calendar & activities

## The Sheridan at Overland Park-"Contribute and Gratitude for Quality of Life"

NOV 2019 **SUNDAY TUESDAY THURSDAY** MONDAY WEDNESDAY FRIDAY SATURDAY 10:00 • Exercise with 10:00 Rock and Roll Weights [E] Exercise CONNECT 11:00 • Happy Feet 11:00 • Book Lover's Walking Club [L] Day Hooked on Books CONTRIBUTE 1:30 • Carol's Video Hour:Bill Club [LIB] Gather [E] FEEL 1:30 • Apples to Apples [S] Trivia with FreeRice.com [E] 2:30 • Biography: Annette Armchair Travels: Niagara GROW Funicello [E] Falls [E] 3:30 • Candy Bar Bingo [B] MOVE 4:00 • Happy Hour [B] 6:00 • Saturday Night at the 6:00 • Musical Movie Night-An Movies-Gone With the REFLECT American in Paris Wind Part1 [E] Daylight Saving Time Begins 9:30 • CVS Outing [0] **Election Day** 9:30 • Casino Outing 9:00 • Church of the 10:00 • Exercise with 10:00 Rock and Roll 10:00 • Exercise w/ Weights [E] 8:30 • Bus Leaves for 9:00 • Trip to the Polls Ascension Exercise RehabCare [E] Recorded Mass 11:00 • Happy Feet 9:30 • Walk into 11:00 Chaos Never Church of the 10:45 Bible Devotions with Walking Club [L] 10:00 • Chair Exercise [E] Wellness-1st Floor Dies Day/Laugh Therapy Resident Birthdays Resurrection Satellite Service [E] Bob [E] 10:00 Balance and Endurance 1:30 • Poker [S] 10:30 • Catholic Communion and Residents 11:15 • November Outings Sign-Up [L] 11:15 • Hot Topix! [B] Exercise [E] 2:00 • Trivia with FreeRice.com [E] Rosary [C] 10:00 • Chair Yoga with Tessa [E] 1:30 • Rummicube [0] 1:15 • King Tut Day: The Mysteries of 12:00 • Chiefs Watch Party [B] Sunrise Piano Concert! [L] 10:30 3:00 • Armchair Travels: The Greek 11:00 • Play Monopoly Day [S] 11:00 • Walk into Wellness-2nd 2:30 • Biography: The Real 1:30 • Exercise Fun [E] 1:30 • Bridge [DR] Islands and Athens [E] 11/1 Barbara P. 2:00 • Trivia [B] 1:30 .comSeniors: Move! Fitness Floor Residents 2:00 • Tech Cafe [B] Scarface-Al Capone [E] **Beyond Boundaries [E]** 2:00 .comSeniors: Lasting 4:00 • Happy Hour [B] 2:30 • Bank Outing [0] 2:00 • Resident Meeting [E] 3:00 • Jenga [L] 3:30 • Quarter Bingo [B] Judy B. **Memories-Create A** 11/2 5:00 • Birthday Dinner [DR] 3:00 • Mindful Meditation for Gaining 2:30 • Thank our Volunteers Social 4:00 November Crossword Puzzle [L] 3:00 • Alligator Shoes [DR] Shutterfly Book [E] 6:00 • Satuday Night at the Positive Perspective [E] 6:00 • Musical Movie Night-6:00 • Sunday Night at the Movies--Gone 4:00 • "Wine" Down Wednesday [B Sherry L. 11/4 3:00 • Root Beer Float Social [B] Movies-Driving Miss Daisy 4:00 • Magnificent Monday Happy Hour With the Wind Part2 [E] 3:30 • Candy Bar Bingo [B] Oklahoma [E] 6:00 • Crafty Crocheters Club [L] 3:30 • Quarter Bingo [B] 6:00 • Puzzling with Friends [S] Gert L. 11/7 6:00 • Crafty Crocheters Club [L] 6:15 • Pianist Patty [L] 10:00 Rock and Roll 11/7 Ron E. 8:30 • Bus Leaves for **Veterans Day** 9:30 • Mug Mornings [L] 10:00 • Chair Yoga with 9:00 • Church of