August 2025 Experience Adventure						Month	ly Activities
Experience Adventure	Cundov	Mondov	Tucaday	Wadnaaday	Thursday		
EMBRACE BY SENIOR LIFESTYLE	Sunday August cont'd 10:00 • Spring into Fitness with Imani [AS1] 10:00 • Sunrise Stroll with Maria 10:30 • Chair Sundant Stroll with Maria 11:00 • Daily Chronicle/Bookmarks and Word Challenges 1:00 • Stretch and Tone Fitness [AS1] 2:00 • Jeopardy Tournament [AS1] 3:00 • Chair Volleyball [AS1] 4:00 • Guided Meditation [AS1] 6:00 • Late night movie [AS1]	Monday	Tuesday	Resident Birthdays John S. 8/8 Devra P. 8/19 Anne W. 8/23	Thursday	National Water Balloon Day 10:00 Aromatherapy with Cedarwood and Orange Essential Oils [SR] 10:00 Circle Table: Stock and Sort w/ Ivy [AS2] 10:00 Step into Summer w/ Anasthasia 10:30 Strawberry Lemonade Infused Water and Yogurt Parfaits 10:30 Water Balloon Toss Tournament 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 You Can Puzzle Too: Summer Edition [AS2] 1:30 Shabbat [THTR] 1:30 Sing Fit [AS1] 2:30 Thrmeless: Tropical Fruit Yogurt Popsicles 4:00 Family Feud [AS1] 6:00 Late Night Classic TV	Saturday 10:00 Aromatherapy with Cinnamon Orange Essential Oil w/ Jedvarline [SR] 10:00 Chair Workout w/ Anasthasia [AST] 10:00 Sing a Long with Suzie [AS2] 10:30 Thymeless: Watermelon Coconut Agua Fresca [AST] 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Fit Minds: Session 2 2:00 LUCKY Bingo Hour [AST] 3:00 Color Therapy Hour: Floral Mandalas 6:00 Saturday Night at the Movies/Popcorn
NORTH SHORE PLACE Signature Collection a Senior Lifestyle community	10:00 • Spring into Fitness with Imani [AS1] 10:00 • Sunrise Stroll with Maria 10:30 • Citrus Bliss Infused Water w/ Palma 11:00 • Daily Chronicle/Bookmarks and Word Challenges 1:00 • Stretch and Tone Fitness [AS1] 2:00 • Jeopardy Tournament [AS1] 3:00 • Chair Volleyball [AS1] 4:00 • Guided Meditation [AS1] 6:00 • Late night movie [AS1]	9:00 ¶ Thymeless: Gardening 10:00 • Morning Exercises [AS1] 10:30 ¶ Thymeless: Strawberry, Lemon and Basil Infused 11:00 ₽ Daily Chronicle/Bookmarks and Word Challenges 2:00 • Broomball Tournament [AS2] 2:00 ∫ Music in Melody [AS1] 3:00 • Songs by Heart Music Therapy [AS1] 4:00 • Family Feud 6:00 • Late Night Classic TV	9:30 • Spa and Beauty Hour 10:00 • EZ Be Fit & Factual: Spring Edition [AS1] 10:00 • Range of Motion with the Care Team [AS2] 10:30 • Finish the Song Lyric, Summer Edition 10:30 • Finish the Song Lyric, Summer Edition 10:30 • Thymeless: Crisp Citrus Mint Infused Water with Palma 11:00	Team [AS2] 9:30 1 Thymeless: Snickerdoodle Cookies [AS1] 10:00 Fuzion Fitness with Anasthasia 10:00 Sensory Table with the Care Team [AS2]	9:00 • Manicures and Hand Care [AS2] 9:30 ¶ Food Club: PB & J Squares 10:00 • Love Your Body Workout w/ Anasthasia [AS1] 10:30 • The Yankee Doodle Boy Song and Discussion [AS1] 10:30 ¶ Thymeless: Blueberry Orange Infused Water w/ Palma 11:00 • Daily Chronicle/Bookmarks and Word Challenges 1:00 • Can You Picture This? 1:30 ¶ Bakers Corner: Make Your Own Pita Bread Pizza! [AS1] 3:00 • Songs by Heart Music Therapy [AS1] 4:00 • Trivia