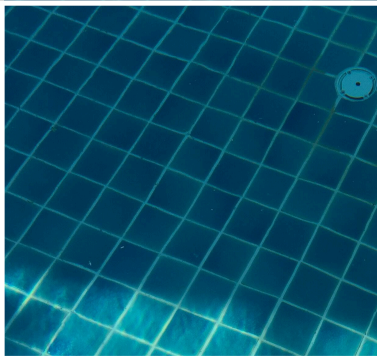


August 2025										Monthly Activities																								
Sunday					Monday					Tuesday					Wednesday					Thursday					Friday					Saturday				
 EMBRACE BY SENIOR LIFESTYLE THE SHERIDAN AT GREEN OAKS a Senior Lifestyle community Embrace -BOOKMARKS Embrace -ESSENCE Embrace -MELODY Embrace -SPARK Embrace -THYMELESS _CONNECT _CONTRIBUTE _FEEL _GROW _MOVE _REFLECT Location Keys Dining Room MC Creative Art Studio MC Entertainment Room DR M Art ER					August cont'd 31 10:00 Online Church Service [ER] 10:00 Pamper & Polish with Amani 10:30 Move & Stretch [ER] 11:00 Exploring Our National Parks [ER] 11:30 Water Coloring Painting [M Art] 1:00 Energize Your Afternoon: Stretch and Restore [ER] 1:30 iN2L Games, Word Trivia and Jokes! [ER] 1:30 Midday Movie 2:30 BINGO Tournament [ER] 3:30 Thymeless Snack 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie [ER]										Resident Birthdays Diane K. 8/4 John E. 8/7 Regina G. 8/16 Diana B. 8/23 John (Ian) S. 8/25 Kathryn K. 8/31										1 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Chair Yoga [ER] 10:30 Big Game Time [ER] 11:00 Essence 1:1 Sessions 11:15 BINGO Tournament [M Art] 1:30 Walking Club [ER] 2:00 Balloon Volleyball [ER] 3:30 Happy Hour 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 6:30 Movie and Popcorn [ER]					2 9:30 Daily Chronicles/News [ER] 10:00 Sit & Move [ER] 10:30 iN2L Games, Word Trivia [ER] 11:15 Water Coloring Painting [M Art] 1:30 Energize Your Afternoon: Stretch and Restore 1:30 Midday Movie 2:30 Bookmarks Reading Club [ER] 3:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 3:30 Thymeless Snack [DR] 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie Time [ER]				
3 10:00 Online Church Service [ER] 10:30 Move & Stretch [ER] 11:00 Exploring Our National Parks [ER] 11:30 Water Coloring Painting [M Art] 1:00 Energize Your Afternoon: Stretch and Restore [ER] 1:30 iN2L Games, Word Trivia and Jokes! [ER] 1:30 Midday Movie 2:30 BINGO Tournament [ER] 3:30 Thymeless Snack 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie [ER]					4 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Bingo 10:15 Thymless Snack: Ham & Cheese Bites 10:30 Guitarist: Adler Scheidt [ER] 11:00 Seated Exercise with carestaff [ER] 11:30 Words in a Word Game [M Art] 1:30 Midday Movie 1:30 SingFit 2:00 Energize Your Afternoon: Stretch and Restore [ER] 2:30 Sensory Table with Care Staff 3:00 Happy Hour [DR] 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 I Love Lucy [ER]					5 9:30 Daily Chronicles [ER] 10:00 iN2L Stretch & Flex [ER] 10:30 Holly Beemer: Harmony and Strings Performance [ER] 11:30 Bingo [ER] 1:30 Midday Movie 2:00 Walking Club 2:30 Bean Bag Toss 2:45 Arts & Crafts with Aby 3:30 Thymless Snack: Yogurt Parfaits 4:00 Finish That Phrase 4:30 iN2L Wheel of Fortune [ER] 6:30 iN2L Movie Memories [ER]					6 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:30 Moving and Grooving with Alina 11:00 Essence 1:1 Sessions 11:30 Big Game Time [ER] 1:30 Midday Movie 1:30 Virtual Vacations 2:00 Basketball Toss 2:15 Chair Chi Exercise 2:30 Afternoon Walk & Talk 3:30 Thymless Snack: Peanut Butter Sandwiches 4:00 Bakers Corner: Blueberry Muffins 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 Reminiscing Videos & Movies [ER]					7 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:30 Fun with Amada [ER] 11:00 Golfing Around & Parachute Fun [ER] 1:30 Midday Movie 1:30 Songs By Heart [ER] 2:45 Bookmarks Reading Club 3:30 Thymeless Snack: Cereal Mix 4:00 Water Coloring Painting [M Art] 4:30 iN2L Wheel of Fortune [ER] 6:30 Relaxing Music & Hand Massages					8 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Chair Yoga [ER] 10:00 Pamper & Polish with Amani 10:30 Big Game Time [ER] 11:00 Essence 1:1 Sessions 11:15 