May 2022 Monthly Activities The Sheridan at Green Oaks- Embrace Sunday Monday Tuesday Wednesday Thursday Friday Saturday Bird Day **Nurses Day** 9:30 • Sr Cinco De Mayo 9:30 • Small Group 9:30 Parachute 9:30 • Senior Swingers 9:30 • Noodle Exercise "Lovely Ladies" [M 9:30 • Morning Movement 9:30 Movin' N Groovin' Badminton [ER] Exercise [ER] 9:30 • Small Group with Exercise Bands Exercise [ER] 9:30 • Small Group "Lovely Ladies" [M 9:30 • Small Group 9:30 • Small Group 9:30 • Small Group "Lovely 10:00 • Daily News/On "Lovely Ladies" [M Art] "Lovely Ladies" [M Art] "Lovely Ladies" [M Art] Small Group "Lovely Ladies" [M Ladies" [M Art] This Day [ER] 10:00 • Daily News/On This Day [ER] 10:00 • Daily News/On This Day 10:00 • Daily News/On This Day 0:00 Daily News/On This Day [ER] 10:00 • Daily News/On This 10:30 • Hymn Sing-Along [ER] 10:30 • Match the Phrases [ER] nbrace 10:00 • Daily News/On This Day [ER] 10:30 • Finish The Phrase [ER] Day [ER] 11:00 Morning Church Service [ER] 11:00 • Word Puzzles on the Big 1:30 • Ring Toss Game [ER] 10:30 | Thymeless Group- Baked Goods 11:00 • iN2L- What did it Cost? [ER] 11:00 • Flower Arranging [ER] 1:30 • Sing Along with Suzie Q 11:00 • Words That Start with B Board [ER] 2:00 • Mindful Meditation 1:30 • Name 5 Things [ER] 1:30 • Adult Art Pages [ER] 2:00 | Sunday Sundae Social 1:00 • 10 Second Rule [ER] 1:30 • Painting with Purpose [M Art] 3:00 Thymeless Group- Munchie 2:00 • Entertainment with Songs by 3:30 • Afternoon Concert [ER] 3:00 • Mystery Person 3:00 • Afternoon Bingo [ER] 3:00 • Afternoon Bingo [ER] Heart [ER] 1:30 • Toss Across Snacks [ER] 4:00 • Pokeno Game [ER] 4:30 • Afternoon Concert [ER] 4:00 • What Did It Cost - iN2L [ER] 3:00 | Thymeless Group- Cold Treats 3:00 Pet Therapy Visit [ER] 3:30 • Crafter's Corner [M Art] WWW.SENIORLIFESTYLE.COM 3:00 • Afternoon Bingo [ER] 6:00 • Lawrence Welk Show [ER] 6:00 • Evening Devotions [ER] 6:00 • Adult Art Pages [ER] 4:00 • Small Group Games [ER] 6:00 • Evening Movie [ER] 6:00 • Dominoes [ER] 6:00 • Dominos [ER] Activities are subject to change 6:00 • Movie Night & Popcorn [ER] Mother's Day 9:30 • Parachute 9:30 • Senior Swingers 9:30 • Morning Movement 9:30 Movin' N Groovin' 9:30 • Drumming Circle 9:30 Noodle Exercise with Exercise Bands Exercise [ER] 9:30 • Small Group Exercise [ER] Badminton [ER] "Lovely Ladies" [M 9:30 • Small Group "Lovely 9:30 • Small Group "Lovely Ladies" [M Art] "Lovely Ladies" [M "Lovely Ladies" [M Art] "Lovely Ladies" [M "Lovely Ladies" [M Art] Ladies" [M Art] 10:00 • Daily News/On This Day [ER] 10:00 • Daily News/On This Day [ER] 10:00 • Daily News/On This Day 10:00 • Daily News/On This Day [ER] THE SHERIDAN 10:00 • Daily News/On This 10:30 • Finish The Phrase [ER] 10:00 • Daily News/On This Day [ER] 10:00 Daily News/On This Day [ER] 10:30 • Hymn Sing-Along [ER] 10:30 | Thymeless Group- Baked Goods 11:00 • iN2L- What did it Cost? [ER] Day [ER] 10:30 • Match the Phrases [ER] 10:30 🍴 Thymeless- Making 11:00 • Morning