

calendar & activities
DEC 2019

The Sheridan at Cooper City Lakeview – Home for the Holidays

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Living Room - *LR*
Dining Room - *DR*
Country Kitchen - *CK*
Courtyard - *CY*

BIRTHDAYS

12/1 - Charlotte M.
12/16 - Alicia M.
12/18 - Elise C.
12/19 - Janet H.

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Activities are subject to change

| | | | | | | |
|--|--|---|--|--|---|---|
| <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:30 ● Catholic Services [CR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzling Parlor [DR]</div> <div>3:00 ● Afternoon Movie: When Calls the Heart [LR]</div> <div>3:15 ● Open Card and Board Games [LR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>1</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Outdoor Relaxation [B]</div> <div>10:15 ● iN2L: What Came First? [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [ER]</div> <div>11:15 ● Ageless Grace with Tracy [LR]</div> <div>2:30 ● Thymeless: Fruit Salad</div> <div>3:30 ● Bingo [DR]</div> <div>4:00 ● Open Card and Board Games [DR]</div> <div>2</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Conversation Starters [LR]</div> <div>11:15 ● Music Trivia [LR]</div> <div>2:30 ● Table Top Games [LR]</div> <div>2:30 ● Thymeless: PB&J</div> <div>3:30 ● Balloon Volleyball [C]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>3</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Adult Coloring [LR]</div> <div>11:15 ● iN2L: Name That Sound [LR]</div> <div>2:00 ● Music Therapy with Robin [LR]</div> <div>3:00 ● Pet Therapy with Tova [LR]</div> <div>3:00 ● Thymeless: Smoothies</div> <div>3:30 ● Festival of Lights: Decorate for the Holidays [LR]</div> <div>4:00 ● Bingo [DR]</div> <div>4</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Morning Exercise with Wideline [LR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzles & Word Searches [LR]</div> <div>11:15 ● iN2L: Lifelong Learning Animal Kingdom [LR]</div> <div>11:30 ● Pet Therapy with Rosie [LR]</div> <div>2:00 ● Juan Valdez Cafe: Coffee and Cocoa</div> <div>2:30 ● Scattergories [LR]</div> <div>4:00 ● Outdoor Relaxation: Mandala Coloring [B]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>5</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [SR]</div> <div>11:15 ● Everyday Trivia [LR]</div> <div>1:30 ● Essence [SR]</div> <div>2:00 ● Shabbat Services [GR]</div> <div>2:00 ● Thymeless: Hamburger Sliders</div> <div>3:30 ● Aquapaintings [DR]</div> <div>3:30 ● Happy Hour [LR]</div> <div>6</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:15 ● iN2L National Parks Trivia [LR]</div> <div>2:30 ● Thymeless: Yogurt Parfait</div> <div>3:00 ● News and Reviews [DR]</div> <div>3:30 ● Karaoke [LR]</div> <div>4:00 ● Manicures and Massages [DR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>7</div> |
| <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:30 ● Catholic Services [CR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzling Parlor [DR]</div> <div>3:00 ● Afternoon Movie: When Calls the Heart [LR]</div> <div>3:15 ● Open Card and Board Games [LR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>8</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Outdoor Relaxation [B]</div> <div>10:15 ● iN2L: What Came First? [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [ER]</div> <div>11:15 ● Ageless Grace with Tracy [LR]</div> <div>2:30 ● Thymeless: Fruit Salad</div> <div>3:30 ● Bingo [DR]</div> <div>4:00 ● Open Card and Board Games [DR]</div> <div>9</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Conversation Starters [LR]</div> <div>11:15 ● Music Trivia [LR]</div> <div>2:30 ● Table Top Games [LR]</div> <div>2:30 ● Thymeless: PB&J</div> <div>3:30 ● Balloon Volleyball [C]</div> <div>4:00 ● Gather and Give: Holiday Cards [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>10</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Adult Coloring [LR]</div> <div>11:15 ● iN2L: Name That Sound [LR]</div> <div>2:00 ● Music Therapy with Robin [LR]</div> <div>3:00 ● Pet Therapy with Tova [LR]</div> <div>3:00 ● Thymeless: Smoothies</div> <div>4:00 ● Bingo [DR]</div> <div>6:30 ● Sunshine Kids Carolers [LR]</div> <div>11</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Morning Exercise with Wideline [LR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzles & Word Searches [LR]</div> <div>11:15 ● iN2L: Lifelong Learning Animal Kingdom [LR]</div> <div>11:30 ● Pet Therapy with Rosie [LR]</div> <div>2:00 ● Community Outing: Cold Stone</div> <div>2:30 ● Scattergories [LR]</div> <div>4:00 ● Outdoor Relaxation: Mandala Coloring [B]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>12</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [SR]</div> <div>11:15 ● Discover the Reason for the Season [LR]</div> <div>1:30 ● Essence [SR]</div> <div>2:00 ● Shabbat Services [GR]</div> <div>2:00 ● Thymeless: Hamburger Sliders</div> <div>3:30 ● Aquapaintings [DR]</div> <div>3:30 ● Happy Hour [LR]</div> <div>13</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:15 ● iN2L National Parks Trivia [LR]</div> <div>2:30 ● Thymeless: Yogurt Parfait</div> <div>3:00 ● News and Reviews [DR]</div> <div>3:30 ● Karaoke [LR]</div> <div>4:00 ● Manicures and Massages [DR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>14</div> |
