calendar & activities							
JUN 2019	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CONNECTCONTRIBUTEFEELGROWMOVEREFLECT	9:30 • Coffee & Fellowship [GF] 10:00 • Church Service [GF] 1:15 • Arts & Crafts with Kristen [GF] 2:30 • Uno [L] 3:30 • Checkers [GF] 6:30 • Evening Movie [GF]	HAPPY Father's DAY	"The only person you are destined to become is the person you decide to be." Ralph Waldo Emerson	Be Inspired			10:00 • Morning Sitcoms [GF] 1:00 • Manicures [GF] 1:30 • Yoga [GF] 2:00 • Crafts and conversation [GF] 3:00 • Bingo Bonanza [GF] 6:30 • Evening Movie [GF]
Ground Floor-GF Dining Room-DR Third Floor-3F All Floors-AF Lobby-L	9:30 • Coffee & Fellowship [GF] 10:00 • Church Service [GF] 11:15 • Yoga with Kristen [GF] 1:00 • Uno [GF] 3:00 • Performance by Ryan [GF] 6:30 • Evening Movie [GF]	10:00 • Family Feud w/ Phil [GF] 11:15 • Sit & Be Fit [GF] 1:00 • Music Therapy with Phil [3F] 3:00 • Yoga with Karen [GF] 6:30 • Evening Movie [GF]	10:00 • Sing along with Tony [GF] 11:15 • Chairexercise [GF] 1:30 • Walking Club [GF] 2:30 • Arts & Crafts [GF] 7:00 • Community Bluegrass [GF]	9:30 • Giant Trip [GF] 9:45 • Catholic Communion [3F] 10:00 • Music Therapy with Phil [GF] 11:15 • Fit w/Alison [GF] 1:00 • Ice cream and social with Phil [GF] 2:30 • Morningside singing group meet up [GF]	[3F] 1:30 • Yoga with Kristen [GF] 2:30 • Volley Ball [L] 3:30 • Mix & Mingle [GF] 6:30 • Evening Bingo with	10:00 • Walking Club [GF] 11:15 • Exercise [GF] 1:00 • Taboo on the patio [GF] 2:00 • Perfomance by Tom Stringer [GF] 3:30 • Manicures [GF] 5:00 • First Friday Open House (5pm-8pm) [L]	10:00 • Pet Therapy with Titan [AF] 1:00 • Yoga with Kristen [GF] 2:30 • Bingo Bonanza [GF] 3:00 • Garden with Kristen [GF] 6:30 • Evening Movie [GF]
Happy Birthday To: Dilva H. 6/8 Louella J. 6/21 Sarah F. 6/28 Edith B. 6/30	9:30 • Coffee & Fellowship [GF] 10:00 • Church Service [GF] 1:30 • Create with Kristen [GF] 3:30 • Card game [GF] 6:30 • Evening Movie [GF]	10:00 • Uno [GF] 11:15 • Get Fit with Phil [GF] 1:00 • Music Therapy with Phil [GF] 3:00 • June Fun Facts [GF] 3:30 • Morningside singing group meet up [GF] 6:30 • Evening Movie [GF]	10:00 • Walking Club [GF] 11:15 • Chairexercise [GF] 2:30 • Arts & Crafts with Allyson [GF] 3:00 • Book Club with Allyson [GF] 7:00 • Community Bluegrass [GF]	9:30 • Giant Trip [GF] 9:45 • Catholic Communion [3F] 10:00 • Music Therapy with Phil [GF] 11:15 • Fit w/Alison [GF] 1:00 • Bowling with Phil [GF] 2:30 • Morningside singing group meet up [3F]	10:00 • Bible Study with Russ [GF] 1:00 • Morningside singing group final rehearsal [3F] 2:00 • Yoga [GF] 2:30 • Manicures [GF] 5:45 • Pre-Father's day music and summer dance Party 5:45pm [GF]	9:30 • Trip to the zoo [L] 10:45 • Fitness with Chantal [GF] 1:30 • Dance Club Electric Slide & Cha Cha Cha [GF] 2:30 • Taboo [GF] 3:30 • Name that Tune [GF] 6:30 • Evening Movie	10:30 • Pet Therapy with Duke [AF] 1:00 • Yoga with Kristen [AF] 2:00 • Bingo Bonanza [GF] 3:00 • Car Show (1pm-4pm) [GF] 6:30 • Evening Movie [GF]
SENIOR LIFESTYLE Come grow with us!	Father's Day 9:30 • Coffee & Fellowship [GF] 10:00 • Church Service [GF] 1:00 • Arts & Crafts w/Kristen [GF] 3:00 • Father's Day Mix & Mingle and Happy Hour with Kristen [GF] 6:30 • Father's Day Entertainment with Gary	11:15 • Fitness with Phil [GF] 1:00 • Music Therapy with Phil [GF] 3:00 • Yoga with Karen [GF]		9:45 • Catholic Communion [3F] 10:00 • Bake a cake with Phil [GF] 11:15 • Fit w/Alison [GF]	10:00 Bible Study with Russ & Heidi [3F] 12:00 Trip to Olive Garden [GF] 2:00 Yoga with Kristen [GF] 3:30 Happy Hour w/ Morningside Friends [3F] 6:00 Joint Conversation & Lecture topic:Arthritis & treatment methods [3F]	10:00 • Trip to the museum [GF] 1:30 • Exercise [GF] 2:00 • Taboo [GF] 3:00 • Performance by Gary [GF] 6:30 • Evening Movie [GF]	10:00 Pet Therapy with Titan [AF] 1:15 Art Class [GF] 2:30 Bingo Bonanza [GF] 3:00 Performance by Mr. Edmonds [GF] 6:30 Evening Movie [GF]
SENIOR LIFESTYLE Unlimited options, Unparalleled services WWW.SENIORLIFESTYLE.COM Activities are subject to change	9:30 • Coffee & Fellowship [GF] 10:00 • Church Service [GF] 1:30 • Yoga with Karen [GF] 3:00 • Sunday Matinee [GF] 6:30 • Evening entertainement with Gary [GF]	10:00 • Uno [GF] 11:15 • Fitness with Phil [GF] 1:00 • Music Therapy with Phil [GF] 3:00 • Creative Writing Club [GF] 6:30 • Evening Movie [GF]	1:30 • Creative Writing Club [GF] 2:30 • Outdoor social [P]	9:30 • Giant Trip [GF] 9:45 • Catholic Communion [3F] 10:00 • Uno [GF] 11:15 • Fit w/Alison [GF] 12:00 • Bowling with Phil [GF] 2:30 • Morningside singing group meet up [GF]	10:00 • Trip to the zoo [3F] 1:30 • Activity Committee Meeting [GF] 2:30 • Monthly Bingo Auction [GF] 3:15 • Mix and Mingle with ice cream [P] 6:30 • Evening Movie [GF]	9:30 • Countryside Road Trip [GF] 10:45 • Fitness with Chantal [GF] 1:30 • Resident Council [GF] 2:30 • Birthday celebration [GF] 3:00 • Performance by Mr. Edmonds [GF]	10:30 • Pet Therapy with Duke [AF] 1:00 • Yoga with Kristen [GF] 2:30 • Bingo Bonanza [GF] 3:00 • Open House with Pig Roast (3pm-6pm) [P] 6:30 • Evening Movie [GF]