

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdays

Carol B. 12/9
Joyce G. 12/23
Dan B. 12/26

Location Keys

- Bistro
- Club Room
- Creative Studio
- Dining Room
- Entertainment Room
- Library
- Lobby
- Outing



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>8:30 ● Bus Leaves for Church [L] 1</p> <p>11:00 ● Church of the Resurrection Satellite Service [E]</p> <p>11:15 ● Hot Topix! [B]</p> <p>1:30 ● Exercise Fun w/Maddelyn [E]</p> <p>2:00 ● Tech Cafe [B]</p> <p>3:00 ● Jenga [L]</p> <p>3:25 ● Chiefs Game [LIB]</p> <p>4:00 ● December Crossword Puzzle [L]</p> <p>6:00 ● Sunday Night at the Movies-Somewhere In Time [E]</p>	<p>9:00 ● Walmart Outing [O] 2</p> <p>10:00 ● Balance and Endurance Exercise [E]</p> <p>10:30 ● Bible Devotions with Bob [E]</p> <p>11:00 ● Lunch out to Q39 BBQ [O]</p> <p>11:15 ● December Outings Sign-up [L]</p> <p>1:15 ● Mindful Meditation for Gaining Positive Perspective [E]</p> <p>2:00 ● Trivia [B]</p> <p>3:00 ● Armchair Travels:Canada [E]</p> <p>4:00 ● Magnificent Monday Happy Hour [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:30 ● Mug Mornings [L] 3</p> <p>10:00 ● Chair Exercise [E]</p> <p>10:30 ● Catholic Communion and Rosary [C]</p> <p>11:00 ● Hot Cocoa and Hot Topix [L]</p> <p>1:30 ● The Sheridan's Christmas Carolers Meeting [E]</p> <p>2:30 ● The Rocky Road to the Top: Sylvester Stallone [E]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● Puzzling with Friends [S]</p> <p>6:00 ● Sparkle for the Season Christmas Lights Tour [O]</p>	<p>9:30 ● Holiday Shopping at Oak Park Mall and Lunch [O] 4</p> <p>9:30 ● Walk into Wellness-1st Floor Residents</p> <p>10:00 ● Exercise with Weights [E]</p> <p>11:00 ● Walk into Wellness-2nd Floor Residents</p> <p>2:00 ● Resident Meeting [E]</p> <p>3:00 ● Alligator Shoes [DR]</p> <p>4:00 ● "Wine" Down Wednesday [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:00 ● Church of the Ascension Recorded Mass [E] 5</p> <p>10:00 ● Exercise w/ RehabCare [E]</p> <p>10:00 ● Visit with Gallagher the Dog [L]</p> <p>10:30 ● Sunrise Piano Concert! [L]</p> <p>1:30 ● Bridge [DR]</p> <p>2:00 ● Holiday Craft: Table Arrangements [S]</p> <p>3:00 ● Root Beer Float Social [B]</p> <p>3:30 ● Quarter Bingo [B]</p>	<p>10:00 ● Chair Yoga with Tessa [E] 6</p> <p>11:00 ● Happy Feet Walking Club [L]</p> <p>1:30 ● Guided Meditation for Relaxation [E]</p> <p>2:00 ● Giving the Basics Philanthropic Project [S]</p> <p>3:00 ● Carol's Video Hour: Bill Gather Holiday Classics [E]</p> <p>4:00 ● Happy Hour [B]</p> <p>6:00 ● Christmas at the Movies-Moonlight & Mistletoe [E]</p>	<p>10:00 ● Rock 'n Roll Exercise [E] 7</p> <p>11:00 ● Pearl Harbor Remembrance [E]</p> <p>1:30 ● Rick Steves' Europe-Paris & Normandy [E]</p> <p>2:30 ● 'Tis the Season Christmas Trivia [B]</p> <p>3:30 ● Quarter Bingo [B]</p> <p>6:00 ● Saturday Night at the Movies-Pearl Harbor [E]</p>		
