calendar & activities DCT 2019

The Sheridan at Green Oaks- Embrace

FRIDAY

nfused Water [DR]

9:30 • Daily News/On This

10:30 • Flower Arranging [M Art]

11:30 • Outing-Lunch at Wildberry

1:30 Thymeless - Plant/Water/

Pancakes and Cafe

Harvest the Garden [OP]

Day [ER]

1:30 • Horse Racing [ER]

2:30 • Afternoon Tea [DR]

Water [DR]

9:30 • Daily News/On This

0:00 Outing-Independence Grove-

Morning Brunch

0:30 • Flower Arranging [M Art]

the Garden [OP]

Infused Water

This Day [ER]

10:30 • Flower Arranging [M Art]

11:30 • Thymeless - Plant/Water/

Harvest the Garden [OP]

10:00 • Outing-Didier Farms

1:30 • Horse Racing [ER]

2:30 • Afternoon Tea [DR]

9:00 • Thymeless - Infused

Water [DR]

9:30 • Daily News/On This

0:30 • Flower Arranging [M Art]

the Garden [OP]

1:30 • Thymeless - Plant/Water/Harvest

1:00 • Outing-Equestrian Connections

2:00 • Worship & Communion with

Pastor Deb [ALE]

6:00 Movie Night & Popcorn [ER]

1:30 • Using Your Senses-Tell Me a Story

Day [ER]

[M Art]

2:30 • Afternoon Tea [DR]

3:30 • Resident's Choice [ER]

3:30 • Resident's Choice [ER]

6:00 Movie Night & Popcorn [ER]

3:30 • Live Entertainment-Bonnie-Pianis

Day [ER]

[M Art]

2:00 • Afternoon Tea [DR]

9:30 • Daily News/On

9:00 • Thymeless

MEMORY CARE embrace BY SENIOR LIFESTYLE

Theme of the Month: You're the APPLE of My Eye

Location Keys

AL Entertainment Room ALE Dining Room **IL Creative Studio** MC Creative Art Studio M Art MC Entertainment Room ER **Outside Patio**

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Resident Birthdaus

Genevive A. Elizabeth S.

Day [ER] 10:00 Inspiration with Joel Olsteen [ER] 11:00 • Hymn Sing-Along [ER] 1:00 Adult Art Pages [ER] 2:00 • Afternoon Tea [DR] 2:45 • Chair Chi with Cathy [ER] 3:00 • Inspirational Movie [ER] 4:00 • Thymeless: Water & Maintain the Gardens [ER]

4:30 • Sing-Along [ER]

10:00 • Sit and Be Fit with Cindy [ER] HODDU Halloween 9:00 • Thymeless 9:00 • Thymeless - Infused Infused Water

SUNDAY

9:15 • Morning

Movement [ER]

2:45 • Chair Chi with Cathy [ER]

the Gardens [ER]

4:00 • Thymeless: Water & Maintain

6:00 • It's Puzzling- Word Searches

Daily News/On This

10:00 Inspiration with Joel Olsteen [ER]

4:00 • Thymeless: Water & Maintain the

Crosswords & Puzzles [ER]

Crosswords & Puzzles [ER]

11:00 • Hymn Sing-Along [ER]

2:30 • Afternoon Tea [DR]

4:30 • Sing-Along [ER]

9:00 • Thymeless - Infused

Water [DR]

Day [ER]

11:00 • Hymn Sing-Along [ER]

2:45 • Chair Chi with Cathy [ER]

3:00 • Inspirational Movie [ER]

Gardens [ER]

6:00 • It's Puzzling- Word Searches.

