calendar & activities

The Sheridan at Cooper City Piccolo Place - Marching into Spring

FRIDAY

Coffee Club [DR]

Morning Social [LR]

Everyday Trivia [LR]

Shabbat Services [GR]

Thymeless: Fruit Salad

Balloon Volleyball [DR]Happy Hour [LR]

Afternoon Bingo [LR]

Rise and Shine

Workout with Wideline [LR]

Coffee Club [DR]

Morning Social [LR]Religious Prayer Service [SR]

Everyday Trivia [LR]

Shabbat Services [GR]

Thymeless: Fruit Salad

Balloon Volleyball [DR]Happy Hour [LR]

Afternoon Bingo [LR]

Rise and Shine

Workout with

Wideline [LR]

Happy Hour [LR]

Rise and Shine

Workout with

Wideline [LR]

Coffee Club [DR]

Morning Social [LR]

Everyday Trivia [LR]

Happy Hour [LR]

• Afternoon Bingo [LR]

Shabbat Services [GR]

Thymeless: Dips & Chips

My Life Collage Project [DR]

• Religious Prayer Service [SR]

Afternoon Bingo [LR]

Coffee Club [DR]

Morning Social [LR]

Thymeless: Fruit Salad

• Earth Day Seed Bombs [DR]

Religious Prayer Service [SR]
Everyday Trivia [LR]
Shabbat Services [GR]

• Religious Prayer Service [SR]

Rise and Shine

Workout with

Wideline [LR]

MAR 2020

- CONNECT
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Living Room - *LR*Dining Room - *DR*Country Kitchen - *CK*Courtyard - *CY*

BIRTHDAYS

3/6 DONNA TYLER 3/18 BETTY FULLER 3/21 MARIA MEDINA

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Activities are subject to change

C	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	9:15 Rise and Shine Coffee Club [DR] 10:30 Ageless Grace with Tracy [LR] 10:30 Catholic Services [CR] 10:45 Morning Social [LR] 11:00 iN2L: Chair Travel [LR] 3:00 Afternoon Movie [LR] 3:15 Dominoes [DR] 4:00 Outdoor Guided Stroll [C] 6:15 Relax and Unwind with Soundscapes [LR]	9:15 Rise and Shine Coffee Club [DR] 10:00 Outdoor Relaxation [C] 10:15 iN2L: What Came First? [LR] 10:45 Morning Social [LR] 11:00 Religious Prayer Service [ER] 11:15 Ageless Grace with Tracy [LR] 2:30 Thymeless: Fruit Salad 3:00 Aquapaintings [DR] 4:00 Dominoes and Card Games [DR]	9:15 • Rise and Shine Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • Music Triva [LR] 2:30 • Thymeless: PB&J 3:30 • Bookmarks [DR] 3:30 • Happy Hour & Music [GR] 4:00 • Memory Joggers [DR] 4:00 • Outdoor Guided Stroll [C] 6:15 • Relax and Unwind with Soundscapes [LR]	9:15 Rise and Shine Coffee Club [DR] 10:00 Workout with Wideline [LR] 10:45 Morning Social [LR] 11:15 iN2L: Name That Sound [LR] 1:30 Essence [SR] 2:00 Music Therapy with Robin [LR] 3:00 Thymeless: empanadas 4:00 Outdoor Relaxation: Mandala Coloring [C]	Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • iN2L: Lifelong Learning [LR] 2:00 • Community Outing: TBA 2:30 • Table Top Games [LR]	9:15
	Daylight Saving Time Begins 9:15 Rise and Shine Coffee Club [DR] 10:30 Ageless Grace with Tracy [LR] 10:30 Catholic Services [CR] 10:45 Morning Social [LR] 11:00 iN2L: Chair Travel [LR] 3:00 Afternoon Movie [LR] 3:15 Dominoes [DR] 4:00 Outdoor Guided Stroll [C] 6:15 Relax and Unwind with Soundscapes [LR]	9:15 Rise and Shine Coffee Club [DR] 10:00 Outdoor Relaxation [C] 10:15 iN2L: What Came First? [LR] 10:45 Morning Social [LR] 11:00 Religious Prayer Service [ER] 11:15 Ageless Grace with Tracy [LR] 2:30 Thymeless: Fruit Salad 3:00 Aquapaintings [DR] 4:00 Dominoes and Card Games [DR]	9:15 • Rise and Shine Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • Music Triva [LR] 2:30 • Thymeless: PB&J 3:30 • Bookmarks [DR] 3:30 • Happy Hour & Music [GR] 4:00 • Memory Joggers [DR] 4:00 • Outdoor Guided Stroll [C] 6:15 • Relax and Unwind with Soundscapes [LR]	9:15 • Rise and Shine Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • iN2L: Name That Sound [LR] 1:30 • Essence [SR] 2:00 • Music Therapy with Robin [LR] 3:00 • Thymeless: Smoothies 4:00 • Outdoor Relaxation: Mandala Coloring [C]	Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Girl Scout Day [LR] 11:15 • iN2L: Lifelong Learning [LR] 2:00 • Community Outing: TBA 2:30 • XBOX Bowling [LR]	9:15
	9:15 • Rise and Shine Coffee Club [DR] 10:30 • Ageless Grace with Tracy [LR] 10:30 • Catholic Services [CR] 10:45 • Morning Social [LR] 11:00 • iN2L: Chair Travel [LR] 3:00 • Afternoon Movie [LR] 3:15 • Dominoes [DR] 4:00 • Outdoor Guided Stroll [C] 6:15 • Relax and Unwind with Soundscapes [LR]	9:15 • Rise and Shine Coffee Club [DR] 10:00 • Outdoor Relaxation [C] 10:15 • iN2L: What Came First? [LR] 10:45 • Morning Social [LR] 11:00 • Religious Prayer Service [ER] 11:15 • Ageless Grace with Tracy [LR] 2:30 • Thymeless: Fruit Salad 3:00 • Aquapaintings [DR] 4:00 • Dominoes and Card Games [DR]	St. Patrick's Day 9:15 • Rise and Shine Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • Music Triva [LR] 2:30 • Thymeless: Shamrock Shakes 3:30 • Bookmarks [DR] 3:30 • Happy Hour & Music [GR] 4:00 • Memory Joggers [DR] 4:00 • Outdoor Guided Stroll [C] 6:15 • Relax and Unwind with Soundscapes [LR]	9:15 • Rise and Shine Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • iN2L: Name That Sound [LR] 1:30 • Essence [SR] 2:00 • Music Therapy with Robin [LR] 3:00 • Thymeless: Smoothies 4:00 • Outdoor Relaxation: Mandala Coloring [C]	Coffee Club [DR] 10:00 • Workout with Wideline [LR] 10:45 • Morning Social [LR] 11:15 • iN2L: Lifelong Learning [LR] 2:00 • Community Outing: TBA 2:30 • Table Top Games [LR]	9:15
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11:15 • Music Triva [LR]

