

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



"I'm so glad I live in a world where there are Octobers."
- L.M. Montgomery, *Anne of Green Gables*

- 10:00 ● Enhanced Chair Fitness [BEFIT] **1**
- 10:00 ● Outing: Super Walmart [L]
- 10:30 ● Pokeno [CS]
- 11:00 ● You Be The Judge [CS]
- 1:30 ● Canasta [CR]
- 2:00 ● Arts & Crafts [CS]
- 3:30 ● Happy Hour with Manny [GR]
- 6:00 ● Bingo [ER]

- 10:15 ● Enhanced Chair Fitness [BEFIT] **2**
- 10:45 ● News & Views: Discussion Group [CS]
- 11:15 ● Brunch Outing: Cracker Barrel [L]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:00 ● Pinochle [CR]
- 3:30 ● Woman's Social: Open Discussion [ER]
- 6:00 ● Dominoes [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:00 ● Ageless Grace [BEFIT] **3**
- 11:00 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Chair Dancing [ER]
- 2:15 ● Arts & Melodys with Valentin [CS]
- 3:00 ● Pinochle [CR]
- 3:30 ● Encore: Bunco [CS]
- 4:00 ● Men's Social Hour [ER]
- 6:15 ● Evening Movie: Netflix Special [CS]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **4**
- 10:45 ● Trivia Jeopardy [CS]
- 1:30 ● Bring and Brag [CR]
- 2:30 ● Games & Puzzles: HedBanz [CS]
- 3:30 ● New Resident Social [ER]
- 4:00 ● Shabbat Services: Yom Kippur [ER]
- 6:15 ● Friday Night Feature [ER]

- 10:00 ● Ageless Grace [BEFIT] **5**
- 10:30 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Bingo [ER]
- 2:30 ● Trivia [ER]
- 6:15 ● Saturday Night Feature: TBD [ER]

LOCATIONS

BE FIT Studio - BE FIT
Club Room - CR
Courtyard - C
Creative Studio - CS
Dining Room - DR
Entertainment Room - ER
Great Room - GR
Lobby - L

BIRTHDAYS THIS MONTH

10/19- Florence P.
10/27- Fanny G.
10/29- Saul C.

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Activities are subject to change

- 10:30 ● Catholic Service [ER] **6**
- 11:00 ● Ageless Grace [ER]
- 1:30 ● You Be The Judge [CS]
- 2:30 ● Balloon Volleyball [BEFIT]
- 6:15 ● Classic Movie Sunday [ER]

- 10:30 ● Catholic Service [ER] **13**
- 11:00 ● Ageless Grace [ER]
- 1:30 ● You Be The Judge [CS]
- 2:30 ● Balloon Volleyball [BEFIT]
- 6:15 ● Classic Movie Sunday [ER]

- 10:30 ● Catholic Service [ER] **20**
- 11:00 ● Ageless Grace [ER]
- 1:30 ● You Be The Judge [CS]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:30 ● Live Entertainment with Dianne [GR]
- 6:15 ● Classic Movie Sunday [ER]

- 10:30 ● Catholic Service [ER] **27**
- 11:00 ● Ageless Grace [ER]
- 1:30 ● You Be The Judge [CS]
- 2:30 ● Balloon Volleyball [BEFIT]
- 6:15 ● Classic Movie Sunday [ER]

- 10:00 ● Ageless Grace [BEFIT] **7**
- ●
- 2:00 ● Trivia(Jeopardy) [CS]
- 2:00 ● Travelogues: Tour Of Rome, Italy [ER]
- 3:00 ● American Checkers & Chess [CS]
- 4:00 ● Dominoes [CS]
- 6:15 ● Canasta [CR]
- 6:15 ● Evening Movie: TBD [ER]

