

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



THEME:

Celebrate Your
Nationality

Location Keys

AL Entertainment Room
Den
Dining Room
IL Creative Studio
MC Creative Art Studio
MC Entertainment Room
Outside Patio

ALE
D
DR
ICS
M Art
ER
OP

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



March cont'd 31

- 9:00 Daily Chronicle & Newspaper [ER]
- 9:00 Thymeless- Infused Water [DR]
- 9:30 Spiro 100: 4,2,1 Exercise Class [ER]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:30 Rosary & Devotions with Joyce [ER]
- 11:00 Hymn Sing-Along
- 12:30 Adult Art Pages [ER]
- 1:00 Bingo! [ER]
- 2:00 Sharing our Different Languages [D]
- 2:45 Chair Chi with Cathy [ER]
- 3:30 Uno Card Game [ER]
- 4:00 Thymeless: Water & Maintain the Gardens [ER]

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- 9:00 Daily Chronicle & Newspaper [ER]
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- 2:45 Chair Chi with Cathy [ER]
- 3:30 Uno Card Game [ER]
- 4:00 Thymeless: Water & Maintain the Gardens [ER]
- 5:30 Sing-Along [ER]
- 6:00 It's Puzzling- Word Searches, Crosswords & Puzzles [ER]

Daylight Saving Time Begins 10

- 9:00 Daily Chronicle & Newspaper [ER]
- 9:00 Thymeless- Infused Water [DR]
- 9:30 Spiro 100: 4,2,1 Exercise Class [ER]
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Happy St. Patrick's Day! 17

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- 2:45 Chair Chi with Cathy [ER]
- 3:30 Uno Card Game [ER]
- 4:00 Thymeless: Water & Maintain the Gardens [ER]
- 5:30 Sing-Along [ER]
- 6:00 It's Puzzling- Word Searches, Crosswords & Puzzles [ER]

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- 9:00 Daily Chronicle & Newspaper [ER]
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- 9:30 Spiro 100: 4,2,1 Exercise Class [ER]
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- 11:00 Hymn Sing-Along
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- 2:45 Chair Chi with Cathy [ER]
- 3:30 Uno Card Game [ER]
- 4:00 Thymeless: Water & Maintain the Gardens [ER]
- 5:30 Sing-Along [ER]
- 6:00 It's Puzzling- Word Searches, Crosswords & Puzzles [ER]



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- 9:00 Morning Strengthening and Exercises [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 11:00 iN2L: Brain Fitness Challenges
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 iN2L: Wheel Of Fortune [ER]
- 2:00 Sharing our Different Languages [D]
- 2:00 Walking Club with Barb
- 2:30 Silhouettes [ICS]
- 3:30 Massages and Manicures [ICS]
- 4:00 Finish the phrase [OP]
- 4:30 Discussion -short story [M Art]
- 6:00 Dominoes [ER]

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- 9:00 Morning Strengthening and Exercises [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 11:00 iN2L: Brain Fitness Challenges
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 iN2L: Wheel Of Fortune [ER]
- 2:00 Sharing our Different Languages [D]
- 2:00 Walking Club with Barb
- 2:30 Silhouettes [ICS]
- 3:30 Massages and Manicures [ICS]
- 4:00 "This or That" [OP]
- 4:30 Discussion -short story [M Art]
- 6:00 Dominoes [ER]

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- 9:00 Morning Strengthening and Exercises [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 11:00 iN2L: Brain Fitness Challenges
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 iN2L: Wheel Of Fortune [ER]
- 2:00 Sharing our Different Languages [D]
- 2:00 Walking Club with Barb
- 2:30 Silhouettes [ICS]
- 3:30 Massages and Manicures [ICS]
- 4:00 Finish the phrase [OP]
- 4:30 Discussion -short story [M Art]
- 6:00 Dominoes [ER]

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- 10:00 Daily Chronicle & Newspaper [ER]
- 11:00 iN2L: Brain Fitness Challenges
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 iN2L: Wheel Of Fortune [ER]
- 2:00 Around the World Cuisine and Music
- 3:30 Massages and Manicures [ICS]
- 4:00 "This or That" [OP]
- 4:30 Discussion -short story [M Art]
- 6:00 Dominoes [ER]

Resident Birthdays
Bill M. 3/28 Gerda E. 3/29

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- 9:00 Morning Exercises- Toss 'n Talk [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:00 Sit and Be Fit with Cindy [ALE]
- 1:00 Writing Monologues [M Art]
- 10:30 Bookmarks With Barb "Reflect"
- 10:30 Kindness Connection [M Art]
- 11:00 Hollywood Trivia
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Spelling Bee [ER]
- 2:00 Sharing our Different Languages [D]
- 3:00 Music & Singalongs [ER]
- 4:00 Brain Game Categories [ER]
- 6:00 Adult Art Pages

