


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Resident Birthdays: Herman 2/12 Nancy 2/13 Joyce 2/19 Lee 2/21 Shirley W. 2/28				Due to resident preference, activities are subject to change.		9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: ORANGE GLAZED TURKEY BREAST W/ STUFFING & GREEN BEANS 1:30 Cooking Class W/ Caela 3:00 Documentary Thursday: The Boys of '36		1 9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: BEEF POT ROAST W/ CARROTS & POTATOES W/ROLL 1:30 Cooking Class W/ Zach 3:00 Documentary Thursday: Inside The Titanic 5:00 Dinner: CHICKEN STIRFRY W/ FRIED RICE AND SAUTEED VEGETABLES		2 BLUE FRIDAY!!! GO HAWKS!!! Groundhog Day 9:30 Pampered Hands: Manicures and Hand Massages 11:00 Resident Led Activity: Table Talk! 12:00 Lunch 2:00 Jerry Hobbs! 3:00 Afternoon Bingo Blast!		3 9:30 Core Strengthening Exercise! 10:00 Love on a Leash: Pet Visits 10:30 Dice Games: Yahtzee! 11:00 Table Talk: Current Events Discussion! 12:00 LUNCH 2:00 History Class With Amanda 3:00 Whiteboard Games!	
9:00 Sunday Morning Paper & Coffee 10:00 Bible Study w/ Amanda! 11:00 Core Strengthening Exercise! 12:00 LUNCH 2:00 Sunday Afternoon Praise Hymn Sing-Along! 3:00 Root Beer Float Social! 3:30 BINGO!		4 9:30 Core Strengthening Exercise! 10:00 Coffee & Chronicles! 10:00 Men's Sponsored Coffee & Donuts! 11:00 Giant Crossword Puzzle! 12:00 Lunch: GLAZED TURKEY W/ RICE PILAF AND FRESH VEGGIES 1:00 Matinee Monday's: 80 For Brady! 1:30 Scenic Drive or Shopping Trip 3:00 Afternoon Bingo Blast! 5:00 Dinner: TUNA NOODLE CASSEROLE W/ HOUSE SALAD		5 9:30 Core Strengthening Exercise! 10:00 Catholic Communion W/ Pat 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Bunco 12:00 Lunch: SALMON BURGER W/ CARROT RAISIN SALAD 2:00 Music with Gary Malner 3:00 The Importance of Hydration 5:00 Dinner: CRAB SALAD ON A CROISSANT W/FRESH VEGGIES & POTATO SALAD		6 9:30 Morning Praise Hymn Music! 10:30 Core Strengthening Exercise! 11:00 Resident Led Activity: Table Talk! 12:00 Lunch: BEEF ENCHILADA W/ SPANISH RICE & CORN 2:00 Welcome New Residents Formal Afternoon Tea 3:00 Afternoon Bingo Blast! 5:00 Dinner: CHICKEN & DUMPLINGS W/ CAESAR SALAD & BREAD STICK		7 9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: BEEF POT ROAST W/ CARROTS & POTATOES W/ROLL 1:30 Cooking Class W/ Zach 3:00 Documentary Thursday: Inside The Titanic 5:00 Dinner: CHICKEN STIRFRY W/ FRIED RICE AND SAUTEED VEGETABLES		8 BLUE FRIDAY!!! GO HAWKS!!! 9:30 Pampered Hands: Manicures and Hand Massages 11:00 Resident Led Activity: Table Talk! 11:30 Lunch Bunch: Kentucky Fried Chicken 12:00 Lunch: SWISS STEAK W/GRAVY W/ GREEN BEANS & BAKED POTATO 2:00 Giant Crossword Puzzle! 3:00 Afternoon Bingo Blast! 5:00 Dinner: SEASONED FISH W/ HOUSE SALAD & ROLL		9 9:30 Core Strengthening Exercise! 10:00 Dice Games: Yahtzee! 11:00 Table Talk: Current Events Discussion! 12:00 Lunch: TACO CASSEROLE W/CORN 2:00 History Class With Amanda 3:00 Whiteboard Games! 5:00 Dinner: BBQ PORK SLIDERS W/ FRIES & SLAW	
9:00 Sunday Morning Paper & Coffee 10:00 Bible Study w/ Amanda! 11:00 Core Strengthening Exercise! 12:00 Lunch: CHEF SALAD WITH A ROLL 2:00 Sunday Afternoon Praise Hymn Sing-Along! 3:30 Superbowl LVIII Party: CBS Ch. 6 5:00 Dinner: CHICKEN WITH STEAMED BROCCOLI AND PASTA		11 Happy Birthday Herman! 9:30 Core Strengthening Exercise! 10:00 Coffee & Chronicles! 11:00 Giant Crossword Puzzle! 12:00 Lunch 1:00 Movie Matinee! A Million Miles Away 1:30 Scenic Drive or Shopping Trip 3:00 Afternoon Bingo Blast!		12 Happy Birthday, Nancy H. Mardi Gras! 9:30 Core Strengthening Exercise! 10:00 Catholic Communion W/ Pat 10:00 Table Talk: Current Events Discussion! 11:00 Mardi Gras Parade/ Celebration! 12:00 Lunch 12:00 Men's Lunch Delivery - Fried Chicken 2:00 Dice Games: Bunco 3:00 Baking With Heart		13 Happy Valentine's Day! 9:30 Morning Praise Hymn Music! 10:00 Double Time Music! 10:30 Core Strengthening Exercise! 11:00 Resident Led Activity: Table Talk! 12:00 Lunch 1:30 Book Club W/ Adrienne: The Residence 3:00 Valentine's Day Couples Dinner & Music		14 9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: Beef Pot Roast 2:00 Let's Make a Deal Tv Ch. 6 3:00 Documentary Thursday: Amelia Earhart		15 BLUE FRIDAY!!! GO HAWKS!!! 9:30 Pampered Hands: Manicures and Hand Massages 11:00 Resident Led Activity: Table Talk! 12:00 Lunch 2:00 Jerry Hobbs! 3:00 Afternoon Bingo Blast!		16 9:30 Core Strengthening Exercise! 10:00 Dice Games: Yahtzee! 11:00 Table Talk: Current Events Discussion! 12:00 Lunch 2:00 History Class With Amanda 3:00 Whiteboard Games!	