| <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:30 ● Catholic Services [CR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzling Parlor [DR]</div> <div>3:00 ● Afternoon Movie: When Calls the Heart [LR]</div> <div>3:15 ● Open Card and Board Games [LR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>15</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Outdoor Relaxation [B]</div> <div>10:15 ● iN2L: What Came First? [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [ER]</div> <div>11:15 ● Ageless Grace with Tracy [LR]</div> <div>2:30 ● Thymeless: Fruit Salad</div> <div>3:30 ● Bingo [DR]</div> <div>4:00 ● Open Card and Board Games [DR]</div> <div>16</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Conversation Starters [LR]</div> <div>11:15 ● Music Trivia [LR]</div> <div>2:30 ● Table Top Games [LR]</div> <div>2:30 ● Thymeless: PB&J</div> <div>3:30 ● Balloon Volleyball [C]</div> <div>4:00 ● Hot Cocoa and Holiday Stories by the Fire [LR]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>17</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Adult Coloring [LR]</div> <div>11:15 ● iN2L: Name That Sound [LR]</div> <div>2:00 ● Music Therapy with Robin [LR]</div> <div>3:00 ● Pet Therapy with Tova [LR]</div> <div>3:00 ● Thymeless: Smoothies</div> <div>4:00 ● Bingo [DR]</div> <div>18</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Morning Exercise with Wideline [LR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzles & Word Searches [LR]</div> <div>11:15 ● iN2L: Lifelong Learning Animal Kingdom [LR]</div> <div>11:30 ● Pet Therapy with Rosie [LR]</div> <div>2:00 ● Community Outing: Cold Stone</div> <div>2:30 ● Scattergories [LR]</div> <div>4:00 ● Outdoor Relaxation: Mandala Coloring [B]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>19</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [SR]</div> <div>11:15 ● Everyday Trivia [LR]</div> <div>1:30 ● Essence [SR]</div> <div>2:00 ● Shabbat Services [GR]</div> <div>2:00 ● Thymeless: Hamburger Sliders</div> <div>3:30 ● Aquapaintings [DR]</div> <div>3:30 ● Happy Hour [LR]</div> <div>20</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:15 ● iN2L National Parks Trivia [LR]</div> <div>2:30 ● Thymeless: Yogurt Parfait</div> <div>3:00 ● News and Reviews [DR]</div> <div>3:30 ● Karaoke [LR]</div> <div>4:00 ● Manicures and Massages [DR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>21</div> |
| <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:30 ● Catholic Services [CR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzling Parlor [DR]</div> <div>3:00 ● Afternoon Movie: When Calls the Heart [LR]</div> <div>3:15 ● Open Card and Board Games [LR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>22</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Outdoor Relaxation [B]</div> <div>10:15 ● iN2L: What Came First? [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [ER]</div> <div>11:15 ● Ageless Grace with Tracy [LR]</div> <div>2:30 ● Thymeless: Fruit Salad</div> <div>3:30 ● Bingo [DR]</div> <div>4:00 ● Open Card and Board Games [DR]</div> <div>23</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Conversation Starters [LR]</div> <div>11:15 ● Music Trivia [LR]</div> <div>2:30 ● Table Top Games [LR]</div> <div>2:30 ● Thymeless: Favorite Holiday Recipes</div> <div>3:30 ● Balloon Volleyball [C]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>24</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Adult Coloring [LR]</div> <div>11:15 ● iN2L: Name That Sound [LR]</div> <div>2:00 ● Holiday Celebration with Rockin' Robin [LR]</div> <div>3:00 ● Pet Therapy with Tova [LR]</div> <div>3:00 ● Thymeless: Smoothies</div> <div>4:00 ● Bingo [DR]</div> <div>25</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Morning Exercise with Wideline [LR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Puzzles & Word Searches [LR]</div> <div>11:15 ● iN2L: Lifelong Learning Animal Kingdom [LR]</div> <div>11:30 ● Pet Therapy with Rosie [LR]</div> <div>2:00 ● Community Outing: Cold Stone</div> <div>2:30 ● Scattergories [LR]</div> <div>4:00 ● Outdoor Relaxation: Mandala Coloring [B]</div> <div>6:15 ● Relax and Unwind with Soundscapes [LR]</div> <div>26</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:00 ● Workout with Wideline [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:00 ● Religious Prayer Service [SR]</div> <div>11:15 ● Everyday Trivia [LR]</div> <div>1:30 ● Essence [SR]</div> <div>2:00 ● Shabbat Services [GR]</div> <div>2:00 ● Thymeless: Hamburger Sliders</div> <div>3:30 ● Aquapaintings [DR]</div> <div>3:30 ● Happy Hour [LR]</div> <div>27</div> | <div>9:15 Rise & Shine Coffee Club [DR]</div> <div>10:30 ● Ageless Grace with Tracy [LR]</div> <div>10:45 Morning Social [DR]</div> <div>11:15 ● iN2L National Parks Trivia [LR]</div> <div>2:30 ● Thymeless: Yogurt Parfait</div> <div>3:00 ● News and Reviews [DR]</div> <div>3:30 ● Karaoke [LR]</div> <div>4:00 ● Manicures and Massages [DR]</div> <div>4:00 ● Outdoor Guided Stroll [C]</div> <div>28</div> |
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