

<div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div><div><div>TRANSPORTATION SCHEDULE</div><div>Medical Transportation:<div>Monday-Friday (8:30-3:30)</div><div>Every Other Saturday (10-3:30)</div><div>Outing Schedule:<div>Tuesday Shopping (10:45)</div><div>Thursday Lunch (11:30-1:30)</div></div></div><div>Every Other Sunday Religious Services</div><div>Please note that all activities and events are subject to change.</div><div>Theme of the Month:<div>Contribute</div></div></div></div>	<div><div></div><div></div><div></div></div>	<div><div><div>10:00 ● Working with Weights [IE]</div><div>11:00 ● Wise Wonderful Women of the Sheridan [ICS]</div><div>1:30 ● Documentary and Discussion [ACS]</div><div>3:00 ● Live Music Performance with Pianist, Mark Hoffman! [ALE]</div><div>4:00 ● Mandala Wine Glass Art [ICS]</div><div>7:00 ● Movie Night! [IE]</div></div></div>	<div><div><div>9:30 ● Colorful Creations [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:00 ● Health and Wellness Tips of the Week [R]</div><div>1:30 ● Step By Step Painting Class [ACS]</div><div>2:30 ● Rummikub [Lib]</div><div>3-3:30 ● Brain Teaser Mixer at Rocklands! [R]</div><div>4:00 ● Resident Choice Classic Comedy [R]</div></div></div>				
	<div><div><div>Daylight Saving Time Begins</div><div>9:30 ● Coffee Conversations with Carrie [Lib]</div><div>10:30 ● Rosary &amp; Devotions with Joyce [ER]</div><div>11:00 ● Rummikub [L]</div><div>1:00 ● Matinee Movie (NEW TIME!) [ALE]</div><div>1:45 ● Live Presentation with Art Educator, Debra Levie [IE]</div><div>3:30-4 ● Chair Chi with Cathy! [IE]</div><div>4:00 ● NEW! The Sunday Chronicle [R]</div><div>4:30-7 ● Sunday Dinner Carving Station [DR]</div></div></div>	<div><div><div>9:30-1 ● Flow with Maria [ALE]</div><div>10:30 ● Rummikub [L]</div><div>1:30 ● Brain Games with Maria: 10 in 60 Word Storm [ACS]</div><div>3:15 ● Coffee Klatch [GR]</div><div>4:00 ● Create Thankful Needlepoint Napkins [C]</div><div>4:30-7 ● Pasta Night! [DR]</div><div>7:00 ● Making (and tasting) Fall Sangria [R]</div><div>7:00 ● Monday Night Movie [ALE]</div></div></div>	<div><div><div>Election Day</div><div>10:00 ● NEW! Current Events with Maria [ACS]</div><div>10:30 ● Free Blood Pressure Checks (Freedom Home Care) [Lib]</div><div>10:30 ● Rummikub (New Time) [L]</div><div>10:30 ● Visit from Cook Library [Lib]</div><div>11:00 ● Fitness with Cindy! (New time and location) [IE]</div><div>1:15 ● Music Appreciation: Jazz Greats [ALE]</div><div>1:30 ● American Mahjong [R]</div><div>2:30 ● Timeless Trivia (TIME CHANGE) [ACS]</div><div>3:30 ● Birthday Bash! [R]</div><div>4:30 ● Exceptional Photography and News from the 1840's [R]</div><div>7:30 ● Rummikub [Lib]</div></div></div>	<div><div><div>10:00 ● Biblical Inquiry with Christ Church [ALE]</div><div>11:00 ● Harvard Medical School Newsletter [GR]</div><div>12:45 ● Outing: Kenosha Civil War Museum [L]</div><div>1:15 ● Bridge Group [R]</div><div>1:30 ● Afternoon Concert: Chuck's Pick of the Month: Louis Armstrong [ALE]</div><div>2-3 ● Knitwits Needle Art Club! [Lib]</div><div>2:00 ● Visit from Therapy Dog, Cosmo! [L]</div><div>3:15 ● Music and Movement with Caitlin (featuring Cardio Drumming!) [IE]</div><div>4:00 ● History of Great Lakes [ALE]</div><div>7:00 ● NEW! Name That Tune [R]</div></div></div>	<div><div><div>9:30 ● Propagating Indoor Garden Plants [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:30 ● Lunch Bunch Outing: Maggiano's Little Italy [L]</div><div>1:30-2 ● Music Sing-a-Longs with Songs by Heart [ER]</div><div>2:00 ● You Be the Judge with Judge Miller! [IE]</div><div>3:00 ● TED Talks &amp; Discussion (New Time) [ALE]</div><div>3:30 ● Poker! [R]</div><div>4:00 ● NEW! Travel Trivia: [ACS]</div><div>7:00 ● Movie Night! [ALE]</div><div>7:30 ● Rummikub Game [L]</div></div></div>	<div><div><div>10:00 ● Art Class with Cheryl [ICS]</div><div>10:00 ● Working with Weights [IE]</div><div>1:30 ● Documentary and Discussion [ACS]</div><div>3:00 ● Meet Your Neighbor Social [R]</div><div>4:00 ● Uno [ACS]</div><div>7:00 ● Movie Night! [IE]</div></div></div>	<div><div><div>9:30 ● Colorful Creations [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:00 ● Sudoku Brain Exercise [R]</div><div>1:00 ● Scrabble Word Game [L]</div><div>1:45 ● Chicken Soup for the Soul - Short Story &amp; Discussion [GR]</div><div>2:00 ● Painting Class with Artist, Colleen! [ICS]</div><div>2:30 ● Rummikub at Rockland's [R]</div><div>3-3:30 ● Apple Cider at Rockland's [OP]</div><div>4:00 ● Bingo! [R]</div></div></div>
	<div><div><div>9:00 ● Transportation for Church Services [L]</div><div>10:30 ● Rosary &amp; Devotions with Joyce [ER]</div><div>11:00 ● Ludicrous Laws &amp; Government Goofs [GR]</div><div>1:15 ● BINGO! [ACS]</div><div>2:15 ● Special Musical Performance from the Lake Forest High School Chamber Group [IE]</div><div>3:30-4 ● Chair Chi with Cathy! [IE]</div><div>4:00 ● Let's Talk About It: Animal Talk [GR]</div><div>4:30-7 ● Sunday Dinner Carving Station [DR]</div></div></div>	<div><div><div>Veterans Day</div><div>9:30-1 ● Flow with Maria [ALE]</div><div>10:30 ● Rummikub [L]</div><div>1-2 ● One-on-One Technology Lesson with Paul [ICS]</div><div>1:30 ● Brain Games with Maria: American Military Trivia [ACS]</div><div>3:15 ● Veteran's Day Happy Hour &amp; Live Music with Yan Skladman [R]</div><div>7:00 ● Monday Night Movie [ALE]</div></div></div>	<div><div><div>8:00 ● Outing: Lyric Opera Insider - Don Giovanni [L]</div><div>10:00 ● NEW! Current Events with Maria [ACS]</div><div>10:30 ● Free Blood Pressure Checks (Freedom Home Care) [Lib]</div><div>10:30 ● Rummikub (New Time) [L]</div><div>10:45 ● Shopping Outing: Target [L]</div><div>11:00 ● Fitness with Cindy! (New time and location) [IE]</div><div>1:30 ● American Mahjong [R]</div><div>3-3:30 ● Timeless Trivia [ACS]</div><div>3:00 ● Visit from Dr. Halvorson, Audiologist [ICS]</div><div>4:00 ● Everyday Things You Never Knew Had Names [ACS]</div></div></div>	<div><div><div>Eggs-Traordinary Wednesday! (Breakfast All-Day)</div><div>10:00 ● Biblical Inquiry with Christ Church [ALE]</div><div>11:00 ● Harvard Medical School Newsletter [GR]</div><div>11:15 ● Shopping Outing: Hawthorne Mall [L]</div><div>1:15 ● Bridge Group [R]</div><div>1:30 ● Performing Arts: Thalia's Pick of the Month: W. A. Mozart: Symphony n° 41 "Jupiter" - Lorin Maazel - Sinfónica de Galicia [ALE]</div><div>2-3 ● Knitwits Needle Art Club! [Lib]</div><div>3:15 ● Music and Movement with Caitlin (featuring Cardio Drumming!) [IE]</div><div>4:00 ● History of Lake Forest [ALE]</div><div>7:00 ● NEW! Lessons Learned in Life [R]</div></div></div>	<div><div><div>9:30 ● Propagating Indoor Garden Plants [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:30 ● Lunch Bunch Outing: Red Lobster [L]</div><div>1:30-2 ● Music Sing-a-Longs with Songs by Heart [ER]</div><div>2:00 ● Cooking Demo with Chef, Margo</div><div>2:45 ● TED Talks &amp; Discussion: Nature, Beauty &amp; Gratitude [ALE]</div><div>3:30 ● Poker! [R]</div><div>4:00 ● Fall Painting Class with Maria [ICS]</div><div>7:00 ● Movie Night! [ALE]</div><div>7:30 ● Rummikub Game [L]</div></div></div>	<div><div><div>10:00 ● Working with Weights [IE]</div><div>11:00 ● Wise Wonderful Women of the Sheridan [ICS]</div><div>1:30 ● Documentary and Discussion [ACS]</div><div>1:45 ● Activity &amp; Outings Committee Meeting [ICS]</div><div>3:00 ● Shabbat Service with Larry Zwiirn [ALE]</div><div>4:00 ● Hands on Indoor Gardening Project With Melissa [ICS]</div><div>7:00 ● Movie Night! [IE]</div></div></div>	<div><div><div>9:30 ● Colorful Creations [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:00 ● Health and Wellness Tips of the Week [R]</div><div>2:30 ● Rummikub [Lib]</div><div>3-3:30 ● Brain Teaser Mixer at Rocklands! [R]</div><div>4:00 ● Resident Choice Classic Comedy [R]</div></div></div>
