

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

<p>Daylight Saving Time Begins 1</p> <p>9:00 ● Daily News [3F]</p> <p>1:00 ● Sunday Stretches [3F]</p> <p>1:45 ● Afternoon Bingo [3F]</p> <p>3:30 ● Stories with Paige at the Fountain</p> <p>6:30 ● Evening Movie [3F]</p>	<p>2</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1pm - ● In Room Visits [AF]</p> <p>2:30 ● Scarf-ercise! [3F]</p> <p>3:00 ● Color Me Happy [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>Anniversary of Wizard of Oz 3</p> <p>Election Day</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● Stretching Exercise [3F]</p> <p>2:15 ● Afternoon Matinee & Snack - Wizard of Oz [3F]</p> <p>6:15 ● Tea & Cookies with Bella [3F]</p>	<p>4</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● Unscramble (Word Game) [3F]</p> <p>3:30 ● "POUND" to the Music [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>5</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● YOGA at the Fountain w/ Julia</p> <p>2:30 ● Art Club - Apartment Door Craft [3F]</p> <p>6:00 ● Evening Walk with Kristen (weather permitting) [L]</p>	<p>6</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● What's That Word [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● FRI-YAY Bingo [3F]</p> <p>3:30 ● Singing Group led by Charles [3F]</p> <p>6:30 ● Evening Movie [3F]</p>	<p>7</p> <p>9:00 ● Daily News [3F]</p> <p>11:00 ● Saturday Stretches [3F]</p> <p>12:30 ● Manicures [AF]</p> <p>2:30 ● Art Club [3F]</p> <p>6:30 ● Evening Movie [3F]</p>
---	---	---	---	--	---	---

LOCATIONS

Ground Floor-GF
 Dining Room-DR
 Third Floor-3F
 All Floors-AF
 Lobby-L

Happy Birthday To: Residents:

Wayne G - 11/11
 Anna S - 11/16
 George O - 11/18
 Linda M - 11/20

Staff:

