



Theme of the Month:
You're the APPLE of My Eye

Location Keys

AL Entertainment Room ALE
Dining Room DR
IL Creative Studio ICS
MC Creative Art Studio M Art
MC Entertainment Room ER
Outside Patio OP

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdays
Genevive A. 10/14
Elizabeth S. 10/17

SUNDAY



9:00 ● Thymeless - Infused Water [DR]	6
9:15 ● Morning Movement [ER]	
9:30 ● Daily News/On This Day [ER]	
11:00 ● Hymn Sing-Along [ER]	
2:30 ● Afternoon Tea [DR]	
2:45 ● Chair Chi with Cathy [ER]	
4:00 ● Thymeless: Water & Maintain the Gardens [ER]	
4:30 ● Sing-Along [ER]	
6:00 ● It's Puzzling- Word Searches, Crosswords & Puzzles [ER]	

9:00 ● Thymeless - Infused Water [DR]	13
9:30 ● Daily News/On This Day [ER]	
10:00 ● Inspiration with Joel Olsteen [ER]	
11:00 ● Hymn Sing-Along [ER]	
12:30 ● Adult Art Pages [ER]	
2:30 ● Afternoon Tea [DR]	
2:45 ● Chair Chi with Cathy [ER]	
3:00 ● Inspirational Movie [ER]	
4:00 ● Thymeless: Water & Maintain the Gardens [ER]	
4:30 ● Sing-Along [ER]	
6:00 ● It's Puzzling- Word Searches, Crosswords & Puzzles [ER]	

9:00 ● Thymeless - Infused Water [DR]	20
9:15 ● Morning Movement [ER]	
9:30 ● Daily News/On This Day [ER]	
11:00 ● Hymn Sing-Along [ER]	
2:30 ● Afternoon Tea [DR]	
2:45 ● Chair Chi with Cathy [ER]	
4:00 ● Thymeless: Water & Maintain the Gardens [ER]	
4:30 ● Sing-Along [ER]	
6:00 ● It's Puzzling- Word Searches, Crosswords & Puzzles [ER]	

9:00 ● Thymeless - Infused Water [DR]	27
9:30 ● Daily News/On This Day [ER]	
10:00 ● Inspiration with Joel Olsteen [ER]	
11:00 ● Hymn Sing-Along [ER]	
1:00 ● Adult Art Pages [ER]	
2:00 ● Afternoon Tea [DR]	
2:45 ● Chair Chi with Cathy [ER]	
3:00 ● Inspirational Movie [ER]	
4:00 ● Thymeless: Water & Maintain the Gardens [ER]	
4:30 ● Sing-Along [ER]	
6:00 ● It's Puzzling- Word Searches, Crosswords & Puzzles [ER]	

MONDAY

9:00 ● Thymeless - Infused Water [DR]	7
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise with Carol [ER]	
10:30 ● Creative Expressions [M Art]	
11:00 ● Music Fills our Hearts [ER]	
1:00 ● Music and Movement Class with Carol [ER]	
2:00 ● Sunshine and Stretching [OP]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Massages and Manicures [ICS]	
4:00 ● Poetry Jam with Carol [OP]	
6:00 ● Dominoes [ER]	

Columbus Day	14
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise with Carol [ER]	
10:30 ● Creative Expressions [M Art]	
11:00 ● Music Fills our Hearts [ER]	
1:00 ● Music and Movement Class with Carol [ER]	
2:00 ● Sunshine and Stretching [OP]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Massages and Manicures [ICS]	
4:00 ● Guitar Sing-a-Long with Carol [ER]	
6:00 ● Dominoes [ER]	

9:00 ● Thymeless - Infused Water [DR]	21
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise with Carol [ER]	
10:30 ● Creative Expressions [M Art]	
11:00 ● Music Fills our Hearts [ER]	
1:00 ● Music and Movement Class with Carol [ER]	
2:00 ● Sunshine and Stretching [OP]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Massages and Manicures [ICS]	
4:00 ● Poetry Jam with Carol [OP]	
6:00 ● Dominoes [ER]	

