

calendar & activities
APR 2019

Morningside House of Leesburg

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



- 10:00 ● Arts & crafts [GF] **1**
- 11:15 ● Sit & Be Fit [GF]
- 1:30 ● Yoga with Larijani [GF]
- 2:30 ● Creative writing group meet up [GF]
- 3:15 ● Pioneers in Sitcom w/ Johnny Carson and more [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Arts & Crafts [GF] **2**
- 11:15 ● Chairexercise [GF]
- 12:30 ● Group Trip to the senior center of Leesburg [GF]
- 1:00 ● April Fun Facts & Trivia [GF]
- 2:00 ● Paint with Julia [GF]
- 7:00 ● Community Bluegrass [GF]

- 9:45 ● Catholic Communion [3F] **3**
- 10:00 ● Taboo [GF]
- 11:15 ● Fit w/Alison [GF]
- 2:00 ● Group discussion [GF]
- 2:30 ● Morningside singing group meet up [GF]
- 6:30 ● performance by Adam of Nashville [GF]

- 9:45 ● Trip to Walmart [L] **4**
- 11:15 ● Exercise [GF]
- 1:15 ● Basket Ball [GF]
- 2:30 ● Happy Hour [3F]
- 3:30 ● Pet Therapy w/ Mango [GF]
- 6:30 ● Bingo [GF]

- 10:00 ● Bible study w/ Heidi & Russ [GF] **5**
- 11:15 ● Exercise [GF]
- 1:00 ● Students visit Morningside House of Leesburg [GF]
- 2:00 ● Tom Stringer performance [GF]
- 3:15 ● Friday Movie [GF]

- 10:00 ● Manicures [GF] **6**
- 10:30 ● Pet Therapy w/ Duke [GF]
- 11:15 ● Sit & Be Fit [GF]
- 1:30 ● Bingo Bonanza [GF]
- 3:00 ● Gospel music w/Mr. Edmonds [GF]
- 6:30 ● Evening Movie [GF]

LOCATIONS

Ground Floor-*GF*
Dining Room-*DR*
Third Floor-*3F*
All Floors-*AF*
Lobby-*L*

Happy Birthday To:
Carolyn L. 4/04
Shirley D. 4/09
Roland H. 4/13
Jane S. 4/19
Joan P. 4/26

- 9:30 ● Coffee & Fellowship [GF] **7**
- 10:00 ● Church Service [GF]
- 1:00 ● Arts & Crafts [GF]
- 2:00 ● Family Feud [GF]
- 3:30 ● Guitar w/ Ryan [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Monday Morning inspiration [GF] **8**
- 11:15 ● Sit & Be Fit [GF]
- 1:30 ● Yoga w/ Larijani [GF]
- 3:00 ● Performance by Mr. Edmonds [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Arts & Crafts w/ Julia [GF] **9**
- 11:15 ● Walking club [GF]
- 1:00 ● Bake a cake with Julia [GF]
- 2:30 ● Board game (Can you name 5?) [GF]
- 7:00 ● Community Bluegrass [GF]

- 9:45 ● Catholic Communion [3F] **10**
- 10:30 ● Uno [GF]
- 11:15 ● Fit w/Alison [GF]
- 1:30 ● Dance Club [GF]
- 3:00 ● Morningside singing group meet up [GF]

- 9:45 ● Trip to Giants [L] **11**
- 11:15 ● Exercise [GF]
- 1:30 ● Bowling w/ Julia [GF]
- 3:00 ● Mix & Mingle [GF]
- 4:00 ● Dominoes [GF]

- 10:00 ● Bible reading w/Carolyn [GF] **12**
- 10:45 ● Fitness w/ Chantal [GF]
- 1:30 ● Taboo [GF]
- 2:30 ● Outdoor social on the patio [GF]
- 6:30 ● Evening entertainment w/Gary [GF]

- 10:30 ● Manicures [GF] **13**
- 11:15 ● Sit & Be Fit [GF]
- 1:00 ● Gardening [L]
- 2:30 ● Bingo Bonanza [GF]
- 6:30 ● Evening Movie [GF]

- 9:30 ● Coffee & Fellowship [GF] **14**
- 10:00 ● Church Service [GF]
- 1:00 ● Arts & Crafts w/Julia [GF]
- 1:00 ● work out w/Julia [GF]
- 2:00 ● Card game [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Sing a long w/ Tony [GF] **15**
- 11:15 ● Sit & Be Fit [GF]
- 1:30 ● Yoga w/Larijani
- 2:30 ● Creative writing group meet up [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Easter Arts & Crafts [GF] **16**
- 11:15 ● Walking club [L]
- 1:30 ● Ladies Spa day [GF]
- 2:30 ● Outdoor social on the patio [GF]
- 7:00 ● Community Bluegrass [GF]