- Columbus Day** **14**
- 10:00 ● Ageless Grace [BEFIT]
- 10:30 ● Autumn Mediation Garden [C]
- 11:00 ● Jewelry Trunk Show [GR]
- ● Trivia(Jeopardy) [CS]
- 2:00 ● Travelogues: Tour Of Tuscanys Grape Harvest
- 3:00 ● American Checkers & Chess [CS]
- 4:00 ● Dominoes [CS]
- 6:15 ● Canasta [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:00 ● Ageless Grace [BEFIT] **21**
- ●
- 2:00 ● Trivia(Jeopardy) [CS]
- 2:00 ● Travelogues: Tour Of Milan, Italy
- 3:00 ● American Checkers & Chess [CS]
- 4:00 ● Dominoes [CS]
- 6:15 ● Canasta [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:00 ● Ageless Grace [BEFIT] **28**
- ●
- 2:00 ● Trivia(Jeopardy) [CS]
- 2:00 ● Travelogues: Tour Of Italy, Food & Sicily [ER]
- 3:00 ● American Checkers & Chess [CS]
- 4:00 ● Dominoes [CS]
- 6:15 ● Canasta [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **8**
- 10:00 ● Outing: Pembroke Lakes Mall [L]
- 10:30 ● Pokeno [CS]
- 11:00 ● You Be The Judge [CS]
- 1:30 ● Canasta [CR]
- 2:00 ● Arts & Crafts [CS]
- 3:30 ● Happy Hour with Manny [GR]
- 6:00 ● Bingo [ER]
- 7:00 ● Evening Movie: TBD [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **15**
- 10:00 ● Outing: Dollar Tree [L]
- 10:30 ● Pokeno [CS]
- 11:00 ● You Be The Judge [CS]
- 1:30 ● Canasta [CR]
- 2:00 ● Arts & Crafts [CS]
- 3:30 ● Happy Hour with Manny [GR]
- 6:00 ● Bingo [ER]
- 7:00 ● Evening Movie: TBD [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **22**
- 10:00 ● Outing: Super Target [L]
- 10:30 ● Pokeno [CS]
- 11:00 ● You Be The Judge [CS]
- 1:30 ● Canasta [CR]
- 2:00 ● Arts & Crafts [CS]
- 3:30 ● Happy Hour with Manny [GR]
- 6:00 ● Bingo [ER]
- 7:00 ● Evening Movie: TBD [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **29**
- 10:00 ● Outing: Super Walmart [L]
- 10:30 ● Pokeno [CS]
- 11:00 ● You Be The Judge [CS]
- 1:30 ● Canasta [CR]
- 2:00 ● Food Committee Meeting [ER]
- 3:30 ● Happy Hour with Manny [GR]
- 6:00 ● Bingo [ER]
- 7:00 ● Evening Movie: TBD [ER]

- 10:15 ● Enhanced Chair Fitness [BEFIT] **9**
- 10:45 ● News & Views: Discussion Group [CS]
- 11:15 ● Brunch Outing: Jackson's Ice Cream [L]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:00 ● Pinochle [CR]
- 3:30 ● Woman's Social: Apple Cider & Tea Party [ER]
- 6:00 ● Dominoes [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:15 ● Enhanced Chair Fitness [BEFIT] **16**
- 10:45 ● News & Views: Discussion Group [CS]
- 11:15 ● Brunch Outing: Cinque Terre Italian Wine Bistro [L]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:00 ● Pinochle [CR]
- 3:30 ● Woman's Social: Open Discussion [ER]
- 6:00 ● Dominoes [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:15 ● Enhanced Chair Fitness [BEFIT] **23**
- 10:45 ● News & Views: Discussion Group [CS]
- 11:15 ● Brunch Outing: Metro Diner [L]
- 1:15 ● Pumpkin Scavenger Hunt [C]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:00 ● Pinochle [CR]
- 3:30 ● Woman's Social: Open Discussion [ER]
- 6:00 ● Dominoes [CR]
- 6:15 ● Evening Movie: TBD [ER]