9:00 ● Thymeless - Infused Water [DR]	28
9:30 ● Daily News/On This Day [ER]	
10:00 ● Morning Exercise with Carol [ER]	
11:00 ● Guitar Sing-a-Long with Carol [ER]	
1:00 ● Music and Movement Class with Carol [ER]	
2:00 ● Grace United Methodist Church Worship & Communion	
2:00 ● Live Entertainment-Yan Skaldman-Pianist [ER]	
3:00 ● Sunshine and Stretching [OP]	
4:00 ● Massages and Manicures [ICS]	
6:00 ● Dominoes [ER]	

TUESDAY

9:00 ● Thymeless - Infused Water [DR]	1
9:30 ● Daily News/On This Day [ER]	
10:00 ● Sit and Be Fit with Cindy [ER]	
11:00 ● Bookmarks-Book of the Day [M Art]	
11:30 ● Music & Singalongs [ER]	
1:30 ● Life Lessons Discussions [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Kindness Connection [M Art]	
6:00 ● Adult Art Pages	

9:00 ● Thymeless - Infused Water [DR]	8
9:30 ● Daily News/On This Day [ER]	
10:00 ● Sit and Be Fit with Cindy [ER]	
10:30 ● Cook Library Visits [ER]	
11:00 ● Bookmarks-Book of the Day [M Art]	
11:30 ● Music & Singalongs [ER]	
1:30 ● Life Lessons Discussions [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Kindness Connection [M Art]	
4:30 ● Mindful Meditation Before Dinner [OP]	
6:00 ● Adult Art Pages	

9:00 ● Thymeless - Infused Water [DR]	15
9:30 ● Daily News/On This Day [ER]	
10:00 ● Sit and Be Fit with Cindy [ER]	
11:00 ● Bookmarks-Book of the Day [M Art]	
11:30 ● Music & Singalongs [ER]	
1:30 ● Life Lessons Discussions [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Kindness Connection [M Art]	
6:00 ● Adult Art Pages	

9:00 ● Thymeless - Infused Water [DR]	22
9:30 ● Daily News/On This Day [ER]	
10:00 ● Sit and Be Fit with Cindy [ER]	
10:30 ● Cook Library Visits [ER]	
11:00 ● Bookmarks-Book of the Day [M Art]	
11:30 ● Music & Singalongs [ER]	
1:30 ● Life Lessons Discussions [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Kindness Connection [M Art]	
4:30 ● Mindful Meditation Before Dinner [OP]	
6:00 ● Adult Art Pages	

9:00 ● Thymeless - Infused Water [DR]	29
9:30 ● Daily News/On This Day [ER]	
10:00 ● Sit and Be Fit with Cindy [ER]	
11:00 ● Bookmarks-Book of the Day [M Art]	
11:30 ● Music & Singalongs [ER]	
1:30 ● Life Lessons Discussions [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Kindness Connection [M Art]	
6:00 ● Adult Art Pages	

WEDNESDAY

9:00 ● Thymeless - Infused Water [DR]	2
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise- iN2L [ER]	
10:00 ● Biblical Inquiry with Christ Church [ALE]	
10:00 ● Golden Age Biographies [ER]	
10:00 ● Therapy Dog Cosmo	
1:00 ● Thymeless- Plant/Water/Harvest the Garden [OP]	
1:30 ● Afternoon Concert [ER]	
2:00 ● Outing-Movie Theater-Downtown Abbey	
2:30 ● Afternoon Tea [DR]	
4:00 ● Music & Singalongs	
4:30 ● "What Am I?" [ER]	
6:00 ● Uno Card Game [ER]	

9:00 ● Thymeless - Infused Water [DR]	9
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise- iN2L [ER]	
10:00 ● Biblical Inquiry with Christ Church [ALE]	
10:00 ● Golden Age Biographies [ER]	
1:00 ● Thymeless- Plant/Water/Harvest the Garden [OP]	
1:30 ● Afternoon Concert [ER]	
2:30 ● Afternoon Tea [DR]	
4:00 ● Music & Singalongs	
4:30 ● iN2L: What Did It Cost?	
6:00 ● Uno Card Game [ER]	

