

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



THURSDAY	FRIDAY	SATURDAY
1 10:00 ● Good Morning Daily Events 11:00 ● Book Marks (A Chilling Tale) [P] AM ● Thymeless Garden Club 1:00 ● Walking Circles [FR] 2:30 ● Thymeless Snack 3:00 ● Entertainment With Georgene Barger !!!!! 4:00 ● Finish the Phrase [AR]	2 10:00 ● Good Morning Daily Events — ● Scenic Beach Tour [AR] 11:00 ● Essence 1:00 ● Gratitude Medication 2:00 Brain Games 2:15 Shabbat Services 2:30 ● Thymeless Snack 3:30 ● Alphabet Soup 4:00 ● Always or Never [CR] 6:00 ● Positive Reflection [AR] 10:30 DANCING WITH SCARF	3 10:00 ● Good Morning Daily Events 10:30 ● Morning Stretch 11:00 ● BOOK Nook [P] 1:00 ● Midday Reflection [FR] 1:00 ● TRAVEL AND EXPLORE COUNTRIES 2:00 ● Saturday Matinee 2:30 ● Thymeless Snack 4:00 ● WALKING CLUB 6:00 ● COMEDY CENTRAL

LOCATIONS

Family Room [FR]
Creative Studio [CS]
Dining Room [DR]
Patio [P]
Serenity Room [SR]

