May 2022
Assisted Living- Military Appreciation Month Monthly Activities Sunday Monday Tuesday Wednesday Thursday Friday Saturday 3 10:00 • Church Service: Morning Prayer 9 10:00 • Stretch & Exercise 10:00 • Exercise with Mother's Day **↑** 10:00 ● Flow with 10:00 • Qigong, Tai Chi, Stretch and 10:00 with Stan [IE] and Yoga - Gloria Flexibility -Strenath 2 with Brunch [DR] Lisa! [IE] Communion [ALE] 11:00 • Brain Challenges Gloria Peyrat Peyrat [IE] Anne Pringle [IE] 10:00 • Spiro 100 11:00 • Strengthen 10:00 Posture and Strength to Expand Your 10:45 • Brain Health 11:00 • Touring the World: West Strength with Rhythm [IE] with Sue Grant [IE] Your Brain [R] University [ALE] Mind [GRA] England [ALE] -Gloria Pevrat [IE] 10:45 • Brain Health University 10:45 • Scrabble! [Lib] 1:00 • Flower Arranging [ACS] 11:15 • Out to Lunch Bunch! Egg 1:00 • Scrabble with Friends [Lib] 12:00 • Rosary Group [IE] MAHJONG!! [R] [ALE] OUTING: The King and I at Drury 1:15 • Rummikub!! [ALL] Harbor 2:00 • Judge and Jury with Shopping on a Saturday! 1:15 Lane [L] 12:30 • MAHJONG!! [R] 10:45 Hollywood Greats! [IE] 1:30 • Exercise with Brandon [IE] 2:00 • The History Some of our Ray! [IE] Target Superstore 1:15 • Rummikub!! [ALL] 1:15 • Word Genius with Maria 1:30 • Exercise with Brandon 2:30 • Blood Pressure Checks [ILL] Patriotic Songs [IE] Book Sharing [IE] 2:00 • Kentucky Derby Social! [R] 6:30 • RUMMIKUB! [ALL] WWW SENIORI IEESTYLE COM [ALE] 2:45 • Listen to Best Patriotic Songs Nurse Chat with Nurse Neethu [R] 3:00 • Cinco de Mayo Fiesta! [R] 6:30 • RUMMIKUB! [ALL] 6:45 • Friday Film Fest [IE] 3:00 • Travel Trivia with Maria 6:30 • RUMMIKUB! [ALL] Activities are subject to change 3:00 • Brews & Clues Trivia Program [IE] 6:30 • RUMMIKUB! [ALL] 6:45 • Saturday Night Comedy [IE] 6:45 • Classic Cinema Night [IE] 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 6:45 • Thursday at the Cinema [IE] 6:45 • Music on Monday [IE] 6:30 • RUMMIKUB! [ALL] 6:45 • Oscar Winning Films [IE] 6:45 Movie Tuesday [IE] Mother's Day 10:00 • Stretch & 10:00 • Flow with 10:00 • Church Service: 10:00 • Qigong, Tai Chi, 10:00 • Exercise with 10:00 Stretch and Flexibility - Gloria Morning Prayer & and Yoga - Gloria Exercise with Lisa! [IE] Strength 2 with 10:00 • Spiro 100 -Communion [ALE] Peyrat [IE] Peyrat [IE] Strenath with Stan [IE] Anne Pringle 11:00 • Strengthen Posture and 10:15 • Visit from Cook 10:45 Brain Health Rhythm -Gloria Peyrat [IE] 11:00 Brain Challenges to Your Brain [R] Strength with Sue Grant [IE] Library! [Lib] University [ALE] 11:00 • Touring the World: The Expand Your Mind [GRA] MAHJONG!! [R] THE SHERIDAN 10:45 • Scrabble! [Lib] 1:00 • Flower Arranging [ACS] 10:45 • Brain Health University [ALE] 1:30 • Exercise with Brandon [IE] Netherlands; Beyond 1:00 • Scrabble with Friends [Lib] 10:45 • Hollywood Greats! [IE] 11:00 • Wheel of Fortune Word Game! 12:30 • MAHJONG!! [R] 2:00 • Gary Midkiff Presentation: 2:00 • Red, White and Blue Amsterdam [ALE] 1:15 • Rummikub!! [ALL] [ALF] 1:30 • Mother's Day Concert AT GREEN OAKS 1:30 • Exercise with Brandon [ALE] The Presidency of George W. Happy Hour [R] 1:15 • Rummikub!! [ALL] 1:15 Shopping on a Saturday 2:00 • The Tomb of The with Jim Kendros [IE] Bush, Part 1(BHU Credit) [IE] 3:00 • Birthday Bash!! [R] a Senior Lifestyle community 6:30 • RUMMIKUB! [ALL] 1:30 • Shopping Outing: Pasquesi's Unknown Soldier [IE] Heinen's 2:30 • Blood Pressure Checks [ILL] 6:30 • RUMMIKUB! [ALL] 6:30 • Presentation with Tim 3:00 • Brews & Clues Trivia Program 6:45 • Friday Film Fest [IE] 2:00 • B*I*N*G*O [R] 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 6:45 • Classic Cinema Night [IE] Wilsey: The Armed Forces 6:30 • RUMMIKUB! [ALL] 6:45 • Music on Monday [IE] 6:45 • Thursday at the Cinema [IE] 6:30 • RUMMIKUB! [ALL] 6:45 Saturday Night Comedy 6:30 • RUMMIKUB! [ALL] 6:45 • Oscar Winning Films [IE] [IE] 18 10:00 • Spiro 100 -10:00 • Stretch & 10:00 • Flow with 0:00 Church Service: 10:00 • Qigong, Tai Chi, 10:00 • Exercise with 10:00 Stretch and Morning Prayer & Exercise with and Yoga - Gloria Strength 2 with Strength with Flexibility -Lisa! [IE] CONNECT Communion [ALE] Peyrat [IE] Stan [IE] Rhythm -Gloria Anne Pringle Gloria Peyrat 11:00 • Strengthen Posture and Strength Brain Challenges to Expand 10:45 • Brain Health Peyrat [IE] 11:00 CONTRIBUTE with Sue Grant [IE] Your Brain [R] University [ALE] Your Mind [GRA] MAHJONG!! [R] 10:45 • Brain Health University 11:00 • Touring the World: Swiss 10:30 10:45 • Scrabble! [Lib] 1:00 • Flower Arranging [ACS] 11:15 Out to Lunch Bunch! 1:00 • Scrabble with Friends [Lib] FEEL 10:45 • Hollywood Greats! [IE] 11:00 • Wheel of Fortune Word Game! Alps [ALE] 1:30 • Exercise with Brandon [IE] 2:00 • Judge and Jury with 1:15 • Rummikub!! [ALL] [ALE] 1:15 • Word Genius with Maria 12:30 • MAHJONG!! [R] Shopping on a Saturday! 2:30 • Blood Pressure Checks [ILL] Ray! [IE] 1:15 • Rummikub!! [ALL] GROW 2:00 • How America Grew the TJ Max & Sketcher's 1:30 • Exercise with Brandon 2:00 Health Chat with Nurse Neetho 3:15 • Wheel of Fortune Word Gam 6:30 • RUMMIKUB! [ALL] Most Powerful Navy in the 2:00 • B*I*N*G*0 [R] [ALE] 2:00 • Birthday Bash!! [R] MOVE World [IE] 6:45 • Friday Film Fest [IE] 6:30 • RUMMIKUB! [ALL] 3:00 • Travel Trivia with Maria 6:30 • RUMMIKUB! [ALL] 2:00 Memorial Service for Our Friends 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] & Neighbors We Have Lost [IE] 6:45 Saturday Night Comedy 6:45 • Classic Cinema Night [IE] 6:45 • Thursday at the Cinema [IE] REFLECT 6:45 • Music on Monday [IE] 6:30 RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 6:45 • Oscar Winning Films [IE] 6:45 • Movie Tuesday [IE] 10:00 • Flow with 10:00 • Church Service: 10:00 • Stretch & 10:00 • Qigong, Tai Chi, 10:00 • Exercise with 