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- 9:00 Morning Exercises- Toss 'n Talk [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:00 Sit and Be Fit with Cindy [ALE]
- 1:00 Writing Monologues [M Art]
- 10:30 Bookmarks With Barb "Reflect"
- 10:30 Kindness Connection [M Art]
- 11:00 Cook Library Visits [ER]
- 1:00 Hollywood Trivia
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Spelling Bee [ER]
- 2:00 Sharing our Different Languages [D]
- 2:15 Thymeless: Bread Making [DR]
- 3:00 Music & Singalongs [ER]
- 3:30 Bookmarks [D]

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- 9:00 Morning Exercises- Toss 'n Talk [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:00 Sit and Be Fit with Cindy [ALE]
- 1:00 Writing Monologues [M Art]
- 10:30 Bookmarks With Barb "Reflect"
- 10:30 Kindness Connection [M Art]
- 11:00 Hollywood Trivia
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Spelling Bee [ER]
- 2:00 Sharing our Different Languages [D]
- 3:00 Music & Singalongs [ER]
- 4:00 Brain Game Categories [ER]
- 6:00 Adult Art Pages

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- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:00 Sit and Be Fit with Cindy [ALE]
- 1:00 Writing Monologues [M Art]
- 10:30 Bookmarks With Barb "Reflect"
- 10:30 Kindness Connection [M Art]
- 11:00 Cook Library Visits [ER]
- 1:00 Hollywood Trivia
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Spelling Bee [ER]
- 2:00 Sharing our Different Languages [D]
- 2:15 Thymeless: Bread Making [DR]
- 3:00 Music & Singalongs [ER]
- 3:30 Bookmarks [D]

- 9:00 Morning Exercises- Toss 'n Talk [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:30 iN2L Trivia [ER]
- 11:30 Ethnic Lunch Outing
- 11:30 Thymeless: Harvesting [OP]
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Parachute [M Art]
- 2:00 Sharing our Different Languages [D]
- 3:00 Resident Council Meeting [M Art]
- 3:30 Junk Drawer Detective [ER]
- 4:00 "Funny Fridays" & Happy Hour! [ER]
- 6:00 Movie Night & Popcorn [ER]

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- 9:00 Morning Exercises- Toss 'n Talk [ER]
- 9:00 Thymeless- Infused Water [DR]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:30 iN2L Trivia [ER]
- 11:30 Ethnic Lunch Outing
- 11:30 Thymeless: Harvesting [OP]
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Horse Racing [ER]
- 2:00 Sharing our Different Languages [D]
- 3:00 Bonnie Sing Along
- 3:30 Junk Drawer Detective [ER]
- 4:00 "Funny Fridays" & Happy Hour! [ER]
- 4:00 Pianist and Singer, Bonnie, Performs [ER]
- 6:00 Movie Night & Popcorn [ER]

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- 10:00 Daily Chronicle & Newspaper [ER]
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- 11:30 Ethnic Lunch Outing
- 11:30 Thymeless: Harvesting [OP]
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Parachute [M Art]
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- 3:30 Junk Drawer Detective [ER]
- 4:00 "Funny Fridays" & Happy Hour! [ER]
- 6:00 Movie Night & Popcorn [ER]

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- 11:30 Ethnic Lunch Outing
- 11:30 Thymeless: Harvesting [OP]
- 1:00 Afternoon Exercise - Stretching [ER]
- 1:30 Horse Racing [ER]
- 2:00 Musical Performance with Yan
- 2:00 Sharing our Different Languages [D]
- 3:30 Junk Drawer Detective [ER]
- 4:00 "Funny Fridays" & Happy Hour! [ER]
- 6:00 Movie Night & Popcorn [ER]

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16

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- 9:30 iN2L: Morning Stretches [ER]
- 10:00 Daily Chronicle & Newspaper [ER]
- 10:30 Bookmarks-Reading Club [ER]
- 10:30 Where are you from?? [ER]
- 1:00 Hand Massages & Manicures [ER]
- 2:00 Sharing our Different Languages [D]
- 2:30 iN2L: Karaoke [M Art]
- 3:30 Bowling Inside [OP]
- 4:30 iN2L: What Did It Cost? [ER]
- 6:15 Mandala Art [M Art]

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