

April 2022		Monthly Activities													
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div>		<div><div>Resident Birthdays</div><div>Carol P. 4/1</div><div>Robert G. 4/12</div><div>Charlotte C. 4/13</div><div>Linda M. 4/14</div><div>Julia H. 4/27</div></div>		<div></div>		<div></div>		<div><p>PODIATRIST AND DENTIST</p><p>BOTH HERE THIS MONTH</p></div>		<div></div>		<div><div>April Fool's Day 1</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Yoga [ER]</div><div>10:30 ● Catholic Communion [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Creative Cuisine with Connie</div><div>2:00 ● Wii Bowling [ER]</div><div>3:15 ● Entertainment [DR]</div></div>		<div><div>2</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Jenga [ER]</div><div>1:00 ● Movie Matinee [ER]</div><div>3:00 ● Yahtzee [ER]</div></div>	
<div><div>THE SHERIDAN</div><div>AT LAUMEIER PARK</div><div>a Senior Lifestyle community</div></div> <div><div>● CONNECT</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div> <div><div>Location Keys</div><div>Apartment</div><div>Creative Studio</div><div>Den</div><div>Dining Room</div><div>Entertainment Room</div><div>Great Room</div><div>Patio</div></div>		<div><div>3</div><div>9:00 ● Daily Chronicles [A]</div><div>9:00 ● TV Mass - channel 189 [A]</div><div>9:30 ● Sit Down &amp; Tone Up Exercise [ER]</div><div>1:00 ● Wii Bowling [ER]</div><div>2:00 ● Movie Matinee [ER]</div><div>3:00 ● Puzzle Pals [D]</div></div>		<div><div>4</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Tai Chi with Herb [ER]</div><div>10:30 ● Tenzi Dice Game [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● You Be The Judge [ER]</div><div>3:00 ● Social Sips [GR]</div><div>4:00 ● Paperback Swap [ER]</div></div>		<div><div>5</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Strength &amp; Stretching with Meagan [ER]</div><div>10:30 ● Dominoes [ER]</div><div>1:00 ● Brain Health U [ER]</div><div>2:00 ● Comedy Central [ER]</div><div>4:00 ● Game Shows Galore [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Quarter Bingo</div></div>		<div><div>6</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Bible Study with Micah [ER]</div><div>11:30 ● Pasta House Outing [GR]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Pokemo with Tish [ER]</div><div>3:00 ● Activity Meeting [ER]</div><div>4:00 ● Men's Club [ER]</div><div>6:00 ● Movie Night [ER]</div></div>		<div><div>7</div><div>Salon Day</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Vitality Ballet Exercise [ER]</div><div>10:30 ● Mexican Train [ER]</div><div>1:00 ● Ceramics [CS]</div><div>2:00 ● Dining Discusion [ER]</div><div>3:00 ● Resident Council [ER]</div><div>4:00 ● Puzzle Pals [D]</div></div>		<div><div>8</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Yoga [ER]</div><div>10:30 ● Cards and Conversation [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Creative Cuisine with Connie</div><div>2:00 ● Wii Bowling [ER]</div><div>3:15 ● Entertainment [DR]</div></div>		<div><div>9</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Jenga [ER]</div><div>1:00 ● Movie Matinee [ER]</div><div>3:00 ● Yahtzee [ER]</div></div>	
		<div><div>10</div><div>9:00 ● Daily Chronicles [A]</div><div>9:00 ● TV Mass - channel 189 [A]</div><div>9:30 ● Sit Down &amp; Tone Up Exercise [ER]</div><div>1:00 ● Wii Bowling [ER]</div><div>2:00 ● Movie Matinee [ER]</div><div>3:00 ● Puzzle Pals [D]</div></div>		<div><div>11</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Tai Chi with Herb [ER]</div><div>10:30 ● Tenzi Dice Game [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● You Be The Judge [ER]</div><div>3:00 ● Social Sips [GR]</div><div>4:00 ● Paperback Swap [ER]</div></div>		<div><div>12</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Strength &amp; Stretching with Meagan [ER]</div><div>10:30 ● Dominoes [ER]</div><div>1:00 ● Brain Health U [ER]</div><div>2:00 ● Comedy Central [ER]</div><div>4:00 ● Game Shows Galore [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Quarter Bingo</div></div>		<div><div>13</div><div>Enable Dental</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Bible Study with Micah [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Libby's Garden Club [P]</div><div>3:00 ● Jenga [ER]</div><div>6:00 ● Movie Night [ER]</div></div>		<div><div>14</div><div>Salon Day</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Vitality Ballet Exercise [ER]</div><div>10:30 ● Mexican Train [ER]</div><div>1:00 ● Chimes with Troy [ER]</div><div>2:00 ● Kelly's Jewelry Creations [CS]</div><div>3:00 ● Facebook Fun [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Game Night [CS]</div></div>		<div><div>15</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Yoga [ER]</div><div>10:30 ● Cards and Conversation [ER]</div><div>1:00 ● Meditation [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Creative Cuisine with Connie</div><div>2:00 ● Wii Bowling [ER]</div><div>3:15 ● Entertainment [DR]</div></div>		<div><div>16</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Jenga [ER]</div><div>1:00 ● Movie Matinee [ER]</div><div>3:00 ● Yahtzee [ER]</div></div>	