BINGO Tournament [M Art] 1:30 Midday Movie 1:30 Walking Club [ER] 2:00 Balloon Volleyball [ER] 3:30 Happy Hour 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 6:30 Movie and Popcorn [ER]					9 9:30 Daily Chronicles/News [ER] 10:00 Pamper & Polish with Amani 10:00 Sit & Move [ER] 10:30 iN2L Games, Word Trivia [ER] 11:15 Water Coloring Painting [M Art] 1:30 Energize Your Afternoon: Stretch and Restore 1:30 Midday Movie 2:30 Bookmarks Reading Club [ER] 3:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 3:30 Thymeless Snack [DR] 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie Time [ER]				
10 10:00 Online Church Service [ER] 10:00 Pamper & Polish with Amani 10:30 Move & Stretch [ER] 11:00 Exploring Our National Parks [ER] 11:30 Water Coloring Painting [M Art] 1:00 Energize Your Afternoon: Stretch and Restore [ER] 1:30 iN2L Games, Word Trivia and Jokes! [ER] 1:30 Midday Movie 2:30 BINGO Tournament [ER] 3:30 Thymeless Snack 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie [ER]					11 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Bingo 10:00 Pamper & Polish with Amani 10:15 Thymless Snack: Ham & Cheese Bites 10:30 Guitarist: Adler Scheidt [ER] 11:00 Seated Exercise with carestaff [ER] 11:30 Words in a Word Game [M Art] 1:30 Midday Movie 1:30 SingFit 2:00 Energize Your Afternoon: Stretch and Restore [ER] 2:30 Sensory Table with Care Staff 3:00 Happy Hour [DR] 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 I Love Lucy [ER]					12 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:00 iN2L Stretch & Flex [ER] 10:30 Holly Beemer: Harmony and Strings Performance [ER] 11:30 Bingo [ER] 1:30 Midday Movie 2:00 Walking Club 2:30 Bean Bag Toss 3:30 Thymless Snack: Yogurt Parfaits 4:00 Finish That Phrase 4:30 iN2L Wheel of Fortune [ER] 6:30 iN2L Movie Memories [ER]					13 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Pamper & Polish with Amani 10:30 Moving and Grooving with Alina 11:00 Essence 1:1 Sessions 11:30 Big Game Time [ER] 1:30 Midday Movie 1:30 Virtual Vacations 2:00 Basketball Toss 2:15 Chair Chi Exercise 2:30 Afternoon Walk & Talk 3:30 Thymless Snack: Peanut Butter Sandwiches 4:00 Bakers Corner: Blueberry Muffins 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 Reminiscing Videos & Movies [ER]					14 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:00 Pamper & Polish with Amani 10:30 Fun with Amada [ER] 11:00 Golfing Around & Parachute Fun [ER] 1:30 Midday Movie 1:30 Songs By Heart [ER] 2:45 Bookmarks Reading Club 3:30 Thymeless Snack: Cereal Mix 4:00 Water Coloring Painting [M Art] 4:30 iN2L Wheel of Fortune [ER] 6:30 Relaxing Music & Hand Massages					15 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Chair Yoga [ER] 10:00 Pamper & Polish with Amani 10:30 Big Game Time [ER] 11:00 Essence 1:1 Sessions 11:15 BINGO Tournament [M Art] 1:30 Midday Movie 1:30 Walking Club [ER] 2:00 Balloon Volleyball [ER] 3:30 Happy Hour 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 6:30 Movie and Popcorn [ER]					16 9:30 Daily Chronicles/News [ER] 10:00 Pamper & Polish with Amani 10:00 Sit & Move [ER] 10:30 iN2L Games, Word Trivia [ER] 11:15 Water Coloring Painting [M Art] 1:30 Energize Your Afternoon: Stretch and Restore 1:30 Midday Movie 2:30 Bookmarks Reading Club [ER] 3:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 3:30 Thymeless Snack [DR] 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie Time [ER]				
