

## Monthly Activities

# Saturday

Art Studio	AS
Bistro	B
Grille	G
Library	LIB
Living Room	LR
Lobby	L
Multi-Purpose Room (2nd Floor)	MPR
South Cafe (2nd floor)	SC2
Theater	THTR

7:45 ● **St. Philips Church of Northfield [B]**

9:30 ● ***This Day in History & Current Events [THTR]***

10:15 ● ***Zumba Gold [THTR]***

1:30 Brain Health University Class 9 [THTR]

1:30 ● ***Magic Stitches: [AS]***

1:30 ● ***You be the Judge [THTR]***

2:15 ● ***Great Courses: "Luther's New Course Changes History" [THTR]***

3:00 ● ***Chair Volleyball [MPR]***

4:00 Trivia game [MPR]

7:00 ● ***Movie: Always Be My Maybe [THTR]***

9:30	●	<i>This Day in History &amp; Current Events</i> [THTR]
10:30	●	<i>SYMBRIA: Healthy Hands</i> [MPRI]
11:00	●	<i>News Currents</i> [MPRI]
1:15	●	TED Talks: The Grand Canyon Explained   How the Earth Was Made [THTR]
2:00		Popcorn Social [L]
2:45	●	<i>Tai Chi</i> [THTR]
3:30	●	Walking Club [L]
4:00	●	<b>Musical Program: "Legends of Sound"</b> [MPRI]
7:00	●	<i>Movie: Robinhood: Prince of Thieves</i> [THTR]

9:30	● <b><i>This Day in History &amp; Current Events</i> [THTR]</b>	25
10:30	● <b><i>SYMBRIA: Bone Builders!</i> [MPR]</b>	
11:00	Brain Health University Class 10 [THTR]	
11:00	Fit Minds program [MPR]	
1:30	● <b><i>Bus Outing:</i> [B]</b>	
1:30	● <b><i>Rhythm &amp; Moves - Power for Parkinsons</i> [THTR]</b>	
2:00	● <b><i>Black Jack &amp; Canasta!</i></b>	
2:15	● <b><i>Music lovers club:Greatest Hits Of Broadway</i> [THTR]</b>	
3:00	January Birthday Party and Larry Levin: Live Entertainer [LR]	
4:00	● <b><i>Save the Earth...Recycle crafts projects with Victoria</i> [AS]</b>	
7:00	● <b><i>Movie: Moneyball</i> [THTR]</b>	

5:30	● <i>This Day in History &amp; Current Events</i> [THTR]	26
10:30	● <i>SYMBRIA: Stretch &amp; Flex!</i> [MPR]	
11:00	Debby Kindness Chains Shopping Boutique [B]	
11:00	● <i>Open Movie Committee</i> [MPR]	
1:30	● <i>Cross Word Puzzles</i> [LR]	
2:00	● <i>Senior Tech Hour with Victor</i> [THTR]	
4:00	● <i>Ceramics Class with Victoria</i> [AS]	
7:00	● <i>Movie: Wind River</i> [THTR]	

9:30	● <i>This Day in History &amp; Current Events</i> [THTR]	27
10:30	● <i>SYMBRIA: Balance Boosters!</i> [MPR]	
11:00	● <i>Drama improv games with Victoria</i> [MPR]	
1:30	● <i>Grocery Shopping: Mariano's &amp; Walgreens</i> [MPR]	
1:30	● <i>New program: NSP Choir "Golden Bells"</i> [LR]	
3:00	● <i>Cooking Class: [SC2]</i>	
7:00	● <i>Movie: Destination Wedding</i> [THTR]	

7:30	● <i>This Day in History &amp; Current Events</i> [THTR]	28
10:30	● <i>SYMBRIA: Sit and Be Fit!</i> [MPR]	
11:15	● <i>Walking Club</i> [LR]	
1:15	● <i>Cross Word Puzzles</i> [LR]	
2:00	● <i>Shabbat Service</i> [THTR]	
3:00	BRAIN HEALTH UNIVERSITY GRADUATION PARTY! [LR]	
3:00	Michael Skolnick: 2 piece 60s Rock & Roll Band! [LR]	
4:00	● <i>Happy Hour!</i> [LR]	
7:00	● <i>Movie: Don't Look Up</i> [THTR]	

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**9:30** ● *This Day in History & Current Events* [THTR]

**10:30** ● *Sit and Be Fit* [MPR]

**11:00** ● *Fit Minds: Games to Improve Memory* [MPR]

**1:30** ● *Grocery Shopping (Trader's Joe & Dollar Tree)* [B]

**1:30** ● *Saturday Matinee:* [THTR]

**2:00** ● *Bingo Blast* [G]

**3:00** ● *Chair Volleyball* [MPR]

**4:00** ● *Jeopardy Trivia* [THTR]

**7:00** ● *Movie: Wine Country* [THTR]

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