October 2021 Young at Heart - Oktoberfest

## Monthly Activities

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beinspired  WWW.SENIORLIFESTYLE.COM  Activities are subject to change	Halloween SLC Spirit Week! 7:45 • St. Phillips Church of Northfield [B] 9:30 • This Day in History & Current Events [THTR] 10:15 • Zumba Gold [MPR] 11:00 • Magic Stitches: [AS] 1:30 • You be the Judge [MPR] 1:30 • You be the Judge [MPR] 2:15 • New: SIFTING HISTORY: Women and Ancient Israelite Household Religion [THTR] 3:30 • Chair Yolleyball [THTR] 7:00 • Movie: Casablanca [THTR]	Resident Birthdays Rosa F. 10/5 Nancy E. 10/6 Sherie M. 10/8 Robert U. 10/8 Isabel M. 10/13 Howard C. 10/16 Donna H. 10/18 Barbara W. 10/26	OKTOB	ERFEST		9:30 • This Day in History & Current Events [MPR] 10:00	9:30 • This Day in History & Current Events [THTR]  10:30 • Sit and Be Fit [MPR]  11:00 • Fit Minds: Games to Improve Memory [MPR]  1:30 • Grocery Shopping: Trader's Joe & Dollar Tree [B]  1:30 • Saturday Matinee: TV Series: Planet Earth Season 1: Episode 7. Great Plains [THTR]  2:00 • Bingo Blast [G]  3:00 • Chair Volleyball [MPR]  4:00 • German Culture Trivia Jeopardy [THTR]  7:00 • Movie: Cocoon [THTR]
NORTH SHORE PLACE  Signature Collection a Senior Lifestyle community	7:45 • St. Philips Church of Northfield [B] 9:30 • This Day in History & Current Events [MPR] 10:15 • Zumba Gold [MPR] 11:00 • Making Oktoberfest decorations [AS] 12:00 Football game: Bears and Lions [G] 1:30 • You be the Judge [MPR] 2:15 • Great Courses: Franklin Roosevelt Becomes President [THTR] 2:45 * Andrea Bocelli working at home in Florence concert [THTR] 3:45 • Chair Volleyball [MPR] 7:00 • Movie: The Natural [THTR]	9:30 • This Day in History & Current Events [MPR]  10:30 • SYMBRIA: Healthy Hands [MPR]  11:00 • News Currents [MPR]  11:00 • Philippe de Montebello and The Metropolitan Museum of Art  2:00 • AAW: Popcorn social w/ German Music [G]  2:00 • Book Club	Active Aging Week!  9:30 • This Day in History & Current Events [MPR]  10:00 Stories for the heart: Virtual Book Club [THTR]  10:30 • SYMBRIA: Bone Builders! [MPR]  11:00 • Bus Outing: Didier Farm, Lincolnshire [B]  1:00 • Bus Outing: Didier Farm, Lincolnshire [B]  1:00 • Bus Outing: Didier Farm, Lincolnshire [B]  1:01 Nurturing Your Wellness with Dr. Jessica Headley, Ph.D., LPCC-S [THTR]  1:30 • AAW: Pumpkin Decorating Contest [AS]  2:30 Canasta with volunteer Nancy! Come learn and play!  3:30 • Word games with Nelson [MPR]  4:00 • Save the EarthRecycle crafts projects with Victoria [AS]  7:00 Tony Kawalkowski: Violin  8:10 • Documentary: A Woman Named Jackie [THTR]	Active Aging Week!  German American Heritage Day!  9:30 • This Day in History & Current Events [MPR]  10:00 • "Classic Sorry" Game with Justin  10:30 • SYMBRIA: Stretch & Flex! [MPR]  1:00 Taking inventory of your well-being with Hanna Berman, Mental Nourish [THTR]  1:30 AAW: German Beer Making [SC2]  2:00 • Senior Tech Hour with Victor [THTR]  2:30 • German Folk Songs - Die Gedanken sind frei & [MPR]  3:00 • Chair Volleyball [MPR]  4:00 • Oktoberfest Trivia [THTR]  7:00 • Movie: Manchester by the Sea [THTR]	9:30 • This Day in History & Current Events. [MPR] 10:30 • Chair stretching exercise [MPR] 11:00 • Drama improv games with Victoria [MPR] 11:15 • HELLO BROADWAY MUSICAL CONCERT [MPR] 1:30 • Grocery Shopping: Mariano's & Walgreens [B] AAW: Party Hats with music, dance and ice cream [MPR]	Active Aging Week!  9:30 • This Day in History & Current Events [THTR]  10:00 • Star Wars Monopoly with Justin  10:30 • Sit and Be Fit! [MPR]  11:00 • Jeopardy Trivia Game [THTR]  1:30 • Group Crossword Puzzles [LR]  2:00 • Shabbat [THTR]  3:00 • Happy Hour! [LR]  4:00 • AAW: Walk to End Alzheimers!  7:00 • Movie: The Music Man [THTR]	9:30 • This Day in History & Current Events [THTR]  10:30 • Sit and Be Fit [MPR]  11:15 • Fit Minds: Games to Improve Memory [THTR]  1:00 • Saturday Matinee: TV Series: Planet Earth Season 1: Episode 8. Jungles [THTR]  1:30 • Grocery Shopping: Trader's Joe & Dollar Tree [B]  2:00 • Tandem of Michael & Noreen  3:30 • Chair Volleyball [MPR]  4:30 • Jeopardy Trivia [THTR]  7:00 • Movie: Beautiful Boy [THTR]
