calendar & activities

## The Sheridan at Overland Park-"The Search is On"

# JAN 2020

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

### **Resident Birthdays**

1/8 Pat K. 1/11 Stuart L. 1/19 Payson L 1/26 Lowell T.

#### **Location Keys**

Bistro Club Room Creative Studio Dining Room **Entertainment Room** Library Lobby Outing



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	The Search is On!		New Year's Day  10:00 Video Chair Exercise [E]  11:00 Coffee Talk [L]  1:30 Movie Matinee-The Game Plan [E]  2:00 Putting the Pieces Together [S]  3:00 Alligator Shoes [DR]  4:00 New Year's Word Search Puzzle [L]  6:00 Crafty Crocheters Club [L]  6:00 New Year's Day at the Movies-Someone Like You [E]	9:00 • Church of the Ascension Recorded Mass [E]  10:00 • Exercise w/ RehabCare [E]  10:30 • Sunrise Piano Concert! [L]  1:30 • Bridge [DR]  2:00 • Ping Pong Poker [S]  3:00 • Root Beer Float Social [B]  3:30 • Quarter Bingo [B]  6:15 • Pianist Patty [L]	10:00 • Chair Yoga with Tessa [E]  11:00 • Happy Feet Walking Club [L]  1:30 • The Search is Onfor Inner Peace (meditation) [E]  2:00 • Giving the Basics Philanthropic Project [S]  3:00 • Carol's Video Hour [E]  4:00 • Happy Hour [B]  6:00 • Friday Night Flick-Letters to Juliet [E]
8:30 • Bus Leaves for Church [L]  11:00 • Church of the Resurrection Satellite Service [E]  11:15 • Hot Topix!  1:30 • Exercise Fun [E]  2:00 • Tech Cafe [B]  3:00 • Jenga [L]  4:00 • New Years Crossword Puzzle [L]  6:00 • Sunday Night at the Movies-Steel Magnolias [E]	9:30 • Walmart Outing [O] 10:00 • Balance and Endurance Exercise [E] 11:15 • January Outings Sign-up [L] 1:15 • Mindful Meditation for Gaining Positive Perspective [E] 2:00 • Trivia [B] 3:00 • Armchair Travels:Sweden [E] 4:00 • Magnificent Monday Happy Hour [B] 6:00 • Crafty Crocheters Club [L]	9:30 • Mug Mornings [L] 10:00 • Chair Exercise [E] 10:30 • Catholic Communion and Rosary [C] 11:00 • Hot Cocoa and Hot Topix [L] 1:30 • Peanut Butter and Jelly Project [B] 2:30 • The Search is onFor your Old Stomping Ground [E] 3:30 • Candy Bar Bingo [B] 6:00 • Puzzling With Friends [S]	9:30 • Hollywood Casino [O] 9:30 • Walk into Wellness-1st Floor Residents 10:00 • Exercise with Weights [E] 11:00 • Walk into Wellness-2nd Floor Residents 1:30 • Johnson County Museum [O] 2:00 • Resident Meeting [E] 3:00 • The Lawrence Welk Show [E] 4:00 • "Wine" Down Wednesday [B] 6:00 • Crafty Crocheters Club [L]	2:00 • Activity Meeting [E]	10:00 • Chair Yoga with Tessa [E]  11:00 • Happy Feet Walking Club [L]  1:30 • FreeRice Trivia [E]  2:00 • Giving the Basics Philanthropic Project [S]  3:00 • Buzz Words [S]  4:00 • Happy Hour [B]  5:00 • Birthday Dinner [DR]  6:00 • Friday Night Flick-Aladdin [E]
8:30 Bus Leaves for Church [L]  11:00 Church of the Resurrection Satellite Service [E]  11:15 Hot Topix and Hot Tea [B]  1:30 Exercise Fun [E]  2:00 Fancy Nails [S]  3:00 Uno Card Game [L]  4:00 Sports Crossword Puzzle [L]  6:00 Fun at the Movies-The Kid	9:30 Price Chopper Outing [O] 10:00 Balance and Endurance Exercise [E] 10:30 Alpha Course with Bob Day [E] 11:15 What's News? [L] 1:15 Mindful Meditation for Reducing Stress and Anxiety [E] 2:00 Trivia [B] 3:00 Armchair Travels:Scotland [E] 4:00 Magnificent Monday Happy Hour [B] 6:00 Crafty Crocheters Club [L]	9:30 • Mug Mornings [L] 10:00 • Chair Exercise [E] 10:30 • Catholic Communion and Rosary [C] 11:00 • Hot Cocoa and Hot Topix [L] 1:30 • In Search ofBig Foot and other Monsters [E] 2:30 • The Search is Onfor New Friends [B] 3:30 • Candy Bar Bingo [B] 6:00 • Puzzling With Friends [S]	9:30 • KC Automotive Museum and Lunch [0]  10:00 • Exercise with Weights [E]  11:00 • The Search is OnFor your Old Winter Clothes [L]  11:30 • R.O.M.E.O. Men's Lunch [B]  1:00 • Midweek Movie Matinee: The Searchers [E]  2:00 • No Bake Baking:Taco Dip [B]  3:00 • In Search ofNoah's Ark [E]  4:00 • "Wine" Down Wednesday [B]	9:00 • Church of the Ascension Recorded Mass [E]  10:00 • Exercise w/ RehabCare [E]  11:00 • Dances of the World [E]  1:30 • Bridge [DR]  2:00 • Resident Food Mtg. [E]  3:00 • Root Beer Float Social [B]  3:30 • Quarter Bingo [B]  6:15 • Pianist Patty [L]	10:00 • Chair Yoga with Tessa [E]  11:00 • Happy Feet Walking Club [L]  1:30 • FreeRice Trivia [E]  2:00 • Giving the Basics Philanthropic Project [S]  3:00 • Penny Ante [S]  4:00 • Happy Hour [B]  6:00 • Friday Night Flick-The Book Club [E]