	<div><div><div>9:30 ● Coffee Conversations with Carrie [Lib]</div><div>10:30 ● Rosary &amp; Devotions with Joyce [ER]</div><div>11:00 ● Rummikub [L]</div><div>1:00 ● Matinee Movie (NEW TIME!) [ALE]</div><div>1:15 ● BINGO! [ACS]</div><div>2:30 ● Blessing Mix</div><div>3:30-4 ● Chair Chi with Cathy! [IE]</div><div>4:00 ● NEW! The Sunday Chronicle [R]</div><div>4:30-7 ● Sunday Dinner Carving Station [DR]</div></div></div>	<div><div><div>9:30-1 ● Flow with Maria [ALE]</div><div>10:30 ● Rummikub [L]</div><div>1:30 ● Brain Games with Maria: [ACS]</div><div>3:30 ● You Be the Judge with Judge Miller! [IE]</div><div>6:15 ● Short Story and Discussion with Carrie [GR]</div><div>7:00 ● Monday Night Movie [ALE]</div></div></div>	<div><div><div>10:00 ● NEW! Current Events with Maria [ACS]</div><div>10:30 ● Free Blood Pressure Checks (Freedom Home Care) [Lib]</div><div>10:30 ● Rummikub (New Time) [L]</div><div>10:30 ● Visit from Cook Library [Lib]</div><div>11:00 ● Fitness with Cindy! [IE]</div><div>1-4 ● Kindness Chains Travelling Boutique [Lib]</div><div>1:30 ● American Mahjong [R]</div><div>3:00 ● Gary Midkiff Presents [IE]</div><div>4:00 ● Learn How to Play Mancala [Lib]</div><div>4:00 ● Living Well With Expert Guidance with Care Navigators [ICS]</div><div>7:30 ● Rummikub [Lib]</div></div></div>	<div><div><div>10:00 ● Communion &amp; Bible Study with Christ Church of Lake Forest - Wisdom vs. Knowledge [ALE]</div><div>10:00 ● Visit from Therapy Dog, Cosmo! [L]</div><div>10:45 ● Shopping Outing: Target [L]</div><div>11:00 ● Harvard Medical School Newsletter [GR]</div><div>1:15 ● Bridge Group [R]</div><div>2:00 ● Food Forum Meeting [ACS]</div><div>2-3 ● Knitwits Needle Art Club! [Lib]</div><div>3:15 ● Line Dancing Class with Caitlin &amp; Schlyer [IE]</div><div>4:00 ● History of Lake Bluff [ALE]</div><div>7:00 ● Evening BINGO! [R]</div></div></div>	<div><div><div>9:30 ● Propagating Indoor Garden Plants [ACS]</div><div>10:30 ● Chair Yoga with Susan [IE]</div><div>11:30 ● Thankful Thursday Luncheon [DR]</div><div>1:30-2 ● Music Sing-a-Longs with Songs by Heart [ER]</div><div>2:30 ● Library Book Discussion [Lib]</div><div>3:00 ● TED Talks &amp; Discussion (New Time) [ALE]</div><div>3:30 ● Poker! [R]</div><div>4:00 ● NEW! Travel Trivia: [ACS]</div><div>7:00 ● Movie Night! [ALE]</div><div>7:30 ● Rummikub Game [L]</div></div></div>	<div><div><div>10:00 ● Art Class with Cheryl [ICS]</div><div>10:00 ● Working with Weights [IE]</div><div>1:30 ● Documentary and Discussion [ACS]</div><div>2:00 ● Grace United Methodist Church Worship &amp; Communion [ALE]</div><div>2:45 ● Bingo Store [ICS]</div><div>3:00 ● Bring Back Summer Happy Hour [R]</div><div>4:00 ● Making Holiday Candy [ICS]</div><div>6:15 ● Evening Entertainment: Tom and Marie Choice [ALE]</div><div>7:00 ● Movie Night! [IE]</div></div></div>	<div><div><div>9:30 ● Colorful Creations [ACS]</div><div>10:30 ● Chair Yoga with Bette [IE]</div><div>11:00 ● Sudoku Brain Exercise [R]</div><div>1:00 ● Scrabble Word Game [L]</div><div>1:45 ● Chicken Soup for the Soul - Short Story &amp; Discussion [GR]</div><div>2:30 ● Rummikub at Rockland's [R]</div><div>3-3:30 ● Apple Cider at Rockland's [OP]</div><div>4:00 ● Bingo! [R]</div></div></div>
<div><div>Location Keys</div><div>AL Entertainment Room</div><div>Assisted Living Creative Studio</div><div>Club Room</div><div>Dining Room</div><div>Great Room</div><div>IL Creative Studio</div><div>IL Entertainment Room</div><div>Library</div><div>Lobby</div><div>MC Entertainment Room</div><div>Outside Patio</div><div>Rockland's</div></div>	<div><div>ALE</div><div>ACS</div><div>C</div><div>DR</div><div>GR</div><div>ICS</div><div>IE</div><div>Lib</div><div>L</div><div>ER</div><div>OP</div><div>R</div></div>						