- 9:45 ● Catholic Communion [3F] **17**
- 10:15 ● Make Easter Cards [GF]
- 11:15 ● Fit w/Alison [GF]
- 12:00 ● Fishing Trip [L]
- 1:30 ● Board game [GF]
- 2:30 ● Bingo [GF]

- 10:00 ● Favorite old sitcoms w/Tea [GF] **18**
- 11:15 ● Exercise [GF]
- 1:15 ● Indoor Golf [GF]
- 2:30 ● Happy Hour [GF]
- 3:30 ● Pet Therapy w/ Mango [GF]

- 10:00 ● Trip to Giant [GF] **19**
- 11:15 ● Flex & Stretch [GF]
- 1:00 ● Performance by Pianist Michelle [GF]
- 2:45 ● Take pictures with the Easter Bunny [GF]
- 6:30 ● Evening Sitcoms [GF]

- 10:00 ● Arts & Crafts w/Julia [GF] **20**
- 10:30 ● Pet Therapy w/ Duke [GF]
- 11:15 ● Sit & Be Fit [GF]
- 1:00 ● Volley Ball [GF]
- 2:00 ● Bingo Bonanza [GF]
- 3:30 ● Sing a long w/ Ellen [GF]
- 6:30 ● Evening Movie [GF]

- Easter **21**
- 9:30 ● Coffee & Fellowship [GF]
- 10:00 ● Church Service [GF]
- 1:15 ● Easter arts & crafts [GF]
- 2:30 ● Paint w/Julia [GF]
- 3:00 ● Easter social [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Taboo [GF] **22**
- 11:15 ● Sit & Be Fit [GF]
- 1:00 ● Family Feud [GF]
- 2:30 ● Morningside singing group meet up [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Arts & Crafts [GF] **23**
- 11:15 ● Walking club [L]
- 1:00 ● Baking Club [3F]
- 2:30 ● Inspiration & information session [3F]
- 7:00 ● Community Bluegrass [GF]

- 9:45 ● Catholic Communion [3F] **24**
- 10:15 ● Make Jewlrey [GF]
- 11:15 ● Fit w/Alison [GF]
- 1:30 ● Morningside singing group meet up [GF]
- 2:30 ● Bingo [GF]

- 9:45 ● Trip to Giants [L] **25**
- 11:15 ● Exercise [GF]
- 1:30 ● Volley Ball [GF]
- 2:30 ● Mix & Mingle [GF]
- 3:30 ● Pet Therapy [GF]

- 10:00 ● Uno [GF] **26**
- 10:45 ● Fitness w/ Chantal [GF]
- 11:15 ● Flex & Stretch [GF]
- 2:00 ● Dance club [GF]
- 2:45 ● Friday Matinee w/chips [GF]
- 6:30 ● Evening Sitcoms [GF]

- 10:00 ● Dominoes [GF] **27**
- 11:15 ● Sit & Be Fit [GF]
- 1:15 ● Group discussion & Trivia [GF]
- 1:30 ● Bingo Bonanza [GF]
- 6:30 ● Evening Movie [GF]

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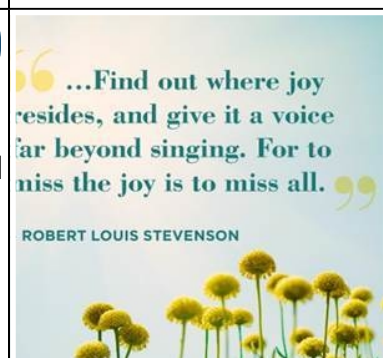
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- 9:30 ● Coffee & Fellowship [GF] **28**
- 10:00 ● Church Service [GF]
- 1:00 ● Dominoes [GF]
- 1:45 ● Trip to see the play Mama Mia [GF]
- 3:00 ● Yoga [GF]
- 6:30 ● Evening Movie [GF]

- 10:00 ● Sing a long w/ Tony [GF] **29**
- 11:15 ● Sit & Be Fit [GF]
- 1:00 ● Activity Committee Meeting [GF]
- 2:00 ● Monthly Auction [GF]
- 3:00 ● social on the patio [GF]

- 10:00 ● Arts & Crafts [GF] **30**
- 11:15 ● Chairexercise [GF]
- 1:00 ● Resident Council [GF]
- 2:30 ● Birthday Celebration [GF]
- 7:00 ● Community Bluegrass [GF]



Be Inspired