9:00 ● Thymeless - Infused Water [DR]	16
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise- iN2L [ER]	
10:00 ● Biblical Inquiry with Christ Church [ALE]	
10:00 ● Golden Age Biographies [ER]	
1:00 ● Thymeless- Plant/Water/Harvest the Garden [OP]	
1:30 ● Afternoon Concert [ER]	
2:30 ● Afternoon Tea [DR]	
4:00 ● Music & Singalongs	
4:30 ● "What Am I?" [ER]	
6:00 ● Uno Card Game [ER]	

9:00 ● Thymeless - Infused Water [DR]	23
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise- iN2L [ER]	
10:00 ● Biblical Inquiry with Christ Church [ALE]	
10:00 ● Golden Age Biographies [ER]	
1:00 ● Thymeless- Plant/Water/Harvest the Garden [OP]	
1:30 ● Afternoon Concert [ER]	
2:30 ● Afternoon Tea [DR]	
4:00 ● Music & Singalongs	
4:30 ● iN2L: What Did It Cost?	
6:00 ● Uno Card Game [ER]	

9:00 ● Thymeless - Infused Water [DR]	30
9:30 ● Daily News/On This Day [ER]	
9:30 ● Morning Exercise- iN2L [ER]	
10:00 ● Biblical Inquiry with Christ Church [ALE]	
10:00 ● Golden Age Biographies [ER]	
1:00 ● Thymeless- Plant/Water/Harvest the Garden [OP]	
1:30 ● Afternoon Concert [ER]	
2:00 ● Afternoon Tea [DR]	
4:00 ● Music & Singalongs	
4:30 ● "What Am I?" [ER]	
6:00 ● Uno Card Game [ER]	

THURSDAY

Salon Day: Hair Day!	3
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
10:00 ● Golden Age Biographies [ER]	
10:30 ● Words within a Word [ER]	
11:00 ● Dance and Movement Program with Caitlin [ER]	
1:30 ● Songs by Heart [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Yesterdays - Reminisce Program [M Art]	
6:00 ● Bingo [ER]	

Salon Day: Hair Day!	10
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
10:00 ● Golden Age Biographies [ER]	
10:30 ● Words within a Word [ER]	
11:00 ● Dance and Movement Program with Caitlin [ER]	
1:30 ● Songs by Heart [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Yesterdays - Reminisce Program [M Art]	
6:00 ● Bingo [ER]	

Salon Day: Hair Day!	17
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
10:00 ● Golden Age Biographies [ER]	
10:30 ● Words within a Word [ER]	
11:00 ● Dance and Movement Program with Caitlin [ER]	
1:30 ● Songs by Heart [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Yesterdays - Reminisce Program [M Art]	
6:00 ● Bingo [ER]	

Salon Day: Hair Day!	24
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
10:00 ● Golden Age Biographies [ER]	
10:30 ● Words within a Word [ER]	
11:00 ● Dance and Movement Program with Caitlin [ER]	
1:30 ● Songs by Heart [ER]	
2:00 ● Cooking In Mom's Kitchen [DR]	
4:00 ● Yesterdays - Reminisce Program [M Art]	
6:00 ● Bingo [ER]	
6:00 ● Craft Event with Volunteers from Lake Forest College [M Art]	

Halloween Salon Day: Hair Day!	31
9:00 ● Thymeless - Infused Water [DR]	
9:30 ● Daily News/On This Day [ER]	
9:30 ● Halloween Stories [ER]	
10:30 ● Words within a Word [ER]	
11:00 ● Dance and Movement Program with Caitlin [ER]	
1:30 ● Songs by Heart [ER]	
2:00 ● Cooking Something Spooky In Mom's Kitchen [DR]	
4:00 ● Yesterdays - Reminisce Program [M Art]	
6:00 ● Bingo [ER]	

