


Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		1320 S Miller St. Wenatchee, WA 98801 509-665-6695		Activities are subject to change due to resident preference and staffing.		“Let yourself be drawn by the stronger pull of that which you truly love.”  — Rumi		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:45 Wellness Circle Strengthening 3:30 Name Ten with Robert		Groundhog Day 9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 A Matter Of Balance with Erin Cass 12:00 Pizza & Birthday Celebrations		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Yoga 1:30 BINGO! 3:30 Marvelous Manicures & Hand Massage 6:00 (CP) Saturday Night Movie: The Princess Bride on Disney+	
9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Yoga 10:30 Communion w/ St Joseph Catholic Church 1:30 Scenic Drive 3:00 Snack Social		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Musical Chair Yoga 12:00 Chef's Special: Butter Chicken Food Education: Nutrition for Seniors 3:30 Putt Putt Golf		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Weekly Shopping 10:45 Wellness Circle: Legs & Arms 3:30 BINGO!		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Musical Exercise 1950's 1:30 Cooking Club Featured Recipe: Porcupine Balls with Adelyn G 4:00 Songs of Worship with Pastor David 5:00 Carving Cart		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Wellness Circle Strengthening 2:00 Galentines 3:30 Right Center Left Game		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Wellness Circle Chair Yoga 1:30 Cooking Class with Chef Raul 3:00 Happy Hour with Entertainment & Appetizers		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Pilates 1:30 BINGO! 3:30 Marvelous Manicures & Hand Massage	
9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Yoga 10:30 Communion w/ St Joseph Catholic Church 1:30 Scenic Drive 3:30 Super Bowl		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Coffee and Donuts: Weekly Planning Meeting 10:30 Musical Chair Yoga 12:00 Valentines Couple Lunch Food Education: Top 9 Foods for Seniors 2:00 Ping Pong 5:00 Chef's Special: Mom's Vegetarian Lasagna		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Weekly Shopping 10:45 Wellness Circle: Legs & Arms 1:30 BINGO! 2:30 Men's Only Afternoon Out 3:30 Music with Mike Bills		Valentine's Day 9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Chair Yoga 1:00 Resident Council Meeting 2:30 Afternoon Tea 3:30 Movie: The Little Rascals		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Wellness Circle Strengthening 3:30 Valetines Family Event: Chocolate Fruit Dipping		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Musical Chair Zumba 1:00 Cooking Club Featured Recipe: Cubano Sandwich with Chef Juan Happy Hour with Entertainment & Appetizers		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Pilates 1:30 BINGO! 3:30 Marvelous Manicures & Hand Massage 6:00 Saturday Night @ the Movies: Indiana Jones on Disney Plus	
9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Yoga 10:30 Communion w/ St Joseph Catholic Church 1:30 Scenic Drive 3:00 Snack Social 3:30 Trivia Challenge with Emmy		Presidents' Day 9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Coffee and Donuts: Weekly Planning Meeting 10:30 Musical Chair Yoga 12:00 Chef's Special: Custard Pie Food Education: Ideal Diet for Seniors 3:30 Putt Putt Golf		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Weekly Shopping 10:45 Wellness Circle: Legs & Arms 3:00 Men's Only In House Event: Poker 3:30 BINGO!		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Wellness Circle Core Strength 1:30 Crafting Prioject 4:00 Songs of Worship with Pastor David 5:00 Carving Cart		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:30 Wellness Circle Strengthening 1:00 Cooking Club Featured Recipe: Wings and Dings with Lucille 3:30 Name that Tune		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Musical Exercise & Wellness 1:30 Cooking Class with Chef Raul 3:00 Happy Hour with Entertainment & Appetizers		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Pilates 1:30 BINGO! 3:30 Marvelous Manicures & Hand Massage	
9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Chair Yoga 10:30 Communion w/ St Joseph Catholic Church 1:30 Scenic Drive 3:00 Snack Social 3:30 Lotion Making		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Coffee and Donuts: Weekly Planning Meeting 10:30 Musical Chair Yoga 12:00 Chef's Special: Stuffed Mushrooms Food Education: Food for Thought 2:00 Ping Pong		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Weekly Shopping 10:45 Wellness Circle: Legs & Arms 1:30 BINGO! 3:30 Music with Mike Bills		♥ Happy Rowen H.! 9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Wellness Circle Core Strength 1:30 Crafting Prioject 3:00 Musical Experience: Name that Tune		9:00 Chronicle News and Daily Schedule 9:30 Walking Club Resident Led 10:00 Wellness Circle Strengthening 10:30 Senior Center Singers 1:30 Cooking Club Featured Recipe: Nanas Berry Cobbler with Kianna 3:30 Jenga					