

<div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div></div>	<div><div><div>9:30 ● Coffee &amp; Fellowship [GF]</div><div>10:00 ● Church Service [GF]</div><div>1:00 ● Sunday Stretch [GF]</div><div>1:30 ● Trivia w/Maddie [GF]</div><div>2:00 ● Bingo [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>1</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen</div><div>12:30 ● Accordion w/Jean Wert [GF]</div><div>2:00 ● Craft Hour - Apartment Door Craft [GF]</div><div>5:30 ● Holiday Open House [AF]</div></div><div>2</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>9:45 ● Trip to Heritage Hall - Hand bell Concert [L]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Trivia w/Kristen [GF]</div><div>12:15 ● Trip to Senior Center [L]</div><div>2:30 ● Afternoon Bingo with Maggie [GF]</div><div>7:00 ● Community Bluegrass [GF]</div></div><div>3</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>9:45 ● Catholic Communion [3F]</div><div>10:00 ● Shopping Trip \$\$ [L]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Cronology [GF]</div><div>1:00 ● Country Drive [L]</div><div>1:15 ● Uno [GF]</div><div>2:30 ● Unscramble w/Kristen [GF]</div><div>6:15 ● Evening Games with Ashley [GF]</div></div><div>4</div></div>	<div><div><div>9:00 ● Coffee &amp; Chit Chat with Kristen [GF]</div><div>9:30 ● Daily News [GF]</div><div>10:00 ● Music Therapy Discussion w/ Guest [3F]</div><div>11:00 ● Exercise w/ Kristen (Weights) [GF]</div><div>1:00 ● Thrift Store Thursday \$\$ [L]</div><div>3:00 ● Bible Study with Heidi and Russ [GF]</div><div>6:00 ● Bingo with Maddie [GF]</div></div><div>5</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen [GF]</div><div>1:15 ● Taboo [GF]</div><div>2:00 ● Entertainment with Tom Stringer [GF]</div><div>3:30 ● Singing Group with Charles [GF]</div><div>6:30 ● Evening Movie</div></div><div>6</div></div>	<div><div><div>9:30 ● Current Events [GF]</div><div>10:30 ● Pet Visit with Duke [GF]</div><div>11:00 ● Saturday Stretching [GF]</div><div>12:30 ● Manicures [3F]</div><div>2:00 ● Big Bucks Games [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>7</div></div>	
<div><div><div>LOCATIONS</div><div>Ground Floor-<i>GF</i></div><div>Dining Room-<i>DR</i></div><div>Third Floor-<i>3F</i></div><div>All Floors-<i>AF</i></div><div>Lobby-<i>L</i></div></div></div>	<div><div><div>9:30 ● Coffee &amp; Fellowship [GF]</div><div>10:00 ● Church Service [GF]</div><div>1:00 ● Sunday Stretch [GF]</div><div>1:30 ● Bingo [GF]</div><div>3:00 ● Cookies and Caroling [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>8</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:00 ● Sing-A-Long with Tony [GF]</div><div>11:00 ● Hangman w/Kristen</div><div>1:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>2:15 ● Creative Writing Club [3F]</div><div>3:30 ● Cranium Crunches [GF]</div><div>6:15 ● Tea &amp; Biscuits with Kristen and Taylor [3F]</div></div><div>9</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:00 ● Bible Study w/ Mr. Vandermeer [GF]</div><div>11:00 ● Trivia w/Kristen [GF]</div><div>12:15 ● Trip to Senior Center [L]</div><div>1:15 ● Exercise w/ Maggie [GF]</div><div>2:30 ● Afternoon Bingo with Maggie [GF]</div><div>7:00 ● Community Bluegrass [GF]</div></div><div>10</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>9:45 ● Catholic Communion [3F]</div><div>10:00 ● Shopping Trip \$\$ [L]</div><div>11:00 ● Fitness w/Alison Macpherson [GF]</div><div>1:00 ● Country Drive [L]</div><div>1:15 ● Uno [GF]</div><div>2:30 ● Unscramble w/Kristen [GF]</div><div>5:30 ● Trip - Bull Run Festival of Lights [L]</div></div><div>11</div></div>	<div><div><div>9:00 ● Coffee &amp; Chit Chat with Kristen [GF]</div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Dominos [GF]</div><div>1:00 ● Music with James Curry [GF]</div><div>3:30 ● Social w/Manager's [L]</div><div>6:00 ● Bingo with Maddie [GF]</div></div><div>12</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● A Capella Group - TWELVE [GF]</div><div>1:15 ● Entertainment with Jeffrey Levin [GF]</div><div>2:30 ● Art Club - Holiday Cards [GF]</div><div>3:30 ● Singing Group with Charles [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>13</div></div>	<div><div><div>9:30 ● Current Events [GF]</div><div>11:00 ● Saturday Stretching [GF]</div><div>12:30 ● Manicures [GF]</div><div>2:30 ● Caroling with St. John's Communion Class [GF]</div><div>4:30 ● Trip - Leesburg Holiday Parade - Ride the Bus! [L]</div><div>6:30 ● Evening Movie [GF]</div></div><div>14</div></div>	