<p>8:30 ● Bus Leaves for Church [L] 8</p> <p>11:00 ● Church of the Resurrection Satellite Service [E]</p> <p>11:15 ● Hot Topix! [B]</p> <p>1:30 ● Exercise Fun w/ Heather [E]</p> <p>2:00 ● Getting to Know You! [LIB]</p> <p>3:25 ● Chiefs Game [B]</p> <p>4:00 ● Winter Crossword Puzzle [L]</p> <p>6:00 ● Christmas at the Movies-The Homecoming [E]</p>	<p>9:30 ● HyVee Outing [O] 9</p> <p>10:00 ● Balance and Endurance Exercise [E]</p> <p>10:30 ● Bible Devotions with Bob [E]</p> <p>11:15 ● What's News? [L]</p> <p>1:15 ● Mindful Meditation for Reducing Stress and Anxiety [E]</p> <p>2:00 ● Trivia [B]</p> <p>3:00 ● Armchair Travels:Alaska [E]</p> <p>4:00 ● Magnificent Monday Happy Hour [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:30 ● Mug Mornings [L] 10</p> <p>10:00 ● Chair Exercise [E]</p> <p>10:30 ● Catholic Communion and Rosary [C]</p> <p>11:00 ● Hot Cocoa and Hot Topix [L]</p> <p>1:30 ● The Sheridan's Christmas Carolers Practice [E]</p> <p>2:30 ● Getting Crafty: Sparkly Pine Cone Wreaths [S]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● Puzzling with Friends [S]</p> <p>6:00 ● Sparkle for the Season Christmas Lights Tour [O]</p>	<p>10:00 ● Exercise with Weights [E] 11</p> <p>10:30 ● Kohl's Shopping Trip and Lunch [O]</p> <p>11:30 ● R.O.M.E.O. Men's Lunch [B]</p> <p>1:15 ● Men's Afternoon Movie: Rio Bravo [E]</p> <p>2:00 ● No Bake Baking: Fudge [B]</p> <p>3:00 ● Christmas Karaoke [E]</p> <p>4:00 ● "Wine" Down Wednesday [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:00 ● Church of the Ascension Recorded Mass [E] 12</p> <p>10:00 ● Exercise w/ RehabCare [E]</p> <p>11:00 ● Old Blue Eyes [E]</p> <p>1:30 ● Bridge [DR]</p> <p>2:00 ● Activity Meeting [E]</p> <p>3:00 ● Root Beer Float Social [B]</p> <p>4:00 ● Sparkle for the Season Holiday Open House [L]</p>	<p>10:00 ● Chair Yoga with Tessa [E] 13</p> <p>11:00 ● Happy Feet Walking Club [L]</p> <p>1:30 ● Poker [S]</p> <p>2:00 ● Giving the Basics Philanthropic Project [B]</p> <p>3:00 ● Farkle [S]</p> <p>4:00 ● Sparkle and Shine Happy Hour [B]</p> <p>5:00 ● Birthday Dinner [DR]</p> <p>6:00 ● Christmas at the Movies-The Most Wonderful Time of the Year [E]</p>	<p>10:00 ● Rock 'n Roll Exercise [E] 14</p> <p>11:00 ● 80th Anniversary of Gone With the Wind [E]</p> <p>1:30 ● Rick Steves' Europe-The United Kingdom [E]</p> <p>2:30 ● Apples to Apples [B]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● Christmas at the Movies-Christmas in Connecticut [E]</p>		