9:00 Sunday Morning Paper & Coffee 10:00 Bible Study w/ Amanda! 11:00 Core Strengthening Exercise! 12:00 Lunch 2:00 Sunday Afternoon Praise Hymn Sing-Along! 3:00 Root Beer Float Social! 3:30 BINGO!		18 Happy Birthday Joyce! Presidents' Day 9:30 Core Strengthening Exercise! 10:00 Coffee & Chronicles! 10:00 Men's Sponsored Coffee & Donuts! 11:00 Giant Crossword Puzzle! 12:00 Lunch 1:00 Movie Matinee! Lucy & Desi 1:30 Scenic Drive or Shopping Trip 3:00 Afternoon Bingo Blast!		19 9:30 Core Strengthening Exercise! 10:00 Catholic Communion W/ Pat 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Bunco 12:00 Lunch 2:00 Music with Gary Malner 3:00 Snacking With Heart		20 Happy Birthday Lee! 9:30 Morning Praise Hymn Music! 10:30 Core Strengthening Exercise! 11:00 Resident Led Activity: Table Talk! 12:00 Lunch 1:30 Book Club W/ Adrienne: The Residence 2:00 Healthy Brain Food W/ Mandy! 3:00 Afternoon Bingo Blast!		21 9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: Pork Roast 1:30 Cooking Class W/ Adrienne 3:00 Documentary Thursday: American Teacher A Documentary On Education & Politics		22 BLUE FRIDAY!!! GO HAWKS!!! 9:30 Pampered Hands: Manicures and Hand Massages 11:00 Resident Led Activity: Table Talk! 11:30 Lunch Bunch: Round Table Pizza 12:00 Lunch 2:00 Music with Jeff Parker! 3:00 Afternoon Bingo Blast!		23 9:30 Core Strengthening Exercise! 10:00 Dice Games: Yahtzee! 11:00 Table Talk: Current Events Discussion! 12:00 Lunch 2:00 History Class With Amanda 3:00 Whiteboard Games!	
9:00 Sunday Morning Paper & Coffee 10:00 Bible Study w/ Amanda! 11:00 Core Strengthening Exercise! 12:00 Lunch 2:00 Sunday Afternoon Praise Hymn Sing-Along! 3:00 Root Beer Float Social! 3:30 BINGO!		25 9:30 Core Strengthening Exercise! 10:00 Coffee & Chronicles! 11:00 Giant Crossword Puzzle! 12:00 Lunch 1:00 Movie Matinee! Amelia(The Life of Amelia Earhart) 1:30 Scenic Drive or Shopping Trip 3:00 Afternoon Bingo Blast!		26 9:30 Core Strengthening Exercise! 10:00 Catholic Communion W/ Pat 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Bunco 12:00 Lunch 2:00 Cooking With Heart		27 Happy Birthday Shirley W.! 9:30 Morning Praise Hymn Music! 10:30 Core Strengthening Exercise! 11:00 Resident Led Activity: Table Talk! 12:00 Lunch 1:30 Book Club W/ Adrienne: The Residence 2:00 Food Service Meeting 2:30 Resident Council Meeting 3:00 Afternoon Bingo Blast!		28 9:30 Core Strengthening Exercise! 10:00 Table Talk: Current Events Discussion! 11:00 Dice Games: Yahtzee! 12:00 Lunch Carving Cart: Beef Pot Roast 1:30 Cooking Class W/ Cris 3:00 Documentary Thursday: Won't You Be My Neighbor?		29 5605 W Chestnut Ave Yakima, WA 98908 509-972-4141		