17 10:00 Online Church Service [ER] 10:00 Pamper & Polish with Amani 10:30 Move & Stretch [ER] 11:00 Exploring Our National Parks [ER] 11:30 Water Coloring Painting [M Art] 1:00 Energize Your Afternoon: Stretch and Restore [ER] 1:30 iN2L Games, Word Trivia and Jokes! [ER] 1:30 Midday Movie 2:30 BINGO Tournament [ER] 3:30 Thymeless Snack 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie [ER]					18 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Bingo 10:00 Pamper & Polish with Amani 10:15 Thymless Snack: Ham & Cheese Bites 10:30 Guitarist: Adler Scheidt [ER] 11:00 Seated Exercise with carestaff [ER] 11:30 Words in a Word Game [M Art] 1:30 Midday Movie 1:30 SingFit 2:00 Energize Your Afternoon: Stretch and Restore [ER] 2:30 Sensory Table with Care Staff 3:00 Happy Hour [DR] 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 I Love Lucy [ER]					19 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:00 iN2L Stretch & Flex [ER] 10:30 Holly Beemer: Harmony and Strings Performance [ER] 11:30 Bingo [ER] 1:30 Midday Movie 2:00 Walking Club 2:30 Bean Bag Toss 3:30 Thymless Snack: Yogurt Parfaits 4:00 Finish That Phrase 4:30 iN2L Wheel of Fortune [ER] 6:30 iN2L Movie Memories [ER]					20 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Pamper & Polish with Amani 10:30 Moving and Grooving with Alina 11:00 Essence 1:1 Sessions 11:30 Big Game Time [ER] 1:30 Midday Movie 1:30 Virtual Vacations 2:00 Basketball Toss 2:15 Chair Chi Exercise 2:30 Afternoon Walk & Talk 3:30 Thymless Snack: Peanut Butter Sandwiches 4:00 Bakers Corner: Blueberry Muffins 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 Reminiscing Videos & Movies [ER]					21 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:00 Pamper & Polish with Amani 10:30 Fun with Amada [ER] 11:00 Golfing Around & Parachute Fun [ER] 1:30 Midday Movie 1:30 Songs By Heart [ER] 2:45 Bookmarks Reading Club 3:30 Thymeless Snack: Cereal Mix 4:00 Water Coloring Painting [M Art] 4:30 iN2L Wheel of Fortune [ER] 6:30 Relaxing Music & Hand Massages					22 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Chair Yoga [ER] 10:00 Pamper & Polish with Amani 10:30 Big Game Time [ER] 11:00 Essence 1:1 Sessions 11:15 BINGO Tournament [M Art] 1:30 Midday Movie 1:30 Walking Club [ER] 2:00 Balloon Volleyball [ER] 3:30 Happy Hour 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 6:30 Movie and Popcorn [ER]					23 9:30 Daily Chronicles/News [ER] 10:00 Pamper & Polish with Amani 10:00 Sit & Move [ER] 10:30 iN2L Games, Word Trivia [ER] 11:15 Water Coloring Painting [M Art] 1:30 Energize Your Afternoon: Stretch and Restore 1:30 Midday Movie 2:30 Bookmarks Reading Club [ER] 3:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 3:30 Thymeless Snack [DR] 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie Time [ER]				
24 10:00 Online Church Service [ER] 10:00 Pamper & Polish with Amani 10:30 Move & Stretch [ER] 11:00 Exploring Our National Parks [ER] 11:30 Water Coloring Painting [M Art] 1:00 Energize Your Afternoon: Stretch and Restore [ER] 1:30 iN2L Games, Word Trivia and Jokes! [ER] 1:30 Midday Movie 2:30 BINGO Tournament [ER] 3:30 Thymeless Snack 4:00 iN2L Sing A Long [ER] 6:00 Classic Movie [ER]					25 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Bingo 10:00 Pamper & Polish with Amani 10:15 Thymless Snack: Ham & Cheese Bites 10:30 Guitarist: Adler Scheidt [ER] 11:00 Seated Exercise with carestaff [ER] 11:30 Words in a Word Game [M Art] 1:30 Midday Movie 1:30 SingFit 2:00 Energize Your Afternoon: Stretch and Restore [ER] 2:30 Sensory Table with Care Staff 3:00 Happy Hour [DR] 4:00 iN2L Game Shows/ Family Feud & Card Shark [ER] 4:30 Sing - A - Long [ER] 6:30 I Love Lucy [ER]					26 9:30 Daily Chronicles [ER] 10:00 Pamper & Polish with Amani 10:00 iN2L Stretch & Flex [ER] 10:30 Holly Beemer: Harmony and Strings Performance [ER] 11:30 Bingo [ER] 1:30 Midday Movie 2:00 Walking Club 2:30 Bean Bag Toss 3:30 Thymless Snack: Yogurt Parfaits 4:00 Finish That Phrase 4:30 iN2L Wheel of Fortune [ER] 6:30 iN2L Movie Memories [ER]					27 9:30 Daily Chronicles [ER] 9:45 Thymeless Gardening 10:00 Pamper & Polish with Amani 10:30 Moving and Gro																			