Hour! [AS1] 6:00 • Late Night Classic TV	10:00 Aromatherapy with Cedarwood and Orange Essential Oils [SR] 10:00 Circle Table: Stock and Sort W/ Ivy [AS2] 10:00 Step into Summer w/ Anasthasia 10:30 Step into Summer w/ Anasthasia 10:30 Strawberry Lemonade Infused Water and Yogurt Parfaits 10:30 Daily Chronicle/Bookmarks and Word Challenges 1:00 You Can Puzzle Too: Summer Edition [AS2] 1:30 Shabbat [THTR] 1:30 Sing Fit [AS1] 1:30 Family Feud [AS1] 1:30 Late Night Classic TV	9:00 Manicures and Mimosas w/ Virginia [AS1] 10:00 Aromatherapy with Cinnamon Orange Essential Oil w/ Jedvarline [SR] 10:00 Chair Workout w/ Anasthasia [AS1] 10:30 Thymeless: Watermelon Coconut Agua Fresca [AS1] 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Fit Minds: Session 2 1:30 LUCKY Bingo Hour [AS1] 3:00 Color Therapy Hour: Floral Mandalas 6:00 Saturday Night at the Movies/Popcorn
<pre> *Outing Embrace -BOOKMARKS Embrace -ESSENCE Embrace -MELODY Embrace -SPARK Embrace -THYMELESS _CONNECT _CONTRIBUTE _FEEL _GROW _MOVE _REFLECT</pre>	10:00 • Spring into Fitness with Imani [AS1] 10:00 • Surrise Stroll with Maria 10:30 • Surrise Stroll with Maria 11:00 • Daily Chronicle/Bookmarks and Word Challenges 1:00 • Stretch and Tone Fitness [AS1] 2:00 • Jeopardy Tournament [AS1] 3:00 • Chair Volleyball [AS1] 4:00 • Guided Meditation [AS1] 6:00 • Late night movie [AS1]	9:00 1 Thymeless: Gardening 10:00 Morning Exercises [AST] 10:30 1 Thymeless: Strawberry, Lemon and Basil Infused 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Music in Melody [AST] 3:00 Songs by Heart Music Therapy [AST] 4:00 Family Feud 6:00 Late Night Classic TV	9:30 • Spa and Beauty Hour 10:00 • EZ Be Fit & Factual: Spring Edition [AS1] 10:00 • Range of Motion with the Care Team [AS2] 10:30 • Come and Laugh Out Loud [AS1] 10:30 • Finish the Song Lyric, Summer Edition 10:30 • Tinish the Song Lyric, Summer Edition 10:30 • Tinish the Song Lyric, Summer Edition 10:30 • Tinish the Song Lyric, Summer Edition 10:30 • Tiny Holling Summer Hough Poetry 10:30 • Daily Chronicle/Bookmarks and Word Challenges 1:00 • Sensing Summer through Poetry 1:30 • Modern Jeopardy Trivia [AS1] 2:00 • Broomball Tournament [AS1] 3:00 • Banana Parfait Cups 4:00 • Trivia time 6:00 • Late Night Classic TV	10:00 ● Sensory Table with the Care Team [AS2] 10:15 ➡ Scenic Drive 10:30 ▼ Thymeless: Lemon Mint Tea w/ Palma 11:00 ₺ Daily Chronicle/Bookmarks and Word Challenges 1:00 ● A Mother's Touch Sensory [AS1] 1:30 ★ Sparks: [AS1] 2:00 ■ BEE-ingol 2:00 ▼ Popcorn Social [AS1]	9:00 • Manicures and Hand Care [AS2] 9:30 ¶ Food Club: PB & J Squares 10:00 • Love Your Body Workout w/ Anasthasia [AS1] 10:00 • Love Your Body Workout w/ Anasthasia [AS1] 10:30 • Remembering the Moon Landing [AS1] 10:30 • The Yankee Doodle Boy Song and Discussion [AS1] 10:30 ¶ Thymeless: Blueberry Orange Infused Water w/ Palma 11:00 Ø Daily Chronicle/Bookmarks and Word Challenges 1:00 • Can You Picture This? 1:30 • High Tea Social 3:00 • Songs by Heart Music Therapy [AS1] 4:00 • Trivia Hour! [AS1] 6:00 • Late Night Classic TV	10:00 Aromatherapy