		<div><div>17</div><div>Easter</div><div>9:00 ● Daily Chronicles [A]</div><div>9:00 ● TV Mass - channel 189 [A]</div><div>9:30 ● Sit Down &amp; Tone Up Exercise [ER]</div><div>1:00 ● Wii Bowling [ER]</div><div>2:00 ● Movie Matinee [ER]</div><div>3:00 ● Puzzle Pals [D]</div></div>		<div><div>18</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Tai Chi with Herb [ER]</div><div>10:30 ● Tenzi Dice Game [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● You Be The Judge [ER]</div><div>3:00 ● Social Sips [GR]</div><div>4:00 ● Paperback Swap [ER]</div></div>		<div><div>19</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Strength &amp; Stretching with Meagan [ER]</div><div>10:30 ● Dominoes [ER]</div><div>1:00 ● Brain Health U [ER]</div><div>2:00 ● Comedy Central [ER]</div><div>4:00 ● Game Shows Galore [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Quarter Bingo</div></div>		<div><div>20</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● History Museum Outing [GR]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Bible Study with Micah [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Active Aging with Knee Pain with Callie [ER]</div><div>3:00 ● Yahtzee</div><div>4:00 ● Men's Club [ER]</div><div>6:00 ● Movie Night [ER]</div></div>		<div><div>21</div><div>Salon Day</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Vitality Ballet Exercise [ER]</div><div>10:30 ● Mexican Train [ER]</div><div>1:00 ● Church Service - Pastor Ed [ER]</div><div>2:00 ● Chef on Display [CS]</div><div>3:30 ● Estate Planning [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Game Night [CS]</div></div>		<div><div>22</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Yoga [ER]</div><div>10:30 ● Catholic Communion [ER]</div><div>10:30 ● Church Service - Pastor Krenz [CS]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Creative Cuisine with Connie</div><div>2:00 ● Wii Bowling [ER]</div><div>3:15 ● Entertainment [DR]</div></div>		<div><div>23</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Jenga [ER]</div><div>1:00 ● Movie Matinee [ER]</div><div>3:00 ● Yahtzee [ER]</div></div>	
		<div><div>24</div><div>9:00 ● Daily Chronicles [A]</div><div>9:00 ● TV Mass - channel 189 [A]</div><div>9:30 ● Sit Down &amp; Tone Up Exercise [ER]</div><div>1:00 ● Wii Bowling [ER]</div><div>2:00 ● Movie Matinee [ER]</div><div>3:00 ● Puzzle Pals [D]</div></div>		<div><div>25</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Tai Chi with Herb [ER]</div><div>10:30 ● Tenzi Dice Game [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● You Be The Judge [ER]</div><div>3:00 ● Social Sips [GR]</div><div>4:00 ● Paperback Swap [ER]</div></div>		<div><div>26</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Strength &amp; Stretching with Meagan [ER]</div><div>10:30 ● Dominoes [ER]</div><div>1:00 ● Brain Health U [ER]</div><div>2:00 ● Comedy Central [ER]</div><div>4:00 ● Game Shows Galore [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Quarter Bingo</div></div>		<div><div>27</div><div>Podiatrist</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Lone Elk Park Outing [GR]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Bible Study with Micah [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Ladies Sip &amp; Chat with Alice [ER]</div><div>3:00 ● Jenga [ER]</div><div>4:00 ● Men's Club [ER]</div><div>6:00 ● Movie Night [ER]</div></div>		<div><div>28</div><div>Salon Day</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Vitality Ballet Exercise [ER]</div><div>10:30 ● Mexican Train [ER]</div><div>1:00 ● Chimes with Troy [ER]</div><div>2:00 ● Throwback Thursday [ER]</div><div>3:00 ● Facebook Fun [ER]</div><div>4:00 ● Puzzle Pals [D]</div><div>6:00 ● Game Night [CS]</div></div>		<div><div>29</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Yoga [ER]</div><div>10:30 ● Cards and Conversation [ER]</div><div>1:00 ● Quarter Bingo [ER]</div><div>2:00 ● Creative Cuisine with Connie</div><div>2:00 ● Wii Bowling [ER]</div><div>3:15 ● Entertainment [DR]</div></div>		<div><div>30</div><div>9:00 ● Daily Chronicles [A]</div><div>9:30 ● Simply Stretch [ER]</div><div>10:30 ● Jenga [ER]</div><div>1:00 ● Movie Matinee [ER]</div><div>3:00 ● Yahtzee [ER]</div></div>	