BIRTHDAYS THIS MONTH

VELOUSE 22

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
*Unlimited options,
Unparalleled services*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 10:00 ● Good Morning Daily Events 10:30 ● Sit and Stretch 10:30 ● Serenity Corner 1:00 ● Guided Relaxation 1:00 ● Midday Reflection [FR] 1:30 ● A Journey In Time 2:00 ● Movie Trivia [AR] 2:30 Sing-Along With Suzie 2:30 ● Thymeless Snack pm ● Entertainment with Roy Morano !!!!! 3:30 ● Alphabet Soup 6:00 Sunday Evening Movie	5 10:00 ● Good Morning Daily Events 10:30 ● Gentle Breathing/Stretching [FR] 11:00 ● Morning Inspiration AM ● Thymeless Garden Club 1:00 ● Learn about different dances through the decades [FR] 1:00 ● Three Of A Kind [AR] 2:00 ● Adult Art's and Crafts [AR] 2:30 ● Thymeless Snack 4:00 ● Garden Walk 4:00 ● WALKING CLUB 6:00 ● Evening Reflection	6 10:00 ● Good Morning Daily Events 10:30 ● Simply Stretch [AR] 11:00 ● Book Marks(Cashing In on a Great Idea) 11:00 ● Complete The Phrase [AR] 1:00 ● Midday Reflection [FR] 1:00 ● Movie Trivia 2:00 ● Around Town 2:30 ● Thymeless Snack 3:00 ● Happy Hour (Create your own Root Beer Float) [FR] 4:00 ● Finish The Phrase 6:00 ● Evening Movie	7 10:00 ● Good Morning Daily Events AM ● Moving to the Music 11:00 ● Common Says 1 & 2 11:00 ● Essence 2:00 ● Gratitude Garden 2:30 ● Thymeless Snack 4:00 ● Music Trivia [AR] 4:00 ● WALKING CLUB 6:00 ● Evening Movie [AR]	8 10:00 ● Good Morning Daily Events 11:00 ● Book Marks(Cashing In on a Great Idea) AM ● Thymeless Garden Club 1:00 ● Midday Reflection [FR] 2:00 ● Two Choices [AR] 2:30 ● Thymeless Snack 3:00 ● Entertainment With Georgene Barger !!!!! 4:00 ● Finish the Phrase [AR]	9 10:00 ● Good Morning Daily Events — ● Scenic Beach Tour [AR] 11:00 ● Essence 1:00 ● Gratitude Medication 2:00 Brain Games 2:15 Shabbat Services 2:30 ● Thymeless Snack 3:30 ● Alphabet Soup 4:00 ● Always or Never [CR] 6:00 ● Positive Reflection [AR]	10 10:00 ● Good Morning Daily Events 10:30 ● Morning Stretch 11:00 ● BOOK Nook [P] 1:00 ● Midday Reflection [FR] 1:00 ● TRAVEL AND EXPLORE COUNTRIES 2:00 ● Saturday Matinee 2:30 ● Thymeless Snack 4:00 ● WALKING CLUB 6:00 ● COMEDY CENTRAL
11 10:00 ● Good Morning Daily Events 10:30 ● Sit and Stretch 10:30 ● Serenity Corner 1:00 ● Guided Relaxation 1:00 ● Midday Reflection [FR] 1:30 ● A Journey In Time 2:00 ● Movie Trivia [AR] 2:30 Sing-Along With Suzie 2:30 ● Thymeless Snack pm ● Entertainment with Roy Morano !!!!! 3:30 ● Alphabet Soup 6:00 Sunday Evening Movie	12 10:00 ● Good Morning Daily Events 10:30 ● Gentle Breathing/Stretching [FR] 11:00 ● Morning Inspiration AM ● Thymeless Garden Club 1:00 ● Learn about different dances through the decades [FR] 1:00 ● Three Of A Kind [AR] 2:00 ● Adult Art's and Crafts [AR] 2:00 ● Afternoon Tea Time [FR] 2:30 ● Thymeless Snack 4:00 ● Garden Walk 4:00 ● WALKING CLUB 6:00 ● Evening Reflection	13 10:00 ● Good Morning Daily Events 10:30 ● Simply Stretch [AR] 11:00 ● Book Marks (A Chilling Tale) [P] 11:00 ● Complete The Phrase [AR] 1:00 ● Midday Reflection [FR] 1:00 ● Movie Trivia — ● Afternoon Tea Time 2:30 ● Thymeless Snack 4:00 ● Finish The Phrase 6:00 ● Evening Movie	14 10:00 ● Good Morning Daily Events AM ● Moving to the Music 11:00 ● Common Says 1 & 2 11:00 ● Essence 2:00 ● Gratitude Garden — ● Spa Day!!!!!! 2:30 ● Thymeless Snack 4:00 ● Music Trivia [AR] 4:00 ● WALKING CLUB 6:00 ● Evening Movie [AR]	15 10:00 ● Good Morning Daily Events — ● Laughing Yoga 11:00 ● Book Marks (A Chilling Tale) [P] AM ● Thymeless Garden Club 1:00 ● Midday Reflection [FR] 2:30 ● Thymeless Snack 3:00 ● Entertainment With Georgene Barger !!!!! 4:00 ● Finish the Phrase [AR]	16 10:00 ● Good Morning Daily Events — ● Scenic Beach Tour [AR] 11:00 ● Essence 1:00 ● Gratitude Medication — ● Afternoon Tea Time 2:00 Brain Games 2:15 Shabbat Services 2:30 ● Thymeless Snack 3:30 ● Alphabet Soup 4:00 ● Always or Never [CR] 6:00 ● Positive Reflection [AR]	17 10:00 ● Good Morning Daily Events 10:30 ● Morning Stretch 11:00 ● BOOK Nook [P] 1:00 ● Midday Reflection [FR] 1:00 ● TRAVEL AND EXPLORE COUNTRIES — ● Afternoon Tea Time 2:00 ● Saturday Matinee 2:30 ● Thymeless Snack 4:00 ● WALKING CLUB 6:00 ● COMEDY CENTRAL