Church Service [ER] 12:00 Lunch Outing TBA 1:30 • Name 5 Things [ER] AT GREEN OAKS 11:00 • Word Puzzles on the Big Cinnamon Rolls 11:00 • Words That Start with B 11:00 • "What Am I?" [ER] 1:30 • Sing Along with Suzie Q 1:30 • Ring Toss Game [ER] 2:00 • Entertainment with Songs by I1:00 • Flower Arranging [ER] 1:00 • 10 Second Rule [ER] Board [ER] a Senior Lifestyle community 2:00 🍴 Sunday Sundae Social [ER] 3:00 | Thymeless Group- Munchie Heart [ER] 1:30 • Adult Art Pages [ER] 3:00 • Afternoon Bingo [ER] 1:30 • Painting with Purpose [M Art] 2:45 • Afternoon Concert Jim 1:30 • Toss Across Snacks [ER] 3:00 | Thymeless Group- Cold Treats 3:30 Gardening [OP] 3:00 • Afternoon Bingo [ER] 3:30 • Afternoon Concert [ER] Kendros [ER] 3:30 • Crafter's Corner [M Art] 3:00 • Afternoon Bingo [ER] 4:00 • What Did It Cost - iN2L [ER] 4:00 • Small Group Games [ER] 4:00 • Pokeno Game [ER] 3:00 • Mystery Person 6:00 • Dominos [ER] 6:00 • Evening Movie [ER] 6:00 • Dominoes [ER] 6:00 • Evening Devotions [ER] 6:00 • Movie Night & Popcorn [ER] 6:00 • Lawrence Welk Show [ER] 6:00 • Adult Art Pages [ER] **Armed Forces Day** National Chocolate Chip 9:30 Parachute 9:30 • Senior Swingers Morning Movement 8 9:30 Movin' N Groovin' 9:30 • Small Group 16 with Exercise Bands Exercise [ER] Badminton [ER] "Lovely Ladies" [M Exercise [ER] 9:30 • Noodle Exercise *THYMELESS 9:30 • Small Group "Lovely 9:30 • Small Group 9:30 • Small Group 9:30 • Small Group "Lovely Ladies" [M Small Group "Lovely Ladies" [M Art] "Lovely Ladies" [M Art] 10:00 • Daily News/On 9:30 • Small Group "Lovely Ladies" CONNECT "Lovely Ladies" [M Art] Ladies" [M Art] 10:00 • Daily News/On This Day [ER] 10:00 • Daily News/On This Day [ER] This Day [ER] [M Art] 10:00 • Daily News/On This 10:00 • Daily News/On This Day [ER] 10:30 • Finish The Phrase [ER] CONTRIBUTE 10:00 • Daily News/On This Day [ER 10:30 • Match the Phrases [ER] 10:30 • Hymn Sing-Along [ER] 10:00 • Daily News/On This Day [ER] 10:30 🍴 Thymeless Group- Baked Goods 11:00 • iN2L- What did it Cost? [ER] Day [ER] Photo Shoot [D] 11:00 • Word Puzzles on the Big 10:30 11:00 • Morning Church Service [ER] 11:00 • Flower Arranging [ER] FEEL 1:30 • Name 5 Things [ER] 11:00 • Words That Start with B 1:30 • Ring Toss Game [ER] Board [ER] 1:30 • Sing Along with Suzie Q 1:30 • Adult Art Pages [ER] 1:00 • 10 Second Rule [ER] 2:00 • Entertainment with Songs by 1:30 • Painting with Purpose [M Art] GROW 2:00 • Mindful Meditation 2:00 | Sunday Sundae Social [ER] 2:30 • Afternoon Concert: Kuturah 3:00 • Afternoon Bingo [ER] Heart [ER] 3:00 • Afternoon Bingo [ER] 3:00 | Thymeless Group- Munchie Morgan [ER] 3:00 • Mystery Person 1:30 • Toss Across Museum Virtual Visit [ER] MOVE 3:00 | Thymeless Group- Cold Treats 3:00 • Pet Therapy Visit [ER] Snacks [ER] 4:00 • Pokeno Game [ER] 4:30 • Afternoon Concert [ER] 4:00 • What Did It Cost - iN2L [ER] 3:00 • Afternoon Bingo [ER] 4:00 • Small Group Games [ER] 3:30 • Crafter's Corner [M Art] REFLECT 6:00 • Lawrence Welk