



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys Activities Room AR Bistro B Court Yard CY Dining Room DR Theater TH						9:30 Exercise w/ Legacy [AR] 1 10:00 Hydration, Conversation & Snack [AR] 10:30 Crafts [AR] 1:30 Walk & Roll [AR] 2:30 Culinary Creations [DR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 2 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 It's Science! [AR] 1:30 Walk & Roll [AR] 2:30 Workout [AR] 3:30 Happy Hour [AR]	9:30 Trivia [AR] 3 10:00 Hydration, Conversation & Snack [AR] 10:30 Exercise [AR] 11:00 Hallway Games 1:30 Walk & Roll [AR] 2:00 Ice Cream Treat Social [DR] 3:30 Bingo! [AR]
		9:30 Exercise [AR] 4 10:00 Hydration, Conversation & Snack [AR] 11:15 IN2L Bible Study [AR] 1:30 Walk & Roll [AR] 2:00 Movie Matinee with Popcorn [AR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 5 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Painting 1:30 Walk & Roll [AR] 2:00 Eucharist & Rosary [TH] 2:30 Tai Chi [AR] 3:30 IN2L Family Fued [AR]	9:30 Exercise w/ Legacy [AR] 6 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Crafts 1:30 Walk & Roll [AR] 2:30 Fitdeck [AR] 3:30 IN2L Travel Club [AR]	9:30 Exercise [AR] 7 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Pampered Hands [AR] 1:30 Walk & Roll [AR] 2:30 Yoga [AR] 3:30 IN2L Trivia [DR]	9:30 Exercise w/ Legacy [AR] 8 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Walk & Roll [AR] 2:30 Culinary Creations [DR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 9 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 It's Science! [AR] 1:30 Walk & Roll [AR] 2:30 Workout [AR] 3:30 Happy Hour [AR]	9:30 Trivia [AR] 10 10:00 Hydration, Conversation & Snack [AR] 10:30 Exercise [AR] 11:00 Hallway Games 1:30 Walk & Roll [AR] 2:00 Ice Cream Treat Social [DR] 3:30 Bingo! [AR]
	Daily Occurrences 8:00 Breakfast 11:30 Aromatherapy 12:00 Lunch 4:30 Aromatherapy 5:00 Dinner	9:30 Exercise [AR] 11 10:00 Hydration, Conversation & Snack [AR] 11:15 IN2L Bible Study [AR] 1:30 Walk & Roll [AR] 2:00 Movie Matinee with Popcorn [AR] 3:30 Bingo! [AR]	Columbus Day 12 9:30 Exercise [AR] 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Painting 1:30 Walk & Roll [AR] 2:00 Eucharist & Rosary [TH] 2:30 Tai Chi [AR] 3:30 IN2L Family Fued [AR]	9:30 Exercise w/ Legacy [AR] 13 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Crafts 1:30 Walk & Roll [AR] 2:30 Fitdeck [AR] 3:30 IN2L Travel Club [AR]	9:30 Exercise [AR] 14 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Pampered Hands [AR] 1:30 Walk & Roll [AR] 2:30 Yoga [AR] 3:30 IN2L Trivia [DR]	9:30 Exercise w/ Legacy [AR] 15 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Walk & Roll [AR] 2:30 Culinary Creations [DR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 16 10:00 Hydration, Conversation & Snack [AR] 10:30 It's Science! [AR] 1:30 Walk & Roll [AR] 2:30 Workout [AR] 3:30 Happy Hour [AR]	9:30 Trivia [AR] 17 10:00 Hydration, Conversation & Snack [AR] 10:30 Exercise [AR] 11:00 Hallway Games 1:30 Walk & Roll [AR] 2:00 Ice Cream Treat Social [DR] 3:30 Bingo! [AR]
	Resident Birthdays Imelda V. 10/7 Elizabeth F. 10/10 Hannelore B. 10/12 Tori R. 10/14 Eugenia Marie C. 10/25 Barbara S. 10/26 Chrissy T. 10/28	9:30 Exercise [AR] 18 10:00 Hydration, Conversation & Snack [AR] 11:15 IN2L Bible Study [AR] 1:30 Walk & Roll [AR] 2:00 Movie Matinee with Popcorn [AR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 19 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Painting 1:30 Walk & Roll [AR] 2:00 Eucharist & Rosary [TH] 2:30 Tai Chi [AR] 3:30 IN2L Family Fued [AR]	9:30 Exercise w/ Legacy [AR] 20 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Crafts 1:30 Walk & Roll [AR] 2:30 Fitdeck [AR] 3:30 IN2L Travel Club [AR]	9:30 Exercise [AR] 21 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Pampered Hands [AR] 1:30 Walk & Roll [AR] 2:30 Yoga [AR] 3:30 IN2L Trivia [DR]	9:30 Exercise w/ Legacy [AR] 22 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Walk & Roll [AR] 2:30 Culinary Creations [DR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 23 10:00 Hydration, Conversation & Snack [AR] 10:30 It's Science! [AR] 1:30 Walk & Roll [AR] 2:30 Workout [AR] 3:30 Happy Hour [AR]	9:30 Trivia [AR] 24 10:00 Hydration, Conversation & Snack [AR] 10:30 Exercise [AR] 11:00 Hallway Games 1:30 Walk & Roll [AR] 2:00 Ice Cream Treat Social [DR] 3:30 Bingo! [AR]
1020 Woods Mill Rd Town & Country, MO 63017 636.234.3153	9:30 Exercise [AR] 25 10:00 Hydration, Conversation & Snack [AR] 11:15 IN2L Bible Study [AR] 1:30 Walk & Roll [AR] 2:00 Movie Matinee with Popcorn [AR] 3:30 Bingo! [AR]	9:30 Exercise [AR] 26 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Painting 1:30 Walk & Roll [AR] 2:00 Eucharist & Rosary [TH] 2:30 Tai Chi [AR] 3:30 IN2L Family Fued [AR]	9:30 Exercise w/ Legacy [AR] 27 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Crafts 1:30 Walk & Roll [AR] 2:00 Veterans Ceremony w/ Crossroads [B] 3:30 IN2L Travel Club [AR]	9:30 Exercise [AR] 28 10:00 Gardening [CY] 10:00 Hydration, Conversation & Snack [AR] 10:30 Pampered Hands [AR] 1:30 Walk & Roll [AR] 2:30 Yoga [AR] 3:30 IN2L Trivia [DR]	9:30 Exercise w/ Legacy [AR] 29 10:00 Hydration, Conversation & Snack [AR] 10:30 Fit Minds [AR] 1:30 Walk & Roll [AR] 2:30 Culinary Creations [DR] 3:30 Bingo! [AR]	Wear Your Halloween Costume 30 9:30 Exercise [AR] 10:00 Hydration, Conversation & Snack [AR] 10:30 It's Science! [AR] 1:30 Walk & Roll [AR] 2:30 Workout [AR] 3:30 Happy Hour [AR]	Halloween 31 9:30 Trivia [AR] 10:00 Hydration, Conversation & Snack [AR] 10:30 Exercise [AR] 11:00 Hallway Games 1:30 Walk & Roll [AR] 2:00 Ice Cream Treat Social [DR] 3:30 Bingo! [AR]	