*THYMELESS  CONNECT  CONTRIBUTE  FEEL  GROW  MOVE  REFLECT	7:45 • St. Philips Church of Northfield [B] 9:30 • This Day in History & Current Events [THTR] 10:15 • Zumba Gold [MPR] 11:15 • Magic Stitches: FABRIC COVER FLOWER POT [AS] 1:30 • The best of piano music with Annie [LR] 2:45 • Chair Volleyball [THTR] 3:30 • Great Courses: "Dante Sees Beatrice" [THTR] 7:00 • Movie: Moonstruck [THTR]	1:15 • WASHINGTON DC Smithsonian Museum of American History Tour [THTR]  1:30 • Monday Bus Outing: Deerfields Bakery [B]	9:30 • This Day in History & Current Events [THTR]  10:30 • Chair stretching exercise [MPR]  11:00 • Fit Minds program [MPR]  11:15 • Rhythym & Moves - Power for Parkinsons [THTR]  1:30 • Bus Outing: River Trail Nature Center, Northbrook [B]  2:00 • Music lovers club:Greatest Hits Of Broadway [THTR]  2:30 • Word games [LR]  3:30 • Word games [LR]  Yahtzee with Nelson! [B]  4:00 • Save the EarthRecycle crafts projects with Victoria [AS]  7:00 • Documentary: Idaho the Movie [THTR]	9:30 • This Day in History & Current Events [THTR]  10:00	9:30 • This Day in History & Current Events [THTR]  10:30 • Chair stretching exercise [MPR]  11:00 • Drama improv games with Victoria [MPR]  1:30 • Grocery Shopping: Mariano's & Walgreens [B]  2:15 • Cooking Class :German cuisine :" SAUERKRAUT BALLS '[SC2]  3:30   Farkle with Friends with Nelson!  1:30 • Bingot [SC2]  7:00 • Movie: Stargate SG-1 [THTR]	9:30 • This Day in History & Current Events [THTR]  10:00 • Star Wars Monopoly with Justin  10:30 • SYMBRIA: Sit and Be Fit! [MPR]  11:00 • Facts about Germany [MPR]  1:00 • Stabbat [THTR]  2:00 • Shabbat [THTR]  4:00 • Happy Hour! [LR]  7:00 • Movie: Thelma & Louise [THTR]	9:30 • This Day in History & Current Events [THTR] 10:30 • Sit and Be Fit [MPR] 11:15 • Fit Minds: Sames to Improve Memory [THTR] 1:00 • Grocery Shopping: Trader's Joe & Dollar Tree [B] 1:30 • Saturday Matinee: TV Series: Planet Earth Season 1: Episode 9. Shallow Seas [THTR] 2:00 The Strictly Elvis Show 3:30 • Chair Volleyball [MPR] 7:00 • Movie: The Outlaw Josey Wales [THTR]
Location Keys  Art Studio AS Back Patio BP Bistro B Fitness Center FC Grille G	Events [THTR] 10:15 • Zumba Gold [MPR] 11:00 • Magic Stitches: [AS] 12:00 • Green Bay Packers vs Chicago Bears [THTR] 1:30 • Musical program: "Best songs from musicals' [MPR] 2:30 • Great Courses: [THTR] 3:30 • Chair Volleyball [THTR] 7:00 Movie: The Pride Of The Yankees (1942) [THTR]	Events [THTR]  10:30 • SYMBRIA: Healthy Hands	9:30 • This Day in History & Current Events [THTR] 10:30 • SYMBRIA: Bone Builders! [MPR] 1:15 • Rhythym & Moves - Power for Parkinsons [THTR] 1:30 • Bus Outing: Outing: Spooky Scenic Drive [B] 1:30 • Pumpkin Festival Bus Outing 2:00 • Music lovers club:Greatest Hits Of Broadway [THTR] 2:30 • Music lovers club:Greatest Hits Of Broadway [THTR] 3:30 • Word games [LR] 3:30 • Word games [LR] 4:00 • Save the EarthRecycle crafts projects with Victoria [AS] 7:00 • Movie: The Naked Gun: From the Files [THTR]	7:00 Assisted Living Family/Private Caregiver Support Group [MPR]	9:30 • This Day in History & Current Events [THTR] 10:30 • SYMBRIA: Balance Boosters! [MPR] 11:00 • Drama improv games with Victoria [MPR] 1:30 • Face Yoga [THTR] 1:30 • Grocery Shopping: Mariano's & Walgreens [B] 2:00 • All