Infused Water

Movement [ER]

2:45 • Chair Chi with Cathy [ER]

the Gardens [ER]

Daily News/On This

6:00 • It's Puzzling- Word Searches,

Crosswords & Puzzles [ER]

11:00 • Hymn Sing-Along [ER]

2:30 • Afternoon Tea [DR]

4:30 • Sing-Along [ER]

9:00 • Thymeless - Infused

Water [DR]

9:30 • Daily News/On This Day [ER]

4:00 • Thymeless: Water & Maintain

6:00 • It's Puzzling- Word Searches,

Crosswords & Puzzles [ER]

4:30 • Sing-Along [ER]

9:00 • Thymeless -

9:15 Morning

12:30 • Adult Art Pages [ER]

2:30 • Afternoon Tea [DR]

- Water [DR] Daily News/On This 9:30 Day [ER] 9:30 Morning Exercise with Carol [ER] 10:30 • Creative Expressions [M Art] 9:30 • Daily News/On This Day [ER] 1:00 • Music Fills our Hearts [ER] 1:00 • Music and Movement Class with
 - Carol [ER] 2:00 • Sunshine and Stretching [OP] 2:30 • Lemonade Stand [ER] 3:30 • Massages and Manicures [ICS] 4:00 • Poetry Jam with Carol [OP] 6:00 • Dominoes [ER]

MONDAY

9:00 • Thymeless - Infused Water [DR] 9:30 • Daily News/On This Day 9:30 • Morning Exercise with Carol [ER] 10:30 • Creative Expressions [M Art]

Columbus Day

- 11:00 Music Fills our Hearts [ER] 1:00 • Music and Movement Class with Carol 2:00 Sunshine and Stretching [OP]
- 2:30 Lemonade Stand [ER] 3:30 Massages and Manicures [ICS] 4:00 • Guitar Sing-a-Long with Carol [ER] 6:00 Dominoes [ER]
- 9:00 Thymeless Infused Water [DR] Daily News/On This 9:30 • Morning Exercise with Carol [ER] 10:00 • Sit and Be Fit with Cindy [ER] 10:30 • Cook Library Visits [ER] 11:00 • Bookmarks-Book of the Day [M
- 10:30 Creative Expressions [M Art] 1:00 • Music Fills our Hearts [ER] 1:00 • Music and Movement Class with Carol [ER]
- 2:00 Sunshine and Stretching [OP] 2:30 • Lemonade Stand [ER] 3:30 Massages and Manicures [ICS]
- 4:00 Poetry Jam with Carol [OP] 6:00 • Dominoes [ER] 9:00 • Thymeless - Infused
- Water [DR] Daily News/On This Day [ER] 10:00 Morning Exercise with Carol [ER] 1:00 • Guitar Sing-a-Long with Carol [ER] 1:00 • Music and Movement Class with
- Carol [FR] Grace United Methodist Church Worship & Communion 2:00 • Live Entertainment-Yan
- Skaldman-Pianist [ER] 3:00 • Sunshine and Stretching [OP] 4:00 Massages and Manicures [ICS] 6:00 • Dominoes [ER]

6:00 • Adult Art Pages 9:00 • Thymeless -Infused Water [DR] 9:30 • Daily News/On This

10:00 • Sit and Be Fit with Cindy [ER] 11:00 • Bookmarks-Book of the Day M 1:30 • Music & Singalongs [ER]

TUESDAY

Infused Water [DR]

1:30 • Life Lessons Discussions [ER]

2:00 • Cooking In Mom's Kitchen [DR]

4:00 • Kindness Connection [M Art]

9:30 • Daily News/On This

Day [ER]

6:00 • Adult Art Pages

9:00 • Thymeless - Infused

Water [DR]

9:30 • Daily News/On This

10:30 • Cook Library Visits [ER]

11:30 • Music & Singalongs [ER]

10:00 • Sit and Be Fit with Cindy [ER]

11:00 • Bookmarks-Book of the Day [M

1:30 • Life Lessons Discussions [ER]

2:00 • Cooking In Mom's Kitchen [DR]

4:30 • Mindful Meditation Before Dinne

Infused Water [DR]

10:00 • Sit and Be Fit with Cindy [ER]

11:30 • Music & Singalongs [ER]

6:00 • Adult Art Pages

9:00 • Thymeless - Infused

Water [DR]

9:30 • Daily News/On This

11:30 • Music & Singalongs [ER]

1:30 • Life Lessons Discussions [ER]