the 10:00 • Exercise with Church [L] 10:00 • Chair Exercise [E] Tessa [E] Weights [E] Ascension Exercise 9:30 • HyVee Outing [O] 11/9 Eugene C. 11:00 • Church of the 10:00 • Exercise w/ 1:00 • Happy Feet 10:30 • Catholic Recorded Mass 10:30 • Music with Resurrection Communion and Rosary [C] **Lunch Outing [0]** Walking Club [L] RehabCare [E] Steve Kakacek [DR] 11/12 Keith L Satellite Service [E] 10:45 • Healthy Learning Lecture [E] 1:30 .comSeniors: Conversation 11:00 • Pets For Life [L] 10:45 • Bible Devotions with Bob [E] 10:00 • Balance and Endurance 1:30 • James Garner Biography 11:15 • Hot Topix! [B] Beyond Boarders [E] 11:30 • R.O.M.E.O. Men's Lunch [B] 1:30 .comSeniors: Senior Selfies 11:15 • What's News? [L] 11/18 Fern B. Exercise [E] 2:00 • Trivia with FreeRice.com [E] 12:00 • Chiefs Watch Party [B] Art at Arm's Length [E] 1:45 • Midweek Movie Matinee: The 1:15 • Mindful Meditation for 2:30 • Puzzling with Friends [S] 11:00 • Learn to Folk Dance [E] 1:30 • Exercise Fun [E] 2:30 • Chicken Soup for the Soul [E] Lion King [E] 3:00 • Armchair Travels: Sydney 11/19 Beth J. Healing [E] 1:30 • Bridge [DR] 3:30 • Candy Bar Bingo [B] Harbour [E] 2:00 • Creative Crafts [S] 2:00 • Veteran's Day Program [E] 3:30 • Candy Bar Bingo [B] 2:30 • Giving the Basics 2:00 • Activity Meeting [E] 6:00 • Saturday Night at the Philanthropic Project [S] 4:00 • Happy Hour [B] 3:00 • Table Games and More [B] 6:00 • Puzzling with Friends [S] 3:00 • Veteran's Wall dedication 3:00 • Root Beer Float Social [B] Movies-Chariots of Fire [E] 6:00 • Musical Movie Night-Seven 4:00 • "Wine" Down Wednesday [B] 4:00 • Veteran's Day Crossword 4:00 • Magnificent Monday Happy 3:30 • Quarter Bingo [B] Brides for Seven Brothers [E] 6:00 • Crafty Crocheters Club [L] Puzzle [L] Hour [B] 6:15 • Boards Games and More Sunday Night at the Movies-6:00 • Crafty Crocheters Club [L] Ben-Hur (1959) [E] 10:00 • Chair Yoga with 9:30 • Mug Mornings 8:30 • Bus Leaves for 9:30 • Price Chopper Outing 9:00 • Church of the 10:00 • Exercise with 10:00 Rock and Roll **Location Keys** Tessa [E] Church [L] Ascension Weights [E] Exercise 10:00 • Exercise w/ 10:30 Johnson County Recorded Mass 11:00 • Church of the 10:00 • Chair Exercise [E] 11:00 • Happy Feet Bistro 11:00 • Apples to RehabCare [E] Resurrection Museum and 10:30 • Catholic Communion and Walking Club [L] 10:45 • Bible Devotions with Bob [E] Apples [S] Club Room Satellite Service [E] Lunch [0] 10:00 • Balance and Endurance 1:30 .comSeniors: Mindfulness Rosary [C] 11:15 • What's News? [L] 1:30 • Biography: General 11:15 • Hot Topix! [B] 11:00 • Getting to Know You [LIB] 11:00 • Helping Hands PB&J Exercise [E] Creative Studio Journey [E] 1:15 • Mindful Meditation for Reducing George Patton [E] 1:45 • Midweek Movie Matinee: The 1:30 • Exercise Fun [E] 11:00 Payson's Travel 2:00 • Trivia with FreeRice.com [E] Stress and Anxiety [E] Project [B] DR **Dining Room** Art