

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>EXPLORE</div><div>BY SENIOR LIFESTYLE</div></div></div></div><div><div><div>THE SHERIDAN</div><div>AT GREEN OAKS</div><div>a Senior Lifestyle community</div></div></div><div><div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>*Diversity Event</div><div>*Enjoy- Dining Partnership Event</div><div>*Outing</div><div>Explore - Leadership &amp; Volunteerism</div><div>Explore - Lectures &amp; Learning</div><div>Explore - Recreation &amp; Entertainment</div><div>Explore - Self Expression &amp; the Arts</div><div>Explore - Spiritual Health &amp; Religion</div><div>Explore - Strength &amp; Vitality</div><div>Explore - Travels &amp; Treks</div></div></div><div><div><div>Location Keys</div><div>AL Entertainment Room</div><div>AL Lobby &amp; Living Room</div><div>Assisted Creative Studio</div><div>IL Be Fit Studio</div><div>IL Creative Studio</div><div>IL Entertainment Room</div><div>Library</div><div>Rockland's</div></div><div><div><div>ALE</div><div>ALL</div><div>ACS</div><div>I Fit</div><div>ICS</div><div>IE</div><div>Lib</div><div>R</div></div></div></div></div></div></div></div></div>	<div><div>August cont'd</div><div>31</div><div><div>10:00</div><div><div></div><div>Spiro 100 - Strength with Rhythm -Gloria Peyrat [IE]</div></div></div><div><div>11:00</div><div><div></div><div>Idioms &amp; Synonyms! [ALE]</div></div></div><div><div>1:00</div><div><div></div><div>MAHJONG!! [ICS]</div></div></div><div><div>1:30</div><div><div></div><div>Cooking with Maxwell: Zucchini Brownies [ACS]</div></div></div><div><div>2:00</div><div><div></div><div>The Knitches Gathering [Lib]</div></div></div><div><div>6:30</div><div><div></div><div>RUMMIKUB! [ALL]</div></div></div><div><div>6:30</div><div><div></div><div>RUMMIKUB! [Lib]</div></div></div></div>	<div><div>"Mistakes are proof that you are trying"</div><div>— Unknown</div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Core Builders with Sergei from Symbria [IE]</div><div>Visit from Cook Library! [Lib]</div><div>Fun with Words! [ALE]</div><div>Current Events &amp; Daily Chronicle [ICS]</div><div>MAHJONG!! [R]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Bridge Group [ICS]</div><div>Movie Matinee: The Princess Bride [ALE]</div><div>Program Chat with Maxwell [IE]</div><div>Rockland's Bar is Open! [R]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div><div>POKER NIGHT ! [R]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Blood Pressure Checks</div><div>Exercise with Amada Senior Care [IE]</div><div>St. Patrick Church: Eucharistic Service [ALE]</div><div>Blood Pressure Checks [I Fit]</div><div>Wheel of Fortune [ALE]</div><div>Rummikub!! [ALL]</div><div>Book Club: Tom Lake by Ann Patchett [R]</div><div>Shopping Outing: Sunset Foods</div><div>Memoir Writing with Lynn Wendt of Empower Writing Services [IE]</div><div>LEGO Club [Lib]</div><div>Sing For Your Supper Sing-A-Long [IE]</div><div>Monthly Caregiver Support Group [ACS]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Balance Boosters with Sergei from Symbria [IE]</div><div>Brain Games &amp; Puzzles! [ALE]</div><div>Dominoes [Lib]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Debra Levie: Art Presentation: Artist of the Hudson Valley [IE]</div><div>Prasad Brothers: Piano Concert [IE]</div><div>Rockland's Bar is Open! [R]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Blood Pressure Checks</div><div>Exercise with Amada Senior Care [IE]</div><div>Blood Pressure Checks [I Fit]</div><div>Strengthen Your Brain [ALE]</div><div>Bridge Group [ICS]</div><div>We Connect and Tea [Lib]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Food For Thought: Figs [IE]</div><div>Karaoke Happy Hour in Rockland's with AMADA ! [R]</div><div>Friday Film Fest: James Bond Classics - Goldfinger [ALE]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Spiro 100 - Flow with Flexibility with Gloria Peyrat [IE]</div><div>Daily Chronicles &amp; Discussion [Lib]</div><div>Flower Arranging [ACS]</div><div>Rosary Group [ICS]</div><div>Jim Kendros: Music Appreciation: Sweet Summer Music [IE]</div><div>Shopping on a Saturday! - Kohl's &amp; DSW</div><div>B*!N*G*O [R]</div><div>Ice Cream Sandwiches in Rocklands [R]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>
