May 2021 MC Covid Monthly Cal	endar					Month	ly Activities
, , , , , , , , , , , , , , , , , , , ,	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEMORY CARE CENTRAL MEMORY CARE BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change	May cont'd 10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 2:30 • Church Service [CS] 3:10 • Cardinals Game [D]	,	Resident Birthdays Wanda H. 5/4 Terry D. 5/16 Tom M. 5/20 Charlene S. 5/27	Happy Mother's Day	"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery." — H.G. Wells		10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 2:00 Walking Group 4:00 • Kentucky Derby [D]
THE SHERIDAN AT LAUMEIER PARK a Senior Lifestyle community	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 2:30 • Church Service [CS]	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 1:30 • Manicure Monday [CS] 6:00 • Monday Movie Night [CS]	10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 11:00 ¶ Garden Club [P] 2:00 • iN2L Travel Club [CS]	10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 1:30 • Word Games 2:30 • Cinco De Mayo Social [CS] 3:30 • Puzzle Time	[S] 10:00 • Exercise Class [CS] 10:30 ¶ Garden Club 11	Class [CS] Hydrate and Snack Garden Club [P] Courtyard Social [P]	10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 2:00 Walking Group
**THYMELESS CONNECT CONTRIBUTE FEEL GROW	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 1:15 • Cardinals Game [D] 2:30 • Church Service [CS]	10:00 • Exercise Class [CS] 10 10:30 • Hydrate and Snack 1:30 • Manicure Monday [CS] 6:00 • Monday Movie Night [CS]	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 11:00 • Garden Club [P] 2:00 • iN2L Travel Club [CS]	10:00 • Exercise Class [CS] 10:30 ¶ Hydrate and Snack 1:30 • Word Games 3:30 • Puzzle Time	[S] 10:00 • Exercise Class [CS] 10:30 • Garden Club	::00 • Exercise Class [CS] 14 ::30 ¶ Hydrate and Snack ::00 ¶ Garden Club [P] ::00 • Courtyard Social [P]	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 2:00 • Walking Group
Location Keys	10:00 • Exercise Class [CS] 16 10:30 • Hydrate and Snack 2:30 • Church Service [CS]	10:00 • Exercise Class [CS] 17 10:30 • Hydrate and Snack 1:30 • Manicure Monday [CS] 6:00 • Monday Movie Night [CS]	10:00 • Exercise Class [CS] 18 10:30 • Hydrate and Snack 11:00 • Garden Club [P] 2:00 • iN2L Travel Club [CS]	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 1:30 • Word Games 3:30 • Puzzle Time	[S] 20 10:00 • Exercise Class [CS] 10:30 ¶ Garden Club 11	Class [CS] 21 Class	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 2:00 Walking Group
	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 2:30 • Church Service [CS]	10:00 • Exercise Class [CS] 24 10:30 • Hydrate and Snack 1:30 • Manicure Monday [CS] 6:00 • Monday Movie Night [CS]	10:00 • Exercise Class [CS] 25 10:30 • Hydrate and Snack 11:00 • Garden Club [P] 2:00 • iN2L Travel Club [CS]	10:00 • Exercise Class [CS] 10:30 • Hydrate and Snack 1:05 • Cardinals Game [D] 1:30 • Word Games 3:30 • Puzzle Time	[S]	Exercise Class [CS] Exercise	10:00 • Exercise Class [CS] 29 10:30 ¶ Hydrate and Snack 2:00 Walking Group Continued at top