18 10:00 ● Good Morning Daily Events 10:30 ● Sit and Stretch 10:30 ● Serenity Corner 1:00 ● Guided Relaxation 1:00 ● Midday Reflection [FR] 1:30 ● A Journey In Time — ● Afternoon Tea Time 2:00 ● Movie Trivia [AR] 2:30 Sing-Along With Suzie 2:30 ● Thymeless Snack pm ● Entertainment with Roy Morano !!!!! 3:30 ● Alphabet Soup 6:00 Sunday Evening Movie	19 10:00 ● Good Morning Daily Events 10:30 ● Gentle Breathing/Stretching [FR] 11:00 ● Morning Inspiration AM ● Thymeless Garden Club 1:00 ● Learn about different dances through the decades [FR] 1:00 ● Three Of A Kind [AR] 2:00 ● Adult Art's and Crafts [AR] — ● Afternoon Tea Time 2:30 ● Thymeless Snack 4:00 ● Garden Walk 4:00 ● WALKING CLUB 6:00 ● Evening Reflection	20 10:00 ● Good Morning Daily Events 10:30 ● Simply Stretch [AR] 11:00 ● Book Marks(Cashing In on a Great Idea) 11:00 ● Complete The Phrase [AR] 1:00 ● Midday Reflection [FR] 1:00 ● Movie Trivia — ● Afternoon Tea Time 2:30 ● Thymeless Snack 4:00 ● Finish The Phrase 6:00 ● Evening Movie	21 10:00 ● Good Morning Daily Events AM ● Moving to the Music 11:00 ● Common Says 1 & 2 11:00 ● Essence — ● Afternoon Tea Time 2:00 ● Gratitude Garden 2:30 ● Thymeless Snack 4:00 ● Music Trivia [AR] 4:00 ● WALKING CLUB 6:00 ● Evening Movie [AR]	22 10:00 ● Good Morning Daily Events 11:00 ● Book Marks(Cashing In on a Great Idea) AM ● Thymeless Garden Club 1:00 ● Midday Reflection [FR] — ● Afternoon Tea Time 2:00 ● Two Choices [AR] 2:30 ● Thymeless Snack 3:00 ● Entertainment With Gene Fabian !!!!! 4:00 ● Finish the Phrase [AR]	23 10:00 ● Good Morning Daily Events — ● Scenic Beach Tour [AR] 11:00 ● Essence 1:00 ● Gratitude Medication — ● Afternoon Tea Time 2:00 Brain Games 2:15 Shabbat Services 2:30 ● Thymeless Snack 3:30 ● Alphabet Soup 4:00 ● Always or Never [CR] 6:00 ● Positive Reflection [AR]	24 10:00 ● Good Morning Daily Events 10:30 ● Morning Stretch 11:00 ● BOOK Nook [P] 1:00 ● Midday Reflection [FR] 1:00 ● TRAVEL AND EXPLORE COUNTRIES — ● Afternoon Tea Time 2:00 ● Saturday Matinee 2:30 ● Thymeless Snack 4:00 ● WALKING CLUB 6:00 ● COMEDY CENTRAL
25 10:00 ● Good Morning Daily Events 10:30 ● Sit and Stretch 10:30 ● Serenity Corner 1:00 ● Guided Relaxation 1:00 ● Midday Reflection [FR] 1:30 ● A Journey In Time — ● Afternoon Tea Time 2:00 ● Movie Trivia [AR] 2:30 Sing-Along With Suzie 2:30 ● Thymeless Snack pm ● Entertainment with Roy Morano !!!!! 3:30 ● Alphabet Soup 6:00 Sunday Evening Movie	26 10:00 ● Good Morning Daily Events 10:30 ● Gentle Breathing/Stretching [FR] 11:00 ● Morning Inspiration AM ● Thymeless Garden Club 1:00 ● Learn about different dances through the decades [FR] 1:00 ● Three Of A Kind [AR] 2:00 ● Adult Art's and Crafts [AR] — ● Afternoon Tea Time 2:30 ● Thymeless Snack 4:00 ● Garden Walk 4:00 ● WALKING CLUB 6:00 ● Evening Reflection	27 10:00 ● Good Morning Daily Events 10:30 ● Simply Stretch [AR] 11:00 ● Book Marks (A Chilling Tale) [P] 1:00 ● Midday Reflection [FR] 1:00 ● Movie Trivia — ● Afternoon Tea Time 2:30 ● Thymeless Snack 3pm ● Banana Lovers (Banana Split Social) [FR] 4:00 ● Cirque du Soleil 4:00 ● Finish The Phrase 6:00 ● Evening Movie	28 10:00 ● Good Morning Daily Events AM ● Moving to the Music 11:00 ● Common Says 1 & 2 11:00 ● Essence — ● Afternoon Tea Time 2:00 ● Gratitude Garden 2:30 ● Thymeless Snack 4:00 ● Music Trivia [AR] 4:00 ● WALKING CLUB 6:00 ● Evening Movie [AR]	29 10:00 ● Good Morning Daily Events 11:00 ● Book Marks (A Chilling Tale) [P] AM ● Thymeless Garden Club 1:00 ● Midday Reflection [FR] — ● Bingo!!!!!! 2:30 ● Thymeless Snack 3:00 ● Entertainment With Georgene Barger !!!!! 4:00 ● Finish the Phrase [AR]	30 10:00 ● Good Morning Daily Events — ● Picnic in the Park [AR] 11:00 ● Essence 1:00 ● Gratitude Medication — ● Afternoon Tea Time 2:00 Brain Games 2:15 Shabbat Services 2:30 ● Thymeless Snack 3:30 ● Alphabet Soup 4:00 ● Always or Never [CR] 6:00 ● Positive Reflection [AR]	31 10:00 ● Good Morning Daily Events 10:30 ● Morning Stretch 11:00 ● BOOK Nook [P] 1:00 ● Midday Reflection [FR] 1:00 ● TRAVEL AND EXPLORE COUNTRIES — ● Afternoon Tea Time 2:00 ● Saturday Matinee 2:30 ● Thymeless Snack 4:00 ● WALKING CLUB 6:00 ● COMEDY CENTRAL