	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Spiro 100 - Strength with Rhythm -Gloria Peyrat [IE]</div><div>Idioms &amp; Synonyms! [ALE]</div><div>MAHJONG!! [ICS]</div><div>Katrina &amp; Vincent: Classical Piano [IE]</div><div>The Knitches Gathering [Lib]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Exercise with Amada Senior Care [IE]</div><div>Brain Challenges to Expand Your Mind [ALE]</div><div>Hand and Foot Card Game [ICS]</div><div>Rummikub!! [ALL]</div><div>Introduction to Chair Chi with Cathy Demetrio [IE]</div><div>Christian Church Service in the Episcopal Tradition: All are welcome. [ALE]</div><div>History Vault Presents: Scuba and Deep Sea Diving, (S5/E11) [IE]</div><div>Jackpot Money Bingo!! [R]</div><div>Sing For Your Supper Sing-A-Long [IE]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Core Builders with Sergei from Symbria [IE]</div><div>Visit from Cook Library! [Lib]</div><div>Fun with Words! [ALE]</div><div>Current Events &amp; Daily Chronicle [ICS]</div><div>MAHJONG!! [R]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Bridge Group [ICS]</div><div>Movie Matinee: The Princess Bride [ALE]</div><div>Program Chat with Maxwell [IE]</div><div>Rockland's Bar is Open! [R]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div><div>POKER NIGHT ! [R]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Blood Pressure Checks</div><div>Exercise with Amada Senior Care [IE]</div><div>St. Patrick Church: Eucharistic Service [ALE]</div><div>Blood Pressure Checks [I Fit]</div><div>Wheel of Fortune [ALE]</div><div>Rummikub!! [ALL]</div><div>Book Club: Tom Lake by Ann Patchett [R]</div><div>Shopping Outing: Sunset Foods</div><div>Memoir Writing with Lynn Wendt of Empower Writing Services [IE]</div><div>LEGO Club [Lib]</div><div>Sing For Your Supper Sing-A-Long [IE]</div><div>Monthly Caregiver Support Group [ACS]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Balance Boosters with Sergei from Symbria [IE]</div><div>Brain Games &amp; Puzzles! [ALE]</div><div>Dominoes [Lib]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Debra Levie: Art Presentation: Artist of the Hudson Valley [IE]</div><div>Prasad Brothers: Piano Concert [IE]</div><div>Rockland's Bar is Open! [R]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Blood Pressure Checks</div><div>Exercise with Amada Senior Care [IE]</div><div>Blood Pressure Checks [I Fit]</div><div>Strengthen Your Brain [ALE]</div><div>Bridge Group [ICS]</div><div>We Connect and Tea [Lib]</div><div>Chair Yoga with Sergei from Symbria [ALE]</div><div>Food For Thought: Figs [IE]</div><div>Karaoke Happy Hour in Rockland's with AMADA ! [R]</div><div>Friday Film Fest: James Bond Classics - Goldfinger [ALE]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>	<div><div><div><div><div></div><div></div><div></div><div></div><div></div></div><div><div></div><div></div><div></div><div></div><div></div></div></div><div><div><div>Spiro 100 - Flow with Flexibility with Gloria Peyrat [IE]</div><div>Book Buzz - Let's Talk Books ! [Lib]</div><div>Flower Arranging [ACS]</div><div>B*!N*G*O [R]</div><div>Shopping on a Saturday! - Target, Lake Bluff</div><div>Holly Beemer on Acoustic Guitar [IE]</div><div>RUMMIKUB! [ALL]</div><div>RUMMIKUB! [Lib]</div></div></div></div></div>
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