10:00 Stretch and 10:00 • Spiro 100 -Morning Prayer & Flexibility - Gloria Strength 2 with Strength with Exercise with and Yoga Lisa! [IE] Communion [ALE] Pevrat [IE] Anne Pringle [IE] Stan [IE] Gloria Peyrat Rhythm -Gloria 11:00 • Strengthen Your 10:00 Posture and Strength 11:00 • Touring the World: 10:15 Visit from Cook Peyrat [IE] 11:00 • Brain Challenges to Brain [R] with Sue Grant [IE] Library! [Lib] Stockholm [ALE] Expand Your Mind [GRA] 10:45 • Brain Health University MAHJONG!! [R] 10:45 • Scrabble! [Lib] 1:00 • Flower Arranging [ACS] 10:30 10:45 • Brain Health University [ALE] 1:15 Shopping on a Saturday! 1:00 • Scrabble with Friends [Lib] 11:00 • Wheel of Fortune Word Game! [ALE] Debra Levie's Art Alive 10:45 • Hollywood Greats! [IE] 12:30 • MAHJONG!! [R] Trader Joe's 1:15 • Rummikub!! [ALL] 1:30 • Exercise with Brandon [IE] Presentation: Degas! [IE] 1:15 • Idioms & Synonyms [IE] 2:00 • Music Appreciation with Jim 1:30 • Exercise with Brandon [ALE] 1:15 • Rummikub!! [ALL] 2:30 • Blood Pressure Checks 3:00 • After Art of Degas Happy 2:00 • Navy Seals: America's 6:30 • RUMMIKUB! [ALL] **Kendros: Military Selections** 3:00 • Travel Trivia with Maria [IE] 1:30 • Shopping Outing: Macy's **Location Kevs** Secret Warriors [IE] Hour [R] from Schubert and Chopin 6:45 • Classic Cinema Night [IE] 2:30 • Veteran's Cafe [R] 6:30 • RUMMIKUB! [ALL] AL Entertainment Room ALE 3:00 • How Many Words? [IE] 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 3:00 • Brews & Clues Trivia Program [IE] 6:45 • Movie Tuesday [IE] AL Lobby & Living Room ALL 6:45 • Music on Monday [IE] 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 6:30 • RUMMIKUB! [ALL] 6:45 • Friday Film Fest [IE] ACS Assisted Living Creative Studio 6:45 • Saturday Night Comedy [IE] 6:45 • Oscar Winning Films [IE] 6:45 • Thursday at the Cinema Dining Room DR Great Room next to the AL Dining Room GRA 10:00 • Spiro 100 -Memorial Day 10:00 • Flow with 3 IL Entertainment Room Flexibility - Gloria Strength with 10:00 • Stretch & **Resident Birthdays** IL Living Room and Lobby ILL Peyrat [IE] Rhythm -Gloria Exercise with Library Lib 10:45 • Brain Health Peyrat [IE] Midori N. 5/6 Maretta M. 5/15 Stan [IE] Lobby University [ALE] MAHJONG!! [R] 10:30 11:00 • Brain Challenges to Ken P. Mary S. 5/7 5/15 12:30 • MAHJONG!! [R] Rockland's 10:45 • Hollywood Greats! [IE] Expand Your Mind [GRA] 1:30 • Exercise with Brandon [ALE] 1:15 • Word Genius with Maria Sandy L. Allen E. 11:30 Memorial Day BBQ [DR] 5/8 5/17 2:00 • Resident Town Hall/Resident 1:00 • Scrabble with Friends [Lib] Council Meeting [IE] Trudy Z. 5/10 Dennie L. 5/20 6:30 • RUMMIKUB! [ALL] 1:15 • Rummikub!! [ALL] 3:00 • Travel Trivia with Maria [IE] 6:45 • Classic Cinema Night [IE] 6:30 • RUMMIKUB! [ALL] Johnny W. 5/11 Jim J. 5/24 6:30 • RUMMIKUB! [ALL] 6:45 • Music on Monday [IE] 6:45 Movie Tuesday [IE] Audrey S. 5/13 Kay L. 5/29