with Cedarwood and Orange Essential Oils [SR] 10:00 Circle Table: Stock and Sort W/ Ivy [AS2] 10:00 Step into Summer w/ Anasthasia 10:30 Step into Summer w/ Anasthasia 10:30 Step into Summer w/ Anasthasia 10:30 Daily Chronicle/Bookmarks and Word Challenges 10:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Stabbat [THTR] 1:30 Sing Fit [AS1] 1:30 Sing Fit [AS1] 1:30 Family Feud [AS1] 1:30 Late Night Classic TV	10:00 Aromatherapy with Cinnamon Orange Essential Oil W/ Jedvarline [SR] 10:00 Chair Workout w/ Anasthasia [AST] 10:00 Sing a Long with Suzie [AS2] 10:30 Thymeless: Watermelon Coconut Agua Fresca [AST] 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Fit Minds: Session 2 2:00 LUCKY Bingo Hour [AST] 3:00 Color Therapy Hour: Floral Mandalas 6:00 Saturday Night at the Movies/Popcorn
Location Keys Activity Studio 1 AS1	10:00 • Spring into Fitness with Imani [AS1] 10:00 • Sunrise Stroll with Maria 10:30 ¶ Citrus Bliss Infused Water w/ Palma 11:00 Ø Daily Chronicle/Bookmarks and Word Challenges 1:00 • Stretch and Tone Fitness [AS1] 2:00 • Jeopardy Tournament [AS1] 3:00 • Chair Volleyball [AS1] 4:00 • Guided Meditation [AS1] 6:00 • Late night movie [AS1]	9:00 1 Thymeless: Gardening 10:00 Morning Exercises [AS1] 10:30 Thymeless: Strawberry, Lemon and Basil Infused 11:00 Daily Chronicle/Bookmarks and Word Challenges 2:00 Broomball Tournament [AS2] 2:00 Music in Melody [AS1] 3:00 Songs by Heart Music Therapy [AS1] 4:00 Family Feud 6:00 Late Night Classic TV	9:30 • Spa and Beauty Hour 10:00 • EZ Be Fit & Factual: Spring Edition [AS1] 10:00 • Range of Motion with the Care Team [AS2] 10:30 • Finish the Song Lyric, Summer Edition 10:30 ¶ Thymeless: Crisp Citrus Mint Infused Water with Palma 11:00 ② Daily Chronicle/Bookmarks and Word Challenges 1:00 • Sensing Summer through Poetry 1:30 • Modern Jeopardy Trivia [AS1] 2:00 • Broomball Tournament [AS1] 3:00 • Banana Parfait Cups 4:00 • Trivia time 6:00 • Late Night Classic TV	10:30 ¶ Thymeless: Lemon Mint Tea w/ Palma 11:00 Daily Chronicle/Bookmarks and Word Challenges	9:00 • Manicures and Hand Care [AS2] 9:30 **I Food Club: PB & J Squares 10:00 • Love Your Body Workout w/ Anasthasia [AS1] 10:30 • The Yankee Doodle Boy Song and Discussion [AS1] 10:30 **I Thymeless: Blueberry Orange Infused Water w/ Palma 10:45 • Drum Circle with Chris [AS2] 10:45 • Drum Circle with Chris [AS2] 11:00 **Daily Chronicle/Bookmarks and Word Challenges 1:00 • Can You Picture This? 1:30 **I Bakers Corner: Make Your Own Pita Bread Pizzal [AS1] 3:00 • Songs by Heart Music Therapy [AS1] 4:00 • Trivia Hour! [AS1] 6:00 • Late Night Classic TV	10:00 Aromatherapy with Cedarwood and Orange Essential Oils [SR] 10:00 Circle Table: Stock and Sort W/ Ivy [AS2] 10:00 Step into Summer w/ Anasthasia 10:30 Strawberry Lemonade Infused Water and Yogurt Parfaits 10:30 Yogurt Parfait Bar 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 You Can Puzzle Too: Summer Edition [AS2] 1:30 Shabbat [THTR] 1:30 Sing Fit [AS1] 2:30 Thymeless: Tropical Fruit Yogurt Popsicles 4:00 Family Feud [AS1] 6:00 Late Night Classic TV	9:00 • Manicures and Mimosas w/ Virginia [AS1] 10:00 Aromatherapy with Cinnamon Orange Essential Oil w/ Jedvarline [SR] 10:00 • Chair Workout w/ Anasthasia [AS1] 10:30 Thymeless: Watermelon Coconut Agua Fresca [AS1] 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 • Fit Minds: Session 2 1:30 • LUCKY Bingo Hour [AS1] 3:00 • Color Therapy Hour: Floral Mandalas 6:00 • Saturday Night at the Movies/Popcorn