- 10:15 ● Enhanced Chair Fitness [BEFIT] **30**
- 10:45 ● News & Views: Discussion Group [CS]
- 11:15 ● Brunch Outing: Hard Rock Cafe Casino [L]
- 2:30 ● Balloon Volleyball [BEFIT]
- 3:00 ● Pinochle [CR]
- 3:30 ● Woman's Social: Open Discussion [ER]
- 6:00 ● Trick Or Treat with VPK [GR]
- 7:15 ● Evening Movie: TBD [ER]

- 10:00 ● Ageless Grace [BEFIT] **10**
- 11:00 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Chair Dancing [ER]
- 1:30 ● Jessie Beauty & Skin Session [GR]
- 3:00 ● Pinochle [CR]
- 3:00 ● Programming Meeting [ER]
- 3:30 ● Encore: Bunco [CS]
- 4:00 ● Men's Social Hour [ER]
- 6:15 ● Evening Movie: Netflix Special [CS]

- 10:00 ● Ageless Grace [BEFIT] **17**
- 11:00 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Resident Council Meeting [ER]
- 2:15 ● Arts & Melodies With Lourdes [CS]
- 3:00 ● Pinochle [CR]
- 3:30 ● Encore: Bunco [CS]
- 4:00 ● Men's Social Hour [ER]
- 6:15 ● Evening Movie: Netflix Special [CS]

- 10:00 ● Ageless Grace [BEFIT] **24**
- 11:00 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Chair Dancing [ER]
- 3:00 ● Pinochle [CR]
- 3:30 ● Encore: Bunco [CS]
- 4:00 ● Men's Social Hour [ER]
- 6:15 ● Evening Movie: Netflix Special [CS]

- Halloween** **31**
- 10:00 ● Ageless Grace [BEFIT]
- 11:00 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Chair Dancing [ER]
- 3:00 ● Pinochle [CR]
- 3:30 ● Encore: Bunco [CS]
- 4:00 ● Men's Social Hour [ER]
- 4:30 ● Monster Mash Halloween Party [DR]
- 7:15 ● Evening Movie: Netflix Special [CS]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **11**
- 10:45 ● Trivia Jeopardy [CS]
- 1:30 ● Bring and Brag [CS]
- 1:30 ● Shabbat Services [ER]
- 2:30 ● Games & Puzzles: HedBanz [CS]
- 3:30 ● Happy Hour With Dan [GR]
- 6:15 ● Friday Night Feature [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **18**
- 10:45 ● Trivia Jeopardy [CS]
- 1:30 ● Bring and Brag [CS]
- 1:30 ● Shabbat Services [ER]
- 2:30 ● Games & Puzzles: HedBanz [CS]
- 3:30 ● Happy Hour With Bob [GR]
- 6:15 ● Friday Night Feature [ER]

- 10:00 ● Enhanced Chair Fitness [BEFIT] **25**
- 10:45 ● Trivia Jeopardy [CS]
- 1:30 ● Bring and Brag [CS]
- 1:30 ● Shabbat Services [ER]
- 2:30 ● Games & Puzzles: HedBanz [CS]
- 3:30 ● Happy Hour With Robin [GR]
- 6:15 ● Friday Night Feature [ER]



- 10:00 ● Ageless Grace [BEFIT] **12**
- 10:30 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Bingo [ER]
- 2:30 ● Trivia [ER]
- 6:15 ● Saturday Night Feature: TBD [ER]

- 10:00 ● Ageless Grace [BEFIT] **19**
- 10:30 ● Crossword Puzzle Challenge [CS]
- 11:00 ● Open Bible Discussion Time [ER]
- 1:15 ● Bingo [ER]
- 2:30 ● Trivia [ER]
- 6:15 ● Live Entertainment With Iris [GR]

- 10:00 ● Ageless Grace [BEFIT] **26**
- 10:30 ● Crossword Puzzle Challenge [CS]
- 1:15 ● Bingo [ER]
- 2:30 ● Trivia [ER]
- 6:15 ● Saturday Night Feature: TBD [ER]