

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdays

Sam A. 8/3
Beverly S. 8/6
Cathy S. 8/12
Marion B. 8/13

Location Keys

Bistro
Club Room
Creative Studio
Dining Room
Entertainment Room
Lobby
Outing

B
C
S
DR
E
L
O



9:00 Church of the Ascension Recorded Mass [E]
10:00 Gallagher the Dog Visit [E]
10:30 Sunrise Piano Concert! [L]
1:30 Pitch Card Game [S]
2:00 One Minute to Win It [S]
3:00 Root Beer Float Social [B]
3:30 Quarter Bingo [B]
6:00 Board Games [S]

9:30 Garden Club [E]
10:00 Exercise with Weights [E]
11:00 BHU Food Trivia [B]
1:30 Giving the Basics Philanthropic Project [S]
2:15 National Ice Cream Sandwich Day Social [L]
3:00 Guided Meditation for Letting Go [E]
4:00 National Beer Day Happy Hour [B]
6:00 Western Movie Weekend-Butch Cassidy and the Sundance Kid [E]

10:00 Rock-n-Roll Exercise [E]
11:00 Tony Bennett's Birthday [E]
2:00 Watermelon on the Dining Room Patio
3:30 Bingo [B]
6:00 Western Movie Weekend-Silverado [E]

8:30 Bus Leaves for Church [L]
11:00 Church of the Resurrection Satellite Service [E]
11:15 Hot Topix! [L]
1:30 Bridge [DR]
1:30 Exercise Fun [E]
2:00 Creative Crafts-Tissue Paper Flowers [S]
3:00 Table Games [S]
4:00 August Crossword Puzzle [L]
6:00 Western Movie Weekend-Maverick [E]

10:00 Exercise w/ RehabCare [E]
10:45 Bible Devotions with Bob [E]
11:15 August Outings Sign-Up [L]
1:15 The Life of Marilyn Monroe [E]
2:00 Trivia [B]
3:00 BHU Slang 101 [E]
4:00 Margarita Monday Happy Hour [B]
6:00 Crafty Crocheters Club [B]

9:30 Mug Mornings [L]
10:00 Chair Exercise [E]
10:30 Catholic Communion and Rosary [C]
11:00 Pets For Life Visit [L]
1:30 Show me the Funny...I Love Lucy [E]
2:30 PB&J Project [B]
3:30 Candy Bar Bingo [B]
6:00 Puzzling with Friends [S]

9:30 Kansas University Natural History Museum [O]
9:30 Walk into Wellness-1st Floor Residents
10:00 Chair Yoga with Tessa [E]
11:00 Walk into Wellness-2nd Floor Residents
2:00 Resident Meeting [E]
3:00 Alligator Shoes [DR]
3:00 Target Outing [O]
4:00 "Wine" Down Wednesday [B]
6:00 Crafty Crocheters Club [L]

9:00 Church of the Ascension Recorded Mass [E]
10:00 Balance and Endurance Exercise [E]
11:00 Swing Your Partner Round and Round...Square Dancing [E]
1:30 Pitch Card Game [S]
2:00 Activity Meeting [E]
3:00 Root Beer Float Social [B]
3:30 Quarter Bingo [B]
6:15 Pianist Patty [L]

10:00 Exercise with Weights [E]
11:00 BHU Verb Generation 2 [S]
1:30 Giving the Basics Philanthropic Project [S]
2:00 Do You Remember When... President Nixon Resigned? [E]
3:00 Guided Meditation for Progressive Muscle Relaxation [E]
4:00 Happy Hour [B]
5:00 Birthday Dinner [DR]
6:00 Evening Movie-The American President [E]

10:00 Rock-n-Roll Exercise [E]
11:00 America's National Treasures Part 1 [C]
2:00 Smile... You're on Candid Camera! [E]
3:30 Bingo [B]
6:00 Fun at the Movies-Space Cowboys [E]

8:30 Bus Leaves for Church [L]
11:00 Church of the Resurrection Satellite Service [E]
11:15 Hot Topix! [L]
1:30 Bridge [DR]
1:30 Exercise Fun [E]
2:00 Tech Cafe [B]
3:00 Board Games and More [L]
4:00 Vacation Crossword Puzzle [L]
6:00 Fun at the Movies-Spiderman [E]

10:00 Exercise w/ RehabCare [E]
10:45 Bible Devotions with Bob [E]
11:15 What's News? [L]
1:15 Mindful Meditation for Gaining Positive Perspective [E]
2:00 Trivia [B]
3:00 BHU Interview and Share [S]
4:00 Mudslide Monday Happy Hour [B]
6:00 Crafty Crocheters Club [B]

9:30 Mug Mornings [L]
10:00 Chair Exercise [E]
10:30 Catholic Communion and Rosary [C]
11:00 BHU R U Stressed? [E]
1:30 Carol King Listening Party [E]
2:30 Friends helping Friends [L]
3:30 Candy Bar Bingo [B]
6:00 Puzzling with Friends [S]

9:00 Advanced Health Care Vitals Clinic [S]
10:00 Chair Yoga with Tessa [E]
11:00 RehabCare Healthy Learning Lecture [E]
11:30 R.O.M.E.O. Men's Lunch Outing-Freddy's [O]
12:00 Boot Scootin' Good Time Lunch [DR]
2:00 BHU Stress 411 [E]
3:00 Resident Ambassadors Welcome Wagon Committee Meeting [E]
4:00 "Wine" Down Wednesday [B]
6:00 Crafty Crocheters Club [L]

9:00 Church of the Ascension Recorded Mass [E]
10:00 Balance and Endurance Exercise [E]
11:00 Flower Power Hour [E]
1:30 Kings in the Corner [S]
2:00 Resident Food Mtg. [E]
3:00 Root Beer Float Social [B]
3:30 Quarter Bingo [B]
6:00 Board Games and More [S]