#### 6:40 • NFC Championship Martin Luther King, Jr. Day Game [LIB] 9:30 • Target Outing [O]

Church [L] 11:00 • Church of the Resurrection Satellite Service [E]

11:15 • Hot Topix! 1:30 • Exercise Fun [E] 2:00 • What's Poppin'? Popcorn Social

8:30 • Bus Leaves for

DR

LIB

Ε

3:00 • Jenga [L] 3:05 • AFC Championship Game [LIB]

8:30 • Bus Leaves for

11:00 • Church of the

11:15 • Hot Topix!

Church [L]

Resurrection

4:00 • MLK Day Crossword Puzzle [L] 6:00 • Sunday Night at the Movies-Defending Your Life [E]

10:00 • Balance and Endurance Exercise [E]

10:30 • Alpha Course with Satellite Service [E] Bob Day [E] 11:15 • What's News? [L] 1:30 • Exercise Fun [E] 1:15 • Mindful Meditation to Trust 2:00 • Fancy Nails [S] the Journey [E]

10:00 

Balance and

2:00 • Trivia [B]

11:15 • What's News? [L]

**Endurance Exercise** 

10:30 • Alpha Course with Bob Day [E]

3:00 • Armchair Travels:India [E]

6:00 • Crafty Crocheters Club [L]

1:15 • Mindful Meditation for Healing [E]

4:00 • Magnificent Monday Happy Hour

2:00 • Pro Bowl [LIB] 2:00 • Trivia [B] 3:00 • Uno Card Game [S] 3:00 • Armchair Travels: Iceland [E] 4:00 January Crossword Puzzle [L] 4:00 • Magnificent Monday Happy 6:00 • Sunday Night at the Movies-A Hour [B] Country Wedding [E] 6:00 • Crafty Crocheters Club [L]

9:30 • Mug Mornings 10:00 • Chair Exercise [E] 10:30 • Catholic Communion and

> 11:00 • Hot Cocoa and Hot Topix 2:00 • The Search is On...for The Sheridan's Most Talented Residents [L]

9:30 • Mug Mornings

10:00 • Chair Exercise [E]

Rosary [C]

Project [B]

3:30 • Candy Bar Bingo [B]

Rosary [C]