Resident Council with Management [MPR] 2:15 • Cooking Class: [SC2] 3:30 Farkle with Friends with Nelson! Taste Testing! [SC2] 4:00 • Bingol [SC2]	Breast Cancer Awareness Day! WEAR ALL PINK!  9:30 • This Day in History & Current Events [THTR]  10:00 • Start Wars Monopoly with Justin  10:30 • SYMBRIA: Sit and Be Fit! [MPR]  11:00 • Jeopardy Trivia Game [MPR]  1:15 • Group Crossword Puzzles [LR]  2:00 • Shabbat [THTR]  3:00 • Woof Entertainment Presents Mr. Showman Floyd Andrew with Music of Times Gone By [LR]  4:00 • Happy Hour! [LR]  7:00 • Movie: Ferris Bueller's Day Off [THTR]	9:30 • This Day in History & Current Events [THTR] 10:30 • Sit and Be Fit [MPR] 11:15 • Fit Minds: Games to Improve Memory [THTR] 1:30 • Bingo Blast [G] 1:30 • Grocery Shopping: Trader's Joe & Dollar Tree [B] 1:30 • Saturday Matinee: TV Series: Planet Earth Season 1: Episode 10. Seasonal Forests [THTR] 2:30 • Chair Volleyball [MPR] 7:00 Movie: Inception [THTR]
Library LIB Living Room LR Lobby L Multi-Purpose Room (2nd Floor) MPR South Cafe (2nd floor) SC2 Theater THTR	9:30 • This Day in History & Current Events [THTR] 10:15 • Zumba Gold [MPR] 11:00 • Magic Stitches: [AS] 1:30 • You be the Judge [MPR] 2:15 • New: SIFTING HISTORY: Women and Ancient Israelite Household Religion [THTR]	9:30 • This Day in History & Current Events [THTR] 9:30 • This Day in History & Current Events [MPR] 10:30 • SYMBRIA: Healthy Hands [MPR] 11:00 • News Currents [MPR]	Reverse Trick or Treating SLC Spirit Week! Spirit Week! Hat Day! 9:30 • This Day in History & Current Events [THTR] 10:30 • SYMBRIA: Bone Builders! [MPR] 1:15 • Rhythym & Moves - Power for Parkinsons [THTR] 1:30 • Bus Outing: Postponed [B] 2:00 • Music lovers club:Greatest Hits Of Broadway [THTR] 2:30 • Canasta with volunteer Nancy! Come learn and play! 3:00 • Word games [LR] 3:30 • Yahtzee with Nelson! [B] 4:00 • Save the EarthRecycle crafts projects with Victoria [AS] 8:10 • Documentary: Count Me In [THTR]	Spirit Week! Sports Fans 9:30 • This Day in History & Current Events [THTR] 10:00 "Classic Sorry" Game with Justin 10:30 • SYMBRIA: Stretch & Flex! [MPR] 11:00 • Open Movie Committee [MPR] 1:00 • Senior Tech Hour with Victor [B] 2:00 • SingFit program [MPR] 3:00 • Ceramics Class with Victoria [AS] 3:00 • Monopoly with Nancy 4:00 • Jeopardy Trivia [MPR] 7:00 • Movie: The Intern [THTR]	SLC Spirit Week! Spirit Week! Costumes!  9:30 • This Day in History & Current Events [THTR]  10:30 • SYMBRIA: Balance Boosters! [MPR]  11:00 • Drama improv games with Victoria [MPR]  1:30 • Cooking Class: Make homemade Pizzas [SC2]  1:30 • Grocery Shopping: Mariano's & Walgreens [B]  3:00 Halloween Party and Tim Wilsey Live Performance  3:30 • Farkle with Friends with Nelson!  4:00 • Bingo! [SC2]  7:00 • Movie: Superman The Movie (1978) [THTR]	SLC Spirit Week!  Spirit Week! Tie-Dye/Blue Jeans  9:30 • This Day in History & Current Events [THTR]  10:00 • Star Wars Monopoly with Justin  10:30 • SYMBRIA: Sit and Be Fit! [MPR]  11:00 • Jeopardy Trivia Game [MPR]  11:00 • Volunteer Pianist: Bradley [LR]  2:00 • Shabbat [THTR]  3:00 • Shabbat [THTR]  0 Ctober Birthday Party - Alles Gute zum Geburtstag [LR]  3:30 Anka Kulisheva: Volunteer Pianist AND Happy Hour [LR]  7:00 • Thriller Movie: [THTR]	SLC Spirit Week!  9:30 • This Day in History & Current Events [THTR]  10:30 • Sit and Be Fit [MPR]  11:15 • Fit Minds: Sames to Improve Memory [THTR]  1:30 • Grocery Shopping: Trader's Joe & Dollar Tree [B]  1:30 • Saturday Matinee: TV Series: Planet Earth Season 1: Episode 11. Ocean Deep [THTR]  2:00 • Bingo Blast [G]  3:00 • Chair Volleyball [MPR]  3:00 • Chair Volleyball [MPR]  4:00 • Jeopardy Trivia [THTR]  7:00 • Comedy Movie: [THTR]  Movie: Eight Men Out [THTR]