2:00 • Cooking In Mom's Kitchen [DR]

4:30 • Mindful Meditation Before Dinne

4:00 • Kindness Connection [M Art]

Day [ER]

11:00 • Bookmarks-Book of the Day [M

1:30 • Life Lessons Discussions [ER]

2:00 • Cooking In Mom's Kitchen [DR]

4:00 • Kindness Connection [M Art]

9:30 • Daily News/On This

4:00 • Kindness Connection [M Art]

Day [ER]

6:00 Adult Art Pages

9:00 • Thymeless -

9:00 • Thymeless

1:30 • Life Lessons Discussions [ER] 2:00 • Cooking In Mom's Kitchen [DR] 4:00 • Kindness Connection [M Art] 6:00 • Adult Art Pages

WEDNESDAY 9:00 • Thymeless - Infused Water

9:30 • Daily News/On This Day [ER] 9:30 Morning Exercise- iN2L [ER] 10:00 • Biblical Inquiry with Christ Church [ALE]

10:00 Sit and Be Fit with Girls, [10:00 Golden Age Diographic J. 11:00 Bookmarks-Book of the Day [M Art] Signature of the Day [Art] Golden George [Art] Therapy Dog Cosmo Thompselss- Plant/Water/Harvest the Garder [OP] 1:30 • Afternoon Concert [ER]
2:00 • Outing-Movie Theater-Downtown Abbey

2:30 • Afternoon Tea [DR] 4:00 • Music & Singalongs 4:30 ... "What Am I?" [FR] 6:00 • Uno Card Game [ER]

Water [DR]

9:30

Daily News/On This

2:00 • Cooking In Mom's Kitchen [DR] 4:00 • Yesterdays - Reminisce Program 6:00 • Bingo [ER] 9:00 • Thymeless - Infused

Salon Day: Hair Day! 9:00 • Thymeless - Infused

Day [ER] 9:30 • Morning Exercise- iN2L [ER] 10:00 • Biblical Inquiry with Christ Church [ALF] 10:00 • Golden Age Biographies [ER]

 Thymeless- Plant/Water/Harvest the Garden [OP] 1:30 • Afternoon Concert [ER] 2:30 • Afternoon Tea [DR]

4:00 • Music & Singalongs 4:30 • iN2L: What Did It Cost? 6:00 • Uno Card Game [ER]

9:00 • Thymeless - Infused Water [DR] Daily News/On This Day [ER] 9:30 Morning Exercise- iN2L [ER] 10:00 • Biblical Inquiry with Christ Church

[ALE] 10:00 • Golden Age Biographies [ER] 1:00 • Thymeless- Plant/Water/Harvest the Garden [OP] 1:30 • Afternoon Concert [ER]

2:30 • Afternoon Tea [DR] 4:00 • Music & Singalongs 4:30 • "What Am I?" [ER] 6:00 • Uno Card Game [ER]

Water [DR]

9:30

9:30

9:00 • Thymeless - Infused Salon Day: Hair Day! 9:00 • Thymeless - Infused

Daily News/On This Day [ER] 9:30 • Morning Exercise- iN2L [ER] 10:00
Biblical Inquiry with Christ Church [ALF] 10:00 • Golden Age Biographies [ER] 1:00 • Thymeless- Plant/Water/Harvest

the Garden [OP] 1:30 • Afternoon Concert [ER] 2:30 • Afternoon Tea [DR] 4:00 • Music & Singalongs 4:30 • iN2L: What Did It Cost?

Water [DR]

4:30 • "What Am I?" [ER]

6:00 • Uno Card Game [ER]

6:00 • Uno Card Game [ER] 9:00 • Thymeless - Infused Daily News/On This

Day [ER] Morning Exercise- iN2L [ER] Biblical Inquiry with Christ Church 10:00 • Golden Age Biographies [ER]

 Thymeless- Plant/Water/Harvest the Garden [OP] 1:30 • Afternoon Concert [ER] 2:00 • Afternoon Tea [DR] 4:00 • Music & Singalongs

3:30 • Resident's Choice [ER] 6:00 Movie Night & Popcorn [ER] 9:00 • Thymeless - Infused

Water [DR] 9:30 • Daily News/On This Day [ER] 10:00 • Golden Age Biographies [ER] 10:30 • Words within a Word [ER] 11:00 • Dance and Movement Program

THURSDAY

Salon Day: Hair Day!