<div><div><div>Happy Birthday To:</div><div>Patricia R 12/07</div><div>Helen T 12/07</div><div>Charlotte O 12/11</div><div>Pat M 12/11</div><div>Mabel R 12/22</div></div></div>	<div><div><div>9:30 ● Coffee &amp; Fellowship [GF]</div><div>10:00 ● Church Service [GF]</div><div>1:00 ● Sunday Stretch [GF]</div><div>2:00 ● Bingo [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>15</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen</div><div>1:30 ● Baking Club [3F]</div><div>3:00 ● Bible Study with Heidi and Russ [GF]</div><div>5:30 ● Trip - Bull Run Festival of Lights [L]</div><div>6:30 ● Evening Movie [GF]</div></div><div>16</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Trivia w/Kristen [GF]</div><div>12:15 ● Trip to Senior Center [L]</div><div>2:30 ● Afternoon Bingo with Maggie [GF]</div><div>7:00 ● Community Bluegrass [GF]</div></div><div>17</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>9:45 ● Catholic Communion [3F]</div><div>10:00 ● Shopping Trip \$\$ [L]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Cronology [GF]</div><div>1:00 ● Country Drive [L]</div><div>1:15 ● Uno [GF]</div><div>2:30 ● Unscramble w/Kristen [GF]</div><div>3:15 ● Visit from Tolbert Elementary - Snowmen and Singing [GF]</div><div>6:15 ● Evening Games with Ashley [GF]</div></div><div>18</div></div>	<div><div><div>9:00 ● Coffee &amp; Chit Chat with Kristen [GF]</div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Dominos [GF]</div><div>1:00 ● Thrift Store Thursday \$\$ [L]</div><div>3:30 ● Social w/Manager's [L]</div><div>6:00 ● Bingo with Maddie [GF]</div></div><div>19</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen [GF]</div><div>1:15 ● Bowling [GF]</div><div>2:30 ● Art Club [GF]</div><div>3:30 ● Singing Group with Charles [GF]</div><div>6:00 ● Celtic Dance Group [GF]</div></div><div>20</div></div>	<div><div><div>9:30 ● Current Events [GF]</div><div>10:00 ● Girl Scout Troop Visit - Caroling and Craft [GF]</div><div>1:00 ● Saturday Stretching [GF]</div><div>2:00 ● Manicures [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>21</div></div>	
<div><div><div>SENIOR LIFESTYLE</div><div>Come grow with us!</div></div></div>	<div><div><div>9:30 ● Coffee &amp; Fellowship [GF]</div><div>10:00 ● Church Service [GF]</div><div>1:00 ● Sunday Stretch [GF]</div><div>2:00 ● Bingo [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>22</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:00 ● Sing-A-Long with Tony [GF]</div><div>11:00 ● Hangman w/Kristen</div><div>1:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>2:15 ● Creative Writing Club [3F]</div><div>3:30 ● Cranium Crunches [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>23</div></div>	<div><div><div>Christmas Eve</div><div>9:30 ● Daily News [GF]</div><div>10:00 ● Bible Study w/ Mr. Vandermeer [GF]</div><div>11:00 ● Trivia w/Kristen [GF]</div><div>12:15 ● Trip to Senior Center [L]</div><div>1:15 ● Exercise with Maggie [GF]</div><div>2:30 ● Afternoon Bingo with Maggie [GF]</div><div>7:00 ● Community Bluegrass [GF]</div></div><div>24</div></div>	<div><div><div>Christmas Day</div><div>9:30 ● Daily News [GF]</div><div>9:45 ● Catholic Communion [3F]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Christmas Day Hangman [GF]</div><div>6:30 ● Evening Movie - Elf [GF]</div></div><div>25</div></div>	<div><div><div>9:00 ● Coffee &amp; Chit Chat with Kristen [GF]</div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Dominos [GF]</div><div>1:30 ● Resident Council [GF]</div><div>2:30 ● Bingo Auction [GF]</div><div>3:30 ● Social w/Manager's [L]</div><div>6:00 ● Bingo with Maddie [GF]</div></div><div>26</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen [GF]</div><div>2:30 ● December Birthday Celebration [GF]</div><div>3:30 ● Singing Group with Charles [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>27</div></div>	<div><div><div>9:30 ● Current Events [GF]</div><div>11:00 ● Saturday Stretching [GF]</div><div>1:15 ● Art Club [GF]</div><div>2:30 ● Bowling [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>28</div></div>	
<div><div><div>SENIOR LIFESTYLE</div><div>Unlimited options, Unparalleled services</div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div></div>	<div><div><div>9:30 ● Coffee &amp; Fellowship [GF]</div><div>10:00 ● Church Service [GF]</div><div>1:00 ● Sunday Stretch [GF]</div><div>2:00 ● Bingo [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>29</div></div>	<div><div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Stretch) [GF]</div><div>11:00 ● Hangman w/Kristen</div><div>1:15 ● Bean Bag Tic-Tac-Toe [GF]</div><div>2:30 ● Unscramble w/Kristen [GF]</div><div>6:30 ● Evening Movie [GF]</div></div><div>30</div></div>	<div><div><div>New Year's Eve</div><div>9:30 ● Daily News [GF]</div><div>10:15 ● Exercise w/ Kristen (Weights) [GF]</div><div>11:00 ● Trivia w/Kristen [GF]</div><div>12:15 ● Trip to Senior Center [L]</div><div>2:30 ● Afternoon Bingo with Maggie [GF]</div><div>7:00 ● Community Bluegrass [GF]</div></div><div>31</div></div>	<div><div><div>hello December</div></div></div>			<div><div><div>“December is a month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true.”</div><div>— Unknown</div></div></div>	<div><div><div>Be Inspired</div></div></div>