FRIDAY

9:00 ● Thymeless - Infused Water [DR]	4
9:30 ● Daily News/On This Day [ER]	
10:30 ● Flower Arranging [M Art]	
11:30 ● Outing-Lunch at Wildberry Pancakes and Cafe	
11:30 ● Thymeless - Plant/Water/Harvest the Garden [OP]	
1:30 ● Horse Racing [ER]	
2:30 ● Afternoon Tea [DR]	
3:30 ● Resident's Choice [ER]	
6:00 ● Movie Night & Popcorn [ER]	

9:00 ● Thymeless - Infused Water [DR]	11
9:30 ● Daily News/On This Day [ER]	
10:00 ● Outing-Independence Grove-Morning Brunch	
10:30 ● Flower Arranging [M Art]	
11:30 ● Thymeless - Plant/Water/Harvest the Garden [OP]	
1:00 ● Using Your Senses-Tell Me a Story [M Art]	
2:00 ● Afternoon Tea [DR]	
3:30 ● Live Entertainment-Bonnie-Pianist [ER]	
6:00 ● Movie Night & Popcorn [ER]	

9:00 ● Thymeless - Infused Water [DR]	18
9:30 ● Daily News/On This Day [ER]	
10:00 ● Outing-Didier Farms	
10:30 ● Flower Arranging [M Art]	
11:30 ● Thymeless - Plant/Water/Harvest the Garden [OP]	
1:30 ● Horse Racing [ER]	
2:30 ● Afternoon Tea [DR]	
3:30 ● Resident's Choice [ER]	
6:00 ● Movie Night & Popcorn [ER]	

9:00 ● Thymeless - Infused Water [DR]	25
9:30 ● Daily News/On This Day [ER]	
10:30 ● Flower Arranging [M Art]	
11:30 ● Thymeless - Plant/Water/Harvest the Garden [OP]	
1:00 ● Outing-Equestrian Connections	
1:30 ● Using Your Senses-Tell Me a Story [M Art]	
2:00 ● Worship & Communion with Pastor Deb [ALE]	
2:30 ● Afternoon Tea [DR]	
3:30 ● Resident's Choice [ER]	
6:00 ● Movie Night & Popcorn [ER]	

9:00 ● Thymeless - Infused Water [DR]	26
9:30 ● Daily News/On This Day [ER]	
12:30 ● Adult Art Pages [ER]	
1:00 ● iN2L: Karaoke [ER]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Using Your Senses [OP]	
4:30 ● iN2L: What Did It Cost? [ER]	
6:00 ● Creative Art Expressions [M Art]	

SATURDAY

9:00 ● Thymeless - Infused Water [DR]	5
9:15 ● Morning Movement [ER]	
9:30 ● Daily News/On This Day [ER]	
2:00 ● iN2L: Karaoke [ER]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Using Your Senses [OP]	
4:30 ● iN2L: What Did It Cost? [ER]	
6:00 ● Creative Art Expressions [M Art]	

9:00 ● Thymeless - Infused Water [DR]	12
9:30 ● Daily News/On This Day [ER]	
12:30 ● Adult Art Pages [ER]	
2:00 ● iN2L: Karaoke [ER]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Using Your Senses [OP]	
4:30 ● iN2L: What Did It Cost? [ER]	
6:00 ● Creative Art Expressions [M Art]	

9:00 ● Thymeless - Infused Water [DR]	19
9:15 ● Morning Movement [ER]	
9:30 ● Daily News/On This Day [ER]	
10:00 ● Painting with Colleen [M Art]	
1:00 ● iN2L: Karaoke [ER]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Using Your Senses [OP]	
4:30 ● iN2L: What Did It Cost? [ER]	
6:00 ● Creative Art Expressions [M Art]	

9:00 ● Thymeless - Infused Water [DR]	26
9:30 ● Daily News/On This Day [ER]	
12:30 ● Adult Art Pages [ER]	
1:00 ● iN2L: Karaoke [ER]	
2:30 ● Lemonade Stand [ER]	
3:30 ● Using Your Senses [OP]	
4:30 ● iN2L: What Did It Cost? [ER]	
6:00 ● Creative Art Expressions [M Art]	