9:00 • Thymeless - Infused

Water [DR]

9:30 • Daily News/On This

0:00 • Golden Age Biographies [ER]

11:00 • Dance and Movement Program

10:30 • Words within a Word [ER]

with Caitlin [ER]

1:30 • Songs by Heart [ER]

with Caitlin [ER] 1:30 • Songs by Heart [ER] 2:00 • Cooking In Mom's Kitchen [DR] 4:00 • Yesterdays - Reminisce Program [M Art] 6:00 • Bingo [ER]

6:00 Movie Night & Popcorn [ER] Salon Day: Hair Day! 9:00 • Thymeless -9:00 • Thymeless - Infused

Water [DR] 9:30 • Daily News/On This 10:00 • Golden Age Biographies [ER] 10:30 • Words within a Word [ER] 11:00 • Dance and Movement Program

with Caitlin [ER] 1:30 • Songs by Heart [ER] 2:00 • Cooking In Mom's Kitchen [DR] 4:00 • Yesterdays - Reminisce Program [M Art] 6:00 • Bingo [ER]

Water [DR]

Water [DR]

9:30 • Daily News/On This Day [ER]

9:30 • Daily News/On This Day 0:00 • Golden Age Biographies [ER] 0:30 • Words within a Word [ER] 11:00 • Dance and Movement Program with Caitlin [ER]

1:30 • Songs by Heart [ER] 2:00 • Cooking In Mom's Kitchen [DR] 4:00 • Yesterdays - Reminisce Program [M 6:00 • Bingo [ER]

6:00 • Craft Event with Volunteers from Lake Forest College [M Art] Halloween Salon Day: Hair Day!

9:00 • Thymeless - Infused

10:00 Halloween Stories [ER] 0:30 • Words within a Word [ER] 11:00 • Dance and Movement Program with

1:30 • Songs by Heart [ER] 2:00 • Cooking Something Spooky In Mom's

4:00 • Yesterdays - Reminisce Program [M 6:00 • Bingo [ER]

9:00 • Thymeless Infused Water 9:15 • Morning Movement [ER]

SATURDAY

9:30 • Daily News/On This Day [ER] 2:00 • iN2L: Karaoke [ER] 2:30 • Lemonade Stand [ER]

3:30 • Using Your Senses [OP] 4:30 • iN2L: What Did It Cost? [ER] 6:00 • Creative Art Expressions [M

> 9:00 • Thymeless Infused Water 9:30 • Daily News/On This Day

[FR] 12:30 • Adult Art Pages [ER]

11:30 • Thymeless - Plant/Water/Harvest 2:00 • iN2L: Karaoke [ER] 2:30 • Lemonade Stand [ER] 1:00 Using Your Senses-Tell Me a Story 3:30 • Using Your Senses [OP] 4:30 • iN2L: What Did It Cost?

6:00 • Creative Art Expressions [M Art]

9:00 • Thymeless -Infused Water

9:15 • Morning Movement [ER] 9:30 • Daily News/On This Day [ER]

10:00 Painting with Colleen [M Art] 1:00 • iN2L: Karaoke [ER] 2:30 • Lemonade Stand [ER]

3:30 • Using Your Senses [OP] 4:30 • iN2L: What Did It Cost? [ER] 6:00 • Creative Art Expressions [M

9:00 • Thymeless -26 Infused Water

9:30 • Daily News/On This Day 12:30 • Adult Art Pages [ER] 1:00 • iN2L: Karaoke [ER]

2:30 • Lemonade Stand [ER] 3:30 • Using Your Senses [OP] 4:30 • iN2L: What Did It Cost?

6:00 • Creative Art Expressions [M Art]

