscing and Manicures [LG]
6:00 ● Live Prasie and Worship

9:55 ● Daily Review & Chronicle **14**
10:15 ● Sit and be Fit
10:45 ● Name that Song [LG]
1:15 ● Deal or no Deal [LG]
2:30 ● **Pokeno [LG]**
3:30 ● Whats in the Bag [LG]
6:00 ● Puzzle Mania

9:55 ● Daily Review & Chronicle **15**
10:15 ● Senior Workout with Armbands [LG]
10:45 ● Cranium Crunches [LG]
1:30 ● Jewelry Making [LG]
2:30 ● Black Jack Casino [4th]
3:30 ● Wii Bowling [LG]
6:00 ● Short Stories

9:55 ● Daily Review & Chronicle **16**
10:15 ● Chair Zumba Live [LG]
10:45 ● Word Games
1:30 ● Reminiscing and Music [LG]
2:30 ● **Jackpot Bingo [LG]**
3:30 ● Jenga [LG]
6:00 ● Coloring Pages

9:55 ● Daily Review & Chronicle **17**
10:15 ● Workout Time [LG]
10:45 ● Whats in the Bag [LG]
1:30 ● History of Hanukkah [LG]
2:15 ● Netflix and Popcorn
6:00 ● Crossword Puzzles

Hanukkah Ends **18**
9:55 ● Daily Review & Chronicle
10:15 ● Workout Time [LG]
10:45 ● Virtual Pictionary [LG]
1:15 ● Caroling with Friends [LG]
2:30 ● happy Hour- Bloody Mary's [LG]
3:30 ● Jeopardy [LG]
6:00 ● Activity Packets

9:55 ● Daily Review & Chronicle **19**
10:15 ● Morningside Cafe
10:30 ● Saturday Morning Workout [LG]
1:15 ● One on one Visits
2:30 ● Saturday Matinee [LG]
6:00 ● Crossword Puzzles

9:55 ● Daily Review & Chronicle **20**
10:00 ● Fitness Training [LR]
10:30 ● **Catholic Church live**
1:15 ● Bible Readings [DR]
2:30 ● Reminiscing and Manicures [LG]
6:00 ● Live Prasie and Worship

9:55 ● Daily Review & Chronicle **21**
10:15 ● Live Christmas Concert [LG]
10:45 ● Creating floral arrangements [LG]
2:30 ● **Netflix and Popcorn [LG]**
6:00 ● Puzzle Mania
10:15 ● Dance to the beat [LG]

9:55 ● Daily Review & Chronicle **22**
10:15 ● Senior Workout with Armbands [LG]
10:45 ● Christs Trivia [LG]
1:15 ● Name that Tune
2:30 ● Black Jack Casino [4th]
3:30 ● Dice Game [LG]
6:00 ● Short Stories

9:55 ● Daily Review & Chronicle **23**
10:15 ● iworkout [LG]
10:45 ● Crafting- Holiday gifts [LG]
2:30 ● **Jackpot Bingo [LG]**
3:30 ● Who am I? [LG]
6:00 ● Coloring Pages

Christmas Eve **24**
9:55 ● Daily Review & Chronicle
10:15 ● Workout Time [LG]
10:45 ● Reminiscing- Christmas Songs with Friends
2:00 ● Residents Christmas Party [LG]
6:00 ● Word Games
10:30 ● Caroling [LG]

Christmas Day **25**
9:55 ● Daily Review & Chronicle
10:15 ● Christmas Workout [LG]
10:45 ● Making Snowman [LG]
1:15 ● Holiday egg nog and cookies [LG]
2:15 ● Christmas Social Hour with Friends [LG]
6:00 ● Activity Packets

Kwanza Begins **26**
9:55 ● Daily Review & Chronicle
10:15 ● Morningside Cafe
10:30 ● Saturday Morning Workout [DR]
10:30 ● Saturday Morning Workout [LG]
1:15 ● One on one Visits
2:30 ● Saturday Matinee [LG]
6:00 ● Write your Pen Pal

9:55 ● Daily Review & Chronicle **27**
10:00 ● Fitness Training [LR]
10:30 ● **Catholic Church live**
1:15 ● Bible Readings [DR]
2:30 ● Reminiscing and Manicures [LG]
6:00 ● Live Prasie and Worship

9:55 ● Daily Review & Chronicle **28**
10:15 ● Senior Workout with weights [LG]
10:45 ● Mini Golf [LG]
1:15 ● Word in a Word [LG]
2:30 ● **Pokeno [LG]**
3:30 ● Minute to win it [LG]
6:00 ● Puzzle Mania

9:55 ● Daily Review & Chronicle **29**
10:15 ● Senior Workout with Armbands [LG]
10:45 ● Minute to Win it [LG]
1:15 ● History of kwanza [LG]
2:30 ● Black Jack Casino [4th]
3:30 ● Ring Toss [LG]
6:00 ● Short Stories

9:55 ● Daily Review & Chronicle **30**
10:15 ● Tone and Stretch [LG]
10:45 ● Making Kwanzaa Kinara Card [LG]
1:15 ● Hanukkah Quotes [LG]
2:30 ● **Jackpot Bingo [LG]**
3:30 ● Karaoke with Friends [LG]
6:00 ● Coloring Pages

New Year's Eve **31**
9:55 ● Daily Review & Chronicle
10:15 ● Workout Time [LG]
10:45 ● New Years Resolution and Jokes [LG]
11:55 ● New Year Toast and Countdown [LR]
2:15 ● Netflix-The Dead Poet's Society [LG]

LOCATIONS
DINING ROOM - DR
SUN ROOM - SR
FRONT PORCH - FP
LOBBY - LB
LIVING ROOM - LR
COURTYARD - CTY
LODGE - LG
4TH FLOOR-4th

**BIRTHDAYS
THIS MONTH**

Ernestine R 9/19

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Activities are subject to change