Patrick J - 11/1
 Maddie A - 11/7

SENIOR LIFESTYLE

Come grow with us!
 Unlimited options,
 Unparalleled services

WWW.SENIORLIFESTYLE.COM
 Activities are subject to change

<p>8</p> <p>9:00 ● Daily News [3F]</p> <p>1:00 ● Sunday Stretches [3F]</p> <p>1:45 ● Afternoon Bingo [3F]</p> <p>3:30 ● Stories with Paige at the Fountain</p> <p>6:30 ● Evening Movie [3F]</p>	<p>9</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1pm - ● In Room Visits [AF]</p> <p>2:30 ● Scarf-ercise! [3F]</p> <p>3:00 ● Color Me Happy [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>Forget-Me-Not Day 10</p> <p>Vanilla Cupcake Day</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● Stretching Exercise [3F]</p> <p>2:30 ● Art Club - Forget-Me-Not craft [3F]</p> <p>6:15 ● Vanilla Cupcake Decorating (and eating) [3F]</p>	<p>Veterans Day 11</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>2:00 ● Veterans Day Program [3F]</p> <p>3:00 ● Unscramble (Word Game) [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>National Happy Hour Day 12</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● YOGA at the Fountain w/ Julia</p> <p>3:00 ● Happy Hour with Friends [L]</p> <p>6:00 ● Evening Walk with Kristen (weather permitting) [L]</p>	<p>World Kindness Day 13</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● What's That Word [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● FRI-YAY Bingo [3F]</p> <p>3:30 ● Singing Group led by Charles [3F]</p> <p>6:30 ● Evening Movie [3F]</p>	<p>National Pickle Day 14</p> <p>9:00 ● Daily News [3F]</p> <p>11:00 ● Saturday Stretches [3F]</p> <p>12:30 ● Manicures [AF]</p> <p>4:00 ● Pickle Tasting [3F]</p> <p>6:30 ● Evening Movie [3F]</p>
<p>15</p> <p>9:00 ● Daily News [3F]</p> <p>1:00 ● Sunday Stretches [3F]</p> <p>1:45 ● Afternoon Bingo [3F]</p> <p>3:30 ● Stories with Paige at the Fountain</p> <p>6:30 ● Evening Movie [3F]</p>	<p>National Button Day 16</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1pm - ● In Room Visits [AF]</p> <p>2:30 ● Art Club - Button Art [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>World Peace Day 17</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● Stretching Exercise [3F]</p> <p>2:15 ● Art Club - Peace Day Craft [3F]</p> <p>6:15 ● Tea & Cookies with Bella [3F]</p>	<p>18</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● Unscramble (Word Game) [3F]</p> <p>3:30 ● "POUND" to the Music [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>19</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● YOGA at the Fountain w/ Julia</p> <p>2:30 ● Food Committee Meeting - Kristen leading [GF]</p> <p>3:30 ● Nerf Darts - Beat the Dealer [3F]</p> <p>6:00 ● Evening Walk with Kristen (weather permitting)</p>	<p>20</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● What's That Word [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● FRI-YAY Bingo [3F]</p> <p>3:30 ● Singing Group led by Charles [3F]</p> <p>6:30 ● Evening Movie [3F]</p>	<p>World Hello Day 21</p> <p>9:00 ● Daily News [3F]</p> <p>11:00 ● Saturday Stretches [3F]</p> <p>12:30 ● Manicures [AF]</p> <p>3:00 ● Greeting Cards for Friends & Family [3F]</p> <p>6:30 ● Evening Movie [3F]</p>
<p>22</p> <p>9:00 ● Daily News [3F]</p> <p>1:00 ● Sunday Stretches [3F]</p> <p>1:45 ● Afternoon Bingo [3F]</p> <p>3:30 ● Stories with Paige at the Fountain</p> <p>6:30 ● Evening Movie [3F]</p>	<p>23</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1pm - ● In Room Visits [AF]</p> <p>2:30 ● Scarf-ercise! [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>Celebrate Your Unique Talent Day 24</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>1:30 ● Stretching Exercise [3F]</p> <p>3:00 ● Talent Show [GF]</p> <p>6:00 ● Evening Games with Bella [3F]</p>	<p>25</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● Resident Council [GF]</p> <p>3:00 ● November Birthday Celebration [L]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>	<p>Thanksgiving 26</p> <p>9:00 ● Daily News [3F]</p> <p>10:00 ● Stretching Exercise [L]</p> <p>10:30 ● Scattegories [3F]</p> <p>6:30 ● Evening Movie [3F]</p>	<p>27</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● What's That Word [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1:30 ● FRI-YAY Bingo [3F]</p> <p>3:30 ● Singing Group led by Charles [3F]</p> <p>6:30 ● Evening Movie [3F]</p>	<p>28</p> <p>9:00 ● Daily News [3F]</p> <p>11:00 ● Saturday Stretches [3F]</p> <p>12:30 ● Manicures [AF]</p> <p>2:30 ● Art Club [3F]</p> <p>6:30 ● Evening Movie [3F]</p>

<p>29</p> <p>9:00 ● Daily News [3F]</p> <p>1:00 ● Sunday Stretches [3F]</p> <p>1:45 ● Afternoon Bingo [3F]</p> <p>3:30 ● Stories with Paige at the Fountain</p> <p>6:30 ● Evening Movie [3F]</p>

<p>30</p> <p>9:00 ● Daily News [3F]</p> <p>10:15 ● Walking Club [L]</p> <p>10:30 ● Cranium Crunchers [3F]</p> <p>11:00 ● Weights Exercise [3F]</p> <p>1pm - ● In Room Visits [AF]</p> <p>2:30 ● Art Club - Mason Jar Craft [3F]</p> <p>6:15 ● Evening Bingo with Maddie [3F]</p>



"Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves."
 — Unknown

Be Inspired