of Dancing in the Rain [E] 2:00 • Tech Cafe [B] 2:30 • Apples to Apples [S] 2:00 • Trivia [B] 1:30 .comSeniors: Surfin' USA Adventures: London [E] 3:00 • Armchair Travels: New York Giving the Basics **Entertainment Room** Ε 3:00 • Uno Card Game [L] 1:30 • Bridge [DR] 3:30 • Ouarter Bingo [B] 2:30 • Bank Outing [O Philanthropic Project [S] 4:00 • Time Crossword Puzzle [L] 3:00 • The History of Mickey Mouse [E] 2:00 • Resident Food Mtg. [E] 2:30 • Gratitude Walk [L] 4:00 • Happy Hour [B] 6:00 • Saturday Night at the Library 6:00 • Sunday Night at the Movies-4:00 • Magnificent Monday Happy Hour 4:00 • "Wine" Down Wednesday [B] 3:00 • Root Beer Float Social [B] 6:00 Musical Movie Night-Singin' 3:30 • Candy Bar Bingo [B] Movies-Cinderella Lobby 6:00 • Crafty Crocheters Club [L] Splendor in the Grass [E] 3:30 • Quarter Bingo [B] in the Rain [E] 6:00 • Puzzling with Friends [S] 6:00 • Crafty Crocheters Club [L] (2015) [E] Outing 6:15 • Pianist Patty [L] 7:15 • Chiefs Game 8:30 • Bus Leaves for 9:30 • Walmart Outing [0] 9:30 • Mug Mornings 10:00 • Chair Yoga with Thanksgiving 10:00 • Exercise with 10:00 Rock and Roll 10:00 • Exercise w/ Tessa [E] 8:00 • Macy's Thanksgiving Church [L] Weights [E] Exercise RehabCare [E] Day Parade [L] Church of the **KC Auto Museum** 10:00 • Chair Exercise 11:00 • The Day After 11:00 Hooked on 10:45 • Bible Devotions with 0:00 • Exercise Fun [E] Resurrection and Lunch [0] Thanksgiving with Ozzy **Books Book Club** Bob [E] 11:00 • Puzzling with Friends [S] Satellite Service [E] 11:00 No Bake Baking: Caramel and Harriet [E] 10:30 • Catholic Communion and What's News? [L] 1:30 • Bridge [DR] 1:30 • That's Entertainment-11:30 • Family Appreciation Apples [B] 1:15 • Mindful Meditation to Trust the Rosarv [C] 1:30 • Bob Hope: Thanks for the 2:00 • Thanksgiving Day Movie-A MGM Musicals [E] Thanksgiving Brunch [DR] 1:45 • Midweek Movie Mania: Journey [E] 11:00 • Pets For Life [L] Walton's Thanksgiving Reunion [E Memories [E] 2:00 • Creative Crafts [S] Blinded by the Light [E] 2:30 • Apples to Apples [S] 2:00 • Trivia [B] 3:00 • Crossword Puzzles [L] 1:30 • Casablanca In An Hour [E] 2:30 Trivia with FreeRice.com 3:00 • Table Games and More [S] Giving the Basics 2:30 • Errands Outing [O] 3:30 • Candy Bar Bingo [B] 6:00 • Thanksgiving Night at the Movies 2:30 • The Queen of Rock-n-Roll 4:00 • Thanksgiving Crossword Philanthropic Project [S] 3:00 • It's Poppin' Popcorn Social [L] Miracle on 34th Street (1947) [E] 6:00 • Saturday Night at the 3:00 • Puzzling with Friends 4:00 • "Wine" Down Wednesday [B] Puzzle [L] 4:00 • Magnificent Monday Happy Hour Movies-The Best Years 3:30 • Candy Bar Bingo [B] 4:00 • Happy Hour [B] 6:00 • Fun at the Movies [E] 6:00 • Crafty Crocheters Club [L] of Our Lives [E] 6:00 • Crafty Crocheters Club [L] 6:00 • Puzzling with Friends [S] 6:00 • Evening Movie-Holiday 6:00 • Musical Movie Night-Annie Get Your Gun [E] Engagement [E]