10:30 • Catholic Communion and

11:00 • Hot Cocoa and Hot Topix

1:30 • Peanut Butter and Jelly

2:30 • Getting to Know You [LIB]

6:00 • Puzzling With Friends [S]

3:30 • Candy Bar Bingo [B] 6:00 • Puzzling With Friends [S] 9:30 • The Search is On..for the Best Bargain at **Turnstyles Thrift** Store and Lunch [0]

4:00 • "Wine" Down Wednesday [B] 6:00 • Crafty Crocheters Club [L]

9:30 • Breakfast Outing:

IHOP [O]

Weights [E]

11:00 • The Search is On...for your

1:30 • Movie Matinee Outing [0]

3:00 • In Search of...The Trues

4:00 • "Wine" Down Wednesday [B]

6:00 • Crafty Crocheters Club [L]

Favorite Classical Musician

Stories of Robin Hood [E]

10:00 • Exercise with

2:00 • Scrabble [B]

10:00 • Exercise with Weights [E] 11:00 • Yahtzee! [S] 2:00 • No Bake Baking: Peanut

Butter Balls [B] In Search of...The Lost City of Atlantis [E] 4:00 • "Wine" Down Wednesday [B]

6:00 • Crafty Crocheters Club [L]

10:00 • Exercise w/ RehabCare [E] 11:00 • I Spy [S] 1:30 • Bridge [DR] 2:00 • The Beatles-Parting Ways [E] 3:00 • Root Beer Float Social [B] 3:30 • Quarter Bingo [B]

6:00 • Board Games and More [S]

9:00 • Church of the

11:00 - Payson's Fishing

1:30 • Bridge [DR]

9:00 • Church of the

2:00 • Dominoes [S]

3:30 • Quarter Bingo [B]

Ascension

Recorded Mass

Ascension

Recorded Mass

10:00 • Exercise w/ RehabCare [E]

Adventures [E]

3:00 • Root Beer Float Social [B]

6:15 • Board Games and More

10:00 • Chair Yoga with Tessa [E] 11:00 • Happy Feet Walking Club [L] 1:30 • FreeRice Trivia [E] 2:00 • Giving the Basics 3:00 • Apples to Apples [S]

Philanthropic Project [S] 4:00 • Happy Hour [B] 6:00 • Friday Night Flick-Ant Man [E]



SATURDAY

Movie Stars of Old-

Gregory Peck [E]

1:30 • Alaska's Dynamic Aurora

3 10:00 • Rock 'n Roll

11:00 • In Search of

2:30 • Mad Libs [B]

10:00 Rock 'n Roll

11:00 • In Search of

10:00 • Rock 'n Roll Exercise [E] 11:00 • Music with Steve Kakacek [DR]

3:30 • Candy Bar Bingo [B]

6:00 • Saturday Night at the

Neighbor [E]

Exercise [E]

1:30 • Over America [E]

3:30 • Quarter Bingo [B]

2:45 • Ping Pong Poker [S]

6:00 • Saturday Night at the

Movies-Won't You Be My

Movie Stars of Old-

Movies-Sabrina (1995)

In Search of Movie Stars of

Old-William Holden [E]

1:30 • The Martin Luther King Jr.

Whodunnit?! [S] 3:30 • Candy Bar Bingo [B]

6:00 • Saturday Night at the Movies-

Movie Stars of Old-

1:30 • The Search is On...Family

Scavenger Hunt [L]

Movies-The American

Barbara Stanwyck [E]

Story [E]

2:30 • Clue-The Search for

Selma [E]

Exercise [E]

3:30 • Quarter Bingo [B]

6:00 • Fun at the Movies [E]

6:00 • Saturday Night at the

10:00 • Rock 'n Roll

11:00 • In Search of

Joan Crawford [E]

Chair Yoga with

Walking Club [L]

Philanthropic Project [S]

Brain Boosting Puzzles [S]

Tessa [E]

1:30 • FreeRice Trivia [E]

2:00 • Giving the Basics

4:00 • Happy Hour [B]

13 [E]

3:00 • The Search is On...for

6:00 Friday Night Flick-Ocean's

11:00 • Happy Feet

10:00