Activity Studio 2 AS2 Serenity Room SR Theater THTR	10:00 • Spring into Fitness with Imani [AS1] 10:00 • Sunrise Stroll with Maria 10:30 • Sunrise Stroll with Maria 11:00 ② Daily Chronicle/Bookmarks and Word Challenges 1:00 • Stretch and Tone Fitness [AS1] 2:00 • Jeopardy Tournament [AS1] 3:00 • Chair Volleyball [AS1] 4:00 • Guided Meditation [AS1] 6:00 • Late night movie [AS1]	9:00 1 Thymeless: Gardening 10:00 Morning Exercises [AS1] 10:30 Thymeless: Strawberry, Lemon and Basil Infused 11:00 Daily Chronicle/Bookmarks and Word Challenges Match Mel 2:00 Music in Melody [AS1] 3:00 Songs by Heart Music Therapy [AS1] 4:00 Family Feud 6:00 Late Night Classic TV	9:30 • Spa and Beauty Hour 10:00 • EZ Be Fit & Factual: Spring Edition [AS1] 10:00 • Range of Motion with the Care Team [AS2] 10:30 • Come and Laugh Out Loud [AS1] 10:30 • Finish the Song Lyric, Summer Edition 10:30 * Thinish the Song Lyric, Summer Edition 10:30 * Inish the Song Lyric, Summer Edition 10:30 * Daily Chronicle/Bookmarks and Word Challenges 1:00 • Sensing Summer through Poetry 1:30 • Modern Jeopardy Trivia [AS1] 2:00 • Broomball Tournament [AS1] 3:00 • Banana Parfait Cups 4:00 • Trivia time 6:00 • Late Night Classic TV	10:15 🖨 Scenic Drive 10:30 🍴 Thymeless: Lemon Mint Tea w/ Palma	9:00 • Manicures and Hand Care [AS2] 9:30 ¶ Food Club: PB & J Squares 10:00 • Love Your Body Workout w/ Anasthasia [AS1] 10:30 • Remembering the Moon Landing [AS1] 10:30 • Remembering the Moon Landing [AS1] 10:30 • The Yankee Doodle Boy Song and Discussion [AS1] 10:30 ¶ Thymeless: Blueberry Orange Infused Water w/ Palma 11:00 Ø Daily Chronicle/Bookmarks and Word Challenges 1:00 • Can You Picture This? 1:30 • High Tea Social 3:00 • Songs by Heart Music Therapy [AS1] 4:00 • Trivia Hour! [AS1] 6:00 • Late Night Classic TV	10:00 Aromatherapy with Cedarwood and Orange Essential Oils [SR] 10:00 Circle Table: Stock and Sort W/ Ivy [AS2] 10:00 Step into Summer w/ Anasthasia 10:30 Step into Summer w/ Anasthasia 10:30 Strawberry Lemonade Infused Water and Yogurt Parfaits 10:30 Daily Chronicle/Bookmarks and Word Challenges 1:00 You Can Puzzle Too: Summer Edition [AS2] 1:30 Shabbat [THTR] 1:30 Sing Fit [AS1] 2:30 Thymeless: Tropical Fruit Yogurt Popsicles 4:00 Family Feud [AS1] 6:00 Late Night Classic TV	10:00 Aromatherapy with Cinnamon Orange Essential Oil w/ Jedvarline [SR] 10:00 Chair Workout w/ Anasthasia [AS1] 10:00 Sing a Long with Suzie [AS2] 10:30 Thymeless: Watermelon Coconut Agua Fresca [AS1] 11:00 Daily Chronicle/Bookmarks and Word Challenges 1:00 Fit Minds: Session 2 2:00 UUCKY Bingo Hour [AS1] 3:00 Color Therapy Hour: Floral Mandalas 6:00 Saturday Night at the Movies/Popcorn