9:15 Morning Meditation on the Patio
10:00 Exercise with Weights [E]
11:00 BHU Word Ladder [S]
1:30 Giving the Basics Philanthropic Project [S]
2:15 You ain't nothin' but a hound dog.... [E]
3:00 Getting to know you! [E]
4:00 Hawaiian Happy Hour [B]
6:00 Evening Movie-Blue Hawaii [E]

10:00 Exercise [E]
10:30 Music with Steve Kakacek [DR]
1:00 BHU Picture Puzzles 2 [B]
2:00 Laughter Therapy [E]
3:30 Bingo [B]
6:00 Elvis Movie Weekend-Viva Las Vegas [E]

8:30 Bus Leaves for Church [L]
11:00 Church of the Resurrection Satellite Service [E]
11:15 Hot Topix! [L]
1:30 Bridge [DR]
1:30 Exercise Fun [E]
2:00 No Bake Baking [B]
3:00 Table Games [S]
4:00 Travel Crossword Puzzle [L]
6:00 Elvis Movie Weekend-Aloha From Hawaii [E]

10:00 Exercise w/ RehabCare [E]
10:45 Bible Devotions with Bob [E]
11:15 What's News? [L]
1:15 Mindful Meditation for Reducing Stress and Anxiety [E]
2:00 Trivia [B]
3:00 BHU Fact of the Day Jeopardy [E]
4:00 Happy Monday Happy Hour [B]
6:00 Crafty Crocheters Club [B]

9:30 Mug Mornings [L]
10:00 Chair Exercise [E]
10:30 Catholic Communion and Rosary [C]
11:00 When Life Gives you Lemons...Make Lemonade
12:00 Lunch with Becca
1:30 Penny Ante [S]
2:30 Do you remember when...life before televisions [E]
3:30 Candy Bar Bingo [B]
6:00 Puzzling with Friends [S]

10:00 Chair Yoga with Tessa [E]
10:30 Movie Matinee-Movie TBD [O]
11:00 The Golden Girls [E]
2:00 Senior Citizens Day Ice Cream Sundae Social [L]
3:00 Fun with Heartland Hospice [S]
4:00 "Wine" Down Wednesday [B]
6:00 Crafty Crocheters Club [L]

9:00 Church of the Ascension Recorded Mass [E]
10:00 Half Pint Heroes Mini Therapy Pony Visit [L]
11:15 What's in the Bag? [B]
1:30 Pitch Card Game [S]
2:00 Cooking Demo with Chef Tim [B]
3:00 Root Beer Float Social [B]
3:30 Quarter Bingo [B]
6:15 Pianist Patty [L]

10:00 Exercise with Weights [E]
11:00 The Life of Gene Kelley [E]
1:30 Giving the Basics Philanthropic Project [S]
2:00 Brain Health University Graduation [E]
3:00 Guided Meditation-Trust the Journey [E]
4:00 Happy Hour [B]
6:00 Gene Kelly Birthday Movie-Singin' in the Rain [E]

10:00 Rock-n-Roll Exercise [E]
11:00 Strategizing with Sequence [S]
2:00 A Man Named Jimmy Stewart [E]
3:30 Bingo [B]
6:00 Movie Salute to Jimmy Stewart-The Man Who Shot Liberty Valance [E]

8:30 Bus Leaves for Church [L]
11:00 Church of the Resurrection Satellite Service [E]
11:15 Hot Topix! [L]
1:30 Bridge [DR]
1:30 Exercise Fun [E]
2:00 Tech Cafe [B]
3:00 Board Games and More [S]
4:00 Wildlife Crossword Puzzle [L]
6:00 Fun at the Movies-Wizard of Oz [E]

10:00 Exercise w/ RehabCare [E]
10:45 Bible Devotions with Bob [E]
11:15 What's News? [L]
1:15 Mindful Meditation for Inner Peace [E]
2:00 Trivia [B]
3:00 Arm Chair Travels: Grand Teton National Park [E]
4:00 Magnificent Monday Happy Hour [B]
6:00 Crafty Crocheters Club [B]

9:30 Mug Mornings [L]
10:00 Chair Exercise [E]
10:30 Catholic Communion and Rosary [C]
11:00 Mansions, Monuments, and Masterpieces [E]
1:30 Google Earth [E]
2:30 Priceless Memories [B]
3:30 Candy Bar Bingo [B]
6:00 Puzzling with Friends [S]

10:00 Chair Yoga with Tessa [E]
10:30 Mahaffie Stagecoach and Farmstead Outing [O]
11:00 Appetizers and More [B]
2:00 Getting Crafty-Chief's Flower Pots [S]
2:30 Jenga [B]
3:00 Price Chopper Outing [O]
4:00 "Wine" Down Wednesday [B]
6:00 Crafty Crocheters Club [L]

9:00 Church of the Ascension Recorded Mass [E]
10:00 Balance and Endurance Exercise [E]
11:00 Lemonade on the Patio
1:30 Pitch Card Game [S]
2:00 Laughter Yoga [E]
3:00 Root Beer Float Social [B]
3:30 Quarter Bingo [B]
6:00 Board Games and More [L]

Adventure Camp
10:00 Depart for Adventure Camp
10:00 Exercise Video Fun [E]
11:00 Coffee Talk [L]
2:00 Puzzling with Friends [S]
4:00 Happy Hour [B]
6:00 Movie Salute to Cary Grant-Houseboat [E]

10:00 Rock-n-Roll Exercise [E]
11:00 Morning Social on the Patio
2:00 "Here's Johnny!" [E]
3:30 Bingo [B]
6:00 Comedy Night at the Movies-Runaway Bride [E]

