calendar & activities

# The Sheridan at Cooper City Piccolo Place - Feel

# APR 2019

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

#### **LOCATIONS**

Living Room - *LR* Dining Room - DR Country Kitchen - CK Courtyard - CY

### **BIRTHDAYS** THIS MONTH

4/11 - Margaret C. 4/13 - Lieselotte H. 4/28 - Cora N.

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WWW.SENIORLIFESTYLE.COM Activities are subject to change

10:45 • Morning Social [LR]

3:15 • Dominoes [DR]

11:00 • iN2L: Chair Travel [LR]

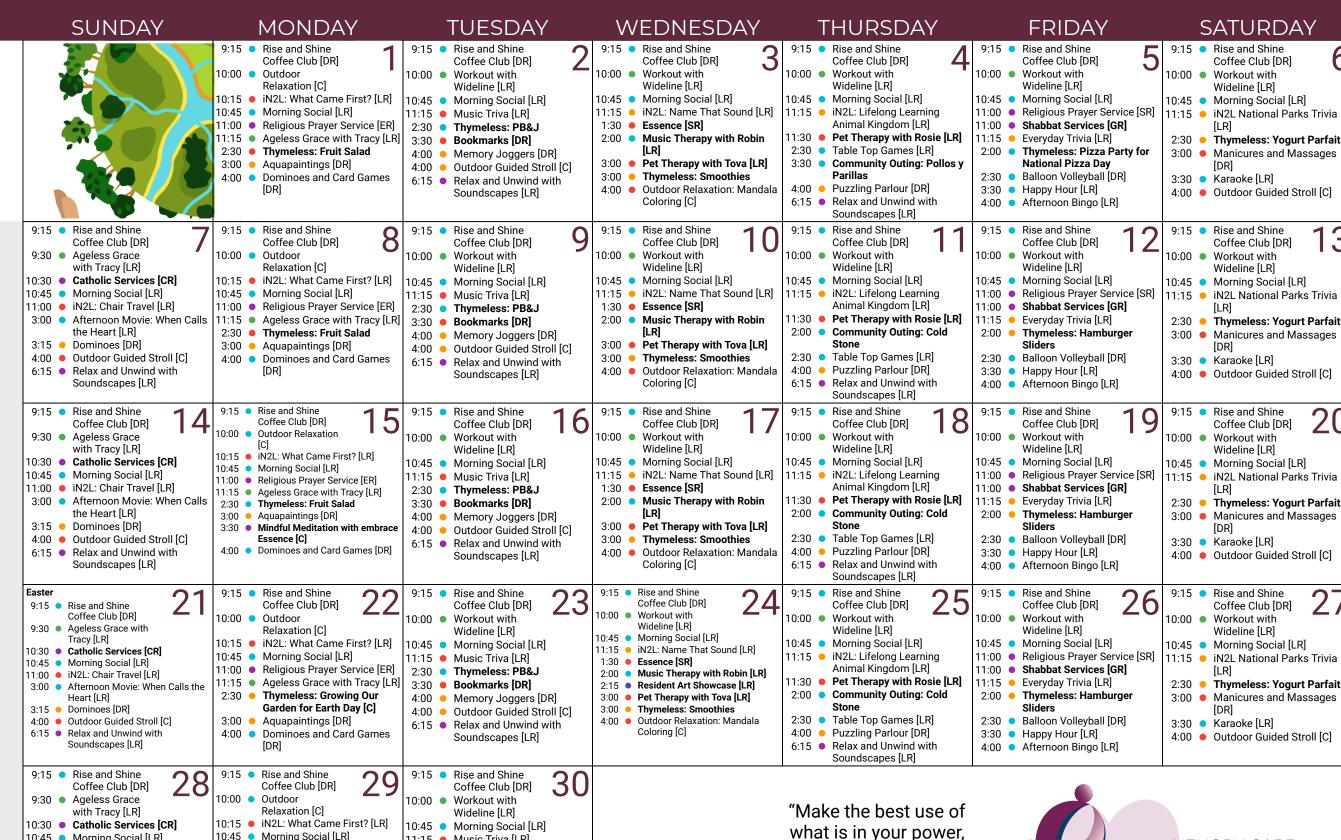
the Heart [LR]

4:00 • Outdoor Guided Stroll [C]

Soundscapes [LR]

6:15 • Relax and Unwind with

3:00 • Afternoon Movie: When Calls



11:15 • Music Triva [LR]

3:30 • **Bookmarks [DR]** 

2:30 • Thymeless: PB&J

4:00 • Memory Joggers [DR]

4:00 • Outdoor Guided Stroll [C]

Soundscapes [LR]

6:15 • Relax and Unwind with

11:00 • Religious Prayer Service [ER]

11:15 • Ageless Grace with Tracy [LR]

4:00 • Dominoes and Card Games

2:30 • Thymeless: Fruit Salad

3:30 • Creating Clay Art [DR]

3:00 • Aquapaintings [DR]

what is in your power. and take the rest as it happens."

Epictetus