<p>8:30 ● Bus Leaves for Church [L] 15</p> <p>11:00 ● Church of the Resurrection Satellite Service [E]</p> <p>11:15 ● Hot Topix! [B]</p> <p>12:00 ● Chiefs Game [B]</p> <p>1:30 ● Exercise Fun with Maddelyn [E]</p> <p>2:00 ● Tech Cafe [B]</p> <p>3:00 ● Uno Card Game [L]</p> <p>4:00 ● Holidays Crossword Puzzle [L]</p> <p>6:00 ● Christmas at the Movies-Holiday Affair [E]</p>	<p>9:00 ● Breakfast Outing-IHop [O] 16</p> <p>10:00 ● Balance and Endurance Exercise [E]</p> <p>10:30 ● Bible Devotions with Bob [E]</p> <p>11:15 ● What's News? [L]</p> <p>1:15 ● Mindful Meditation for Inner Peace [E]</p> <p>1:30 ● Price Chopper Outing [O]</p> <p>2:00 ● Trivia [B]</p> <p>3:00 ● Armchair Travels:Ireland [E]</p> <p>4:00 ● Magnificent Monday Happy Hour [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:30 ● Mug Mornings [L] 17</p> <p>10:00 ● Chair Exercise [E]</p> <p>10:30 ● Catholic Communion and Rosary [C]</p> <p>11:00 ● Hot Cocoa and Hot Topix [L]</p> <p>1:30 ● The Sheridan's Christmas Carolers Practice [E]</p> <p>2:30 ● Gift Wrapping [S]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● Puzzling with Friends [S]</p> <p>6:00 ● Sparkle for the Season Christmas Lights Tour [O]</p>	<p>9:30 ● Union Station and Lunch Outing [O] 18</p> <p>10:00 ● Exercise with Weights [E]</p> <p>11:00 ● Sparkle for the Season Door Tour [L]</p> <p>1:30 ● Afternoon at the Movies:Mrs.Potter [E]</p> <p>2:00 ● No Bake Baking: Chocolate Covered Pretzels [B]</p> <p>3:00 ● Getting Crafty: Wine Cork Reindeer [S]</p> <p>4:00 ● "Wine" Down Wednesday [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>9:00 ● Church of the Ascension Recorded Mass [E] 19</p> <p>10:00 ● Exercise w/ RehabCare [E]</p> <p>11:00 ● Dances of the World [E]</p> <p>1:30 ● Bridge [DR]</p> <p>2:00 ● Resident Food Mtg. [E]</p> <p>3:00 ● Root Beer Float Social [B]</p> <p>3:30 ● Quarter Bingo [B]</p> <p>6:15 ● Pianist Patty [L]</p>	<p>10:00 ● Chair Yoga with Tessa [E] 20</p> <p>11:00 ● Happy Feet Walking Club [L]</p> <p>1:30 ● Guided Meditation for Progressive Muscle Relaxation [E]</p> <p>2:00 ● Giving the Basics Philanthropic Project [S]</p> <p>3:00 ● Gift Wrapping [S]</p> <p>4:00 ● Christmas Sweater Happy Hour [B]</p> <p>6:00 ● Christmas At the Movies-Elf [E]</p>	<p>10:00 ● Rock 'n Roll Exercise [E] 21</p> <p>11:00 ● Music with Steve Kakacek [DR]</p> <p>1:30 ● Rick Steves' Europe-Italy [E]</p> <p>2:30 ● Christmas Trivia [B]</p> <p>3:30 ● Quarter Bingo [B]</p> <p>6:00 ● Christmas at the Movies-White Christmas [E]</p>		
<p>8:30 ● Bus Leaves for Church [L] 22</p> <p>11:00 ● Church of the Resurrection Satellite Service [E]</p> <p>11:15 ● Hot Topix! [B]</p> <p>1:30 ● Exercise Fun with Heather [E]</p> <p>2:00 ● Christmas Coffee Talk [LIB]</p> <p>3:00 ● Table Games and More [S]</p> <p>4:00 ● Christmas Crossword Puzzle [L]</p> <p>6:00 ● Christmas at the Movies-A Christmas Carol (1984) [E]</p> <p>7:20 ● Chiefs Game [LIB]</p>	<p>9:00 ● HyVee Outing [O] 23</p> <p>10:00 ● Balance and Endurance Exercise [E]</p> <p>10:30 ● Bible Devotions with Bob [E]</p> <p>10:30 ● Catholic Communion and Rosary [C]</p> <p>11:15 ● What's News? [L]</p> <p>1:15 ● Mindful Meditation for Healing [E]</p> <p>2:00 ● Trivia [B]</p> <p>3:00 ● Armchair Travels:Chile [E]</p> <p>4:00 ● Magnificent Monday Happy Hour [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>Christmas Eve 24</p> <p>9:30 ● Mug Mornings [L]</p> <p>10:00 ● Chair Exercise [E]</p> <p>11:00 ● Hot Cocoa and Hot Topix [L]</p> <p>1:30 ● The Sheridan's Christmas Carolers Caroling in the Lobby [E]</p> <p>2:30 ● Gift Wrapping [S]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● Christmas at the Movies-It's a Wonderful Life [E]</p>	<p>Christmas Day 25</p> <p>9:00 ● Disney Parks Christmas Parade [L]</p> <p>10:00 ● Exercise Video Fun [E]</p> <p>11:00 ● Christmas Coffee Talk [L]</p> <p>1:30 ● Christmas Day Movie-Holiday Inn [E]</p> <p>2:00 ● Hot Chocolate Social [L]</p> <p>3:00 ● Jenga [L]</p> <p>4:00 ● Christmas Crossword [L]</p> <p>6:00 ● Special Christmas Movie Presentation-The Man Who Invented Christmas [E]</p>	<p>9:00 ● Church of the Ascension Recorded Mass [E] 26</p> <p>10:00 ● Exercise w/ RehabCare [E]</p> <p>11:00 ● Payson's Travel Adventures: Portugal [E]</p> <p>1:30 ● Bridge [DR]</p> <p>2:00 ● Dominoes [S]</p> <p>3:00 ● Root Beer Float Social [B]</p> <p>3:30 ● Quarter Bingo [B]</p> <p>6:15 ● Board Games and More [S]</p>	<p>10:00 ● Chair Yoga with Tessa [E] 27</p> <p>11:00 ● Happy Feet Walking Club [L]</p> <p>1:30 ● Guided Meditation for Progressive Muscle Relaxation [E]</p> <p>2:00 ● Giving the Basics Philanthropic Project [S]</p> <p>3:00 ● Apples to Apples [S]</p> <p>4:00 ● Happy Hour [B]</p> <p>6:00 ● New Year's at the Movies-Sleepless In Seattle [E]</p>	<p>10:00 ● Rock 'n Roll Exercise [E] 28</p> <p>11:00 ● A Look Back at 2019 [E]</p> <p>1:30 ● Rick Steves' Europe-Greece [E]</p> <p>2:30 ● New Year's Trivia [E]</p> <p>3:30 ● Candy Bar Bingo [B]</p> <p>6:00 ● New Year's at the Movies-While You Were Sleeping [E]</p>		
<p>8:30 ● Bus Leaves for Church [L] 29</p> <p>11:00 ● Church of the Resurrection Satellite Service [E]</p> <p>11:15 ● Hot Topix! [B]</p> <p>12:00 ● Chiefs Game [B]</p> <p>1:30 ● Exercise Fun with Maddelyn [E]</p> <p>2:00 ● Tech Cafe [B]</p> <p>3:00 ● Scrabble [L]</p> <p>4:00 ● New Years Crossword Puzzle [L]</p> <p>6:00 ● New Year's at the Movies-An Affair to Remember [E]</p>	<p>9:00 ● Bank Outing [O] 30</p> <p>10:00 ● Balance and Endurance Exercise [E]</p> <p>11:00 ● What's News? [L]</p> <p>1:15 ● Mindful Meditation to Trust the Journey [E]</p> <p>2:00 ● Trivia [B]</p> <p>3:00 ● Armchair Travels:Japan [E]</p> <p>4:00 ● Magnificent Monday Happy Hour [B]</p> <p>6:00 ● Crafty Crocheters Club [L]</p>	<p>New Year's Eve 31</p> <p>2:30 ● Candy Bar Bingo [B]</p> <p>9:30 ● Mug Mornings [L]</p> <p>10:00 ● Chair Exercise [E]</p> <p>10:30 ● Catholic Communion and Rosary [C]</p> <p>11:00 ● Hot Cocoa and Hot Topix [L]</p> <p>1:30 ● The Sheridan Singers Practice [E]</p> <p>4:00 ● Ringing in the New Year Celebration [B]</p> <p>6:00 ● Puzzling with Friends [S]</p> <p>6:00 ● Special Movie Presentation-New Year's Eve [E]</p>						

Happy Holidays