2:30 • Thymeless: PB&J

3:30 • Happy Hour & Music [GR]

4:00 • Outdoor Guided Stroll [C]

Soundscapes [LR]

4:00 • Memory Joggers [DR]

6:15 • Relax and Unwind with

3:30 • Bookmarks [DR]

10:45 • Morning Social [LR]

2:30 • Thymeless: Fruit Salad

3:00 • Aquapaintings [DR]

11:00 • Religious Prayer Service [ER]

11:15 • Ageless Grace with Tracy [LR]

4:00 • Dominoes and Card Games

10:45 • Morning Social [LR]

11:00 • iN2L: Chair Travel [LR]

3:00 • Afternoon Movie [LR]

4:00 • Outdoor Guided Stroll [C]

Soundscapes [LR]

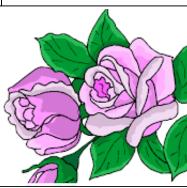
6:15 • Relax and Unwind with

3:15 • Dominoes [DR]



"The meeting of preparation with opportunity generates the offspring we call luck."

- Anthony Robbins





SATURDAY

Coffee Club [DR]

with Tracy [LR]

11:15 • iN2L National Parks Trivia

2:30 • Thymeless: Yogurt Parfait

3:00 • Manicures and Massages

4:00 • Outdoor Guided Stroll [C]

Coffee Club

10:45 • Morning Social [LR]

2:30 • Thymeless: Fresh Pie

3:00 • Manicures and Massages

4:00 • Outdoor Guided Stroll [C]

Coffee Club [DR]

with Tracy [LR]

11:15 • iN2L National Parks Trivia

2:30 • Thymeless: Yogurt Parfait

3:00 • Manicures and Massages

4:00 • Outdoor Guided Stroll [C]

Coffee Club [DR]

with Tracy [LR]

11:15 • iN2L National Parks Trivia

2:30 • Thymeless: Yogurt Parfait

3:00 • Manicures and Massages

4:00 • Outdoor Guided Stroll [C]

10:45 Morning Social [LR]

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10:45 • Morning Social [LR]

11:15 • Pi Math Quiz [LR]

3:30 • Karaoke [LR]

9:15 • Rise and Shine

10:30 • Ageless Grace

3:30 • Karaoke [LR]

9:15 • Rise and Shine

10:30 • Ageless Grace

3:30 • Karaoke [LR]

10:30 • Ageless Grace with Tracy

10:45 • Morning Social [LR]

9:15 • Rise and Shine

10:30 • Ageless Grace

3:30 • Karaoke [LR]

9:15 • Rise and Shine