Show [ER] 6:00 • Adult Art Pages [ER] 6:00 • Dominos [ER] 6:00 • Evening Devotions [ER] 6:00 • Dominoes [ER] 6:00 • Evening Movie [ER] 6:00 Movie Night & Popcorn [ER] Wine Down Wednesday 9:30 Movin' N Groovin' 9:30 • Small Group 9:30 • Senior Swingers 9:30 • Drumming Circle **National Hamburger Day Lucky Penny Day** 28 Exercise [ER] "Lovely Ladies" [M Badminton [ER] 9:30 • Morning Movement 9:30 • Noodle Exercise 9:30 • Parachute with Exercise Bands 9:30 • Small Group "Lovely 9:30 • Small Group 9:30 • Small Group Exercise [ER] Ladies" [M Art] 10:00 • Daily News/On "Lovely Ladies" [M "Lovely Ladies" [M Art] 9:30 • Small Group "Lovely Ladies" 9:30 • Small Group "Lovely 9:30 • Small Group "Lovely Ladies" [M 10:00 • Daily News/On This Day [ER] This Day [ER] Artl 10:00 • Daily News/On This Day [M Art] Ladies" [M Art] 10:30 • Finish The Phrase [ER] 10:30 • Hymn Sing-Along [ER] 10:00 • Daily News/On This Day 11:00 • iN2L- What did it Cost? [ER] 11:00 • Morning Church Service [ER] 10:30 • Match the Phrases [ER] 10:30 🍴 Thymeless- Making Outing: Lambs Farm [LR] 10:30 10:30 | Thymeless Group- Baked Goods 1:30 • Name 5 Things [ER] 1:30 • Sing Along with Suzie Q 11:00 • Word Puzzles on the Big Cinnamon Rolls 1:30 • Ring Toss Game [ER] Words That Start with B 2:00 • Entertainment with Songs by 2:00 | Sunday Sundae Social 11:00 • "What Am I?" [ER] Board [ER] 11:00 • Flower Arranging [ER] 3:00 Thymeless Group- Munchie Heart [ER] 1:30 Painting with Purpose [M Art] 3:00 • Mystery Person 1:00 • 10 Second Rule [ER] 1:30 • Adult Art Pages [ER] Snacks [ER] 3:00 | Thymeless Group- Cold Treats 4:30 • Afternoon Concert [ER] 1:30 • Toss Across 3:00 • Afternoon Bingo [ER] 3:00 • Afternoon Bingo [ER] 3:30 • Afternoon Concert [ER] 3:30 • Crafter's Corner [M Art] **Location Keys** 3:00 • Afternoon Bingo [ER] 4:00 • What Did It Cost - iN2L [ER] 4:00 • Small Group Games [ER] 6:00 • Adult Art Pages [ER] 4:00 • Pokeno Game [ER] 6:00 • Dominos [ER] 6:00 • Evening Movie [ER] Den 6:00 • Evening Devotions [ER] 6:00 Movie Night & Popcorn [ER] 6:00 • Dominoes [ER] 6:00 • Lawrence Welk Show [ER] Living Room LR 9:30 • Small Group **Memorial Day** 9:30 • Senior Swingers 31 MC Creative Art Studio M Art "Lovely Ladies" [M Badminton [ER] 9:30 • Parachute ER MC Entertainment Room 9:30 • Small Group Exercise [ER] **Outside Patio** 10:00 • Daily News/On "Lovely Ladies" [M 9:30 • Small Group "Lovely Ladies" [M Art] **Resident Birthdays** 10:30 • Hymn Sing-Along [ER] 10:00 • Daily News/On This Day [ER] 10:00 • Daily News/On This Day 11:00 • Morning Church Service [ER] 1:30 • Ring Toss Game [ER] Trudy Z. 5/10 1:30 • Sing Along with Suzie Q 2:00 • Mindful Meditation 11:00 • Words That Start with B 2:00 | Sunday Sundae Social 3:00 | Thymeless Group- Munchie 5/29 Kay L. Snacks [ER] 3:00 • Mystery Person 1:30 • Toss Across 4:30 • Afternoon Concert [ER] 3:30 • Crafter's Corner [M Art] 3:00 • Afternoon Bingo [ER] 6:00 • Evening Movie [ER] 6:00 • Adult Art Pages [ER]

6:00 • Dominoes [ER]